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SAVE THE STUFF &
THE DATE FOR THE



SUNDAY MARCH 18, 2018
8:30 am - 2:30 pm

WHAT

Toys
Furniture
Household Items
Books
CDs & DVDs
Jewelry & Bags
Miscellaneous

**All items must be in
good, clean condition!**

NOT ACCEPTED:

Clothing, hats, shoes,
Encyclopedias, Old Travel &
Reference Books, broken or
damaged items
(Except for jewelry)

HOW

Items can be dropped off beginning
March 4th through March 18th, at OST
Kaufman Hall. Limited storage is available
off site for large items only (i.e. furniture).

WHY

All proceeds will help support Ohel
Sholom Temple Sisterhood programs.

MORE

For more information contact:
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Ohel Sholom Temple Office
625-4295, information@ohelsholom.org



The Ohef Sholom Temple Monthly News Publication

THE TEMPLE POST

Established 1844
Volume 58, Issue 7
February 2018

MISSION STATEMENT:

*"My House Shall be
Called a House of Prayer
For All Peoples"*

To provide a spiritual,
cultural and educational
environment inspired
by the highest
Reform Jewish values.

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OST Dinner Theater Proudly Presents

PURIM THROUGH THE DECADES A TIME TRAVELING PURIMSHPIEL

WEDNESDAY, FEBRUARY 28

5:00 PM • DOORS OPEN 6:00 PM • DINNER
6:30 PM • SHPIEL

**Wear a costume from your favorite decade (50's - today)
and enter the Purimshpiel Pageant!**

Make your own groggers!
Eat hamantaschen!
Fill the giant tzedakah box!
Make mishloach manot!
Dress a Purim bear!

Take a pic in the selfie booth!
Beer and wine for 21+
Kiddie mocktails for under 21
Enjoy pizza and salad buffet!

\$5 per person or \$10 per family

See page 7 for more information



February is Jewish Disability Awareness & Inclusion month. To raise awareness about including people with disabilities, Shabbat Services on Friday, February 23, will include American Sign Language interpreter Mindy Brown of Signing On Stage. Rabbi Roz will speak about *Finding Strength Through Our Challenges: The Differently Able*. Please join us for this special Shabbat service, and stay for a workshop with Susan Feit on Civil Discourse. (See page 12 for more information about the Workshop).

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CLERGY CORNER

I have to admit that I've always had a hard time with the holiday of Purim. The story, while fun when we water it down into a shpiel, is full of a lot of things that challenge me to my core. King Achashveirosh is a dim-witted bully. Vashti could be a poster-woman of the #metoo movement. Mordechai is an opportunistic sneak. Esther lies her way into a marriage for riches and power. Haman is a genocidal maniac. Don't even get me started on what the Jews do after the shpiel-y part ends! As I re-read the Megillah each year, I often find myself wondering what this is doing amongst our sacred texts.

I recently read about a study of humor and its effects on perseverance. In this study, participants were shown short videos and then asked to perform a task which, unbeknownst to them, could not be completed. Those who watched videos that were funny spent twice as long working toward the task as those who watched videos that were motivational or informative. The study concluded that experiencing humor has a profound impact on a person's ability and willingness to persevere.

Why might this be? I can only answer anecdotally. There is nothing I love more than a good laugh. It diffuses my stress, breaks through my frustration, and brings me closer to those who share it with me. Watching late-night comics pointing out the farcical nature of politics and current events helps me to feel hopeful. My family group-text, in which we poke fun at each other and trade jokes, makes long days of heavy work go by a little faster. When I'm feeling burnt out, my first instinct is to find someone to laugh with. I can only conclude what this study did - that the joy and laughter that come from good humor make it easier to persist, to persevere, and to conquer challenges.

Perhaps in a modern context, the importance of the details of the Purim story take a backseat to its ability to help us to laugh at ourselves and laugh with each other. Once each year, the observance of Purim reminds us to stop taking ourselves and our lives so seriously. Our tradition demands that we blot out the name of super-villain Haman with noisemakers. We



Cantor Jen
Cantor
cantorjen@ohefsholom.org

celebrate until we can't tell the difference between mean old Haman and righteous Mordechai. We reinterpret the story in the form of a shpiel, designed to draw the humor out of this ancient scroll in a way that speaks to us where we are. The Purim trope (the melody by which one chants the Megillah) bounces up and down octaves, scoops from major to minor, and playfully mimics the sounds of other moments from our year. Purim takes one of the more disconcertingly serious stories in our tradition and prompts us to turn it inside out, reminding us that there is humor to be found in even the most distressing situations.

Perseverance is a hallmark of the Jewish story. Since the days of Moses, our tradition and our history are full of stories of how we have overcome perilous obstacles, conquered seemingly impossible challenges, and risen above our circumstances. I believe that our ability to laugh at ourselves is one of the reasons that the Jewish people have survived against such enormous odds. Perhaps this is why we celebrate Purim - to build into our calendar a time to laugh together, to lighten our communal load, and to refresh our souls so we can persist.

On Wednesday, February 28th, our community will spend an evening laughing together (see the cover for details!). The "world-famous" OST Dinner Theatre will present *Purim Through the Decades: A Time Traveling Purimspiel*. Please come in a costume from your favorite decade and be ready to laugh your way through 70 years of music and 2000 years of tradition. Please RSVP to reservations@ohefsholom.org, and let us know which decade you and your family will be representing! There will be prizes, food, fun, mayhem, and most importantly, lots and lots of laughs. Chag Purim Sameach!

ANNOUNCEMENTS

Andrew Kramer & Katie Howlett on the birth of their daughter, **Helen Rose** on December 28. Mazel tov to big sister **Judy** and great-grandmother **Ellie Porter**.

Stephanie and **Tyler Caskill** on their birth of their daughter, **Carter Wynne** born January 20. Mazel tov to grandparents **Linda Fox-Jarvis** and **David Jarvis** and great-grandparents **Beverly** and **Jack Fox**.

Please check your raincoat! At Shabbat services on **Friday, December 22**, someone accidentally took home the wrong raincoat. We are looking for a men's Drizzle raincoat (color is olive drab) with no yoke. It's about a size 38 or 40. Please call the office at 625-4295 if you find the coat! You will make someone very happy!

CONDOLENCES

Ohef Sholom offers heartfelt condolences to the following members and friends:

Joel (Lisa) Cohn, on the loss of his father, **Marvin Cohn**.

Lonny (Terri) Sarfan, on the loss of his mother, **Dorene Sarfan**.

Allena Anglen, on the loss of her father, **Ronald Hurwitz**.

Pamela (Dan) Snyder, on the loss of her sister, **Lynn Miles**.

Bill (Isobel) Bartel, on the loss of his mother, **Joan Rafferty**.

Beth (Frank) Campion, on the loss of her father, **Ed Alster**.

TORAH PORTIONS

February

February 03 18 Shevat

Torah Study - 9:00 am

Parashat Yitro, Exodus 18:1-20:23

Haftarah: Isaiah 6:1-7:6; 9:5-6

February 06 21 Shevat

Torah Study - 6:00 pm

February 10 25 Shevat

Torah Study - 9:00 am

Parashat Mishpatim, Exodus 21:1-24:18

Haftarah: 2 Kings 12:1-17

February 13 28 Shevat

Torah Study - 6:00 pm

February 17 2 Adar

Torah Study - 9:00 am

Parashat Terumah, Exodus 25:1-27:19

Haftarah: 1 Kings 5:26-6:13

February 20 5 Adar

Torah Study - 6:00 pm

February 24 9 Adar

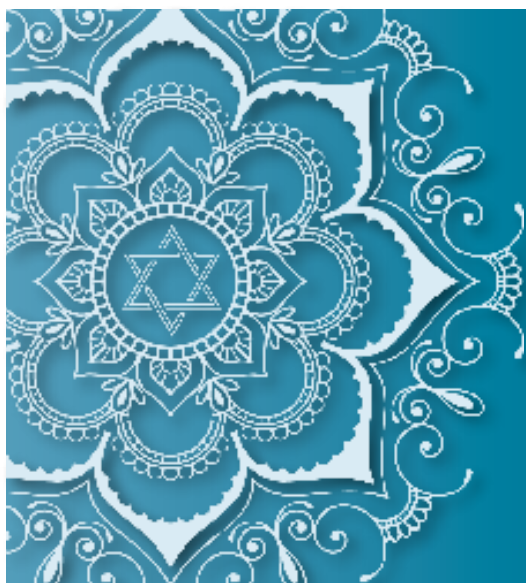
Torah Study - 9:00 am

Parashat Tetzaveh, Exodus 27:20-30:10

Haftarah: 1 Samuel 15:2-34

February 27 12 Adar

Torah Study - 6:00 pm



CHANTING GROUP

**Reduces anxiety,
Boosts immunity, and
Engenders compassion.**

**Join Rabbi Roz as we engage in this ancient spiritual practice.
There will be a brief teaching and chanting of our sacred texts,
and time for reflection.**

**Friday, February 2
5:30 pm - 6:00 pm
Ohef Sholom Temple**

RSVP to reservations@ohefsholom.org

A WORD FROM THE PRESIDENT



Karen Fine
Temple President
president@ohfsholom.org

I hope your 2018 is off to a great start. The snow, though magical in form, can cause such disruption in our lives! Last month, I mentioned that our trip to Boston in December for the URJ Biennial was a profound, perhaps even transformative, experience for all who attended. It was truly a *"moment of unity and rededication for our Reform Movement."* One of the major themes of this Biennial was a *reaffirmation of our Movement's commitment to congregation-based social justice work.* This theme was evident throughout, from the keynote and plenary speakers, to the plethora of sessions focused on this sacred work. This theme came full circle for me when our OST contingency of 10 joined with thousands of members of other *Brit Olam* congregations in waving the flags proudly donned on our lanyards, proclaiming our shared commitment to positively changing our world towards justice. It was empowering and emotional to see us stand in solidarity together.

To date, over 140 Congregations across our *Movement* have excitedly and intentionally brought the *Brit Olam*, an initiative launched 8 months ago by the Religious Action Center, to their communities to *recommit to deep and meaningful engagement in social justice work.* We officially became a *Brit Olam* congregation this past October.

Our first step was to decide "how" to best tackle our *intentional commitment.* It was clear that navigating the challenging issues we face in our communities and world would require some training. We felt we needed help to learn the tools that are necessary for the difficult conversations required, especially those dealing with issues which involve multiple perspectives and which evoke strong emotions.

The December 1st Shabbat Service and Civil Discourse workshop led by Jonathon Zur, Director of The Virginia Center for Inclusive Communities, provided those attending with just this. The focus of the workshop was to help people *dialogue across lines of difference to truly listen, understand, and build empathy amongst each other.* Put simply, how do we disagree without being disagreeable? Jonathan's words from the bimah and the practice exercises he led in the workshop that followed proved engaging and helpful and left us wanting more! This *primer* helped attendees begin to develop some valuable skills required to engage with people with *other perspectives* by "practicing" them.

We currently are working to plan similar workshops to continue to develop and hone skills for us to use when we tackle issues in real time. Rather than jumping right into some of the challenging issues our world faces, like gun control, immigration policy, or racial equality, we felt our best response as a congregational community was to prepare ourselves for having dialogue around these often heated issues and to set the foundation for meaningful and purposeful dialogue.

Practice makes perfect, or at least progress, and opportunities for practice are available to us all the time. A perfect example presented itself to me this past week while volunteering for NEST. As the result of our Special Needs and Security Committee's recent work to create a comprehensive Security Plan for our Temple and the subsequent affirmation of this Plan by the Norfolk Police

officers we regularly employ, the decision to check our NEST guests' bags upon check-in was made. The intention and purpose of this decision was to ensure the safety of all - our volunteers as well as our guests. As often happens when implementing anything new, there were unexpected challenges. The weather for one, with snow and well below freezing temperatures, and the time involved in checking 60+ guests' bags and belongings created angst and discomfort for many, most especially our dedicated and empathetic volunteers. With everyone's patience and understanding, strained as it may have been, we managed to make the best of the situation. Many NEST guests expressed their gratitude to us for ensuring their safety. The following day we were able to engage in *"civil discourse"* with those having varying perspectives to come up with a plan we could all be comfortable with, at least in the short term. We were able to listen to each other, find value in each other's perspective, and reach an amicable solution for the problem. Though there is ongoing dialogue needed to reach a longer-term solution, progress was made. Each person remained open to listening to the others' perspective and a just solution achieved, along with the overarching goal of safety for all.

Harmony doesn't come from infinite tolerance of everyone's "personal truth." It comes from surrendering to Higher Truth.

In his inaugural address, Governor Ralph Northam stated the process so succinctly, *"The path to progress is marked by honest give-and-take among people who truly want to make life better for those around them. I will remember treating the symptoms of problems may be easy in the short-run, but getting to the root of the problem and solving it from the bottom up is always more effective in the long-run."*

As we prepare to engage in more impactful and meaningful social justice work that our *Brit Olam* commits us to and our *Jewish Values* obligate us to, I hope we all *find opportunities to practice the principles of civil discourse in all our affairs in the days, weeks, months, and years ahead.* We must recognize that we all have different perspectives based on our different experiences, values, and beliefs about the world, and that *they all have value.* With a commitment to keeping an open mind and listening to *others*, their experiences, thoughts and perspectives, *"getting to yes"* is made possible.

As Oprah Winfrey recently stated in her Golden Globe Awards speech, *"What I know for sure is that speaking your truth is the most powerful tool we all have."* Often, however, our truth is not the only one. In seeing the value in others' truth and perspectives, we are seeing the sacred in them and finding our way to a higher truth that our world desperately needs.

WE APPRECIATE THE THOUGHTFULNESS OF THOSE WHO SUPPORT OST

by remembering and honoring their friends and loved ones through their generous contributions.

Please have your donations submitted to the Temple before the beginning of each month.

MOLLIE AND GEORGE RADIN ARCHIVES FUND

In Memory of:

CALVIN BREIT

*Ruth & Edward Legum

CANTOR JENNIFER RUEBEN'S DISCRETIONARY FUND

Wishing A Speedy Recovery to:

*Susan Stiles & Bob Drummer

CARING COMMITTEE FUND

A Donation Was Given by:

*Barbara E. Fine

A Meal Train Donation Was Given by:

*Betty & Irwin Sacks

CARING COMMITTEE FUND – NEST

In Memory of:

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Debbie & Paul Moore

WILLIAM LUBAR

Debbie & Paul Moore

A Donation Has Been Given by:

*Karen & Matthew Fine

A Donation Has Been Given by:

*Debbie & Don Keeling

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A Donation Was Given by:

*Barbara E. Fine

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*Susan Katz

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*Marilyn & Stuart Buxbaum

DAVID R. KATZ

*MaryAnne Katz

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ROSE & KURT ROSENBAACH

*Judy Eichelbaum

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A Speedy Recovery to:

CAROL SHERMAN

Brenda & Sheal Lisner

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MINETTE COOPER

Bob Liverman

BARBARA GLASSER

Bob Liverman

BETTY MORITZ

Bob Liverman

LINDA PECK

Bob Liverman

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With Appreciation For Uniongrams Received In Honor Of 30th Wedding Anniversary by:

*Anne & Ed Kramer

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In Memory of:

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*Jane & Lenny Frieden

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EDWIN SOLOMONSKY

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TREE OF LIFE

In Memory of:

DR. HARVEY LEE AFTEL

*Benton Flax

In Memory of:

JEROME MASSEY

*Joseph Hecht, Mark Hecht, Linda Schwartz, Lorin Schwartz & Louis Schwartz

In Memory of:

CAROL WARANCH & STANLEY WARANCH

*Suzanne Gruelle & Family

WOODWARD MUSIC FUND

In Memory of:

ABRAHAM SHERMAN

*Linda & Alan Troy

Wishing A Speedy Recovery to:

MARTY MANDELBERG

*Marilyn & Stuart Buxbaum

BETTY SACKS

Brenda & Sheal Lisner

CAROL SHERMAN

*Diane & Kenneth Muhlendorf

In Honor Of Receiving The ALLI

Award to:

CHUCK WOODWARD

*Jeanette & Don Friedman

Wishes For Good Health In The

New Year to:

BETTY & IRWIN SACKS

Jay Legum

BEATRICE L. BERLIN ELDERLY NEEDS FUND

In Memory of:

ERWIN S. BERLIN

Carol Rosenblatt

LESLIE LEGUM CAMP SCHOLARSHIP

In Memory of:

MARVIN COHN

*Jay Legum

*denotes gifts of \$25 or more



Rescheduled Date:

February 22, 2018 12:00 pm

Join Rabbi Roz in her lunchtime discussion

"The #MeToo! Movement:

Its Aftermath and Implications"

Bring an open mind & your own lunch

Deborah Casey's office

Vandeventer Black LLP

101 W. Main Street, Suite 500, Norfolk

Park directly across from the building on Main Street;
parking slips will be validated. Upon entering,
take the bank of elevators on the right to the 5th floor.

Please RSVP to reservations@ohesholom.org

Learning Through Play

"We are Jewish everyday," says Kitty Wolf, long-time early childhood education professional, and founder of *Wiggles & Giggles* in its sixth year at Ohef Sholom. "When we engage directly in Jewish activities, we are building our Jewish identity, and when we engage in 'secular' activities, our Jewish identity, as part of our larger identity, influences what we do and how we do it, often without any idea that it is doing so."

Two teens, Alisa Kosovsky and Madi Williamson, join Kitty and our group of Wiggling Giggles each month on Sunday mornings, 11-12 to facilitate Jewish learning. "It brings me joy to lead young children in Jewish songs and to see them so engaged," writes Alisa. "I get to see how the parents are with their kids so that I can learn how to take care of babies and toddlers," writes Madi. Grandparents often join our teens and young parents for an enriching multi-generation playtime. Playtime is open to the community, OST members and independent households.

Early childhood, from birth through age 3, is increasingly recognized by educational professionals and government funders as a critical imprinting period in the social and emotional development of adults. This recognition is based on viewing infants and toddlers as active, thinking learners. Their learning laboratories are social relationships with caregivers, peers, and teachers. We help infants and toddlers actively process basic social and emotional lessons like how to share, explore, resolve conflict and identify and express feelings constructively.

The vehicle for infant and toddler learning comes straight from the Torah. It is called Learning-by-doing, or in Hebrew, *Na-Aseh V'Nishmah*. (See Ex. 24:7) It is why Judaism is a religion of deeds rather than creeds. Learning-by-doing works for infants and toddlers because they are in a preverbal, sensorimotor stage of cognitive development. They play.

Our monthly convention of Wiggles and Giggles make family trees with gloves, tiny sukkahs with berry boxes, and gratitude leaves on a tree of life. They also sing songs that include Hebrew words and dancing movements, such as "We are Thankful," "Did you ever Shake a Lulav," and for Passover, "Frogs were Jumping Everywhere."

Infants and toddlers learn through play. When the play of infants and toddlers is a celebration of Jewish holidays and mitzvot during this sensorimotor imprinting stage of development, their long-term Jewish identities acquire a social and emotional foundation in Jewish rituals.

The adult caregivers actively learn at *Wiggles & Giggles* too, by sharing practical ideas about how to "Do Judaism" at home, getting to know other caregivers in our Jewish community, and developing familiarity and comfort with our



Chris Kraus

Director of Family Learning
chris@ohefsholom.org

"Morgan has grown such confidence since starting as a two-year-old. In the beginning she would keep to herself and hardly participate; now she volunteers to help and sings and dances. I love that I hear her sing the songs in the car." - Judy Freedman, grandparent

Temple facilities and people.

Learning through play can be just as satisfying for adult learners who do not have the daily good fortune of playing with infants and toddlers in our homes. I've noticed an increase in board games at coffee shops, video games at home, and a national obsession with sports. Could these be our collective social and emotional outlets and team-building vehicles for community?

Our Jewish tradition values play because it is essentially learning by doing. So, no matter our age, there should always be room for some wiggles and giggles. Our Torah commands it.



Photos by Mallory Weinstein, madricha

OST Dinner Theater Proudly Presents

PURIM THROUGH THE DECADES A TIME TRAVELING PURIMSHPIEL

WEDNESDAY, FEBRUARY 28

5:00 PM • DOORS OPEN 6:00 PM • DINNER
6:30 PM • SHPIEL



Wear a costume from your favorite decade (50's - today) and enter the Purimshpiel Pageant!

Make your own groggers!

Take a pic in the selfie booth!

Eat hamantaschen!

Beer and wine for 21+

Fill the giant tzedakah box!

Kiddie mocktails for under 21

Make mishloach manot!

Enjoy pizza and salad buffet!

Dress a Purim bear!

\$5 per person or \$10 per family

RSVP by Friday, February 23

Use the Purimshpiel Reservations
Quick Link at www.ohefsholom.org
or email reservations@ohefsholom.org

THE PURIM CARNIVAL *is coming to OST!*

SUNDAY, FEBRUARY 25

11:30 AM - 1:30 PM

SPONSORED BY OSTY

Join us for
**FUN, GAMES,
GREAT PRIZES
& MORE!**

FOOD
GENEROUSLY
PROVIDED BY



FEATURING
OSTY/JOSTY Purim Carnival
Bake Sale

5 TICKETS FOR \$1 IN ADVANCE, 4 TICKETS FOR \$1 AT THE DOOR
(PAYMENT IN CASH OR CHECK MADE OUT TO OSTY)

VISIT OUR VENDOR FAIR. INQUIRE ABOUT BUYING A TABLE.
CONTACT OSTY WITH QUESTIONS: OSTYADVISORS@GMAIL.COM.

Adding a Light to the Future of OST

A LIFE & LEGACY Donor Conversation with Norbert 'Bert' and Sarah Newfield



How long have you been a member of Ohel Sholom and why did you decide to join?

We have been members of OST for the past six years, joining as part of the merger with Temple Sinai. At that time I was an officer of Temple Sinai, a past president, a member of the merger committee, and chair of the Worship Committee.

As negotiations for the merger progressed and it became apparent that we would most likely join OST, I arranged for our congregation to worship at OST for one service per month. This extended over about a one-year period of time. I felt that this would allow both of our memberships to get to know one another more personally, and would allay any misgivings our membership may have had.

We were so warmly welcomed by OST that it felt more like a marriage than a merger. The clergy and membership were embracing, caring, open-minded, and willing to extend themselves to make our merger as seamless as possible. As a result, a large proportion of our membership joined OST. Our Rabbi Steinberg, of blessed memory, became a beloved Rabbi Emeritus of OST, his wife Kitty Wolf became a leader in the religious school, the OST Chapel was renamed the Sinai Chapel, and a number of additional seats were opened on the OST Board of Directors for us. Wow.

What values are important to you in the Jewish community and Ohel Sholom?

The values that are important to Sarah and me are social justice and outreach to the extended community. We also feel that interfaith studies and cooperation are critical, as well as a strong religious education program for our youth and adult learners.

For us, the musical direction of Chuck Woodward, the voices of the OST choir, and the excellent singing of Cantor Jen uplift the spiritual quality of our worship experience.

How has Ohel Sholom impacted your life?

OST has had, and continues to have, a strong impact on our lives. We have met many lovely people here, and count a number as our dear friends now. That is such a blessing for us. We have a deep affection for Rabbi Roz and Cantor Jen. Rabbi Steinberg was our Rabbi for virtually the whole time he served Temple Sinai, and we suppose that he will always be Our Rabbi in our hearts. But now Rabbi Roz is our Rabbi, and she too is such a blessing for us.

What are your hopes for the future of Ohel Sholom?

Our hope for OST is that it continues to function as the heart and mind and spirit of Reform Judaism in the Hampton Roads area for many generations to come. Sarah and I want to do our part to help that tree set deep roots and blossom with sweet fruit.

LASTLY, all of the above considered, what did you decide to make a LIFE & LEGACY gift?

Our candle may flicker but for a moment in eternity, and we can never know the full impact of our actions on future generations, but we have faith that through LIFE & LEGACY we have added our light to the future of OST. Thank you, Matthew and Karen Fine.

If you would like more information about the LIFE & LEGACY program, or would like to have a conversation about what a legacy gift might look like for you, contact Matthew Fine at matthewfine@cox.net.



Rachael Nusbaum

LIFE & LEGACY Assistant
lifeandlegacy@ohelsholom.org

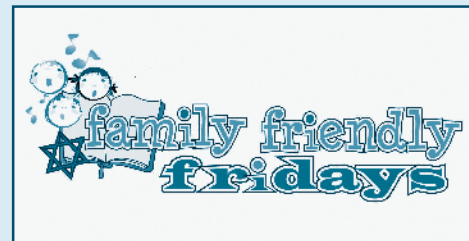
UPCOMING FAMILY-FRIENDLY EVENTS



February 11 • 11:00 am



February 16 • 5:00 pm



March 9 • 5:45 pm

Sisterhood

Support what you love!

Sisterhood's mission is to foster the highest ideals of Judaism, to promote closer community among its members, and to further the religious, social and educational activities of Ohef Sholom Temple.

How do we put our mission into action? We support OST with our attendance, participation and financial support for MANY OST activities. We encourage all women of OST to join us.

Thanks for your participation in NEST and *ForKids* in January. We welcome you to join us for February's Book Club (2/8), new OST members' orientation (2/10) and Purim bake sale (2/25). We encourage you to participate in Eco-Judaism. Sisterhood


supports ALL of these activities and more! Check the OST calendar; call Abbey, Jeanne or the office for more info.

Thanks, also, to all who have paid (and often exceeded) membership dues. Many of you are new members. We encourage you to come to our activities and meetings so we can get to know each other. To those who renewed your membership and have been members for many years: we appreciate your commitment, participation and ongoing belief in the importance of Sisterhood in fostering our Jewish ideals, and supporting our OST community and activities. See you soon.

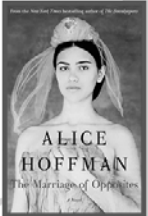
Jeanne Miller
Sisterhood Co-President
sisterhoodost@cox.net

Abbey Pachter
Sisterhood Co-President
abbeypac@yahoo.com





Sisterhood Book Club



Thursday February 8

6:00 pm Sisterhood Meeting
7:00 pm Book Club Discussion
With Wine & Snacks

The Marriage of Opposites

This historical novel written by Alice Hoffman is part love story, part mystery, and part history, set in 19th Century St. Thomas in a small refugee community of Jews. This is the forbidden love story about the extraordinary woman who gave birth to painter Camille Pissarro – the Father of Impressionism. The Marriage of Opposites, like The Dovekeepers, is filled with women who forge their own destinies surrounded by the spiritual world.

Available for purchase at [Amazon.com](https://www.amazon.com)

Please RSVP to reservations@ohefsholom.org



Sisterhood members participated in an air plant terrarium class at Hinterland Trading on January 11.

OST: A CLOSER LOOK

Gearing Up For Ohef Sholom's Milestone Celebrations

The first record of Jewish worship in Norfolk took place in 1844 in what was called at the time, "The Fine White Pretentious Dwelling" on Cumberland Street. Twenty-three years later, following several moves and philosophical evolutions, the small congregation's name became Ohef Sholom – Lovers of Peace. Then in 1918, after still more moves, the growing congregation put down roots on Stockley Gardens – building the imposing structure where Ohef Sholom Temple has expanded and thrived, ever mindful of the words etched above the sanctuary doors, *My House Shall Be Called A House of Prayer for All Peoples*.

Now, 100 years later, on Sunday, October 14, we will commemorate the centennial anniversary of our beloved sanctuary as we also kick off months of celebrating Ohef Sholom Temple's 175th.

Rabbi Rick Jacobs, the esteemed president of Union for Reform Judaism, is slated to be our guest speaker for the rededication of the sanctuary. The afternoon's festivities and ceremony will include all ages and a reception for the entire congregation and our guests. June Saks and Sharon Nusbaum, co-chairs of the event, will share more details in the coming months.

Following the sanctuary event, we will continue to celebrate the achievement of reaching this 175th milestone by featuring all aspects of our very multi-faceted congregation. We are meeting with committee chairs and scheduling a variety of activities. But, that's not all!!! This moment is the perfect time to record and preserve our history. . . in the form of a publication to update the two histories written by Elise Margolius in 1969 and 1994 – publications which marked Ohef Sholom's 125th and 150th anniversaries.

Our celebration culminates with a gala in May 2019, marking Ohef Sholom's 175th year. Susan and Alex Pincus are chairing this event. Based on this duo's past successes, we know they will produce a party worthy of the occasion.

Opportunities for every single congregant to participate are planned . . . starting with the sanctuary event.

While many of the fundamentals of running a congregation remain the same as they were in the 1800s, one of the starkest differences can be found in the numbers. For example, in 1868, a Torah reader was engaged for the Sabbath at \$2.50, minimum dues for married men were \$10, and by 1870, minimum dues were raised to a whopping \$34. My, how times have changed!

In addition to the celebrations, we plan to raise funds to help insure our congregation's future, a future we wouldn't have without the committed congregants, clergy, and staff of today, who are fortunate to have as a foundation, the strength and wisdom of those who first met on Cumberland Street, those who found their way to build the magnificent home we now occupy, as well as all of Ohef Sholom's members and leaders throughout the years.

If you are interested in volunteering your expertise, your time, or your dollars for any or all of the events and projects, please contact us at terridenison@cox.net or kimsfink@gmail.com.

Terri Denison Budman
175th Co-Chair
terridenison@cox.net

Kim Simon Fink
175th Co-Chair
kimsfink@gmail.com

OSTY | JOSTY

Shalom OST,

Alisa Kosovsky here, your 2017-2018 Ohef Sholom Temple Youth President. I am proud to announce that the OSTY's Annual Purim Carnival is happening on Sunday, February 25 at 11:30 in Kaufman Hall! Please come out for a celebration filled with games, prizes, food, and so much more (including a few new surprises). Tickets are currently on sale at a discounted rate so do not hesitate to pre-order yours today! In addition, OSTY will be having a Temple Lock-In for all 8-12 graders February 24-25. We hope to see you there!

If you have any questions, please do not hesitate to contact ostyadvisors@gmail.com for more information on the carnival, tickets, and more.



OSTY members went to Winter Kallah in Wakefield, Va. Pictured from left: Amelia Fox, Dani Byers, Nick Douglass, Noah Mendelson and Lucie Waldman.

CARING COMMITTEE



"For there will never cease to be needy ones in your land, which is why I command you: open your hand to the poor and needy kinsman in your land." (Deut 15:11)

This past month, Sharon Ross, Carol Laibstain and a small but incredibly dedicated group of volunteers chose to embody the spirit of that commandment! While so many of us hunkered down with our families and loved ones in the bitter, snowy days of early January 2018, our Norfolk Emergency Shelter Team participants cooked, served and hosted more than 80 homeless members of the greater Norfolk community. Their efforts ensured that some, who possibly could not have survived the treacherous weather, had food and shelter for at least a week. Our hearts are filled with respect and gratitude to those members of our congregation who risked their own safety to get to the Temple and support the program. We can be proud to be so ably represented in our efforts to assist our less fortunate neighbors!!

Tikvah group also continues to serve, helping those in need of transportation to medical appointments or even just the grocery store. We saw the implementation of several meal trains, with participants providing more than 47 dinners or equivalent gifts for OST members facing challenges over the holidays and early in the new year.

Soup Kitchen's community partners really opened their hearts for our December meal, as we prepared a bountiful Christmas dinner for our guests. Charles Greenhood of Brutti's Catering donated and cooked 10 beautiful turkeys, and he even brought his executive chef to our kitchen to carve and plate them! Shannon White and her incredibly generous staff of Sentara's Resource Pool and Admission Discharge Unit hosted a hospital-wide collection and assembled 79 Christmas stockings filled to the brim with toiletries, snacks, socks, gloves and hats and 170 brown bag dinners to gift to our smiling guests! Sailors from four different ships who could

not be with their families for the holidays came to volunteer and remarked that being part of this meal was almost as good as going home. The spirit of giving was overflowing as our many Temple volunteers worked side-by-side with these community partners to bring joy and a holiday meal to so many of our hungry (and freezing!) neighbors. Please join us the last Monday of any month if you would like to participate in this mitzvah for our community.

Please keep an eye out for information soon on a possible multi-generational mitzvah project called SOUP! Does cooking, eating, and feeding the hungry sound interesting to you? Stay tuned for details on this event !!

One more important reminder from our Eco-Judaism subcommittee: Please review the email request made by Rabbi Roz (12/26/17) and consider helping us to earn our GreenFaith Energy Shield. It's part of our ongoing commitment to environmental stewardship, and according to Mary Ann Latona Nadler, our Eco-Judaism chair and "maven," this is a fairly simple process. Help us make a tangible commitment towards saving our earth!

It is Tikkun Olam in its most basic form, and you can honestly tell your children and grandchildren you made a difference improving their world for the future!!

As a personal note, thanks to all who sent notes of acknowledgement after receiving my letter last month. I hope you feel as proud as I do to be part of such a generous and kind congregational community!

With best wishes for a hopeful and active new year.

Carol Roth Brum
Caring Committee Chair
carolhanroth@gmail.com

Dorianne Villani
Soup Kitchen Chair
dvillani@cox.net

February 26
9:30 am



Soup Kitchen

Spend a few hours (9:30 am - 2:00 pm) helping to feed and provide basic clothing and toiletry items to 75-80 very appreciative folks in need.

Please contact Dorianne Villani
617-8624 or dvillani@cox.net.

February
8 & 22 10:00 am
13 5:30 pm



Quilting Group

We meet two Thursdays a month from 10:00 am to 1:00 pm & one Tuesday a month from 5:30 pm to 8:00 pm.

Please contact Marsha Moody at
vamoody1@verizon.net for further info.

HELP THE TEMPLE GO GREEN!



To receive your monthly Temple pOST electronically, sign up using the
Go Paperless - Electronic Temple pOST Quick Link at www.ohefsholom.org.

SHABBAT SERVICE & WORKSHOP

FEBRUARY 23 | 6:30 PM



Ohef Sholom Temple has signed on to be a Brit Olam congregation, indicating a sincere commitment to expanding our social justice work. But what does that mean?

Join us for a fun and lively program that explores different ways to deepen our work of Tikkun Olam "Repairing the World" and builds consensus on how we move forward.

The workshop following Shabbat service will be facilitated by Ohef Sholom Temple member Susan Feit, a Social Justice Strategist. Globally recognized for her expertise in designing solutions for strategic challenges, Susan is adept at building consensus across divides to advance major policy initiatives, organizational change and new programmatic directions.

ENGAGEMENT COMMITTEE



Engagement Committee

Attention new and new-ish members of Ohef Sholom Temple! On Saturday, February 10, we are hosting

new member orientation. The morning will start at 10:30 am with Shabbat Services led by Rabbi Roz and Cantor Jen. After services, young children will join Kitty Wolf for their own activities, and older children will hang out in the OSTY lounge and socialize with their peers. Adults will take guided tours of our historic building. It will be a great time to meet and talk with clergy, members of the board, the executive committee, and

Temple committee chairs. Come learn the *who, what, why* of Ohef Sholom. After tours, we will enjoy a Kiddush luncheon in Simon Hall. We are so excited that you are part of our Temple family, and we can't wait to spend some time together! Please RSVP to reservations@ohefsholom.org or call the office at (757) 625-4295 by Wednesday, February 7. See you soon!

Nicole Rosenblum

Chair, Engagement Committee
nicole530raleigh@gmail.com

Shabbat Services & Orientation to Welcome our New Members

SATURDAY FEBRUARY 10

OHEF SHOLOM TEMPLE | 530 RALEIGH AVE

10:30 am Shabbat Services

**11:30 am Tours, Orientation & Children's Activities
Kiddush Luncheon to follow**

Please join us as we celebrate and welcome our newest members. Come meet our clergy, Board of Directors, Executive Committee & other congregants. Childcare (for ages 3 and under) available upon request, please specify in RSVP.

RSVP by Wednesday, February 7

reservations@ohefsholom.org (757) 625-4295

NOMINATING COMMITTEE

Interested in the opportunity to serve on the Ohef Sholom Temple Board?

As the recently appointed chair of the Nominating Committee of the Board of Directors, I am writing to invite you, our valued OST members, to apply to serve our congregation as a member of the Board of Directors, or alternatively, to join one or more of our many Temple committees. Whether you come often to the Temple or just come once or twice a year, this is an opportunity to serve Ohef Sholom Temple in new and meaningful ways!

Our OST Board members are not only expected to attend monthly Board meetings (third Thursday evening of the month), but to agree to serve on two Temple committees, support Temple fundraisers, and attend services and other Temple events on a frequent basis. Temple Board members are advocates and ambassadors both within the Temple and in the outside community.

Board Director applicants' names will be kept confidential by the Nominating Committee and the Executive Committee. Due to the small number of Board positions available this year, we may be unable to invite all who apply to serve as a

OST is a \$1.4 million organization that requires leadership and skills to function and fulfill our mission of being a welcoming House of Worship and Sacred Community. We cannot do this without our devoted volunteers and lay leaders.

Board member, but please know that Temple committee opportunities are plentiful. Participation on a committee is a great place to "get your feet wet" in engaging in Temple life in a more meaningful way and can be a stepping stone to moving into a leadership role. We have lots of opportunities for involvement. Check out the list of Temple Committees on our website under the Community tab.

If you have the desire to serve OST, I encourage you to apply for a Temple Board Director position on or before March 18. Please email Linda@remaxcoast-country.com for an application form. We hope this process creates the opportunity for more of our members to get involved with Ohef Sholom Temple's leadership.

Please feel free to email me or Karen Fine, Temple President, with any questions or comments.

Linda Fox-Jarvis

Chairperson, 2018 Nominating Committee
linda@remaxcoast-country.com

Nefesh Mountain Shabbaton

With Mama Doni and her bluegrass band Nefesh Mountain

Save the Date

March 9-11, 2018



Friday, March 9

shabbat for everyone

5:45 pm Family Friendly Service
with Cantor Jen & Mama Doni

6:30 pm Congregational Dinner

7:30 pm Traditional Services

Saturday, March 10

10:30 am Shabbat Services

11:30 am Lunch & Adult
Spirituality Workshop

Saturday Evening Concert
at O'Connor Brewing in Ghent

Sunday, March 11

11:00 am Community Worship &
Wiggles & Giggles

12:45 pm Teacher Training

To register for the Spirituality Workshop
and Teacher Training, email
reservations@ohefsholom.org



* made possible in part by a grant from the Tidewater Jewish Foundation, and co-sponsored by Ohef Sholom Temple and United Jewish Federation of Tidewater

FEBRUARY BIRTHDAYS

February 1
Marshall Feldman
Jeffrey H. Fox
Linda Metzger
Blanche Spilka

February 2
Bonnie S. Laibstain
Susan K. Pincus
Katharine Waitzer

February 3
Diane Brunk
Nancy K. Lazaron

February 4
Edward B. Snyder
Linda S. Spindel

February 5
Blair Fine
Melvin Friedman
Steve Halpern

MaryAnne Katz
Alex Morozov
Jenny A. Sterns
Jan Weintraub

February 6
Tammie Drew Weitzman

February 8
Janet V. Green
Steven Hirsch
Michael B. Salasky

February 9
Burt H. Rubin

February 10
Gene Albert
Erle Marie Latimer
Holly S. Puritz

February 11
Emilyrae Helfen
Kari Esther Pincus

February 12
Sandi Advocat
Debra G. Higgins

February 13
Darren Dorfman
Gerald Einhorn
Arlene C. Rephan

February 14
David Kaufman
Chris Kraus
Karen Ledsky
Paul K. Woodson

February 15
Michael Rosenberg
Gene D. Ross
Caroline Snyder

February 16
Meril Amdursky
Judith Gutterman

Mark Kerner
Judith Flax Rosenberg

February 17
Nicole Gamboa
Allison Whiteman

February 18
Amy Goodove
Andrea Kirby
Angela Klar
Theodore A. Levin

February 19
Jodie F. Frieden

February 20
Jennifer Schepper Priest

February 21
Paul Lasakow

February 22
Theo Bonk
Barbara E. Fine

Sam Steingold

February 23
Kim M. Glaser
Robert C. Nusbaum
Shon Volila

February 24
Robert Levinson
Dorothy A. Salomonsky
Robin Lewis- Schoner

February 25
Lindsey Aftel
David Darrow
Charles M. Greenhood
Lynn S. King
Alan L. Nordlinger
Allan S. Zeno

February 26
Robert Bensink
Carol E. Laibstain

February 27

Andrew Aftel
Noah Green

February 28
Stephen M. Goldstein
Paul Hirschbiel
Joel A. Lefkowitz
Gayle J. Legum
Rachel Schneider
Susan P. Scholsohn

February 29
Robert M. Rubin

FEBRUARY YAHREZITS

**January 28 -
February 3**

Talia Agler
Paul Balaban
Harry S. Behr*
Abraham Cahan
Win Caskill
Susanne Clark Gesheker
Smith*

Leonard Cohen
Ben Cohen
Ron Danziger*
Ida Diamonstein
Isaac Faulkner*
Goldie Feinberg
Anne G. Fever
Grace Schepper Firing
Anne A. Friedman*
Bertha G. Friedman
Bernard Glasser*
Dave Goldstein*
Ruth Cohen Goldstein*
Gertrude Goldstein
Solomon L. Goodman*
Dena Katz Greenhood
Alfred A. Greenhood
Albert Heller*
Daniel Hofheimer*
Benjamin Hornstein
June Joyce Mitchell Ingram
Gertrude Kahn
David Kapper
Howard N. Kauffman
James Keasey
Irvin Kocen
Estelle Koltun
David Krakower
Samuel Levin
Julius B. Levinson*
Joseph Liebman
Harry Lowenthal
William M. Lubar
Charles L. Marks
Irene Melick
Jack W. Meyerson*
Barbara S. Newfield*
Soledad Orozco
Toby Pearl
Henry Pike
Doreen Pogson*
William Reshefsky
Max Ryen
Blanche S. Samler*
Fannie Brill Saunders*

Jack Schechter*
Helen A. Snyder*
Samuel Solomon
Leroy Spigel
Benjamin Spigel*
Sarah H. Sterns
Ruth Bader Stromberg
Morris Sussman
Helen Taylor
Elizabeth S. Thompson*
Blanche Ullman
Paul Wainger*

**February 4 -
February 10**

Samuel Adler
Ann Bachman
C.F. Bernatz
Harry Bernstein
Samuel Blumenthal
Joseph Brown*
Marie Cardet
Lawrence Cash
Stanley Cohen
Bella Cohen
Sarah Cohen Cooper
Minnie B. Crockin
Honore Shill Fox
Abraham Frumkin
Isaac Giat
Bessie K. Goldback*
Fannie Goldstein*
Herbert Goldstein*
Robert C. Goodman*
Myer Lu Goodman*
Mollie Hecht
Lee J. Hofheimer*
Robert G. Hofheimer, Sr.
Simon Javinsky
June B. K. Johnson
Betty Kaplan
Joseph M. Kaplan
Helen Baydush Kehayas*
Rozlyn Klar
J.D. Kline*
Nate Korman
Dora L. Kruger*
Billie Kinzer Kruger
Otto Landsberg
Sadie J. Leavitt
Max Lederman
Moses A. Levinstein
Dr. Bernard Lidman
Frances Lidman
Elise L. Margolius*

Stanley Walter Potts
Henry Ricewasser
Sylvia Rosenman
David Schragar
Mildred L. Sherrick*
Betty Siegel
Helen Snyder Simmons*
Nettie Levy Smiley
Benjamin Sobel*
Bernard Louis Wasserman*
Morris Zimmerman

**February 11 -
February 17**

Evelyn Adelman
Irwin Berger
Leslie Berger*
Essie F. Berman*
Phyllis Berman Kaplan
Israel Brown*
Heidi Bullard
Bertram A. Bunting*
Edith Chanin*
A. Sylvester Crockin
Ann East
Evelyn C. Eisenberg
Kathleen Franz
Ralph Friedman
Leon Goode
Maurice Goode
Martin "Skip" Goode
William Grant
Herbert J. Green
Selma Haber
Edward Hainer
Marvin Henry
Samuel Kaufman*
Louis Kawalick*
Sarah Kluger
Lynn Kushner
Gerald Lacey
Alvin Legum*
Harry Levin*
Mattie R. Margolius*
Leona K. Meyer
Hilda Moos
Mildred Newfield*
Ellis Nordin*
Mary M. Novitch*
Margaret Perry Moody
Martin Quate
William S. Roberts*
Alvin S. Rosenberg*
Louis B. Saks
Alfred Salisbury

Nan Sarb
Sol Schachet
Leopold Schulwolf
Mary C. Schwartz
Murray Sokoloff
Marion Sheba Solomon
Denise Somekh
Gentil Steinbrecher
David Elliot Stromberg
Gisela Waldman*
Sydelle Winnick
Alvin Wishneff
Rosie Bell Wyland*

**February 18 -
February 24**

Michael Albert
Marianne A. Bern
Hattie Beskin
Leroy Beskin*
Bernice J. Brill*
Renee David
Dr. Samuel Diener
Richard L. Emanuel
Max Familier
Annis Forman*
Morris Friedberg*
Lillian Frumkin
Ruth R. Garnher*
Robert "Bob" Gelb
Chuck Giles
Bernard H. Glaser
Reba Goldner
Elizabeth P. Goldstein*
Marian Gutterman*
Judith B. Hill*
Martha Kimnach
Helen B. Kleisdorf
Charlotte Kline
Albert Koplen
Sidney Krakower
Ben H. Kruger*
L. David Legum
Irma Leva
Matthew Levy
Sarah Lou Margulies
Sara Lou Margulies
George Moss
Geoffrey H. Myers*
Milton L. Nemo*
Frances Rader
Hannah Reisfield
Henry Rephan
Thomas Rew
Sallie F. Sacks*

Cecelia B. Saks
Arnold Salasky
Bert Schloss*
Selig Siegel*
Sally A. Silberman*
Samuel Snyder*
Israel Steingold*
Hannah Sussman*
Louis Switzer
Joan Tavss
Ruth Unger
Jeanette Weadon
Cecelia Weinstein
Rae M. Whitlock*
Maurice B. Winnick

**February 25 -
March 3**

Seymour Allen
Alvin Baum
Marie Behr*
Lottie Bernstein
Fannie Blachman
Fannie S. Bloom
Lillian D. Blumenthal*
Blossom Buller
Raymond Crites
Ruth Crites
Fanny Epstein*
Richard Finkelstein
Daniel Fisher
Leon Flax
Harold Glave
Bertha Gold
Rose Cooper Goldberg*
Lewis Goldstein
Isaac Goodman
Pearl Nemo Goodman*
Jeffrey H. Goodove*
Roy Haas
Louis Heller
Bettie Jacobs
Hannah Kahn
Anuradha Datyner Kerner
Abraham D. Kerpelman
Janice Legum
Elsie L. Levy*
Morris A. Levy
Beatrice S. Maltz
William P. Nordlinger*
Nelson Posner*
Jerry Powders
Fannie H. Preddy
Goldye K. Rafal
Mollie S. Robbins*

Lawrence Roesen
Dr. Stanley Salasky*
Violet Asher Sartorius*
Rose Schuster
Max Schwan*
Aaron Seldes
Eleanor Shaw
Lola Sherman
Harry Shneyer
Ida Spensky
Rae B. Stein
Mary Teck
Lawrence D. Van Collom
Helen Waldman*
Jerome H. Weinstein
Ida T. Weisel*
Lee E. Whitlock*
Maurice Bernard Wolf
Lawrence S. Wolpin
Ruby Zaba
Libby Crockin Zeno*

* denotes memorial plaque

FEBRUARY 2018

Jewish Disability Awareness & Inclusion Month

SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
				1 9:00 am Walking Group (First Landing)	2 5:30 pm Chanting Group 6:30 pm Shabbat Services	3 9:00 am Torah Study 10:30 am Shabbat Services
4 8:45 am Interfaith Parenting Circle Sunday Learning 12:30 pm OSTY Board Meeting	5	6 4:00 pm House Committee Meeting 6:00 pm Torah Study	7 6:00 pm Men's Club Meeting	8 10:00 am Quilting Group 12:00 pm Executive Committee Meeting 6:00 pm Sisterhood Meeting & Book Club	9 6:30 pm Shabbat Services	10 9:00 am Torah Study <i>What is Judaism</i> Class 10:30 am Shabbat Services 11:30 am New Member Orientation
11 8:45 am Sunday Learning 9:00 am Walking Group (First Landing) 10:00 am Cafe Ohef (Gr. 1) 11:00 am Wiggles & Giggles 12:30 pm Better Together @ Beth Shalom	12	13 5:30 pm Quilting Group 6:00 pm Dues Committee Meeting Torah Study	14 1:00 pm Finance & Development Meeting	15 7:00 pm Board Meeting	16 5:00 pm Kids & Kiddush 6:30 pm Shabbat Services "Love Jewish Style"	17 9:00 am Torah Study Winter B'Nai Mitzvah Classes 10:30 am Shabbat Services
18 8:45 am Interfaith Parenting Circle Sunday Learning	19	20 6:00 pm Torah Study	21	22 10:00 am Quilting Group 12:00 pm Lunch & Learn (Offsite)	23 6:30 pm Shabbat Services with American Sign Language Interpreter Mindy Brown 7:45 pm Brit Olam Workshop	24 9:00 am Torah Study <i>What is Judaism</i> Class 10:30 am Shabbat Services 3:00 pm OSTY Lock In
25 8:45 am Restorative Yoga Sunday Learning 10:00 am Purim Carnival Bake Sale 11:30 am Purim Carnival	26 9:30 am Soup Kitchen	27 6:00 pm Torah Study	28 5:00 pm Purimshpiel & Dinner	If you'd like to add an event to the Temple calendar, please email reservations@ohefsholom.org .		

LOVE JEWISH STYLE



Friday, February 16 @ 6:30 p.m. Sinai Chapel

Please join us as we celebrate
"Love Jewish Style"

by blessing all of our members who have milestone wedding anniversaries in 2018. If this is your 5th, 10th, 15th, 20th . . . 60th and beyond, we'd love to share in your joy and re-consecrate your marriage!

See you then and Mazel Tov!



Join the
OST Walking
Group at First
Landing State Park in
Virginia Beach **Thursday,**
February 1 and Sunday, February
11. Meet in the Temple parking lot at
8:30 am to carpool or at the Ranger Station
inside the Park at 9:15 am. To RSVP or for more
information contact Sharon Nusbaum at
757-515-4226 or sharonuz@aol.com.