The Ohef Sholom Temple Monthly News Publication

# 151

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#### **MISSION STATEMENT:**

"My House Shall be Called a House of Prayer For All Peoples"

To provide a spiritual, cultural and educational environment inspired by the highest Reform Jewish values.

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Join us for

Cantor Fens INSTALLATION WEEKEND NOVEMBER 3-4

FRIDAY NOVEMBER 3 | 6:30 PM

**SHABBAT SERVICE** WITH SPECIAL FRIENDS & MUSICAL GUESTS

FOLLOWED BY A FESTIVE ONEG WITH AMPLE HORS D'OEUVRES, FINE WINE AND DELECTABLE DESSERTS

SATURDAY NOVEMBER 4 | 4:30-6:30 PM

**BEACHFRONT MUSICAL HAVDALAH CELEBRATION** 

17TH STREET PARK, VA BEACH BOARDWALK

FAMILY FRIENDLY DINNER WITH ICE CREAM CONES FROM THE WORLD FAMOUS DAIRY QUEEN!

FREE PARKING AVAILABLE AT 19TH STREET PARKING LOT BRING YOUR OWN BEACH CHAIRS | ADULT BEVERAGES SERVED



Please note new date!

## Thanksgiving Reception

Tuesday, November 21



OHEF SHOLOM TEMPLE

6:00 PM

RECEPTION

7:00 PM Interfaith services with FREEMASON BAPTIST CHURCH

RABBI ROSALIN MANDELBERG & Cantor Jennifer Rueben

#### CLERGY

Senior Rabbi Rosalin Mandelberg rabbi@ohefsholom.org

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## CLERGY CORNER

## Thanksgiving: A VERY Jewish Holiday



Rabbi Roz Rabbi rabbiroz@ohefsholom.ord

s you read this bulletin, the weather will hopefully, and finally, be cooler and a beautiful fall upon us. Along with these changes comes one of our most beloved American seasonal observances -- that of Thanksgiving -- during which we pause to thank God for our blessings, to share our holiday tables with family and friends, to catch a few football games, and to eat delicious foods we have come to associate with the warmth and love of those with whom we celebrate.

Especially this holiday resonates for us as American Jews because so many aspects of it parallel Jewish values. To be a Jew, from the word Judah, means to be one who is thankful. As a people, we recognize how fortunate we are to be guests on this earth and to share in God's bounty. That is why we are commanded to offer no fewer than 100 blessings each day for all the good we encounter and enjoy. If we are not practicing gratitude daily, at least we can do so on Thanksgiving -- going around the table and sharing that for which we are thankful, offering blessings of kiddish and motzi for our food and drink, or partaking in whatever rituals your family has created to mark the day.

Another great value of our holiday it shares with Judaism is that of the family meal. Family meals ought to be "sacred," yet living in modern society our lives are often fragmented. Different family members are running off in different directions for various activities and even when we are together, we are often distracted by our smart phones, e-mails, textsThanksgiving insures not only that this meal happens together, but also that we can celebrate it by being mindful

of how fortunate we are to enjoy one another's company and the food we eat. We can listen to each other, take time to actually taste our meal and digest it, and be free of the many stresses we normally experience. We can just relax.

Another Jewish value that Thanksgiving uplifts is community. As we did in our Sukkot or we do at our Passover Seders, we can invite guests to our Thanksgiving meal. At OST, we also have an annual Interfaith Thanksgiving service, which we have celebrated with our friends at Freemason Street Baptist Church for 90 years. This year that service will be held at Ohef Sholom on Tuesday November 25 at 7:00 p.m. A reception will precede the service at 6 p.m. We are hoping that changing the date from Thanksgiving Day to Tuesday evening will make it more accessible to those of you who have been too busy cooking or traveling to attend in the past. It is a lovely observance that frames the holiday with all of the meaning, beauty and joy it deserves.

Finally, Thanksgiving is a time when we ought to remember those who go hungry. During our High Holidays we collected over 3100 lbs of food for the Foodbank of Southeastern Virginia, Jewish Family Service, and our own OST Soup Kitchen. At the conclusion of our Thanksgiving Service, we will pass baskets to benefit GAM, Ghent Area Ministries, which feeds the hungry and provides other much needed services to our neighbors.

So this year, may we practice all of these Jewish values of gratitude (hoda'ah), family (mishpacha), and righteous deeds (tzedakah) that our Thanksgiving holiday might be both joyous and blessed.

## **ANNOUNCEMENTS**

Congratulations to Shelby and Christopher Maltese on the birth of their daughter, Paige Morgan. Big sister Emily is delighted to share her hand-me-downs with her little sister!

Congratulations to Elaine & Joash Schulman on the birth of their daughter, Rowan Beverly. Big sisters Ya'ara and Ilana (both age 2) tilt the balance of power to girls in the Schulman household.

Congratulations also to Ryan and Shari Kletz on the birth of their daughter, Lexi Nicole. Big sisters Riley (age 4) and Madison (age 1) make that a "girls-rule" house, too!

Congratulations to Cathi Laderberg on the wedding of her daughter Nicole Laderberg to Nelson Bowers.

Congratulations to Robin Lewis-Schoner and Art Schoner on the marriage of their son, Matt Schoner to Hayley Thompson.

## **CONDOLENCES**

Ohef Sholom offers heartfelt condolences to the following members and friends:

Charles Cooper, on the loss of his cousin, Jo Barbara Yulesman.

Amber Inwood, on the loss of her father, Malcolm Inwood.

Marsha Moody, on the loss of her cousin, Ben Sarb.

Philip Helman, on the loss of his mother, Myra Helman.

Norman Hecht, on the loss of his brother, Jerome Massey.

## **MAZEL TOV!**

Congratulations to **Claire Kutner** on her upcoming Bat Mitzvah on November 4!

Daughter of James Kutner and Elizabeth Nguyen. Granddaughter of Sanford Kutner, Gloria Kutner and Nghiem & Hoa Le Nguyen.





## **TORAH PORTIONS**

#### November

November 4 15 Cheshvan

Torah Study – 9:00 AM

Parashat Vayera, Gen 18:1-22:24 Haftarah: 2 Kings 4:1-37

November 7 18 Cheshvan Torah Study – 6:00 PM

November 10 21 Cheshvan Torah Study – 6:00 PM

November 11 22 Cheshvan

Torah Study – 9:00 AM

Parashat Chayei Sarah, Gen 23:1-25:18

Haftarah: 1 Kings 1:1-31

November 14 25 Cheshvan

Torah Study – 6:00 PM

November 18 29 Cheshvan

Torah Study – 9:00 AM

Parashat Toldot, Gen 25:19-28:9

Haftarah: Malachi 1:1-2:7

November 21 3 Kislev

Torah Study – 6:00 PM

November 25 7 Kislev

Torah Study – 9:00 AM

Parashat Vayetze, Gen 28:10-32:2

Haftarah: Hosea 12:12-14:10



## A WORD FROM THE PRESIDENT

ust like people, organizations have a life cycle. The stages of our lives: birth, growth, maturity, and decline, mimic the stages of an organization's life: startup, adolescence, maturity, stagnation and defunct. Passages between lifecycle stages, whether personal or organizational, are often difficult and destabilizing because they require change. Sometimes these changes are the result of intentional planning, while other times, brought about by external forces that require organizations to change or adapt to current realities. It is at these transitional or transformational passages we are required to reassess and renew our purpose and path.

Much like our personal *teshuvah*, organizations need to look within, and examine the ways they have perhaps fallen short of achieving their mission, and commit to new ways of operating and doing things. Mission is what drives the organization,

## "EXCELLENCE IS NEVER AN ACCIDENT; IT IS THE RESULT OF HIGH INTENTION, SINCERE EFFORT, INTELLIGENT DIRECTION, SKILLFUL EXECUTION AND THE VISION TO SEE OBSTACLES AS OPPORTUNITIES."

and in order to achieve this, it is essential that an organization build its capacity in four core areas: leadership, adaptive, management, and technical or technological capacity.

OST has been undergoing its own teshuvah over the past year and a half. We revised our By Laws, reorganized our Governance and Administrative organizational structures, created a Long Range Plan for the future, and are working on articulating SMART (Specific, Measurable, Attainable, Realistic, Trackable) Goals for this plan.

Leadership capacity refers to an organization's ability to inspire, prioritize, provide direction and vision, and innovate. It is based on a shared understanding of the mission, vision, goals and strategies, and dependent upon a *culture of trust*.

This past August, our Board of Directors worked with leadership coach Anna Goldenberg to create, and articulate new "Norms of Behavior" which



Karen Fine Temple President president@ohefsholom.org

outline our commitment to working together in way that will increase our leadership capacity, and allow us to work more effectively and efficiently as a team. We identified 6 Core Norms: Trust, Transparency, Communication, Accountability, Respect, and Confidentiality. These elements are essential in order to build or create a culture of trust. As with any new behavior, practice is what makes it become a habit and an ingrained behavior. Trust is something we create together by aligning our actions and words, and holding each other accountable.

Our hope is to create a *culture of trust and accountability*, to align our words with our actions, to be respectful and transparent in our communications with each other and with you, our *sacred partners*. Striving to achieve excellence in our governance and management of our sacred community requires all of us to be mindful of our behavior and affairs, and to set new "Norms" of how we do things rather than "the way it's historically been done.

We are empathetic and aware that transformational change is a process, and does not happen overnight. We will stumble in practicing our new **Norms of Behavior**, as we are human. Being compassionate with ourselves and each other, celebrating our successes and learning from our failures, will be the key to our success. Success will be the creation of a new culture, a strong foundation for OST to increase our capacity to handle the challenges of the next phase of our organizational life.



## WE APPRECIATE THE THOUGHTFULNESS OF THOSE WHO SUPPORT OST

by remembering and honoring their friends and loved ones through their generous contributions.

Please have your donations submitted to the Temple before the beginning of each month.

#### **MOLLIE AND GEORGE RADIN ARCHIVES FUND**

In Memory of: HARVEY AFTEL Marcia & Henry Schwan **CAROL WARANCH** Marcia & Henry Schwan STANLEY WARANCH Marcia & Henry Schwan

#### **CANTOR JENNIFER RUEBEN'S** DISCRETIONARY **FUND**

With Appreciation for Wonderful High **Holiday Services to:** CANTÓR JENNIFER **RUEBEN** \*Diane & Peter Brunk Barb Gelb & Kenny

Weinstein Wishing a Happy New Year to:

**CANTOR JENNIFER** RUEBEN Nancy Jacobson In Honor of the Bar Mitzvah of: JESSE FINE \*Diane & Jeffrey Fine

#### **CARING COMMITTEE FUND**

Wishing a Speedy Recovery to: MARTY EINHORN \*Diane & Ken Muhlendorf With Appreciation for Wonderful High Holiday Services to: RABBI ROSALIN

MANDELBERG Connie & David Adelman **CANTOR JENNIFER** RUEBEN Connie & David

Adelman

#### **CARING COMMITTEE FUND -SOUP KITCHEN**

In Memory of: TOM RUSSEL \*Joan Laderberg Wishing a Happy Birthday to: JUDD MENDELSON \*Barbara & Paul Johnson

#### **FINE ARTS FUND** In Memory of:

LINDA BELKOV Elayne Lavenstein Axel

#### **FLORAL FUND**

In Memory of: BORUCH BROWN \*Lyla & Bruce Longman LILLIAN C. BROWN \*Lyla & Bruce Longman JOSEPH FRUMKIN \*Penny & Ken Frumkin SIDNEY GEFFEN Shelia & Matthew Krakower VIOLA KAYER \*Patricia & Barry Kayer SYDEL KRAKOWER ALFRED LEGUM Suzanne Barr LOUIS MEYER LISNER Brenda & Sheal Lisner SYLVIA D. LISNER Brenda & Sheal Lisner JEROME D. MELVILLE \*Lyla & Bruce Longman MARY ROTTENBERG \*Rose & Kurt Rosenbach HARRY N. RUBIN \*Lyla & Bruce Longman **BÉN SHIFFRIN** \*Bonnie & Stuart Kerner VIRGINIA K. SOHMER Carol & Jeff Press HERMAN SPIGEL \*Barbara Spigel CAROL WARANCH Jeffrey Chernitzer Karen Davis Nancy Jacobson \* Randy & Irving Pike, Sarah & Danny & Family & Leah & Mark & Family STANLEY WARANCH Karen Davis

#### **OHEF SHOLOM FOUNDATION FUND**

Nancy Jacobson

In Memory of: ADELE GILBERT Ethan Gilbert ARTHUR GILBERT Ethan Gilbert

#### **JEFFREY GOODOVE POST CONFIRMATION SCHOLARSHIP FUND**

In Memory of: GERALD FRIEDMAN Harriet & Eddie Goodove

#### A Donation Has Been Made to:

THE MATTHEW **HELMAN BAR** MITZVAH PROJECT \*Matthew Helman

#### **LIBRARY FUND**

In Memory of: JACK RYBALOV Harriet & Gerry Bloom

#### **RABBI ROSALIN MANDELBERG'S DISCRETIONARY FUND**

Wishing a Happy New Year to:

**RABBI ROSALIN &** MARTY MANDELBERG Nancy Jacobson

With Appreciation for the Wedding Ceremony Of Matt Schoner And Hayley Thompson to:

RABBI ROSALIN **MANDELBERG** \*Robin Lewis-Schoner & Art Schoner

#### In Honor of the Bar Mitzvah of:

JESSE FINE \*Diane & Jeffrey Fine

With Appreciation for Wonderful High Holiday Services to: RABBI ROSALIN

**MANDELBERG** \*Diane & Peter Brunk Barb Gelb & Kenny Weinstein

#### **RELIGIOUS SCHOOL RELIEF FUND** In Memory of:

**EVELYN ADELMAN** \*Gerald Adelman LINDA BELKOV \*Arlene & Howard Kesser ALEX BERKOWITZ

\*Janis & Ed Weisberg

CAROL WARANCH JoAnn & Clay Macon Judith Rosenblatt Rave Swartz-Keller STANLEY WARANCH Joann & Clay Macon Judith Rosenblatt Raye Swartz-Keller Wishing A Happy

#### Birthday to: **DOLORES BARTEL**

**BARBARA DUDLEY** JOE GOLDBERG JANE GOLDMAN DAVID KATZ MARILYN LEVY **Bob Liverman** MARSHA MOODY Sharon Nusbaum MIRIAM SEEHERMAN

LOU SHERMAN Wishing A Speedy Recovery to:

SHELLEY LOEB Carole & Billy Bernstein

#### **TEMPLE FUND**

In Memory of: HARVEY AFTEL \*Irva B. Nachlas-Gabin ALEX BERKOWITZ \*Sandra Friedman \*Ellen & Jon Harris **CHARLES DECHTER** \*Joan Laderberg RABBI ARTHUR **STEINBERG** \*Gerald Adelman **CAROL WARANCH** Sandra Friedman STANLEY WARANCH Sandra Friedman In Honor of the High Holidays from: \*Bruce Ebert

#### **TORAH FUND**

In Memory of: HARVEY AFTEL Suzanne Barr CAROL WARANCH Sally Adler \*Lauren & Bruce Barr Jeff Chernitzer \*Debbie & Donald Davidson \*Nancy & David

Embree \*Bobbie Gross \*Lisbeth Hartzell \*Milly & Gary Huffman Dr. Leon Leach & Sharon Leach \*Marci & Ron Nevins \*The Nevins Family \*Carol & David Pariser Arlene & Jack Rephan Phyllis & Michael Sperling STANLEY WARANCH Sally Adler

\*Roslyn & Michael Barney \*Lauren & Bruce Barr Suzanne Barr

\*Birdie Brundage \*Beth & David Buckman Jeff Chernitzer \*Debbie & Donald Davidson

Judi & Michael Duffy \*Nancy & David Embree

\*Vicki Goldrich \*Bobbie Gross \*Lisbeth Hartzell \*Milly & Gary Huffman

\*Kathleen Kasper Dr. Leon Leach & Sharon Leach Linda & Jonathan

Longman \*Evelyn Munden \*Marci & Ron Nevins

\*The Nevins Family \*Carol & David Pariser \*Stephen Pitler Arlene & Jack Rephan

\*Rose & Kurt Rosenbach \*Judy & Bob Rubin Phyllis & Michael

Sperling \*Leah & Richard Waitzer A Donation Was Given by:

\*Pam & Robert Levinson & Joan Kaplan London Baer

#### **WOODWARD MUSIC**

**FUND** In Memory of: ALEX BERKOWITZ \*Judy Gutterman CAROL WARANCH \*Martha & Rob Goodman & Julian Jacobs Janis & Ed Weisberg STANLEY WARANCH \*Martha & Rob Goodman & Julian Jacobs Janis & Ed Weisberg

#### **LOUIS H. & ANNE** K. FRIEDMAN TREASURER'S FUND

In Memory of: ALEX BERKOWITZ \*Celia & Jay Friedman \*Ethel Goldman **CAROL WARANCH** Celia & Jay Friedman STANLEY WARANCH Celia & Jay Friedman In Honor of the Marriage of: **RICK BESKIN & JOY** HIND \*Nancy Hirschler

Wishing a Speedy Recovery to: MARTY EINHORN Suzanne Barr

With Appreciation to: CHUCK WOODWARD Nancy Jacobson

#### **LESLIE LEGUM CAMP SCHOLARSHIP FUND**

In Memory of: ALEX BERKOWITZ \*Natalie & Michael Steiner Wishing a Happy &

Healthy New Year to: JAY LEGUM

\*Janis & Ed Weisberg

\*denotes gifts of \$25 or more

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## **FAMILY LEARNING**

#### THE STUDENT'S VOICE

inding our voice and listening to students' voices are central to 21st century synagogue education. Our voice and the words we vocalize are powerful instruments of creation and destruction. Our Torah narrates the voice and words of God. Even our biblical creation story shows how a supreme being simply speaks in order to create a world.

The student's voice was also part of early 20th century synagogue education at Ohef Sholom Temple. In 1926, the Sabbath School of Ohef Sholom Temple, Norfolk, Virginia, published the May 22 issue No. 2, Volume 1 of *The Student's Voice*. Retrieved from our Temple archives, it contains five short essays by various Sabbath School students. In those days, Ohef Sholom taught students on the on Saturdays, instead of Sundays.

Harry Mansbach wrote about God. "There are some boys and girls who do not believe there is a God," begins Harry, 91 years ago. "They may not say it outwardly, but they do feel it inwardly. They say, 'We can't see any God, so why should we believe in him?'" Hary extols the beauty of nature, and the original Creator, concluding rhetorically, "Can anyone sane of mind say that there is not a supreme power behind all these wonders?"

Dorothy Markel wrote about Religion and its Benefits. "Religion is really the maker of civilization, and we should take it very seriously." She asserts the foundation of American Reconstructionist Judaism, at its embryonic stage in 1926. "I think if all people who believe in different religions would honor and trust that religion, there would be greater happiness and peace in the homes and daily life of all." She was a child prophet.

Violet Page Koteen wrote about The Coming Vacation as the summer months approached. "There is something about us that makes us eager to forget work and all sense of duty....[T]here is one thing which we should never forget—in work or in play, and that one thing is God....[A]ll the freedom, all the pleasure and happiness that has been showered upon us, is god's glorious gift. Though your Sabbath School classes will be closed, do not forget that God's house is always open." I wonder if she imagined our doors would still be open 91 year later.

Blanch Davidson wrote about Maimonides' Thirteen Articles of Faith. Although she concluded that the medieval Jewish sage kept the Jewish emphasis "on religious and moral conduct, and not on any confession of faith," she expertly explained how each article of Jewish faith was asserted to distinguish Judaism from Christianity and Mohammed anisom" [sic]. (Were there typos in 1926 too?) "Not exactness of creed however, but perfection of life is the essence of Judaism."

Finally, Bernice K. Levinson wrote about A Generous Brother. She might have been a pre-schooler, because she dictated the biblical story of Joseph's forgiveness of his brothers. But the narrative is precise and more fitting of a 10-year-old.

Our students have a voice in 2017. We recently asked our teen madrichim on Sunday morning to interpret the final passage of the Torah, Parashah Ha-Azinu ("Give ear, as in Lend me your ear to listen") from Deuteronomy 32, in which Moses sings a song to the Israelites just before they enter the Promised Land. We asked, "What did you hear in Sunday learning?"



Chris Kraus Director of Family Learning chris@ohefsholom.org

Geoffrey said, "The students are so eager to learn."
Hannah M. said, "The students were very interactive."
Sabrina said, "The kids were good at listening."
Carrie remarked, "The kids interacting and doing what's told."

Hannah G. observed, "I heard the kids try to understand the [Hebrew] letters."

Dani heard "That sometimes it's harder for them to immediately understand the words but [they] work with it."

I recently received an unsolicited and thoughtful email from a 6th grader giving voice to her critical opinion of Sunday learning at Temple, respect for her teachers, and suggestion to shorten the class times. This student has found a voice, and I plan to recruit her to be a madricha next year. The student's voice, the voice of Torah, and the voices of our teachers make our learning community what it is today.



Tashlich at the Hague



Pre-K's With A Voice



Teens With A Voice

## **SOUP KITCHEN**



Now that the High Holidays are over and we have all (hopefully) been sealed for a good new year, let's turn our thoughts to our community and how we can perform the mitzvot that will seal us for 5778 as well! Here at Ohef Sholom, we are fortunate to have so many opportunities to choose from, contribute to, and participate in improving the lives of others. Here are just a few to consider in the month of November:

"Tzedakah for Tzurkeys" - As partners in the Ghent Area Ministries, our congregation has agreed to provide Thanksgiving meal baskets for needy members of the greater Norfolk community. Our Sunday learning group is starting the process by collecting various canned and dry goods items specifically requested for the project. The Caring Committee will be contributing \$20 gift cards that may be exchanged at local grocery stores for a turkey when the holiday is near. Feel free to join us as we assemble and deliver the "baskets" on November 5th and/ or 8th/9th!

Please help if and when you can.

Remember, the Soup Kitchen takes place at our Temple on the last Monday of every month. It's a commitment of 4 hours. 4 hours! And as incredibly life-changing as it is for our guests, the actual process of working together with friends, local service members and other congregants to provide a hot, comforting meal, and some clothing and toiletries for those less fortunate than we are, is beneficial to all who participate. Come! Join us!

The Temple is hosting NEST (Norfolk Emergency Shelter Team) January 3 - 10, 2018. Details will be available in As The Temple Turns as well as the December Temple POST.

The Quilting Group meets regularly as posted in the ATTT as well. You don't even have to know how to sew to participate!

Our Tikvah group is already providing comfort and support to those in need. If you want to be a part of that community effort, contact Linda Fox-Jarvis for information on how you can help. There's a variety of ways you can be involved at your own chosen level of commitment.

Our lives are filled with work, family, educational pressures and the desire to "do good"... The Caring Committee appreciates the time and commitment of all our volunteers! Thank you to our extended "family"! Happy Thanksgiving to all!

Carol Brum Chair, Caring Committee carolnanroth@gmail.com

## **UPCOMING FAMILY-FRIENDLY EVENTS**



November 4 • 4:30-6:30 pm



November 12 • 11:00 am

MOLLY'S PILGRIM THANKSGIVING IMMIGRANT PROGRAM

Portsmouth Jewish Museum and Cultural Center

November 19 • 2:00 pm

## **COMMUNITY**

#### **Chanukah Observance**

Chanukah begins at sundown on Tuesday, December 12, 2017. Are you looking for a way to add to your observance this year?

Some in the reform community have adopted the tradition of dedicating the 6th night of Chanukah to the less fortunate. On the 6th night, the Ner Shel Tzedakah (Candle of Righteousness) is lit and we pray "Baruch Ata Adonai Eloheinu Melech Haolam, Asher Kidshanu B'mitzvotav, V'lamdeinu L'hadlik Ner Shel Tzedakah." Blessed are You, Eternal God, who makes us holy through the performance of Mitzvot and inspires us to light the Candle of Righteousness. We pray for relief for those that suffer from the indignity and pain that come with poverty.

Others have participated in the 5th Night Project. The 5th Night Project is an organized, congregational tzedakah project wherein families with preschool-aged children are encouraged to select a charity, learn about the charity and the people it benefits, have children purchase a gift that they would like to receive, and give that gift to the chosen charity's beneficiary on the 5th night of Chanukah. (www.fifthnight.org)

For those that are interested, this Chanukah we are combining the concept of the 6th night tradition of being a light in the darkness of poverty and the spirit of the 5th Night Project with a tzedakah opportunity at Temple on the 4th night of Chanukah.

This year, the Sisterhood sponsored Shabbat for Everyone Chanukah dinner will be held on Friday, December 15th. (See the bulletin insert for more details and reservation information.) In addition to our traditional Shabbat for Everyone format of a Family-Friendly Shabbat Service at 5:45, the congregational Shabbat dinner at 6:30, teen social at 7:00 and regular Shabbat service at 7:30, we will be collecting winter hats, gloves, lip balm, and/or combs. We are hopeful that those wishing to participate will skip the 4th night Chanukah gift and purchase one, or some, of these much needed items. The collected items will be distributed to the 70-80 N.E.S.T. (Norfolk Emergency Shelter Team) guests that will spend the night at our Temple January 3-10, 2018. We will also have a sign up available for those that would like to commit to volunteer to help cook or chaperone during that week.

Please note: Participation in Shabbat for Everyone is not necessary to participate in the tzedakah project AND you do not need to participate in the tzedakah project to participate in Shabbat for Everyone! If you have questions or would like more information on Chanukah, Shabbat for Everyone, this tzedakah project or N.E.S.T., please email me.

#### Nicole Rosenblum

Chair, Engagement Committee nicole530raleigh@gmail.com

## **LIFE & LEGACY**

#### **Thank You To Charlie & Nancy Nusbaum!**

Charlie & Nancy Nusbaum recently took advantage of the Tidewater Jewish Foundation's LIFE & LEGACY program to leave a legacy gift for not only Ohef Sholom Temple but also other Jewish organizations in the community. Charlie notes, "Both of our parents gave generously to many organizations, and now both Nancy and I support Jewish and non-Jewish causes. We were drawn to this program because it allows us tocontinue to make a financial impact for many organizations. We are proud to be a part of it and hope to continue to educate the next generation to be leaders this area." Charlie, a past President of Ohef Sholom, a 7th generation Temple member and a life-long donor concludes, "I always refer to my confirmation speech from 1973: 'Do not separate yourself from the Jewish community. It is the body which gives sustenance to each individual soul so our sages declared.' The LIFE & LEGACY program is the next phase in supporting our Temple. The Tekiah campaign helped the bricks and mortar. This next step is a way to strengthen the Temple's endowment and help forge our Temple for the next generation while continuing a legacy that will help from generation to generation. We are at an age where we can designate where we want to leave our legacy. The timing was right, this was the right thing to do, and all the professionals involved have made this an easy process."



Charlie & Nancy Nusbaum

Rachel Nusbaum LIFE & LEGACY Assistant lifeandlegacy@ohefsholom.org

For more information about how to can leave your legacy gift, please contact Matt Fine, Chair of LIFE & LEGACY Committee at matthewfine@cox.net





Greetings, Sisterhood members and women of OST,

Looking back on the past month, your Sisterhood sponsored the October 3 opening evening of OST's first Succah on Forman Field. It was a perfect evening to celebrate under the autumn sky. Our October 12 dinner-meeting-Book Club included discussion of DeWaal's "Hare with Amber Eyes" and the meaning of family heirlooms. A successful Shabbaton (Oct. 20-21) took place in Williamsburg. It provided a welcome respite from this hectic season and resulted in new and strengthened friendships. We had timely discussions inspired by Parshat Noach (Noah).

#### Looking forward: Save the dates and participate!

**Nov. 9 | 6-8 pm** Monthly meeting and lots of laughs with Line Dancing led by Jackie Lincoln. Jackie is well known as a professional line dance instructor. Take a look at linedancing virginia. vbweb.com.

**Nov. 21 | 6-8 pm** Thanksgiving Reception and Service at Norfolk's Freemason Baptist Church. We alternate years with them supporting these activities.

Chanukah Dinney Dinner Menu Beef Brisket **Roasted Carrots** See flyer Fresh Green Salad Potato Latkes with fixings insert for Challah more details Vegetarian Children Meatloaf Chicken and to RSVP **Nuggets** Dessert **Brownies & Donut Holes** 

Your co-presidents are making an effort to keep our official meetings brief and focused. One strategy is to continue using email for issues that arise between meetings needing motions, discussion and voting. Using this method, the Board approved providing financial support to attend December's URJ Biennial in Boston not only to the co-presidents but also approved grants to two other OST members who have made significant contributions to our religious school and overall temple growth. To further support OST, your Co-Presidents will share a hotel room with Cantor Jen to help make it possible for her to attend.

We are moving towards consistently use Robert's Rules of Of Order for meetings and motions, to better align ourselves with growth taking place at the OST board.

Jeanne Miller Sisterhood Co-President jmille9108@aol.com Abbey Pachter
Sisterhood Co-President
abbeypac@yahoo.com



Sisterhood Shabbaton 2017



## **SUKKOT AT OST**

Our Membership chair, Nicole Rosenblum, did not have room for a sukkah in her backyard. This unfortunate fact turned into a huge blessing for all of us, as it led her to create a Community Sukkah right here at OST.

Master builders Matthew Weinstein & Scott Galbraith erected our first ever sukkah on Forman Field with help from Bill Sawyer, Giselle Weinstein, and of course, Nicole. Supported by Cantor Jen and Talya Stern, Nicole created 8 days of incredible programming that brought out congregants of all ages, including people we rarely see, as well as new prospects.

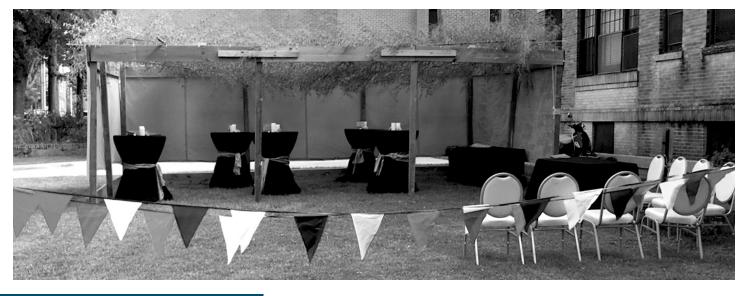
Approximately 25 people attend Sisterhood's Wine and Cheese Sukkah Social, 20 young adults came for Burgers in the Booth, and we shared in a hugely successful Family-Friendly Friday Sukkah Style followed by Sundaes in the Sukkah after Shabbat services.

Over 70 came out on Sunday night for *Friends, Fun and a Food Truck*. The kids had a ball and congregants made connections with friends, new and old. An Intro to Judaism class, an Interfaith Parenting class, and Sunday Learning used the Sukkah, and I led a bagged lunch *Books in the Booth* group. While Torah Study and *Final Fling – Come and Sing* were held inside due to rain, both added to our Sukkot joy. There was a palpable energy and an excitement around the Temple surrounding all these events in the sukkah, with requests for an encore. Thanks to Nicole for her dream and all her hard work to make these events so amazing!

Linda Peck
Executive Director
linda@ohefsholom.org







November 2017











One of the hardest decisions facing OST's leadership is how to allocate our limited financial resources. While we've explained how membership dues only cover 80% of our budget, what you may not know is that Religious School fees only cover approximately 40% of the costs of running our school.

At Ohef Sholom Temple we are committed to educating and engaging the next generation of Jews. They are literally our future. Yet, as you can see in the two bar charts, enrollment in Religious School has been declining over the last five years.

Four years ago after studying various options to increase enrollment, the Religious School Committee recommended that we hire a full-time educator. With Board support, we hired Chris Kraus as our first Director of Family Learning.

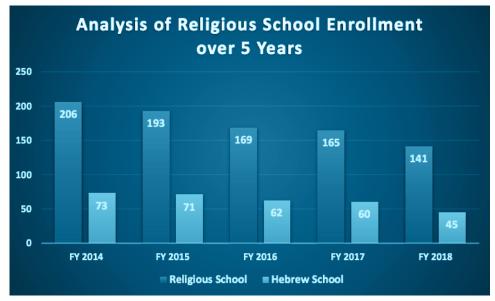
Yet, enrollment still continues to decline. We currently have 141 students in Religious School while the budget is based on 165 students. Similarly, we have 45 students enrolled in Hebrew School, which is below the budgeted enrollment of 60.

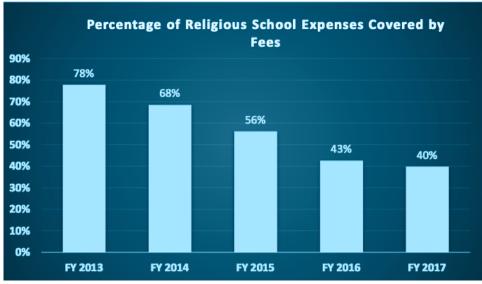
With our current revenue stream, our organization cannot sustain both a full-time Director of Family Learning and a full-time Director of Congregation Life. In our strategizing and visioning meetings, we examined the overlap in these two positions and decided to combine them into a Director of Education and Engagement, effective May 2018.

One result of this change is the difficult decision not to offer a new contract to Chris Kraus, which was announced to the congregation at the end of October.

Research professor Brene Brown, who studies courage and vulnerability, says that creativity and innovation only occur if one dares to take a chance and risk failure. We saw a problem; we tried a solution; it didn't work; we will try another solution.

We are poised for success. We have a healthy and growing endowment. We have a building that is paid for. We have cash in the bank. We have a loyal group of congregants who pay above sustaining dues so that we can remain a House of Prayer for All Peoples. We are grateful to all of you who support the temple with funds, time and energy. Change is uncomfortable, but it is inevitable and it is exciting. Together, we choose to face our challenges with courage and optimism.





Temple subsidy of Religious School education has increased from 32% to in FY2013 to 60% in FY2017.

#### **NOVEMBER BIRTHDAYS**

#### November 1

Pete Brunk Alan G. Bartel

#### November 2 Heather Beloff

#### November 4

Bill Pucher Paula Berenson Celia Burnett

#### November 5

Harry Pincus, Jr. Donald H. Doctor Cinda L. Zacks Alex H. Pincus

#### November 6

Marion Friedman Jonathan A. Kranz Chris Sisler Genna Kletz

#### November 7

Diane Einhorn Michal Mahgerefteh

#### November 8

David Cohen Mark K. Friedman Valeria Williamson

#### November 9 Judith G. Lefkowitz

November 10

### Brian R. Hirschler

#### November 11 Miles Leon

#### November 12

Ira M. Steingold Susan H. Stein Troy L. Rapoport Ross Firoved Zachary Fine Nathaniel Fine

#### **November 13**

Robert G. Hofheimer.Jr. Marilyn Kaye Bunn

#### **November 14**

Carol Brum Debra Mervis Keeling Lisa Spiegel Colleen Fox

#### November 15

#### Lauren Bensink **November 16**

Albert Rosenfeld Meredith B. Rose Lance Goldner Jerry Foer

#### **November 17**

Leo S. Simon Glen Arluk Jessica Branham

#### **November 18** Rebecca Halpern

November 19 Gloria Simon Kimberly Kranz

#### **November 20**

**Gary Moss** Todd Waldman Elizabeth Staub

#### **November 21**

Harold Anten Laurence Levin

#### **November 22**

Sheal D. Lisner Eileen Colton Nancy S. Embree Kelly D. Kinnear

#### **November 23**

Richard I. Miller Donald Z. Goldberg Elyse Stedman

#### **November 24**

Marian Leavitt Adam Longwater Ross Kantor

#### November 25

Sheila Krakower Roger W. Lidman Claudia S. Dreyfus Alicia Willson-Metzger Anna Kosovsky

#### November 26

Robert S. Seeherman Ernestine K. Goldstein Robin Kyle

#### **November 27**

Alan D. Stein Matthew Branham

#### November 28

Mary Cantin William Bernstein Celeste Stredler Jeffrey Fine

#### November 29

Jack Lee Fox Sue Ellen Teach Colby Smith

#### **November 30** Barbara Blum

Anne Y. Kramer

#### **NOVEMBER YAHRZEITS**

#### October 29 -November 4

Abe Abram Alfred Alperin Lemuel Altschul\* Diane Ashinoff\* Leo Ausch Philip C. Ball Lillian Bohorad Baruch Brown Lillian Brown Howard B. Brown Nathan Cantin\* Morton N. Freedman\* Sig S. Front Pete Gady Maurice Garson\* Helen G. Gifford\* Irving Glaser\* Saul Glickman Thelma Kayer Goldman Roberta B. Hamovit\* Thomas Haywood Reva Lehman Hoffman Jeff Hofheimer Wilma Isav Bella Grant Jacobs\* George M. Kaufman Hyman Kerner Neil T. Kinnear III Gertrude Leopold Kleinfeld\* Edith L. Laderberg Lenore Laibstain\* Simon Landy Benjamin Legum Fannie Blum Liebman\* Isaac Lubschutz\* Samuel Marcus\* Augusta Marx\* Leona Matlin Max Meyer Cecilia Mickelburg Sylvia Miller

Irving Milrod

Anne Pisone

Leya Morozova

Samuel Poppel

Dr. James Guy Price\*

Lynda A. Reynolds

Jeannette C. Ricewasser Zelma G. Rivin Kathy Rosenbach\* Belle Koenigsberg

Rosenbaum Kate Rosenberg Mary Schloss Jessie Schnitzer Joseph H. Snyder\* Sol H. Snyder\* Helene Spilka Aubrey H. Straus Sara Ú. Talley Sigmund Ullman\* Murry Wolfson

#### November 5 -**November 11** Bernice S. Abramson

Hilda Ausch Mollie Bartel William J. Berman\* Jane Beskin Stanley Brenner Flora Bress Celia Brown\* Betty Brum Elijah Chertoff Ruth S. Cooper\* Hattie Ein Alexander Emdin\* Nathan Feuerstein Jack Flax Alice R. Frank Irwin I. Gurfein Mark Hasse Saida S. Heller\* Gary Joel Hirsch\* Paul Jacobs Elsa Jaffe Clara Kastner Ferdinand Kastner Doris B. Kaufman Edward J. Kesser Robert Kirby, Jr. Alice Katz Korn\* Aaron Pincus Kruger\* Shirley Landy Dorothea Malek Langston Bessie Legum Sadie Himmelstein Lesser

Joseph David Levkovitz Michael Levy Janet Mann Louis Mansbach\* Maurice Mednick\* Jerome D. Melville\* Erwin L. Michaels\* Muriel Gottheimer Mizroch Charles Moody Martha Hatchett Owens\* Arthur Pogson\* Minnie Rosenberg\* Sandra Snyder Rosenberg Edward Rothbart Harry N. Rubin\* Maurice Sachs Abe Salomonsky\* Ben Simon\* Tillie Sloane Sidney A. Snyder\* Joyce H. Strelitz Oscar Tate\* Eloise Lowenberg Van Os\* Henry Van Os\* Murray Waitzer\* Malcolm Wasserman Harry Wexler Gail Rubin White\* Sarah Whitlock\* Catherine Wynne\*

#### November 12 -November 18

Gertrude Zedd

Naomi Bass Mildred A. Baum\* Jack Berkowitz\* Herbert L. Black\* Dr. Herbert H. Bonnie\* Eugene Caligari, Jr.\* Sidney Dobbs\* Lillian Einhorn Lillian Emdin\* Anna Engelberg Stanley Fass Nathan Samuel Finkelman Sidney Finklestein Beatrice O. Fried\* Fannie G. Friedman\* Esther Kahn Friedman\* Florence Jaffe Ganderson

Phillip Goldstein Victor Goodman\* Leonard Karp Minnie Krauss\* Lucille H. Laderberg\* Mae B. Liebman\* Dolly Loeb\* Regina R. Mansbach\* Helen Egermann Michalove Hallie Miller\* Daniel Milligan Charlotte Moos Pete Novish Arnold Orleans\* Ann Schloss Pettey\* Warren W. Porter Hope W. Price Bevalan Rafal Godwin Rapoport\* David Rosenfeld Helman Rosenthal **Emanuel Roth** Deborah Bass Sadoff Shirley Salasky Evelyn Salasky\* Ella Salomonsky\* Gerald Sandelstein Ida Saul Helen Schulwolf Harry Seiderman\* Robert "Bobby" Sherman Neil Michael Sherry Elvira Simon Yetta Snyder\* Daniel A. Tavss Rosa S. Van Os\*

#### November 19 -November 25

Irving Aftel Rose Lasting Berman\* Alan Brody\* Robert H. Brown Flora Cahan Stewart Cogan Isaac V. Cohen\* William Elkin\* Margaret W. Feldman\* Dorothy Finch Joseph Forte

Anne K. Friedman\* Henry Galumbeck Sydney Gates Mollie Gendler Mark Gilbert Goldie Ginsbera Dr. Harvey Glick Jeannette Golden Henry I. Jaffe\* Sol Klinghoffer Kate R. Kohn Polina Kosoi Russell L. Kramer\* Molly Rosen Kress Rhoda Kroll Sarah W. Levy\* Miriam Goodman Lowenberg Myrtle Mcintyre Donald McNutt Frances Mendelson Diane Lee Langston Michalove Evelyn M. Nordlinger\* Louis Pachter Alvin Pattashnick Blanche Reisner Bella Rivin Walter D. Rosenberg\* Nancy Schnader Patricia Smolen Robert Isadore Sobel\* Frederick James Sterns Herman Wagenheim\* Miriam Waranch Marcia Weinberg Jennie Bloxberg Weinberger

Frank Weisel, Sr.\* Sol Whitehill\* Jules Zelinger

#### November 26 -December 2

Betty Alper Stephen David Baer Adrienne M. Ball Louis Bartley\* David Gerald Bress Irene C. Chapel Eugene Cohen

Lee David Cohen Leslie Colen Michael Cooper E. Lee Copeland\* David Robert Davidson\* Samuel Doctor\* Rachel M. Donn\* Phoebe Moss Eberson\* Harry E. Fivel\* Joe Freed Sandra Frieder Martin Glaser Bernard Goldman Douglas Haber J. B. Hecht\* Irma S. Hirschler\* Harold Isay Solomon Jaffe Harry H. Kanter\* H. Lee Kanter\* Marilyn Kastner Bessie King\* Beniamin Klein Arthur Kraus Esther S. Legum\* Simon Lesser\* Shirley S. Levine Alicia Caro Luna Harry H. Mansbach\* Edward Marx\* Jacob Mewhinney Arther Morris\* Helen Nesson Paul Rafferty Bernard Ries\* Arnold Rubin Lillian Harris Schewel Chris Smith Maury Spencer Jeanette Spigel Sheila Sutland Pakula Sheila Sutland Pakula Eva Kan Sweet\* Pauline Wexler

Reba B. Cohen\*

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<sup>\*</sup> denotes memorial plaque

## TIKVAH

#### **Caring Hearts**

TIKVAH is a sub-group of the OST Caring Committee and we are here for YOU, our OST Family. Our group's mission is to assist our clergy in offering comfort & support to Ohef Sholom Temple members and their families in times of need, as well as to provide visits, meals and calls to members who are ill, grieving, or just in need of someone to talk to.

We are currently working on several projects, including visits to nursing homes in the Tidewater area. This year we also started a tradition of mailing High Holiday cards to OST families who lost a loved one since last year's High Holidays. We understand there was a bit of a delay in their mailing and apologize for that, but hope the cards were received.

TIKVAH means HOPE in Hebrew. Our TIKVAH members HOPE our acts of loving kindness will give HOPE and comfort to our cherished OST members. If you would like to join our group and/or be added to our "meal train" support email list, please contact us at *tikvah@ohefsholom.org* or (757) 335-1200.



The Rabbi and Temple Office are our main source of information in terms of communicating to us who is in need of TIKVAH's support; however, if you are aware of a congregant or family who you feel would benefit from TIKVAH or you would like a call or visit please email us at tikvah@ohefsholom.org, call Linda Peck at (757) 335-1200 or call the Temple office.

Sending loving thoughts and prayers from our family to yours.

The Caring Hearts TIKVAH Members

**Linda Fox-Jarvis** 

Chair, Tikvah Committee linda@remaxcoast-country.com

#### **Responding To Rabbi's Sermon On Opioid Addiction**

**Jenny Sachs** 

LCSW, Congregant & Religious School Parent

I began my career as a therapist working at an Intensive Outpatient drug and alcohol rehabilitation program in Charlottesville. I had no idea what to expect. What I found was inspiring. When people decide to ask for help and make honest changes in their lives, the results can be truly amazing. I worked there until my husband's career brought us to Virginia Beach, where I am now in an outpatient private practice. I specialize in the treatment of couples, families and substance abuse and dependency.

So much is being written about in the press these days about addiction, especially opioid addiction. Despite the constant barrage of information, determining where regular prescription use ends and where a problem begins remains mysterious to most of the population. More difficult, what do we do when we don't want to become addicted but we are still in pain?

After listening to the Rabbi's sermon on Kol Nidre, I was moved to help. There is so much questioning and confusion about addiction and abuse. Often times we just need to ask questions, but we don't know who to ask. Perhaps you have a child, and you are wondering if he or she has crossed the line between experimentation and abuse. Maybe you worry sometimes about alcohol consumption, or your doctor has mentioned it to you. Perhaps you have a question about therapy in general, and it is not related to substance use. I offer my services as someone who can offer guidance. If we discover that there is a significant problem, I can help you with next steps.

I will be available for questions/appointments/discussion during Hebrew School and Religious School hours from 8:45 - 12:30 on Sundays. While I recognize that even taking the step of asking a question can feel scary, especially given that our community is so close, I want to reassure you that anything we discuss would be completely confidential. We can meet at Temple or a nearby off site location to ensure privacy.

Email me at jennysachs@gmail.com to schedule an appointment.

## **NOVEMBER 2017**

NUVEMBER 2017								
SUN.	MON.	TUES.	WED.		THUR.	FRI.	SAT.	
			1 6:00 pm Men's Club Meeti 6:15pm Worship Commit Meeting	J	<b>m</b> ng Group	3 5:30 pm Chanting Group 6:30 pm Shabbat Services Honoring Cantor Jen's installation	4 9:00 am Fall B'Nai Mitzvah Classes 10:30 am Bat Mitzvah of Claire Kutner 4:30 pm Havdallah Celebration Honoring Cantor Jen	
5 Daylight Savings Time Ends 8:45 am Interfaith Parenting Circle Sunday Learning 12:30 pm OSTY Board Meeting	6	7 4:00 pm House Committee Meeting 6:00 pm Torah Study	8	5:30 p Execut Meetin 6:00 p Sister	ng Group om tive Committee ng	10 6:30 pm Shabbat Services	11 Veteran's Day 9:00 am Fall B'Nai Mitzvah Classes Torah Study What is Judaism? 10:30 am Shabbat Services	
8:45 am Restorative Yoga Sunday Learning 10:00 am Cafe Ohef (Gr. 6) 11:00 am Wiggles & Giggles 11:30 am 5th Grade Parents' B'nai Mitzvah Meeting 12:30 pm Better Together @ Beth Sholom	13 12:30 pm Safety & Security Meeting	14 5:30 pm Quilting Group 6:00 pm Torah Study	15 1:00 pm Finance & Development @ J		om Meeting	17 6:30 pm Shabbat Services	18 Confirmation Retreat 9:00 am Fall B'Nai Mitzvah Classes Torah Study 10:30 am Shabbat Services 6:00 pm OSTY/JOSTY Friendsgiving	
Confirmation Retreat 8:45 am Interfaith Parenting Circle Sunday Learning 10:30 am Jewish Book	20	21 6:00 pm Thanksgiving Reception with Freemason Baptist Church @ OST 7:00 pm Joint Thanksgiving Service with Freemason Baptist Church @ OST	22	23 Thanksg Office	<i>iving Day</i> Closed	24 Office Closed 6:30 pm Shabbat Services	25 9:00 am Torah Study 10:30 am Shabbat Services	
Festival and Brunch 12:45 pm Family Learning Subcommittee				WE WELCOME OUR NEW MEMBERS AS OF AUGUST 2017				
26 9:15 am Walking Group	27 9:30 am Soup Kitchen 12:30 pm Safety & Security Meeting	28 12:00 pm Membership Committee Meeting 6:00 pm Torah Study		Glenn & Es  Nathani  Zachar  Laurer  Cole Fri	ther Diskin el Fine y Fine n Flax	Jenna Linz Kim & Craig Marin Jack & Madeline Morgan Matthew Nusbaum & Kelly Rowell Michael & Rachael Nusbaum		
				Neal Fri		Aaron & Lauren Scolnick		

Andy & Amy Gladstein

Andrea Helms

Carra Kramer

November 2017 15

Helen Goldsticker Sissel

Amy Wolfson



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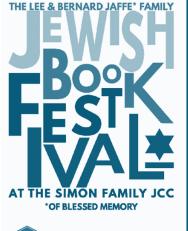
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Neville D. Franke

## Why Family Stories Matter

**Sunday, November 19** 

10:30 a.m.-Noon

Kaufman Hall, Ohef Sholom Temple 530 Raleigh Avenue, Norfolk

**10:30 a.m. Brunch Buffet** sponsored by Sharon & Bill Nusbaum

11:00 a.m. Program

Author presentation and discussion sponsored by Lawrence Steingold

Emmy award-winning author,

Neville Frankel, brings to life his Eastern European roots, which inspired his latest novel, *On the Sickle's Edge*. Steeped in Jewish culture, Frankel puts us in touch with the family stories that connect one generation to the next. Bring a family photo for display at this unique gathering.

Free and open to the community. Space is limited!

RSVP required by November 12. For more information or to RSVP

reservations@ohefsholom.org or call 757-625-4295