

Ghent Area Ministry  
Invites you to be a part of our new project  
to benefit both babies and adults



## Diaper Drive

“Small Things affect Big Things ”

All Baby Sizes \* Adults Sizes S-M-L

The diapers will then be given to the  
Greater Hampton Roads Diaper Bank for  
distribution in the community. Our very  
own Ayden Cohn helped start this Diaper  
Bank as a part of his Bar Mitzvah project.

### Did you know?...

- \* Food Stamps cannot be used to buy diapers
- \* Diapers can cost \$150 a month per baby
- \* 1 in 3 families struggles to buy diapers
- \* Wearing a diaper too long can jeopardize  
a baby's health
- \* Lack of diaper access can lead to tensions in  
the home which can lead to child abuse &  
neglect
- \* Depends for adults can cost \$80-\$100 a  
month per adult

Please bring your donations to  
our new Community Corner

## WEEKLY ANNOUNCEMENTS

July 19:	6:30 p.m.	Shabbat Services
July 20:	9:00 a.m.	Torah Study
	10:30 a.m.	Shabbat Services
July 23:	7:00 p.m.	Torah Study
July 26:	6:30 p.m.	Shabbat Services
July 27:	9:00 a.m.	Torah Study
	10:30 a.m.	Shabbat Services
July 29:	9:30 a.m.	Soup Kitchen
July 30:	7:00 p.m.	Torah Study



*A special Thank You to  
Margaret and Bill Sawyer  
for sponsoring the Oneg  
in honor of*

*Margaret's 65th Birthday*

*and*

*A special Thank You to  
Nancy Jacobson and Kay J. Levine  
for sponsoring the Shabbat Flowers  
in memory of*

*John B. Jacobson*



Established in 1844

*“A House of Prayer for All Peoples”*



## *Shabbat Services*

**July 19, 2013**                      **12 Av 5773**

**July 20, 2013**                      **13 Av 5773**

Rabbi Rosalin Mandelberg  
Cantor Wally Schachet-Briskin  
Rabbi Arthur Z. Steinberg

530 Raleigh Avenue  
Norfolk, Virginia 23507  
Phone (757) 625-4295  
Fax (757) 625-3762

[www.ohefsholom.org](http://www.ohefsholom.org)

**"Postcards from Israel:  
Impressions from a Recent Trip"**

**August 2, 2013  
6:30 p.m.**

Please join us for the  
Shabbat service on  
Friday, August 2, 2013  
as

**Dr. Alicia Willson-Metzger,  
Dr. David Metzger, and  
Chuck Woodward**  
share impressions  
from their recent trip



**Wonderful Wednesdays**

at the  
Jewish Museum  
presents:

The Virginia Chorale  
July 24, 2013 at 7:30 p.m.

*Summer Serenade*  
featuring classic favorites  
from Broadway, exciting  
contemporary composers,

and

moving international folk songs

Sponsored by:  
The Bermuda Museum and Fine Arts Commission  
The Helen G. Gilford Foundation  
The Eva Landkes Fund  
to Promote Excellence in Jewish Education

**Order of Service**

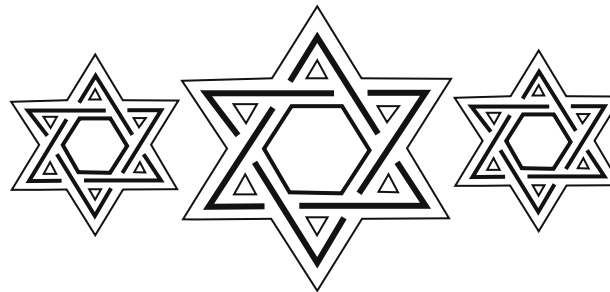
July 19, 2013                      12 Av 5773

*Service II*

Opening Song: L'cha Dodi                      (Zeira)

Rabbi Steinberg will speak

Closing Song: Ki Eshm'rah Shabbat                      (folk melody)



**Order of Service**

July 20, 2013                      13 Av 5773

*Torah Portion: Vaetchanan*

Opening Song: Ma Tovu                      (Klepper)

Closing Song: Hinei Ma Tov                      (folk melody)

*With deep and abiding reverence we name in our hearts all of  
our departed loved ones, as we remember the anniversary of  
those whose passing we commemorate on this Shabbat.*

**Recently Departed**

*Irene Cohen*

*Alan Nusbaum*

**Yahrzeits  
July 14 - July 20**

- |                           |                      |
|---------------------------|----------------------|
| Ida Adelsdorf*            | Evelyn Nadler        |
| Henry S. Blumenthal, Jr.* | Dr. Henry Newfield   |
| Dudley Cooper*            | Henry Milton Nordin* |
| Joseph B. Cooper*         | Milton Saul          |
| Fredric Coplon            | Michael Shanker*     |
| Larry Dagen               | Hy Sherman           |
| Bernhard Ebersson*        | John "Jack" Simmons* |
| Dorothy Flax              | Joseph Smith         |
| Samuel E. Goodove         | Sylvia Stark         |
| Eric Hecht                | Meyer Steingold*     |
| Samuel R. Heller*         | Pauline J. Turner*   |
| Elise N. Hofheimer*       | Stephen D. Unger*    |
| Jack Hogen                | Eloise Ward          |
| John Bennett Jacobson*    | Pauline C. Whitlock* |
| Elsie Goldstein Kerley    | Lucy With            |
| Jeffrey Kesser            | Fannie Zittrain      |
| Lenora Kroll              |                      |

\* Denotes memorial plaque

*May the Source of Peace send Peace to all who mourn,  
And comfort to all who are bereaved. Amen.*