

THE BAT MITZVAH OF

.....

*Reese Emma  
Longwater*

אורה בת אברהם  
ברוך וחנה קרן

OCTOBER 24, 2020

6 CHESHVAN 5781

OHEF SHOLOM TEMPLE

RABBI ROSALIN MANDELBERG  
CANTOR JENNIFER RUEBEN

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*Please, remember that cell phones and flash photography  
are not allowed in the Sanctuary or Chapel during services.  
Your consideration is appreciated.*

# Shalom and Welcome

Dear Friends and Family~

Welcome and thank you for joining us, as we celebrate Reese's Bat Mitzvah. This service looks a bit different from the one we envisioned but we are grateful for this beautiful sanctuary and for the opportunity to be gathered here today in this intimate setting. We are truly honored to have you share this important milestone as Reese becomes a "daughter of the commandments" and in doing so, takes on the responsibilities of a Jewish adult.

We wish to thank Reese's religious school teachers who have been so patient and dedicated throughout the years. We especially thank Rabbi Roz Mandelberg and Cantor Jennifer Rueben for their direction and guidance. This spiritual journey has not only been meaningful to Reese but to us as a family.

We are thankful for the love and support of our mothers, Sandi and Jean who serve as amazing examples of strength, love and perseverance. The memory of our fathers, Marvin and George continue to shape our lives in countless ways. It is their influence that has in part fueled our commitment to raising our children with a strong religious foundation.

To commemorate this occasion, Reese will be receiving from us a *tallit* (prayer shawl). This *tallit* was chosen by Reese because of the graphic nature of the design and because it reflects Reese's love of art. We hope this shawl will serve as a reminder to Reese of her creativity and uniqueness. May Reese always find comfort in the knowledge that God will guide her through every joy and sorrow.

Once again, thank you all for making this occasion so special for Reese.

With Love,

Adam and Karen

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For Reese's Mitzvah Project, she focused her attention on the growing number of elderly people feeling lonely and isolated during this time of social distancing. She entitled her project, "The Pen Pal Plan." Reese sent out care packages with the following items: a pen, stamped envelope, stationary, candy, jokes, puzzles and inspirational quotes. She sent these out in groups of 5 to 10 to independent living and assisted living facilities in the parts of the country hardest hit by the pandemic. She encouraged the recipients to reply to her and then she connected them with classmates and friends. If they were not comfortable responding, she encouraged them to use the stationary to send a message to someone they had not spoken to in awhile.

Reese sent 50 care packages, and received numerous responses. As a result, she has acquired and facilitated some new and unexpected friendships. The lesson she has learned and continues to learn from this experience is that putting time and effort into something can yield great results. Also, there are really interesting people out there with great advice to offer and great life experiences to share. Sometimes it just requires taking the time to ask.

This is the letter Reese included with each care package:

*Hello!*

*My name is Reese Longwater, I am twelve years old and I attend 6th grade at Old Donation School. I live in Virginia Beach with my parents, two siblings, my golden retriever and my guinea pig!*

*I have been giving a lot of thought recently to how much I miss my friends and family during this time of social distancing, especially my grandparents.*

*I think many of us feel lonely, bored and a little scared and I think now more than ever, we need to spread kindness wherever we can. Connecting to others in my community has always been of deep importance to me.*

*As a result, I created this Pen Pal Plan to bring people together, to start new friendships and to remind others that they are thought of and cared about.*

*In this bag you will find a few treats to make you smile. There is also a piece of cardstock and a stamped envelope. If you wish to participate, please write a letter, however long or short, and send it back to me with your return address. I will match you to a student here in our community.*

*If you choose not to participate, please enjoy this bag anyway and consider using the card to write a letter to a special person in your life.*

*Either way, may this bag bring you happiness during hard times. May you feel joy, peace and most importantly, hope.*

*Love,*

*Reese*

# *Honors and Aliyot*

Tallit Presentation	Karen and Adam Longwater, Parents
Readings on page 214-215	Jean Heidig, Grandmother Madison Longwater, Sister
Passing of the Torah	Karen and Adam Longwater, Parents Madison Longwater, Sister Caden Longwater, Brother
Aliyah One	Lance Longwater, Uncle
Aliyah Two	Caden Longwater, Brother
Aliyah Three	Reese Emma Longwater
Kiddush and Motzi	Madison Longwater, Sister Caden Longwater, Brother Reese Emma Longwater

# *Torah Portion*

## Genesis 9:8-16

(9)8: God spoke to Noach, and to his sons with him, saying,

9: “As for me, behold, I establish My Covenant with you, and with your offspring after you,

10: and with every living creature that is with you: the birds, the cattle, and every animal of the earth with you; of all that go out of the ark, even every animal of the earth.

11: I will establish My Covenant with you; neither will all flesh be cut off any more by the waters of the flood; neither will there any more be a flood to destroy the earth.

12: God said, “This is the sign of the Covenant which I make between Me and you and every living creature that is with you, for perpetual generations:

13: I set My rainbow in the cloud, and it will be for a sign of a Covenant between Me and the earth.

14: It will happen, when I bring a cloud over the earth, that the rainbow will be seen in the cloud,

15: and I will remember My covenant, which is between Me and you and every living creature of all flesh, and the waters will no more become a flood to destroy all flesh.

15: The rainbow will be in the cloud. I will look at it, that I may remember the everlasting covenant between God and every living creature of all flesh that is on the earth.

(9) וַיֹּאמֶר

אֱלֹהִים אֶל-נֹחַ וְאֶל-בָּנָיו אֹתוֹ לֵאמֹר: <sup>9</sup>וַיֹּאנִי הַנְּנִי מְקִים  
 אֶת-בְּרִיתִי אִתְּכֶם וְאֶת-זִרְעֲכֶם אַחֲרֵיכֶם: <sup>10</sup>וְאֵת כָּל-  
 נֶפֶשׁ הַחַיָּה אֲשֶׁר אִתְּכֶם בְּעוֹף בְּהֵמָה וּבְכָל-חַיַּת  
 הָאָרֶץ אִתְּכֶם מִכָּל יִצְאֵי הַתְּבֹה לְכָל חַיַּת הָאָרֶץ:  
וְהָקִמְתִּי <sup>11</sup>אֶת-בְּרִיתִי אִתְּכֶם וְלֹא-יִכָּרֵת כָּל-בֶּשֶׁר  
 עוֹד מִמִּי הַמִּבּוּל וְלֹא-יִהְיֶה עוֹד מִבּוּל לְשַׁחַת  
 הָאָרֶץ: <sup>12</sup>וַיֹּאמֶר אֱלֹהִים זֹאת אוֹת-הַבְּרִית אֲשֶׁר-אֲנִי  
 נֹתֵן בֵּינִי וּבֵינֵיכֶם וּבֵין כָּל-נֶפֶשׁ חַיָּה אֲשֶׁר אִתְּכֶם  
 לְדֹרֹת עוֹלָם: <sup>13</sup>אֶת-קִשְׁתִּי נֹתַתִּי בַעֲנָן וְהָיְתָה לְאוֹת  
 בְּרִית בֵּינִי וּבֵין הָאָרֶץ: וְהָיָה <sup>14</sup>בַּעֲנָנִי עָנָן עַל-הָאָרֶץ  
 וְנִרְאָתָה הַקֶּשֶׁת בַּעֲנָן: <sup>15</sup>וְזָכַרְתִּי אֶת-בְּרִיתִי אֲשֶׁר בֵּינִי  
 וּבֵינֵיכֶם וּבֵין כָּל-נֶפֶשׁ חַיָּה בְּכָל-בֶּשֶׁר וְלֹא-יִהְיֶה  
 עוֹד הַמִּיָּם לְמִבּוּל לְשַׁחַת כָּל-בֶּשֶׁר: <sup>16</sup>וְהָיְתָה הַקֶּשֶׁת  
 בַּעֲנָן וּרְאִיתִיהָ לְזִכָּר בְּרִית עוֹלָם בֵּין אֱלֹהִים וּבֵין  
 כָּל-נֶפֶשׁ חַיָּה בְּכָל-בֶּשֶׁר אֲשֶׁר עַל-הָאָרֶץ:

# *Haftarah Reading*

Isaiah 54:10 -12

(54)10: For the mountains may depart, and the hills be moved; but My loving kindness shall not depart from you, neither shall My covenant of peace be shaken, says the LORD who has mercy on you.

11: You afflicted, tossed with tempest, and not comforted, behold, I will set your stones in beautiful colors, and lay your foundations with sapphires.

12: I will make your pinnacles of rubies, and your gates of sparkling gems, and all your borders of precious stones.



(54)<sup>10</sup> כִּי הִקְרִים יְמוּשׁוֹ וְהִגְבַּעוֹת תְּמוּטִינָה וְחִסְדֵּי מֵאֲתָךְ  
לֹא־יְמוּשׁ וּבְרִית שְׁלוֹמִי לֹא תִמוּט אֲמַר מְרַחֵם יְהוָה:  
<sup>11</sup> עֲנִיָּה סַעֲרָה לֹא נִחַמָּה הִנֵּה אֲנֹכִי מֵרֵיץ בַּפּוֹךְ אֲבִנֶיךָ  
וּסְדֹתֶיךָ בַּסְּפִירִים: <sup>12</sup> וְשִׁמְתִּי כְּדָכָד שְׁמִשְׁתִּיךָ וּשְׁעָרֶיךָ  
לְאַבְנֵי אֶקֶדַח וְכָל־גְּבוּלְךָ לְאַבְנֵי־חֶפֶץ:

# Rabbi Rosalin Mandelberg



Rabbi Rosalin (Rose-a-lynn) Mandelberg serves as senior rabbi of the Reform Ohef Sholom Temple in Norfolk. As spiritual leader of the 700 family congregation Rabbi Roz engages in the sacred work of teaching and learning with children, adults and families, and of sharing Judaism's wisdom as it applies to our daily lives and the world around us. She works determinedly to reach Jews by birth, Jews by choice and interfaith families to create a community where each of us participates actively in Jewish life. She embraces worshipping together as one community, joyfully and meaningfully reaching and inspiring congregants through a range of relevant and challenging sermons that convey Judaism's teachings to people of all ages.

Her particular areas of interest are in reaching out to interfaith and conversionary families and Jews by choice and in creating Jewish spiritual and educational programs, which benefit both Jews and non-Jews alike. This includes her work in establishing Interfaith Trialogue with Muslim and Christian congregations in South Hampton Roads. Her success in these endeavors has earned her a seat on the Union for Reform Judaism's national Commission on Interfaith Outreach and Synagogue Membership, which she held for 15 years. Also, she served as president of the Central Conference of American Rabbis Mid-Atlantic Council.

In addition, Rabbi Roz has been active in local communal agencies, serving on the boards of Jewish Family Services and The United Jewish Federation of Tidewater as well as on the Advisory Board of the Rumi Forum, Hampton Roads Chapter. Currently, she is the immediate past president of the Board of Rabbis and Cantors of Hampton Roads. For her congregational and communal work, Rabbi Roz has received the Humanitarian Award from the Virginia Center for Inclusive Communities and the Commitment to Interfaith Understanding Award from the Rumi Forum.

Rabbi Mandelberg and her husband, Marty, former CFO of Payday Payroll Services and an active member of the United Jewish Federation of Tidewater's Holocaust Commission, live in Ghent.

# *Cantor Jennifer Rueben*



Cantor Jennifer Rueben is thrilled to join the clergy team at Ohef Sholom this year. A native of Richmond, she has taken a long path back to the Old Dominion, by way of Maine, Minnesota, Massachusetts, Israel, and New York. She is so excited to be back home in Virginia and to serve the Ohef Sholom community. Cantor Jen was ordained at Hebrew Union College's Debbie Friedman School of Sacred Music in May of

2017.

Cantor Jen bases her clergy work on building relationships. Her teaching is focused on using creative means to find the ways that Judaism can enhance our lives throughout the life cycle. She takes a special interest in b'nai mitzvah and is committed to helping each student to create an experience that is both challenging and meaningful. She cherishes the time she spends with each student, teaching them to chant Torah and lead the community in prayer and exploring the many facets of their Jewish identity.

In addition to teaching b'nai mitzvah, Cantor Jen partners with Rabbi Mandelberg to create warm and spiritual worship services, teach the 10th Grade Confirmation class, offer various educational opportunities, and provide pastoral care to the congregation. She is grateful to do so with the support of OST's amazing leadership team and dedicated professional staff. She is especially fortunate to work in partnership with music director Chuck Woodward to craft the music at OST.

Before arriving at OST, Cantor Jen earned a degree in opera performance from University of Florida. She received certification in Jewish chaplaincy from Miami Jewish Federation's Refuat HaNefesh chaplaincy training program. In her time at Hebrew Union College, she focused much of her attention on her thesis work, learning the ways in which music can play a role in fostering and strengthening Jewish identity in children. She served West End Temple of Neponsit, NY. She is a songwriter and looks forward to sharing her music with the OST community. In her spare time, Cantor Jen loves to cook and spend time with friends and family. Cantor Jen is looking forward to getting to know you, so please come by and visit!

# *Ritual Objects*

## **THE BIMAH (PULPIT)**

Bimah literally means “high place.” The bimah is the focus of most ritual activities in the synagogue.

## **THE ARK (ARON HAKODESH)**

The ark is the repository of the Torah scrolls and is the central object on the bimah. Many synagogue arks are dramatic works of art or craftsmanship in wood or metal, filled with symbolic elements representing parts of the Jewish tradition.

## **THE ETERNAL LIGHT (NER TAMID)**

Hanging from the top of the ark is an electric light that is never extinguished. This “eternal light” symbolizes the fire that burned on the altar in the ancient Temple in Jerusalem.

## **CANDELABRA**

Many synagogues have a candelabra on the bimah to commemorate the seven-branched gold Menorah that stood in the ancient Temple in Jerusalem and was lit each night to provide light for the priests during their evening services.

## **THE TORAH SCROLLS (SIFREI TORAH)**

Handwritten by a scribe on parchment, the Torah Scrolls contain the five Books of Moses and include the history, laws and stories of the Jewish people. Central to the Torah’s teachings are the ethical commandments (Mitzvot) in which God asks us to treat others with dignity and respect.

## **THE TORAH COVERS**

The Torah is adorned like a king, dressed in royal robes of crimson and blue. Since it is the closest thing we have to God's revelation to us on Mount Sinai, we treat it with great reverence.

## **THE YAD (POINTER)**

Shaped like a finger, the yad is used to point to the text in the scroll so that the reader does not touch the parchment with his or her fingers and to keep his or her place, since the Torah text contains no vowels or punctuation.

## **MEMORIAL PLAQUES AND LIGHTS**

It is a Jewish custom to secure a memorial plaque for a departed family member, usually on a wall in the sanctuary. The light next to the memorial plaque is illumined each year during the week of the anniversary of a person's passing.

# Prayers in Order of Service

## THE SHEMA

("Hear O Israel, the Lord is our God, the Lord is One") This passage from the Book of Deuteronomy and the passage that follows constitute a central part of each morning and evening Jewish prayer service. Probably the most important single sentence in the liturgy, the Shema is not a prayer but rather an affirmation of the unity of God.

## THE AMIDAH "STANDING PRAYER"

The Amidah, a series of prayers, is the major liturgical piece of every synagogue service throughout the year. On a weekday, the Amidah contains prayers for the physical and spiritual well-being of the one praying as well as of the entire community of the people of Israel. On Shabbat, we praise God for the joy of the Shabbat and the rest that we enjoy. Worshippers are also encouraged to pray from their hearts if the printed words do not speak to them.

## THE TORAH SERVICE

Following the Shema and the Amidah is a transition from prayer to study. The primary study text is from the Five Books of Moses. This text has been written on the parchment of the Torah scrolls by a specially trained scribe.

The Torah is divided into--and read in--weekly portions, according to a prescribed calendar, so that the entire Torah is read in the span of one year.

When the Torah scroll is removed from or returned to the ark, the congregation rises to show the love and reverence in which Jews hold its teachings. We honor the Torah by carrying it around the sanctuary in a procession. All guests and participants are encouraged to follow the reading in the English translation printed on page 6.

## THE TORAH BLESSINGS/ALİYOT TO THE TORAH

On Shabbat, the weekly Torah portion is read providing an opportunity to honor family members by calling them up to the bimah (pulpit) to recite the blessings over the Torah reading. This is known as "receiving an aliyah," that is, "being called up" to the Torah.

## THE HAFTARAH

The Haftarah (which means "concluding teaching") is a section from the prophets usually chosen to reflect a theme or literary allusion in the Torah portion. The purpose of the Haftarah is not only to provide an opportunity to teach from a different section of the Bible, but also to assert that prophecy serves to reinforce the laws of the Torah. You may follow the English translation printed on page 8.

## MOURNER'S KADDISH

Although there is no mention of death in this prayer, the Kaddish is recited at the end of all worship services by family members who have lost a loved one in the past year or who are observing the anniversary of a loved one's death that occurred during this week in years past.

## KIDDUSH AND MOTZI

At the conclusion of the worship service, everyone is invited for Kiddush, the blessing over the wine; and ha-motzi, the blessing over the bread.

With deep and abiding reverence we name in our hearts all of our  
departed loved ones, as we remember the anniversary  
of those whose passing we commemorate on this Shabbat.

## Recently Departed

Deanna W. Shanker  
Doris Riemer Friedman  
Adel Mazel Kruger

## Yahrzeits

October 18 - 24

Jerome Adler  
Margaret F. Baum  
Meyer Bazar\*  
Beatrice Masnikoff  
Blumenthal\*  
Madeline P. Bohan  
Stephen Bonk  
Michael Brownstein  
Katrina LaShea Bryant  
David Gerald Burg  
Arlyn Cohn  
Mary Allison Davis  
Myron Eisenberg  
Iris Elkins  
Andrea Elizabeth  
Farrell\*  
Morris Fine\*  
Jeffrey Firoved  
Katherine Frank  
Freedman  
Herbert Fried  
Dr. Harry M. Frieden\*  
Joseph Frumkin

Penny Galbraith  
Lee A. Gifford\*  
Esther Goldstein  
Belle Goodman\*  
Sol Gross  
Joseph David Gurfein  
Evelyn Hofheimer\*  
Dr. Charles Horton\*  
Maurice Joo\*  
Joanne Eisenberg  
Kagan  
Mabel Wasserman  
Kaufman\*  
Hyman Lasting\*  
John Lefkowitz  
Jessie B. Levine\*  
Stanley Levy\*  
Sarah Plant Lipman\*  
Sylvia D. Lisner  
Esther Cohen Lit\*  
Robert Lowenthal\*  
Wayne Lustig\*  
Isidor Margolius\*

Elsie W. Margolius\*  
Byrdie Messenger\*  
George Morton  
Henrietta Spagat  
Nusbaum\*  
Alice Pariser  
Leonard Rosen\*  
Rose Morgenstern  
Sachs\*  
Mayer A. Sarfan  
Tilda Schorr  
Frances Slinger  
Edward B. Snyder\*  
Allan Mark Spiegel\*  
Joseph H. Strelitz\*  
L.E. Ullman, Jr.  
Ester Umstadter\*  
Henry Schloss Van Os\*  
Harry Wachtel  
Florence F. Waters

*\* Denotes memorial plaque*

May the Source of Peace send Peace to all who mourn,  
and comfort to all who are bereaved. Amen.



The *bimah* flowers have been sponsored by  
**Jean Heidig**  
in honor of Reese.



A donation has been made by  
**Sandi Longwater**  
to Ohel Sholom Temple's Woodward Music Fund  
in honor of Reese.



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