



Ohef Sholom Temple's Monthly News Publication

THE TEMPLE POST

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CRYSTAL SINGING BOWLS ARE BACK!

August 6 See page 3



HIGH HOLY DAYS INFO

5780 See page 10



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WORSHIP TORAH PORTIONS

AUGUST

August 1 | 29 Tammuz
Torah Study - 4:00 pm

August 3 | 2 Av
Torah Study - 9:00 am
Parashat Matot-Masei
Numbers 30:2 - 36:13
Haftarah: Jeremiah
2:4 - 28, 3:4

August 8 | 7 Av
Torah Study - 4:00 pm

August 10 | 9 Av
Torah Study - 9:00 am
Parashat Devarim
Deuteronomy 1:1 - 3:22
Haftarah: Isaiah 1:1 - 1:27

August 11 | 10 Av
Tisha B'Av
Parashat Tisha B'Av
Deuteronomy 4:25 - 4:40
Haftarah: Jeremiah 8:13 - 9:23

August 15 | 14 Av
Torah Study - 4:00 pm

August 17 | 16 Av
Parashat Vaetchanan
Deuteronomy 3:23 - 7:11
Haftarah: Isaiah 40:1 - 40:26

August 22 | 21 Av
Torah Study - 4:00 pm

August 24 | 23 Av
Torah Study - 9:00 am
Parashat Eikev
Deuteronomy 7:12 - 11:25
Haftarah: Isaiah 49:14 - 51:3

August 29 | 28 Av
Torah Study - 4:00 pm

August 31 | 30 Av
Parashat Re'eh
Deuteronomy 11:26 - 16:17
maf: Numbers 28:9 - 28:15
Haftarah: Isaiah 66:1 - 66:24
(Shabbat Rosh Chodesh)



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Norfolk, VA 23507
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www.ohefsholom.org

SAVE THE DATE!



SEPTEMBER 6

Back to Shul Dinner!

Featured Menu:

Honey Soy Salmon
Orzo Primavera
Seasonal Vegetables
Greek Salad
Vegetarian Option

See www.ohefsholom.org to sign up and for more info!

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Follow Us!



ohef.s.temple

[ohef_sholom_temple](https://www.instagram.com/ohef_sholom_temple)

New High Holy Day Prayer Books at OST!

Our new High Holy Day prayer books are here! Through the 175th Campaign, we were able to purchase 500 new *machzor* sets for the High Holy Days. Rabbi Roz, Cantor Jen, and Chuck Woodward have been hard at work planning services over the past several months, and they are thrilled by the ways in which our new *machzor* will allow us to experience the holidays with new depth and possibilities for spiritual growth. *Mishkan HaNefesh*, which translates to "Sanctuary of the Soul," is published in two volumes -- one for *Rosh Hashanah* and one for *Yom Kippur*. The set is beautiful, accessible, and easy to follow.

Much of the new *machzor* will feel familiar. It is in many ways traditional, and it contains many prayers that you will recognize from our previous prayerbook. Alongside those ancient words are new readings and poetry carefully chosen to help us look deep within ourselves throughout the Days of Awe, enhancing the meaning of the holidays. It contains in-depth explanations of many of our traditions, glimpses into our history, and moving prayers for our future. Within the pages of this beautiful book are new insights and opportunities to find meaning to propel us into the new year.

You will find much of the music that we will use in conjunction with our new prayer book to be familiar. Nearly every prayer that we have grown to love is



there, and so our holidays will sound much as they always have, with one notable exception -- every word of Hebrew is transliterated. This means that even if you have not yet reached fluency in your Hebrew reading, you will be able to easily follow and sing along with us. It is our hope that you will add your voice to those of our cantor and choir, allowing a deeper connection to our liturgy and to God.

Congregants who wish to purchase their own personal prayer books can do so for \$50 per set with the option to emboss a name on both books for an additional \$20. Order online at www.ohefsholom.org or fill out the insert form in this Bulletin. Call or stop by the office for more information or additional forms. Orders will be **due by August 26** to ensure pickup in the front office prior to the High Holy Days. ✨

L'shanah Tovah,

Margaret Sawyer

Standing Committee Chair, Worship & Music
worship@ohefsholom.org

Grateful I Am Before You

Tuesday, August 6, 2019 | 7:00 - 8:30 pm

We are very excited to welcome back to our Temple from Australia, Toni Whitmont with her Sacred Vessels Sound Healing practice. Toni will be joining Rabbi Roz for an evening of meditation, movement, chant and the sublime sounds of crystal singing bowls in an exploration of gratitude and abundant flow.

All are welcome!



Sacred Vessels Sound Healing

sacredvesselsounds@gmail.com

Find me on Facebook

*crystal sound healing for inner peace
and soul nourishment*

Kol v'Ruach - Sound & Spirit

kabbalah@soundandspirit.com.au

connect to your soul's essence

Please RSVP to
reservations@ohefsholom.org





CLERGY CORNER WITH CANTOR JEN



Contact Cantor Jen

Cantor Jennifer Rueben
cantorjen@ohefsholom.org

The Observance of Tisha B'Av.

Tisha B'Av is a Jewish holiday that presents a great challenge for Reform Jews. This holiday, named for the day on which it falls (the 9th day of the month of Av), is known as the saddest day of the Jewish year. It commemorates the fall of the First and Second Temples in

Jerusalem and has been expanded to be a solemn reflection on all of the calamity that Jews have faced throughout history. Its observance includes the reading of *Eicha* (Lamentations) and a 25 hour fast.

Talmud teaches that *Tisha B'Av* is a preordained day of tragedy because it was on this day that the spies that Moses sent to scout the Promised Land came back and delivered their disturbing report of it being inhabited by unconquerable giants, leading the people to weep with despair. God declared, "You wept without cause; I will therefore make this an eternal day of mourning for you." The fall of the Temples, the razing of Jerusalem by the Romans, and the expulsion of Jews from England and from Spain were all said to have happened on the 9th of Av.

The challenge for us comes in the central hope behind the prayers of *Tisha B'Av* — that the Temple will be rebuilt in Jerusalem. Were this to happen as our

traditional prayers ask, it would obligate the restart of the system of animal sacrifice that the Book of Leviticus defines in great detail. Furthermore, ultra-Orthodox Jews insist that the rebuilding of the Temple could only happen on the Temple Mount, which is now the site of the Al-Aqsa Mosque. This is one of the holiest places in the Muslim faith. The restoration of our Temple would mean the destruction of theirs. How could we, as liberal Jews, pray for these things with sincerity?

The short answer is that we can't. If *Tisha B'Av* is to hold any real meaning for us, we must expand our thinking around this holy day of mourning. There is a common thread that runs through all of the great tragedies that have befallen our people. It is *sinat chinam* — baseless hatred. *Sinat chinam* did not end with these historic calamities. It is a core flaw in the human heart, and it takes great effort and deep reflection to recognize it, root it out, and destroy it.

On August 9th, we will observe *Tisha B'Av* during our Shabbat service. We will read from the Book of Lamentations, engage in prayer through music, and explore some of the ways in which *sinat chinam* diminishes the light in our world. May we reclaim *Tisha B'Av* as an opportunity to examine baseless hatred in our society and in ourselves, and to recommit ourselves to doing the work to eradicate it. ✧

Cantor Jennifer Rueben



AUGUST 23 @ 6:30PM

Join us for an uplifting and especially musical Shabbat service featuring our FNL musicians Marilyn & Bob Johns, followed by a catered oneg paired with delicious spirits. We will have a slider bar, cobbler and watermelon. This event is open to members, friends, family, and the greater community and we would LOVE to see you there!

FNL is FREE OF CHARGE with the oneg sponsored by our wonderful OST Sisterhood.





PRESIDENTIAL ADDRESS

Each Member is Important, Each is Needed.

In a recent parking lot meeting (you know, the meetings that take place after the meeting), a past president remarked that he loves every member of our congregation. With absolute conviction, he said he feels that he can learn from every single one and find something in common and that he loves us all.

I couldn't agree more. We are, after all, a Temple family, and families generally love each other – during the good times, as well as the not-so-good times.

Comprised of nearly 700 families – of all sizes and religious observances – our Temple family is what makes Ohef Sholom such a great place to be. And, while we thrive on our diversity, clearly that diversity brings challenges. We can't conduct our services 700 different ways, for example, or set the temperature in the sanctuary to suit each member's personal thermostat. (Oh, do I wish we could!)

Still, we can tweak what we do and listen to suggestions, complaints, and yes, maybe even a compliment here and there.

Although I happen to believe we have the best congregation, we all know, as with most things, it can always be better. So, do you have an idea to make an improvement? How about a proposal for a fun program? Or, a plan for a better, more efficient way to conduct business? Please, let us know!

Each of us brings something special to Ohef Sholom. So many of us are passionate and concerned about the programs we produce and the services we provide. And, among those concerned

and passionate members are congregants who are willing to devote hours to the cause – spending time in meetings developing policies to be good stewards of our funds; cooking in the kitchen for events or making casseroles for those less fortunate; teaching our children on Sundays; and taking care of our building – inside and out. I could fill pages and pages if I tried to list every facet, every place that our members are kind enough to contribute their time, expertise, and funds to enhance our Temple.

Each member of Ohef Sholom Temple is important and we all count the same – no one gets a special seat. We all also have an equal opportunity to participate on committees or to chair them. And, we are all needed. So, please, don't wait to be asked.

However you choose to participate, remember that we are all valuable members of Ohef Sholom Temple and that your membership is appreciated. ✧

L'Shalom,

Terri Denison Budman



Talk with Terri

Terri Denison Budman,
President
president@ohefsholom.org



SAVE THE DATE!

It's Time to Celebrate Ohef Sholom Temple's 175th!

DINNER • DANCING • FUN • MEMORIES

SATURDAY, NOVEMBER 16, 2019

AUGUST 2019

5





ANNOUNCEMENTS

Mazel Tov to **Linda Spindel** on receiving the UJFT's Joseph H. Strelitz Community Service Award!

Mazel Tov to **Robin A. Mancoll** on being recognized with the UJFT's Harry Graber Award for Outstanding Achievement in Jewish Communal Service!

Mazel Tov to **Charlie Nusbaum** on receiving the Independent Insurance Agents of Virginia Eagle Agent of the Year Award!

Mazel Tov to **Lori Galbraith** on her investiture as a Judge of the Chesapeake Juvenile and Domestic Relations Court on Friday, June 28. Lori's daughter Hannah held the Tanakh on which Judge Galbraith took her oath of office, after which her husband

CONDOLENCES

Ohef Sholom offers heartfelt condolences to the following members & friends:

Seth (Gwen) Gilbert on the loss of his sister, **Susan Gilbert Maggiora**.

To the family of **Elaine "Lainy" Lustig**. ☆

Scott enrobed her. Cantor Jen offered the invocation and benediction.

Mazel Tov to **Helene Schulwolf**, daughter of Neal & Lisa and granddaughter of Buzzy, who represented the USA in field hockey at the Pan American Maccabi Games in Mexico last month. ☆



Update on our ECO JUDAISM Trex Bench Program

There is a startling display at the Sea Life Minnesota Aquarium. Several tanks contain jellyfish serenely floating through the water. One tank contains something that looks like jellyfish - at first. But when you get closer, you can see it is pieces of plastic bags. It's just one small illustration of the massive problem of single-use plastics. These get into the water, break into smaller pieces and are then mistaken for jellyfish and eaten by sea turtles and other marine creatures.

The problem of single-use plastics is massive. Americans use 100 billion plastic bags a year, according to *biologicaldiversity.com*. The effect is especially devastating in the oceans where at least 267 different species have been affected by plastic pollution, and 100,000 marine animals are killed by plastic bags annually.

For the past few months, members of Ohef Sholom have been doing their part to put a dent in this destruction and help keep this dangerous material out of the water by participating in the Trex Community Challenge. Members and friends have been bringing their plastic bags to the Temple where they are collected, weighed and turned in to participating stores. The plastic then goes to the Trex company of Winchester, VA, which turns



the plastic into decking material and patio furniture.

Trex accepts all types of plastic film including grocery bags, bread bags, case overwrap, dry cleaning bags, newspaper sleeves, ice bags, wood pellet bags, ziplock & other re-sealable bags, produce bags, bubble wrap, salt bags, and cereal bags. All materials must be clean, dry and free of food residue. And please do not include any plastic bottles, cups, plates, cutlery or hard-plastic take-out containers.

Since our collection began February 1, we have collected 709 pounds of plastic to date (as of June 23) - well over the 500-lbs. target - with another month to go. At the beginning of August we will receive a Trex bench for our Temple.

We can earn up to two benches a year and can keep collecting as long as the membership wishes to keep up the program. For more information, contact Christina Verderosa at verderosa916@gmail.com.

Special thanks to the office and maintenance staff, the Eco-Judaism Committee and to everyone who has brought in plastic. ☆



Celebrate with us!
Friday, August 16
Tu B'Av Shabbat Services
 @ 6:30 pm Sinai Chapel

Please join us as we celebrate "Love Jewish Style" during Tu B'Av by blessing all of our members who have milestone wedding anniversaries in 2019. If this is your 5th, 10th, 15th, 20th . . . 60th and beyond, we'd love to share in your joy and re-consecrate your marriage!

See you then and Mazel Tov!

2019

70 Years

Lenny & Jane Frieden
 Wade & Barbara Preddy

65 Years

Jack & Beverly Fox

60 Years

Andrew & Barbara Fine
 Matthew & Sheila Krakower

55 Years

Rob & Audrey Gutterman
 Martin & Sandra Mendelsohn
 Bryan & Ellen Mesh
 Richard & Ruth Tavss
 Allan & Susan Donn

50 Years

Bill & Gail Berger
 Joe & June Goldman
 Irwin & Janna Levinstein
 Dan & Pam Snyder
 Arnold & Lee Barr
 Michael & Paula Blachman
 Allan & Helene Frost
 Donald & Kay Goldberg
 Mark & Ilene Snyder

45 Years

Mitchell & Peggy Fine
 Michael & Cathy Romash
 Joel & Judy Lefkowitz



40 Years

Mike & Jackie Haywood
 David Jarvis & Linda Fox-Jarvis
 Bert & Sarah Newfield

35 Years

Harold & Marge Anten
 Paul & Susan Hirschbiel

30 Years

Matthew & Karen Fine
 Scott & Lori Galbraith
 Roger & Marion Lidman
 David & Lisa Spiegel
 Steve & Rebecca Halpern
 Lee & Arliss Kastner
 Neil & Aline Landy
 Burke & Vivian Margulies
 Marc & Stacie Moss

25 Years

Matthew & Cynthia Galumbeck
 Dennis & Suzanne Gruelle
 Jane Klein Goldman & Ron Dyer
 Ken & Mara Bates
 Joel & Lisa Cohn
 Brian & Melissa Deusch
 Matt & Deborah Fischi
 Mark & Sharon Goldner
 Michael & Michelle Goodove
 Dmitry & Yekaterina Gotkis

20 Years

Martin & Patricia Levin
 David & Connie Adelman
 Edward & Anna Marie Cross
 Josh & Kelly Kinnear
 Christopher & Alyson Morrissey
 Sam & Trish Steingold

15 Years

Suzanne Velez-Perez & Luis Perez
 Brad & Sommer Nadelstein
 Daniel & Jill Salomonsky
 Leonid & Anna Baber

10 Years

Sandra Forte-Nickenig & Peter Nickenig
 Michael Richlen & Amber Inwood
 David & Nichole Kushner
 Lawrence & Deborah Kurtz
 Eliot & Amy Weinstein
 Ryan & Shari Kletz
 Allan & Carol Brum
 Matthew & Valeria Williamson

5 Years

Neil & Allena Anglen
 Cara Novick & Marc Cardelia
 Mark Kerner & Reeta Arora
 Heather Barnes & AJ Pollack
 Andy & Amy Gladstein
 Callah & Brandon Terkletaub
 Robert Levinson & Pam Nides
 Jeff & Heather Cohen





SISTERHOOD: Greetings From Our New President, Gail W. Bachman

I am looking forward to an exciting year with Ohef Sholom Temple Sisterhood! The Board will be working hard planning many events, some traditional and some new. Hopefully you will

join us as we come together to celebrate our mission, as stated on the website:

"OST Sisterhood is a community of welcoming women from all walks of life who meet for spiritual, educational, and social growth through Judaism. Our diverse members are all ages and come from varying backgrounds, allowing us to join together to serve the needs of our congregation and community, while cultivating life-long friendships."

Introducing the Sisterhood Board:

- President: Gail Bachman
- Treasurers: Jane Goldman, Ingeresa Friedman
- Recording Secretary: Martha Javinsky
- Corresponding Secretary: Gabriele Jiannas
- Membership: Margaret Sawyer, Marissa Collins, Earle Latimer
- Directors: Heather Barnes, Tammi Foer, Marsha Moody, Paula Russel

Sisterhood Committees will be introduced throughout the year so stay tuned!

Please join us and feel free to contact me with any questions or concerns at: sisterhood@ohefsholom.org. ☆

Gail W. Bachman
Sisterhood President
sisterhood@ohefsholom.org

MEN'S CLUB IN THE SPOTLIGHT: Tom Bachman, President

I'm writing this article to all the men of the Temple. I have taken the reins as your Men's Club president. Many of you know me by name. Some of you know me as that bearded guy who ushers services at High Holidays. Each month I would like to highlight a member of the Men's Club so we will get to know each other better. I am going to lead by example and start with myself. I came to Ohef Sholom Temple in 1978. My wife had invited me to Temple to help out with the Purim Carnival by saying it would only be a couple of hours, which turned into 41 years. When I got to Temple, the first person I met there was Alan Troy. He introduced me to a group of guys in the kitchen who were part of the Men's Club. Because of that, I became interested and involved with the Men's Club. Many men I've talked with through the years have become interested in Men's Club the same way – by being welcomed into the kitchen.

The OST Men's Club participates in many events related to food: Carpool Cafes, Shabbat Dinners, Purim Carnivals, picnics. All of these activities have brought a group of men to the kitchen to form friendships and brotherhood.

NEXT MEN'S CLUB MEETING:

August 7, 2019
@ 6:00 pm



One of my personal interests at Temple is the House Committee. During my school years in Baltimore, I took four years of Tool and Die Making. During my twenty years in the Navy, I trained to be a Boiler Technician, learning Boiler Theory and Operation. Among the many schools I attended, were Propulsion Engineering School and Boiler Water Feed Water Testing. I bring these talents and expertise to the House Committee which I have been on for over thirty years, including several years as its Chair.

My goal for our Men's Club is to show a new generation of men what I've found in Men's Club. It's a group of brothers who come together to provide service and support to the Temple and the community. Each month we gather together for dinner, conversation and to plan our next event. I would like the men of my generation to help bring the next generation onboard to keep the Men's Club strong. ☆

Tom Bachman
Men's Club President
mensclub@ohefsholom.org

RECAP: THE RAC CONFERENCE

What does our Jewish Conscience require us to do?

On May 31st, **our community** experienced the trauma of gun violence that previously touched so many in our country over the last few years. **Our community** lost innocent lives, witnessed the unimaginable pain and suffering of family members directly affected, and we ALL were deeply affected by this tragedy.

Some of the pain we feel may stem from our Jewish values, our *Jewish conscience*, the *inner knowing* that we can, and should, step forward to help others in need when we see injustices in our world. The question then is, How will we as Jews respond to this tragedy and other injustices in our community and world?

The Consultation on Conscience is a conference created by the Religious Action Center (RAC) for Reform Judaism which brings together Jewish congregational and communal leaders for **the purpose of building meaningful connections, learning and expanding the skills needed for social change, and deepening the knowledge of critical issues facing our communities.** Held over three days in Washington, DC, including advocacy visits on Capitol Hill, the *Consultation* offered leadership training, network building, and in-depth issue education for Reform Movement social justice leaders.

Karen Fine and I were motivated to attend on behalf of Ohef Sholom this past May because of our *Jewish consciences*, our shared value of *tikkun olam*, and our deep knowing we can - and should - do more. Over the course of the conference we were privileged to hear not only from leaders in the Reform movement, but also from others, younger and older in years, who are making a difference in social justice around the country. We also had the opportunity to engage with fellow Reform Jews representing their congregations by learning how Ohef Sholom can make a difference, not only as individuals, but as a congregation with an impactful, collective voice.

In the opening plenary session we heard some amazing stories and examples of people doing more, like Desmond Meade, a former felon who

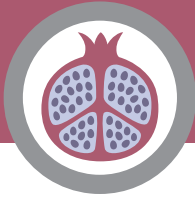


organized, helped write and led the passage of a bill in Florida returning voting rights to felons. His message of love for all was not just inspiring, it was also life changing to the 1.4 million individuals who, having paid their debt to society, will now be able to exercise their civic right and duty at election time.

We heard from Sister Norma Pimentel, a nun in McAllen, Texas, whose efforts have led to a Humanitarian Respite Center where immigrant families seeking asylum from horrors in their home countries can find food, assistance, and a loving welcome, despite the harsh realities and challenges the current immigration policies pose.

We heard from a trio of young people from Florida with different missions. One was the driving force behind the March for Our Lives, the enormously effective protest by young people who refuse to tolerate the level of gun violence in America, particularly in our schools. A second was focused on civic action, registering and motivating people to vote as soon as they are eligible and letting them know their voices can and will be heard in the Statehouse and Congress. The third was perhaps the most impactful. He was a "dreamer" who arrived in the U.S. at the age of 6 with his mother and brother on an L1 Visa, which should have eventually earned citizenship for all of them. Unfortunately, his mother died, and no process exists for the children of a

(Continued at bottom of page 14)



HIGH HOLY DAYS 5780

IMPORTANT DATES

September 20 | 20 Elul
S'lichot Shabbat Service
A Musical Observance of S'lichot
6:30 pm | OST Chapel

September 22 | 22 Elul
Tashlich at the Hague
Family Tashlich Service
11:00 am | Meet at OST
in Kaufman Hall

Cemetery Service
*Honoring the Memories of
Departed Loved Ones*
1:00 pm | Forest Lawn Cemetery

September 29 | 29 Elul
Erev Rosh HaShanah
Early Service (Childcare Available)
6:15 pm | Sanctuary
Late Service
8:15 pm | Sanctuary

September 30 | 1 Tishrei
Rosh HaShanah
Early Service (Childcare Available)
9:00 am | Sanctuary
Late Service
11:30 am | Sanctuary

October 8 | 9 Tishrei
Kol Nidre
Early Service (Childcare Available)
6:15 pm | Sanctuary
Late Service
8:15 pm | Sanctuary

October 9 | 10 Tishrei
Yom Kippur
Early Service (Childcare Available)
9:00 am | Sanctuary
Late Service
11:30 am | Sanctuary
Afternoon Study Session
1:30 pm | Chapel
Afternoon Service
2:45 pm | Chapel
Memorial and Concluding Services
4:15 pm | Sanctuary
Break-the-Fast
(FREE and Open to All!)
6:00 pm | Kaufman Hall

Tashlich at the Hague

September 22, 2019

11:00 am

Join the Religious School and their families
for a special Tashlich Observance.

Meet in Kaufman Hall at 11 am in preparation
for this ritual. We will walk to the Hague for a
short service to "cast away" the things we are
sorry for this past year. After the ritual we will
return to Kaufman Hall for refreshments
and fellowship.

Cemetery Service

Forest Lawn Cemetery

September 22, 2019
1:00 pm

Please join Rabbi Roz and
Cantor Jen for a beautiful
and moving cemetery
service prior to the High
Holy Days to honor the
memories of your departed
loved ones with prayers,
meditations, and hymns.
This is a meaningful way
to frame your annual pre-
High Holy Days visit to
your family members' and
friends' burial places.

For more information, please
contact the Temple office at
757-625-4295 or
information@ohefsholom.org



Shanah Tovah!

WHAT TO EXPECT FOR HHD 5780

Admission Tickets

Tickets will be mailed on **August 30** to all congregants current through August 2019. Envelopes will be marked "HHD Tickets Enclosed." Tickets are non-transferable.

Dependents up to 24 years of age will receive admission tickets.

Admission tickets are not required for the Yom Kippur Afternoon Study Session (led by Kitty Wolf) or for the Afternoon Memorial and Concluding Services.

Family Friendly Worship

The Family Friendly Worship Service makes holiday worship an engaging learning experience that includes age-appropriate crafts and creative activities. This program, which runs concurrently with the early Congregational Service in the Sanctuary, gives parents and guardians the options to worship with their young children or to worship with the Congregation in the Sanctuary. **Please note that children under 5 must be accompanied by parents/guardians during this program.**

Child Care

Families with children up to age 4 can sign up for our drop-off Child Care, courtesy of OST, which will be available during each of our early services.

Pre-register by sending the office a Child Care Request Form online by Friday, September 20, so we can ensure availability of enough providers. Arrive 10 minutes early to make sure your child is checked in and settled, allowing you to get to your service on time.

Armed Forces & College Students

Enlisted personnel and their families, as well as full-time college and medical students attending local schools, are welcome guests of our Temple. They should contact the Temple office for admission tickets.

BOOK OF REMEMBRANCE

Zichronam Livracha
May the memories of our departed loved ones be a blessing.



As we approach the Jewish New Year, we remember our dear departed for the blessings they gave us. We invite you to bring to mind those you have loved and lost through our *Book of Remembrance*, and to let recollections of them bless us. Submit your memory by September 13, 2019 for our annual *Book of Remembrance* by mailing us the order form in this Bulletin, submitting it online at www.ohefsholom.org, or by calling the Temple office at 757-625-4295.

Guests

For guest tickets, please call the Temple office or go online to ohefsholom.org for more information. **All ticket requests must be received by Sept. 20.**

Food Drive

OSTY and JOSTY are coordinating our congregation's annual High Holy Days food drive. Pick up your bag at Rosh HaShanah and bring it back full at Yom Kippur.

Traffic & Parking

There will be additional handicapped parking spots and traffic guards will be posted to direct traffic. **Limited parking will also be available at Ghent United Methodist Church, Christ and St. Luke's Episcopal Church and on surrounding streets.**





EDUCATION & ENGAGEMENT

Register **NOW** for the 2019-2020 School Year!

Ohef Sholom Temple offers Religious School for children age 3 through 10th Grade (Confirmation) and Hebrew classes for students in 3rd through 6th grades.

Classes meet on Sunday mornings from 10am until 12:30 pm. *Our first class meets on Sunday September 8, 2019!*

Register NOW for the 2019-2020 School Year by clicking on the quicklink on our website at www.ohfsholom.org. ☆

For more information, call or email Kitty Wolf at 757-625-4295 or kitty@ohfsholom.org.



Kitty Wolf, RJE
SLC Educator
kitty@ohfsholom.org

OSTY: Greetings from Leia Morrissey!

Greetings and Salutations,
I am Leia Morrissey, the OSTY President for the 2019/2020 year. I am honored to hold this position so I can use it to help make OSTY a fun and welcoming community for all Jewish teens. I plan for OSTY to become more integrated within the Temple; to become more involved and visible. This will start with monthly articles like this one in the *Temple pOST Bulletin* to keep people updated on OSTY and will move to announcements during Religious School services, as well as volunteering at many Temple events.

I'd also like to introduce the rest of the OSTY board for this year:

Vice President of Programming: Johnny Williamson (9th Grade)

Vice President of Membership/Communications: Abby Seeman (10th Grade)

Religious and Cultural Vice President: Brian Cohn (10th Grade)

Social Action Vice President: Madi Williamson (9th Grade)

Treasurer: Josh Darrow (10th Grade)

Historian: Melissa Young (10th Grade)

JOSTY Liaison: Jacob Morrissey (8th Grade)

I am already planning for a fun and exciting year in OSTY with fun events, successful fundraisers, rewarding volunteer opportunities, and more. My fellow board members and I are looking forward to making this a reality and showing more of what OSTY does, putting it in the spotlight.

Let's have a great year together in OSTY! ☆



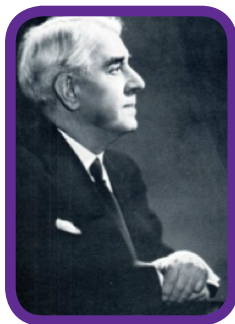
The new OSTY Board is ready to take charge for the 2019-2020 year. From left: Abby Seeman, Madi Williamson, Leia Morrissey, Jacob Morrissey, Johnny Williamson and Melissa Young. Not pictured: Brian Cohn and Josh Darrow

Leia Morrissey
OSTY President
osty@ohfsholom.org

IN THE ARCHIVES WITH ALICE

A Look Back at Our History, Part IV: Ohef Sholom's Fourth Twenty-Five Years (1919-1944)

Last month's article on OST's history ended with the words of this congregation's longest serving spiritual leader, Rabbi Louis Mendoza. On December 4, 1921, Mendoza gave a speech about the increasing appearance of anti-Semitism. For him, it was one of the psychological costs of World War I, which had ended just a few years earlier. "You cannot take hatred out of the scabbard of the human soul," he said, "and sheathe it as easily as it was drawn." The fighting had ended in 1918, but the after-effects of the war had contributed to a rising tide of hate. There were pogroms in the Ukraine and Poland. On June 8, 1919, news of the atrocities in Europe inspired the OST Board of Directors to write a letter to the Virginia Congressional delegation requesting that President Woodrow Wilson be persuaded to include protections for Eastern Europe's Jewish population in the peace treaty being negotiated.



Rabbi Louis Mendoza

America was not immune to what Mendoza called the "poison pools of hatred." In his 1921 speech, Mendoza condemned the anti-Semitic newspaper articles sponsored by automobile magnate Henry Ford, and indirectly, Mendoza targeted the hate-filled rhetoric of the Ku Klux Klan, whose numbers were dangerously increasing. It was a turbulent time, with thousands displaced in Europe and influenza raging abroad and at home. The congregation raised funds to aid the needy and reached out to other institutions in order to form bonds of friendship among religious and charitable organizations. It was in this period that OST, under the leadership of Rabbi Mendoza, began co-sponsoring a joint Thanksgiving service with Freemason Street Baptist Church, an annual event that continues to this day. Mendoza's oratorical skill is legendary. At one point, he was asked to reschedule his Sunday book talks at the Temple because they had become so popular that they were drawing parishioners away from one of the nearby churches. And though he declined the honor, it is said that he was invited to present a eulogy before

Congress upon the death of President Wilson.

Beginning in 1929, the Great Depression took its toll on individuals and institutions alike. The Temple's financial difficulties became so intense at one point that the congregation was unable to meet its mortgage commitment, and foreclosure was just narrowly avoided. By the mid-1930s, rising militarism in Europe and the beginning of hostilities in Asia foreshadowed the beginning of another World War. This country had been overwhelmingly isolationist since the 1920s, and strict immigration quotas had been imposed in 1921 and 1924. The beginning of World War II in 1939 did nothing to change either the sentiments or the policies. The crisis was brought home in September of 1940, when a Portuguese steamship stopped in Norfolk to load coal before returning to Europe with Holocaust refugees who had been turned away from both Mexico and the U.S. The efforts of two Jewish maritime attorneys from Newport News, and several Jewish residents of Tidewater, many of whom were congregants, resulted in the passengers being granted refugee status. However, the victory was short-lived, as the rescue of the passengers of the SS *Quanza* led to even tighter controls on immigration.



Holocaust refugees on the SS Quanza

After America entered the war in December of 1941, the Temple was used for Red Cross and U.S.O. events. OST cooperated with other congregations in helping Jewish servicemen stationed in the area, and the congregation participated in War Bond rallies and other activities to aid the war effort. The war touched OST in still another way when Assistant Rabbi Joseph Levenson resigned his position to serve as chaplain in the armed services. And in 1944, as the war began to draw to a close, OST faced still another challenge, when after more than 35 years, the congregation's beloved Rabbi Mendoza began talking of retirement. His would be difficult shoes to fill. ☆

Continued from the June/July issue
of the *Temple pOST Bulletin*.





INSIDE OST

A CLOSER LOOK

Our OST Soup Kitchen

On the last Monday of every month for the past nine and a half years, our Soup Kitchen volunteers come together to serve a hot meal to people in our community who need us. Under the direction of Dorianne Villani, the volunteers provide nutritious, hot, delicious meals to an average of 80 hungry guests. Our guests are old, young (sometimes very young), and in between. They represent diverse backgrounds and life stories. Many are veterans. We don't specifically know if they are homeless. We welcome all who are food insecure. What we do know is that they are grateful. The volunteers and the guests enjoy each other's company this one day a month, and the atmosphere is really warm.



But did you know that our Soup Kitchen provides so much more than a meal? Clothing coordinators, Harriet and Richard Siff and Robin Lewis-Schoner, collect and offer several tables-worth of clothing

(Continued on back cover, page 20)

(Continued from page 9)

deceased asylum-seeker to gain citizenship. This "dreamer" now faces life as an undocumented immigrant in the only country he knows as home.

It was a stark reminder that social justice work is our obligation, not optional. Ohel Sholom signed the RAC's Brit Olam in September of 2017, intentionally re-dedicating ourselves to this work and to our covenant with God; committing to keeping God's commandments and the many directives in the Torah requiring us to take action, to shield the weak, to help the stranger, to stand with the oppressed and to fight for the healthy continuation of our world. Since then we have continued our social action programs like our monthly Soup Kitchen, NEST, Casseroles *ForKids*, and participated in HUBB (Hands United Building Bridges) and other collaborative initiatives aimed at bringing about positive social change. Most recently, OST was instrumental in organizing VB Remembers, our community's effort to come together in the wake of the tragedy in our own backyard.

After signing the Brit Olam, we held several Shabbat services and workshops led by professionals in the field of social justice to help educate us, teach us about civil discourse, and gain clarity around where we might find consensus on focusing our social justice efforts. Climate change and the homeless population rose to the forefront of our current social action efforts. *Social Justice* is the other

side of the coin to effecting real change and involves advocacy.

These issues are not political. They are ethical and moral. Politics is a distraction that causes inaction, and nothing changes.

The RAC is here to help us and already has four areas of action for Social Justice for which they have many tools for us to adopt and use for our work:

1. Environmental threats and Climate change
2. Gun Violence Prevention
3. Racial Justice
4. Immigration Reform

We need your help. The beauty of social justice work? The only cost is time, and many hands make light work! Our Brit Olam contract is calling. With the help of our clergy and congregants who feel the same as Karen and I do, we CAN make positive social change happen. I have recently joined the Virginia Interfaith Coalition (VIC) on Public Policy. This group's several chapters have already effected change in legislation for the Commonwealth. Both the VIC and the RAC can help us do more but we need YOU! ☆

Shalom,
Carol and Karen

Carol Roth Brum & Karen Fine
Caring Community
caringcommunity@ohelsholom.org

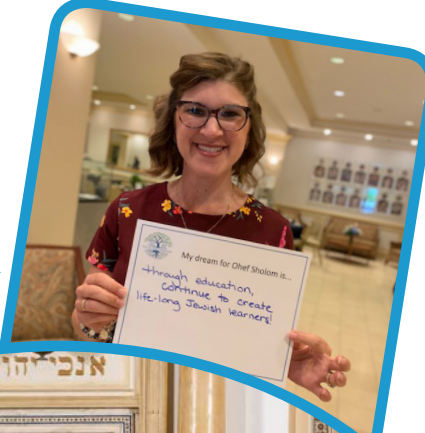


LIFE & LEGACY

LIFE & LEGACY
Assuring JEWISH TOMORROWS
A program of the
**HAROLD GRINSPOON
FOUNDATION**



Leia Morrissey



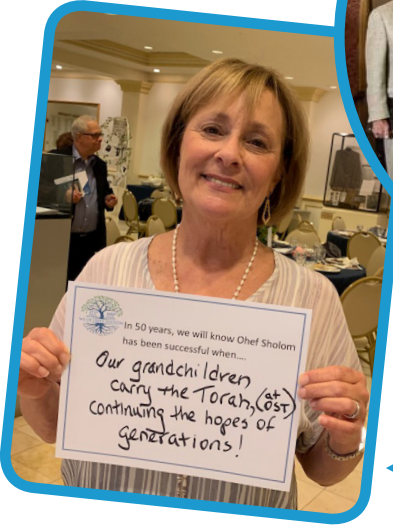
Alyson Morrissey



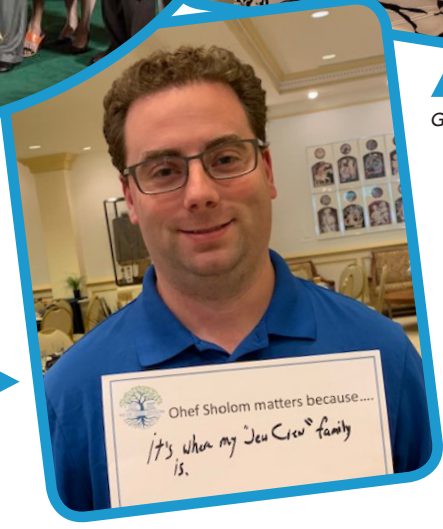
OST Presidents and Clergy at the June 1 event



Gail W. Bachman



Carol Roth Brum



Paul Weiner

On June 1st, Ohef Sholom leadership gathered together for a special Shabbat service and Kiddush luncheon where we honored our dedicated leaders and thanked them for shaping our congregation as we move forward for another 175 years. Attendees shared various sentiments on WHY Ohef Sholom MATTERS to them and has IMPACTED their lives.

We had 90 congregants and their families attend the event including 18 past presidents from Ohef Sholom and Temple Sinai.

Legacy gifts and pledges are what allow us to offer so many special programs and help us remain a vibrant Jewish presence as they perpetuate values

we stand for in our greater community. These gifts help us make an IMPACT on our congregation's lives and to turn their WHYs into a reality.

Leaving a legacy gift is easy to do and anyone can participate, regardless of age, wealth, or affiliation. To arrange a confidential, no obligation discussion, please reach out to our LIFE & LEGACY Chair, Matt Fine, at matthewfine@cox.net or 757-407-1368. ☆

Rachael Nusbaum
LIFE & LEGACY Associate
lifeandlegacy@ohefsholom





WE OF OHEF SHOLOM IN THE SPOTLIGHT

WHO'S NEW?

Meet New Members Alan Yanofsky and Dr. Sylvia Turner-Yanofsky.



Welcome Sylvia and Alan when you see them around Temple!

Sadie, the 17-year-old gorky rambles about the first of the three floors of the giant, furnished-to-the-gills Victorian house. The two cats play hide-and-seek with the visitors and the four people in the living room all seem to be talking at the same time.

Amid the laughter and story-telling, ancestors from 100 years ago, in framed photos hanging on the hallway walls, appear to be at least *trying* to bring some calm to this, unquestionably the liveliest Jewish home on Hatton Street in the Park View section of Portsmouth.

If you haven't already, meet Ohef Sholom members Alan Yanofsky and Dr. Sylvia Turner-Yanofsky. He's a retired symphonic and jazz double-bassist for the Buffalo Philharmonic (four years) and Dallas Symphony (33 years) orchestras, and she is a child psychiatrist at the Portsmouth Naval Medical Center. She is soft-spoken. He is like the instrument he plays: easy to hear in the next room. Together, they are a pair united by humanistic values and an easily discernible sense of humor.

Thirty-eight years ago, when Alan, born in Montreal, announced to his family he was marrying out of the faith – and to someone who was partly Afro-American at that -- there was the gasp heard in many traditional Jewish homes.

But not for long.

"I told them *she's a doctor*," he said, thinking that would meet with approval all-around, which it

did not. It was *getting to know her* that mattered.

Not only that: Sylvia, originally from Patchogue, N.Y., was what Alan calls a "lapsed Unitarian," of a religion that allows its practitioners to believe almost anything about God and humankind, an historically liberal church in America with a social-justice bent and – like Reform Judaism – is an outgrowth of the 18- and 19th-century Enlightenment period that emphasized that science and religion could be partners in understanding the world, not strict adversaries.

"Unitarians don't have a dogma; they come from all over (the belief spectrum)," she explains. "So it wasn't a matter of 'renouncing' anything; it was a matter coming home" to a religion which, if not in her DNA, was in her blood every other way.

Both are from politically left-leaning upbringings that in one way were oddly different. Sylvia's family tree includes a Barbadian grandfather who at one time was an avowed communist and owned the Frederick Douglass Bookstore in New York's Harlem. Alan's parents are first-generation Canadians; his father's parents left czarist Russia in 1903 as their fathers were avoiding being drafted into the cavalry – yet again – to help fight the Russo-Japanese War. His mother's family left a Polish ghetto to escape anti-semitic persecutions.

Their respective professions made world travelers of them. Alan has also played with an orchestra in Graz, Austria, and, with Sylvia, has lived in Dunedin, New Zealand. While there, Sylvia committed to something she had already been planning:

"I was having the experience of davening and participating with a Jewish community in which I was completely included, without question," she said. She knew Judaism was where she belonged.

For all their wanderings (including Australia and Indonesia) they say they enjoy living where they

(Continued at bottom of next page)



DONATIONS

WE APPRECIATE THE THOUGHTFULNESS OF THOSE WHO SUPPORT OST

by remembering and honoring their friends and loved ones through their generous contributions.

Please have your donations submitted to the Temple before the beginning of each month.

175TH

In Memory of:

RENEE DIAMONSTEIN
Carol & Lou Sherman
HARRY LEVIN
*Shari Graber
ROSE LEVIN
*Shari Graber

CANTOR JENNIFER RUEBEN'S DISCRETIONARY FUND

With Appreciation to:
CANTOR JENNIFER RUEBEN
*Maryellen & Jeff Kroll

CARING COMMITTEE FUND

In Memory of:
DORIS ROTH
*Carol & Allan Brum

CARING COMMITTEE FUND – SOUP KITCHEN

Nancy & David Embree
In Memory of:
WILLIAM "BILLY" BERNSTEIN
Betty Hecht
BERTHA G. COHEN
*Arleen Cohen
RENEE DIAMONSTEIN
*June & Bo Saks
With Appreciation to:
RABBI ROZ & CANTOR JEN
Barbara Rosenblum

FINE ARTS FUND

In Memory of:
ELAINE "LAINY" LUSTIG
Lorraine Fink

JEFFREY GOODOVE POST CONFIRMATION SCHOLARSHIP FUND

Wishing a Speedy Recovery:
DR. RONNIE KING
Ellen & Jonathan Harris

MEN'S CLUB:

In Memory of:
HAROLD FRIEDMAN
*Jeanette & Don Friedman

RABBI ROSALIN MANDELBERG'S DISCRETIONARY FUND

In Memory of:
SUSAN GILBERT MAGGIORA
*Susan & Alan Nordlinger

OHEF SHOLOM FOUNDATION UNRESTRICTED FUNDS

Wishing a Speedy Recovery:
JUNE SAKS
*Rose & Kurt Rosenbach

GAIL W. BACHMAN EDUCATIONAL FUND

In Honor of Your Special Tribute:
GAIL BACHMAN
*Cantor Jennifer Bern-Vogel & Ira Vogel
Wishing a Happy Birthday to:
ED CROSS
*Sharon & Bill Nusbaum

SISTERHOOD

In Honor of Receiving the Rosenbach Award:
SISTERHOOD
*Rose & Kurt Rosenbach

SISTERHOOD - FLORAL FUND

In Memory of:
BERNARD JAFFE
*Beth & Nathan Jaffe
LENA LIVERMAN
*Bob Liverman
MAURICE SACKS
Betty & Irwin Sacks
DAVID WOOLARD
*Patricia & Barry Kayer

TEMPLE FUND

In Honor of 25 Years Since Being Ordained:
RABBI DANIEL FINK
*Arlene & Jack Rephan
In Memory of:
GOLDY BALABAN
*Joan & David Balaban
WILLIAM "BILLY" BERNSTEIN
*Marcia Rae & Edmund Goldsticker
SYLVIA GEFFEN
Sheila & Matthew Krakower
RICHARD GLASSER
*June & Bo Saks
MARY KERNER
*Bonnie & Stuart Kerner
ELAINE "LAINY" LUSTIG
Judy & Larry Dobrinsky
Judy & Mannie Smith
SUSAN GILBERT MAGGIORA
*Beth & Nathan Jaffe
ROSE SHIFFRIN
*Bonnie & Stuart Kerner
Wishing a Speedy Recovery:
JUNE SAKS
*Arlene & Allan Zeno

WOODWARD MUSIC FUND

Wishing a Happy Birthday:
ED CROSS
*Nancy & Jay Lazier
In Memory of:
ELAINE "LAINY" LUSTIG
Bunny Mirman
MILTON RAYFIELD
Elyne Lavenstein Axel
*Dixie & Henry Wolf
Wishing a Speedy Recovery:
JUNE SAKS
Elyne Lavenstein Axel

LOUIS H. & ANNE K. FRIEDMAN TREASURER'S FUND

In Memory of:
WILLIAM "BILLY" BERNSTEIN
*Betty Lou & Charles Legum

LESLIE LEGUM CAMP SCHOLARSHIP

Wishing a Speedy Recovery:
STEVE KOCEN
*Jay Legum & Gary Legum
JUNE SAKS
*Jay Legum

ROSE ANN & LESTER GROSSMAN FUND

In Honor of Your Presidency:
TERRI D. BUDMAN
*Louis L.I. Grossman

MILITARY SUPPORT FUND

In Memory of:
HAROLD FRIEDMAN
*Jeanette & Don Friedman

*denotes gifts of \$25 or more

(Continued from page 16)

do. Being just a few blocks from Sylvia's work at the naval hospital made the decision to buy the house fairly easy. And they are close to their son Jacob and his family, attached to the Navy in Norfolk. Another son, Richard, is a police officer and Navy reservist in San Diego.

Finding Ohef Sholom took some work, however. "We went shul-shopping," said Sylvia. After trying others on for size, this was the best fit. ✨



Bruce Ebert
Contributor, Journalist
and New Member!





YAHREZEITS AUGUST

July 28 - August 3

Benjamin Allen
Barbara Alper
Evelyn Brand
Raymond A. Cogan
Rachel L. Cohen
Esther Comess
William Cross
Emily Drummond
Alberta Evans
Jennie Fass*
Lisa Frank
Jennie Friedman
Ira Gissen
Margaret Glans
Samuel Goldstone*
Elsa Campe Goodman*
Ruth N. Goodman*
Gertrude Gore
Jerry Griffin
Cantor Joseph Guthertz
Robert Hecht
Benjamin Hoffer*
Benjamin Hofheimer*
Ida Horwitz
Irving Kas
Amelia Kline*
Iosif Kosoi
Harry Legum*
Howard Legum
Leo H. Maltz
Junius Miller
Mary Munich
Lorin Goodman Nelson*
Charles W. Novitch*
Herman C. Petock
Levi Plant*
Henry Porter
Martha Pridgen Rogers
Margery Salzberger
Sylvia W. Schechter*
Grace Littlejohn Schoner
Sidney Slane
Esther Solomon
Martha Stein*
Minnie G. Strelitz*
Gertrude B. Weisberg
Harold Wolff

August 4 - 10

Terry Anglen
Mark Brand
Joseph Chase
Samuel Cohen
Emma Colman
Irving Cooper*
Marvin W. Davis*
Milton Donn*
Don Embree
Barry Fine
Carol Lynn Firoved
Albert A. Gabel*
Howard Glassman
Marsha Goldman
Samuel Goodman*
Teddy F. Greenhood
Morris B. Gutterman*
Alfred Haskell*
Sylvia Haskell*
Morris Kluger

Florence G. Kramer
Manuel Krampf*
Emma Maude Learned
Celia Mandelkern*
Florence Mendelsohn*
Julius Miller*
Jay Lawrence Millison
Sadie Spagat Morris*
Dr. Harry Pariser
Bella Rappaport
Wendy Altschul Rolland
Virginia Evett Rosen*
David Schoenholt*
Ruth Sherman
Abraham Smith
Miriam Rae Snyder
Norma T. Steingold
Adelaide Tabet*
Joseph Van Os*
Walter W. Vatcher
Michael B. Wagenheim*
Diana Walsh
Max Waters
Rhona S. Weinstein

August 11 - 17

Herbert B. Altschul*
Mark Bailey
Eleanor S. Cohen*
Reva Lola (Lolly) Cohen*
David Cohen
Dorothy K. Crockin*
Erin Elizabeth Dixon
Marion S. Eason*
Robert Elkins
Caryl Emanuel
Ida Fink
Charles Gendler
Bertha Glaser
Anna Glassman
Sarah Glickman
Rebekah Gurfein
Phillip Herman*
Danny Hofheimer
Bertram Hornstein*
Frank Jacobs
Rose Jacobson
Elizabeth W. Jenkins*
David Koltun
Alan Kootner
Wendy Kraus
Jean B. Landauer*
Jack Lesser
Dr. Seymour Levy
Henry Longman*
Mildred Malkin
Ellen Mansbach
Augusta F. Marcus*
Gertrude M. Mark
Gerry Mendelson
Joan B. Miller*
E. Joseph Nusbaum*
Louise S. Nusbaum
Virginus H. Nusbaum, Jr.
Gladys Lowenberg
Oberndorfer*
Morris Odessky
Oscar Pluznick
Mollie S. Radin*
Fred Rosenblum

Lucille Schwan*
Aaron B. Seldner*
Philip Silverstein
Michael Skwarlo
Mary Witten Sobel*
Leonard Strelitz
Paul Tavss
Ross Myron Trump
Stanley Waranch*
Carol B. Waranch*
Robert M. White*
Rose R. Wrobel
Bert Yaffe
Barbara U. Zaba
Benjamin Zaba

August 18 - 24

Emma Aftel
Yanci Albert
Martin Balaban
Alex Berkowitz*
Beatrice L. Berlin*
Eugene Bloom
Brian Feit
Rose Flax
Victoria Freeman
Beatrice F. Garfinkel*
Saul Goldberg
Moses Goldstein*
Louis Greenblatt
Gloria C. Hecht
Evelyn Hecht*
Ethel Heller
Mary Jacobs*
Joseph Kahan*
Lillian Kane
Louis Katz
Eva Kaufman
Carrie Kern*
Clifford K. Kesser*
Louis Kootner
Dorothy Kossman*
Helen G. Lampl
Milton Lewis*
Charles Lewis Nichols
Philip Lobock
Sophie Loeb
Fannie H. Maas*
Charles M. Mansbach*
Joyce McCartan
Alexander Benjamin
Mizroch*
Raymond Pearl
Melvin Radin
Bertha G. Rotholz*
Simon Salsbury
Hyman M. Silverman*
Richard Smith
Sherman Steinberg
Stanley Stillman
Jules Stredler
Annie Joo Watt*
Samuel Weisberg
Shari Weiss
Harry Young
Max Zucker

August 25 - 31

Bessie Aftel
Irwin C. Albert
Bertha Auerbach*
Rachel Rief Axelrod*
Milton Barrie
Jonathan Behr
Henrietta Blaustein*
Nathaniel H. Cohn*
Louis Colbus
Theresa B. Davis
Eugene Denison
Sol Fass*
Isaac Fass*
Hilda F. Fisher
Helen Freeman
Bernard Frenkil
Rabbi H.E. Front
Henri S. Front
Alan Gaynor
Ira Ginsburg
Simcoe Glasser*
Sarah Glassman*
Sadie Goldman
Margo Gottesman
Stanley Hainer
Lynn Hecht
Milton Hirschler*
Henry Clay Hofheimer*
Julian Bernard Jacobs
Ronald Lee Jacobson
Dorothy Kas
Melvin J. Kozak
Beatrice Lohre
Edythe Lotkin*
Rabbi Louis D. Mendoza*
Fred Coleman Michalove
Bernard Miller
Leiba Monoszon
Ruby Moore
Ferdinand Phillips, Sr.*
Ella H. Raymond*
Mabel Rierson
Paul Robbins
David Rovner
Brad Scherr
Jacob Silver*
Marvin Simon*
Julius Snyder
Esther Strong
David Sussman*
Gabe Sward
Fred Wasserman*
Barry M. Wolf*

*denotes memorial plaque





CALENDAR & BIRTHDAYS

AUGUST EVENTS

- 1 THURSDAY**
4:00 pm
Torah Study
- 2 FRIDAY**
6:30 pm
Shabbat Services
- 3 SATURDAY**
9:00 am
Torah Study
10:30 am
Shabbat Services
- 4 SUNDAY**
9:30 am
Executive Committee Retreat (offsite)
12:00 pm
OSTY Board Meeting
- 5 MONDAY**
Office Closed to the Public
Staff In-Service Day
- 6 TUESDAY**
4:00 pm
House Committee Meeting
7:00 pm
Explore Gratitude Through Meditation, Movement, Chant and the Sublime Sound of Crystal Singing Bowls with Rabbi Roz and Toni Whitmont
- 7 WEDNESDAY**
6:00 pm
Sisterhood Meeting
Men's Club Meeting
- 8 THURSDAY**
10:00 am
Quilting Group
4:00 pm
Torah Study
- 9 FRIDAY**
6:30 pm
Shabbat Services
- 10 SATURDAY**
9:00 am
Torah Study
10:30 am
Shabbat Services
11:30 am
Kiddush Lunch
- 13 TUESDAY**
11:30 am
Quilting Group
6:15 pm
Worship Committee
- 15 THURSDAY**
4:00 pm
Torah Study
5:00 pm
Board Training
7:00 pm
Board Meeting
- 16 FRIDAY**
5:30 pm
Chanting with Rabbi Roz
6:30 pm
Tu B'Av Shabbat Services: Love Jewish Style
- 17 SATURDAY**
9:00 am
Torah Study
10:30 am
Shabbat Services
- 20 TUESDAY**
11:30 am
Quilting Group
- 21 WEDNESDAY**
9:00 am
175th Advisory Campaign
5:00 pm
Finance & Development Meeting (offsite)
- 22 THURSDAY**
10:00 am
Quilting Group
4:00 pm
Torah Study
- 23 FRIDAY**
6:30 pm
Friday Night Live
Shabbat Services
- 24 SATURDAY**
9:00 am
Torah Study
10:30 am
Shabbat Services
- 25 SUNDAY**
9:00 am
Faculty Orientation & Training
- 26 MONDAY**
9:30 am
Soup Kitchen
- 28 WEDNESDAY**
9:00 am
Departure for VMFA Roadtrip!
- 29 THURSDAY**
4:00 pm
Torah Study
- 30 FRIDAY**
6:30 pm
Shabbat Services
- 31 SATURDAY**
9:00 am
Torah Study
10:30 am
Shabbat Services

AUGUST BIRTHDAYS

- August 1**
Patricia H. Bennett
Steven A. Kayer
Robert Liverman
Michele Newbill
- August 2**
Marshall Friedman
Stephanie Galbraith
Joseph Hearst
Joseph Steingold
Terry M. Waitzer
- August 3**
Bruce A. Laderberg
Brian Staub
- August 4**
Lorraine Fink
Norma L. Stark
- August 5**
Ira Brotman
Alan P. Ganderson
Marcia Hofheimer
Helen L. Koltun
Matthew Mancoll
Phillip Shanker
- August 7**
Isobel Bartel
- August 8**
Philip Helman
- August 9**
Peter Sallmaier
Callah Terkeltaub
- August 10**
Joshua Bennett
Robert Blondin
Janet S. Hill
- August 11**
Thomas C. Bachman
Lauren Flax
- August 12**
Robin Golding
- August 13**
Janice Levin
Susan M. Quate
- August 14**
Heather Barnes
Allan Brum
Susan R. Einhorn
Jack Morgan
Ruth Schepper
Paul K. Woodson
- August 15**
Norma G. Flax
Celia G. Friedman
Elaine Luria
Daryl B. Nemo
- August 16**
Michael J. Blachman
Linda Fox-Jarvis
Michelle Goodove
Charles A. Lisner
Becky Rapoport
Ken Sands
- August 17**
Connie Spruill
Adelman
Ronald M. Alper
Harriet T. Siff
- August 18**
William Helfen
Marion R. Lidman
MiMi Nicholson
- August 19**
Allan G. Donn
Bruce Ebert
- August 20**
Steven Budman
Lynn Evans
Eunice F. Kozak
Susan Olitsky
- August 21**
Martin A. Einhorn
- August 22**
Susan Nordlinger
- August 23**
George H. Sterns
Pearl Taylor
- August 24**
Gerald C. Jaffe
- August 25**
Mitchell Fine
- August 26**
Ellie M. Cesario
Jack L. Frieden
Carol M. Sherman
Eliot Weinstein
- August 27**
Lawrence J. Adler
Mara Bates
Robert Fiedler
Michael Nusbaum
Gordon A. Ryan
- August 28**
Nancy Sacks
Jacobson
Debra Ellen Kaplan
Denise Keeley
- August 30**
Audrey L. Gutterman
Karen Margolius
Plotnick
Michael N. Shroyer
Lyuba Shur-Allen
Sidney Sward
Kathryn J. Wolf
- August 31**
Heather Cohen
Elizabeth V. Cooper
Henry M. Schwan
Jay H. Zimmerman

To add an event to the Temple calendar, please email reservations@ohefsholom.org.



September 8 @ 9:00 am

OST Walking Group @ Noland Trail in Newport News
83-99 Museum Dr., Newport News, VA 23601

(Park in the Mariner's Museum parking lot next to the trail.)

All are welcome to join the OST Walking Group in early September to enjoy a 5-mile walk on the Noland Trail in Newport News! Meet at Temple at 8:30 am if you would like to carpool.

Please RSVP to Sharon Nusbaum at sharonuz@aol.com or contact her by cell: 757-515-4226. Carpooling can be arranged upon request.





Ohef Sholom
T E M P L E



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www.ohefsholom.org

Rosalin Mandelberg, *Senior Rabbi*
Jennifer Rueben, *Cantor*
Lawrence A. Forman, *Rabbi Emeritus*

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THE POST BULLETIN BOARD



(Continued from page 14)

donations for our guests each month. It's not unusual to find a donation with a name tag because if Harriet learns that "John" needs size nine work boots, the following month those boots tend to appear with his name on them! This past year Robin was able to procure a donation of 3,000 socks from Bombas. New clean socks and underwear mean so much to the homeless. Since 2016 Josh Lewis, a hairstylist from Gary Allen Salon, provides free haircuts, a much-appreciated luxury for many of our guests.

Our Soup Kitchen offers so much to guests and volunteers alike, but **we need more volunteers so that these good deeds can continue to happen every month.** You will find out firsthand how good it feels to hand

someone a toothbrush who hasn't had one for months or to give our guests a clean pair of Bombas socks and deodorant in the hot summer months. Can you please spare a few hours one day a month for this *mitzvah*?

Our next Soup Kitchen is Monday, August 26 and help is needed from 9:30 am - 2:00 pm.

As we are taught from the Torah in Deuteronomy 15:11:

"For there will never cease to be poor in the land. Therefore I command you, 'You shall open wide your hand to your brother, to the needy and to the poor, in your land.'" ☆