



The Ohef Sholom Temple Monthly News Publication

THE TEMPLE POST

Established 1844
Volume 58, Issue 3
September 2017

MISSION STATEMENT:

*"My House Shall be
Called a House of Prayer
For All Peoples"*

To provide a spiritual,
cultural and educational
environment inspired
by the highest
Reform Jewish values.

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shabbat

for everyone

Back to Shul

Sept. 8

*Family friendly
Friday*
Shabbat Services
with Rabbi Roz & Cantor Jen

5:45

Shabbat
Dinner
6:30

Teen Social
7:00

Traditional
Shabbat Services
7:30

Featuring
T'Shuvah Speaker,
Valeria Williamson

*Dinner is free for children under 13. Ages 13 and older, \$10 per person. Please RSVP to (757) 625-4295 or reservations@ohefsholom.org.

High Holidays
at Ohef Sholom Temple

5778

Rosh Hashanah: September 20-21, 2017 Yom Kippur: September 29-30

see pages 12 & 13 for info



Cemetery Service ☆ Forest Lawn Mausoleum

Sunday, September 17, 2016, at 1:30 p.m.

Please join Rabbi Rosalin Mandelberg and Cantor Jennifer Rueben for a beautiful and moving cemetery service prior to the High Holidays to honor the memories of your departed loved ones with prayers, meditations, and hymns. This is a meaningful way to frame your annual pre-High Holiday visit to your family members' and friends' burial places.

For more information contact Temple at 757-625-4295 or reservations@ohefsholom.org

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CLERGY CORNER

Spiritual Practices for the New Year

Dear Friends,

As you read this column, *Rosh Hashanah* is just weeks away and you are no doubt putting your homes in order for the gatherings of family and friends-like-family with whom you will share these High Holidays. So I wanted to offer a few ways in which you might prepare yourselves for the upcoming Days of Awe that might carry you through to a year of renewal and peace.

I invite you to join us for our *Teshuvah* Speaker Series, during which you will hear three different congregants speak from the heart about their journeys to Judaism. You will find these services meaningful and moving, as well as opportunities to reflect on your own Jewish identities and how they might yet grow. One of them was born Jewish, another formally chose Judaism through conversion, and the third is living a Jewish life as part of our community, though not born Jewish herself. No doubt, you will be inspired by all of them:



September 8 at 7:30 pm
Valeria Williamson

September 15 at 6:30 pm
Joash Schulman

September 22 at 6:30 pm
Jo Ellen Rose

Another way to prepare for the Holidays is to reflect upon your past and those who have shaped the person you are, your character, your heart. Join us for our annual Cemetery Service at Forest Lawn on Sunday, September 17, 2017 at 1:30 pm. This brief, but meaningful, service will allow you time to remember, to mourn, but also to celebrate the lives of the precious souls, no longer in life, but very much your daily guides.

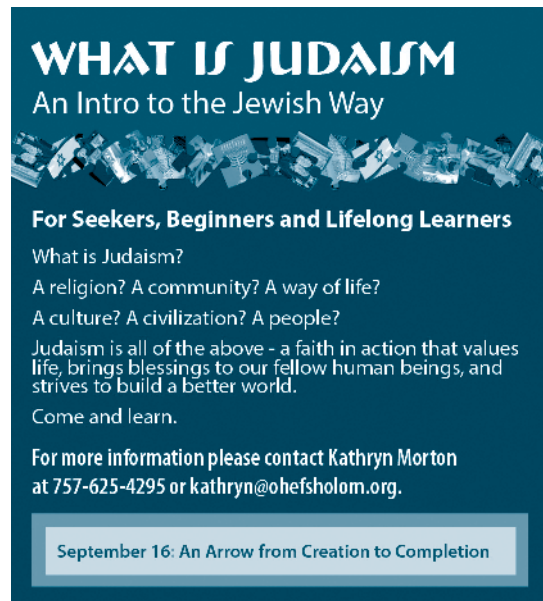


Rabbi Roz
Rabbi
rabbiroz@ohefsholom.org

We will also celebrate *Taschlich*, the service during which we cast off our sins in the form of breadcrumbs, in two ways. You can join our Religious School Community on Sunday, September 24 at 11:00 am or a communal *Taschlich* with Beth El and B'nai Israel on Rosh Hashanah Day, Thursday, September 21st at 5:00 pm, both at the Hague off of Olney.

You can join our monthly Chanting Group, an ancient meditative practice, that meets monthly on a Friday night from 5:30 - 6:00 pm to center and renew yourself for Shabbat and the week ahead. In September we will meet on the 1st in the library.

Finally, it is never too late to study. Whether you are a seeker, a beginner, or a lifelong learner, join Kathryn Morton for "What is Judaism? Be a Blessing: An Intro to the Jewish Way" at 9:00 am Saturday Mornings.



WHAT IS JUDAISM
An Intro to the Jewish Way

For Seekers, Beginners and Lifelong Learners

What is Judaism?
A religion? A community? A way of life?
A culture? A civilization? A people?

Judaism is all of the above - a faith in action that values life, brings blessings to our fellow human beings, and strives to build a better world.

Come and learn.

For more information please contact Kathryn Morton at 757-625-4295 or kathryn@ohefsholom.org.

September 16: An Arrow from Creation to Completion

Anyone of these entrées into Jewish spiritual practice can transform you. Resolve to try them this New Year and experience the goodness, meaning, and blessings that abound in your life.

Wishing you and your loved ones a *Shana Tova u'Metukah*, a Sweet Happy and Healthy New Year.

ANNOUNCEMENTS

Congratulations to **Robert Nusbaum**, who has been honored for his long-time support of *Norfolk State University's honors program*. At the recent commencement exercises, Norfolk State announced the new name of its Honors College as the *Robert C. Nusbaum Honors College*.

Robert has been the chief patron of Norfolk State's Honors College program since its inception in 1993, raising \$1.5 million for its benefit. Dr. Page Laws, who heads the Honors College, said, "Mr. Nusbaum has either contributed personally or had a hand in raising virtually every cent in our endowments and has thereby provided us with almost all of our non-state operating funds for almost a quarter of a century!"

Another Past President of Ohef Sholom Temple makes us proud!

CONDOLENCES

Ohef Sholom offers heartfelt condolences to the following members and friends:

Lisa Cohn, on the loss of her grandmother, **Miriam Cohen Weisberg**.

Long time security guard at OST, **Dan Hall**.

Diane Zaba Aftel, on the loss of her husband, **Brian Aftel & Andrew Aftel**, on the loss of their father, **Harvey Aftel**.

Debbie Moore, on the loss of her cousin, **Albert Lubarsky**.

Ross Firoved, on the loss of his dear friend, **Ryan Barkan**.

Betsy Cooper, on the loss of her nephew, **Gregory Vita**.

Suzanne (Denny) Gruelle, on the loss of her parents, **Seeman (Doris) Waranch**, on the loss of their brother & sister-in-law, **Stuart (Marilyn) Buxbaum**, on the loss of his brother-in-law & sister, **Carol and Stanley Waranch**.

THANK YOU!

*Thank you to Mark Dreyfus and ECPI University
for the donation of a SMART Board.*

*This wonderful technology will certain enrich the classroom
experiences for our Religious School students and open up
enormous opportunities for long distance learning.*

We are deeply grateful to ECPI for this valuable gift!

CALLING ALL OHEF SHOLOM TEENS IN GRADES 8-12!

We want you for Better Together!
Get involved in a program this fall that will:

- Improve your interviewing skills
- Satisfy your community service hours
- Give you college essay ideas

all while you bond with seniors at Beth Shalom Village
and take part in a program that includes lunch!



Gatherings are for two hours one Sunday each month from September
to April with a celebratory luncheon in May. For more information and to
sign up, please email Leslie Shroyer, lshroyer@cox.net.



TORAH PORTIONS

September

September 2 11 Elul

Torah Study – 9:00 am

Parashat Ki Teitzei, Deut. 21:10-25:19

Haftarah: Isaiah 54:1-10

September 5 14 Elul

Torah Study – 6:00 pm

September 9 18 Elul

Torah Study – 9:00 am

Parashat Ki Tavo, Deut. 26:1-29:8

Haftarah: Isaiah 60:1-22

September 12 21 Elul

Torah Study – 6:00 pm

September 16 25 Elul

Torah Study – 9:00 am

Parashat Nitzavim-Vayeilech, Deut. 29:9-

31:30 Haftarah: Isaiah 61:10-63:9

September 19 28 Elul

Torah Study – 6:00 pm

September 21-22 1-2 Tishri

Rosh Hashanah

Torah Readings: Mishkan HaNefesh: Gen.

21:1-21, Gen. 22:1-24; Alternative Torah

Readings: Gen. 1:1-2:3, Gen. 18:16-33;

Gates of Repentance: Gen. 22:1-9, Gen.

1:1-2:3; Haftarah Readings: Mishkan

HaNefesh: I Samuel 1:1-2:10, Jeremiah

31:2-20; Alternative Readings: Isaiah

55:6-13, Nehemiah 8:1-10; Gates of

Repentance: Samuel 1, Nehemiah 8,

Isaiah 55:6-13, Jeremiah 31:1-19

September 23 3 Tishri

Torah Study – 9:00 am

Parashat Haazinu, Deut. 32:1-52

Haftarah: Hosea 14:2-10; Micah 7:18-20;

Joel 2:15-27

September 26 6 Tishri

Torah Study – 6:00 pm

September 30 10 Tishri

Yom Kippur

Morning Service: Torah Readings:

Mishkan HaNefesh: Deut. 29:9-14; 30:1-

20, Gen. 3:22-4:16; Gates of Repentance:

Deut. 29:9-14; 30:11-20, Haftarah:

Mishkan HaNefesh: Isaiah 58:1-14; Gates

of Repentance: Isaiah 58:1-14, Afternoon

Service: Torah Readings: Mishkan

HaNefesh: Gen. 50:14-26, Lev. 16:29-34,

Lev. 19:1-18; 32-37; Gates of Repentance:

Lev. 19:1-4; 9-18; 32-37; Haftarah: Mishkan

HaNefesh: Jonah, Micah 20:7-18; Gates of

Repentance: Jonah

A WORD FROM THE PRESIDENT

Shalom. This time of year is always bittersweet for me. *Bitter* - in that the lazy, laid-back days of summer come to a close, school starts up, and all the activities that accompany it, life gets crazier! Even though our children are now older, our youngest son Miles is going off to college this year, and mostly good things are going on, it is easy for me to feel overwhelmed. *Sweet* - in that as Jews, we get the opportunity to welcome a fresh New Year. We look backwards on our deeds and words - without judgment but rather with compassion - with the desire and commitment going forward in the year ahead to *being* better people, more aligned with our values and conscious of our actions.

I got a taste or "warm up" for the High Holidays when observing Tish'a B'av this past week. The month of Av marks the two-month point leading up to the High Holidays. A key moment in the readings from Lamentations associated with this holiday states, "Let us search and examine our ways and return to the Eternal One." It's a reminder of the prep work we need to do to be ready for our atonement. I like to think I am in continual prep mode the year round, but the holidays provide the space to do this in a mindful and intentional way.

This past June, I attended the Search Inside Yourself Leadership Institute (SIYLI) offered annually at Georgetown University and other locations worldwide. Developed by a Google engineer, this mindfulness and emotional intelligence-based program is really about *finding by searching* within yourself. It is about *dis-covering*, *re-covering*, and *un-covering* the full dimensionality of your *being* that is uniquely yours and that you bring to the greater whole. It was an amazing and transforming experience. More than anything we practiced "mindful breathing." Something as simple as *breathing in an intentional way* has the power to change our lives and our world.

To quote Viktor Frankl,

**"BETWEEN STIMULUS AND RESPONSE,
THERE IS A SPACE.**

**IN THAT SPACE LIES THE FREEDOM
AND POWER TO CHOOSE OUR RESPONSE.**

IN OUR RESPONSE LIES OUR GROWTH AND OUR HAPPINESS."

Rosh Hashanah and Yom Kippur provide us the intentional space to search inside ourselves - to



Karen Fine
Temple President

reconnect with our Jewish and human values, our empathy, love, and compassion; to disconnect with the often unconscious behaviors, attitudes, and perceptions, the "armor" we use to protect us from the external, physical world we cannot control.

We do not have to wait until another season rolls around to practice what we learn by searching inside ourselves at the High Holidays. Shabbat happens once a week, and every Friday night and Saturday morning we offer a beautiful, music-filled *intentional space* for you to come and continue your journey. We can also practice what we glean every single day. It is not just for ourselves that we "show up" wanting to be better people. It is for a higher purpose, a greater good that we do. It is not only because we want the world to be a more compassionate one, it is our responsibility to make it one. It truly begins with each of us searching inside ourselves, awareness of self, that we can begin to set the intention to live by our values not only by our words but more importantly our deeds and actions.

Wishing you, my *sacred partners*, a meaningful and joyous holiday season and New Year. *L'Shana Tova*.

LEADERSHIP LOUNGE



We invite you to come see our Leadership Lounge, a comfortable space dedicated to Board & Committee members (but open to all!) With a Keurig coffeemaker, nourishing snacks and an expanding leadership library, this bright, cozy lounge on the third floor is a great place to gather for conversation and connection outside of board meetings. President Karen Fine can often be found there meeting with Board members and congregants. Feel free to stop by or email president@ohefsholom.org to schedule a time to meet with Karen.

SCHOLARSHIP COMMITTEE

OHEF SHOLOM FOUNDATION ANNUAL SCHOLARSHIPS AWARD \$16,000+

The Ohef Sholom Scholarship Committee met in July and awarded 21 scholarships to in accordance with the Ohef Sholom Foundation guidelines. "Thank you so much for awarding me a generous amount of scholarship money," wrote one recent recipient. "It will be going towards my final year of undergrad that'll help me prepare for speech pathology school!" "This generous scholarship makes a major impact on my ability to pay for school," wrote another awardee. Many thanks to Committee members for their hard work. Scholarships support tuition and related costs for college, medical school and high school in Israel.

We are fortunate to be the beneficiaries of the generosity of those who believe in the power of continuing education. The following funds are held at Ohef Sholom Foundation:

- The Sarah Cohen Scholarship Fund provided \$9,000 in undergraduate scholarships.
- The Sarah and Edward Levy Fund provided \$1,820 in scholarships for medical school.
- The Sarah and Edward Levy Fund II provided \$1,540 in undergraduate scholarships.
- The H. Lee Kanter and Marjorie Kanter Levy Scholarship Fund provided \$820 in undergraduate scholarships.
- J. Samuel Goldback Fund provided \$2,838 in undergraduate scholarships.
- Temple's Youth Activities Fund provided \$750 for high school in Israel scholarships. A total of \$16,768 in scholarships was awarded.

"THANK YOU SO MUCH FOR YOUR SUPPORT OVER THE PAST 4 YEARS. I AM GRADUATING FROM . . . MEDICAL COLLEGE THIS MONTH AS AN MD, AND WILL START RESIDENCY IN NEUROLOGY . . . IN JUNE."

- SCHOLARSHIP RECIPIENT

Ohef Sholom Foundation benefits our Temple in various ways throughout the year. Please consider making a Legacy gift in support of our beloved Temple so that its good works can continue in perpetuity.

Applications for 2018, higher education scholarships are due June 30 and are available online at the Temple web site under Community/Youth Groups.

Ed Kramer
Scholarship Committee Chair

WE APPRECIATE THE THOUGHTFULNESS OF THOSE WHO SUPPORT OST

*by remembering and honoring their friends and loved ones
through their generous contributions*

**Please submit your donations to the Temple before the
beginning of each month.**

MOLLIE AND GEORGE RADIN ARCHIVES FUND

In Memory of:

JEAN SNYDER
*Ruth & Edward Legum
HARVEY AFTEL
*Ruth & Edward Legum
TERRI & JOSEPH VITA'S GRANDSON
*Ruth and Edward Legum

CARING COMMITTEE FUND

In Memory of:

MIRIAM COHEN WEISBERG
*Pru & Michael Salasky

FINE ARTS FUND

In Memory of:

AUGUSTA GOODMAN
Allan & Susan Donn
In Honor of:
BOB LIVERMAN'S 99TH BIRTHDAY
Allan & Susan Donn

FLORAL FUND

In Memory of:

MICHELE KROCK
Marsha & Marty Moody
DEWITT MOODY
Marsha & Marty Moody
SALLY ROGERS
*Susan & Marty Einhorn
SHIRLEY SOBEL
Marsha & Marty Moody
HAROLD WOLFF
*Jeanne & Julius Miller

EDWARD J. KESSER RELIGIOUS SCHOOL FUND

Wishing A Speedy Recovery to:

ALEX BERKOWITZ
*Bobbie Gross

RABBI ROSALIN MANDELBERG'S DISCRETIONARY FUND

In Memory of:

MARGORIE SMALLIE
*Pearl Taylor

RELIGIOUS SCHOOL RELIEF FUND

In Memory of:

HARVEY AFTEL
*Charlotte Cooper Corey
*Miriam & Bob Seeherman
JERRY MELDON
David & Joan Balaban
Wishing a Very Happy 99th Birthday to:
BOB LIVERMAN
*Beverly & Jack Fox
Arlene & Jack Rephan
*Miriam & Bob Seeherman
Wishing a Happy Birthday to:
ALLAN DONN
Bob Liverman
LINDA FOX-JARVIS
Bob Liverman
NANCY SACKS-JACOBSON
Bob Liverman
CAROL SHERMAN
Bob Liverman

In Honor Of The Confirmation of: KATHERINE COOPER

*Alice Goodman

SISTERHOOD UNIONGRAM FUND

**Thanks For All the Uniongrams for
our 50th Wedding Anniversary**
Shelley & Jeff Loeb

SOUP KITCHEN

A Donation was made by:
Konikoff Dentistry

TEMPLE FUND

In Memory of:

HARVEY AFTEL
Carole & William Bernstein
*Sandra & Charlie Dawson
Susan & James Eilberg
Lois & Bernard Einhorn
*Susan & Marty Einhorn
*Frieda Goldstein
*Carol Kritzer Heller
Brenda & Sheal Lisner
Vivian & Burke Margulies
*Jeanne & Julius Miller
*Madeline & Alan Samuels
Sue Ellen & Seymour Teach
Arlene & Allan Zeno

TREE OF REMEMBRANCE

In Memory of:

ROSE KLEIN
*Mara Bates

WOODWARD MUSIC FUND

In Memory of:

HARVEY AFTEL
Marilyn & Stuart Buxbaum
RYAN BARKAN
Bunny Mirman
DINA STERN BOETTCHER
Elayne Lavenstein Axel
LEWIS D. HIRSCHLER
*Nancy Hirschler
JOHN BENNETT JACOBSON
*Nancy Jacobson

Belated Good Wishes:

BOB LIVERMAN
Betty Hecht

In Honor of the Confirmation of:

NAOMEI LIDMAN
Suzanne Barr

ADA SALSBURY FUND

Wishing A Speedy Recovery to:

MARTY EINHORN
*Ada Salsbury

ROSE ANN AND LESTER GROSSMAN MEMORIAL FUND

In Honor Of Being Appointed As President Of Ohef Sholom Temple to:

KAREN FINE

*Louis L.I. Grossman

Wishing A Happy Birthday to:
SONIA LAND

*Louis L.I. Grossman

Wishing A Happy 80th Birthday to:
GARY HASKELL

*Louis L.I. Grossman

*denotes gifts of \$25 or more

WHAT'S NEW IN SUNDAY LEARNING?

I missed you this summer and I can't wait to see how your children have grown. Please remember to instruct your grocery stores and OfficeMax/Office Depot to donate a portion of the proceeds of your purchases to Ohef Sholom Temple Religious School. These proceeds are used to fund scholarships for Sunday Religious School fees.



Chris Kraus

Director of Family Learning
chris@ohefsholon.org

OPEN ENROLLMENT - REGISTRATION ONLINE

Tell your friends who are not affiliated with a synagogue that they can enroll kids in Sunday learning this year, PreK through 5th grade. Registration for members and all others is at the Temple web site. Meet your teachers at Friday night Back-to-Shul on September 8. Opening Day is September 10, and Confirmation Opening Day is September 24.

CAFE OHEF, 10:00 - 11:00 AM

Once a month, we invite parents/guardians of selected grades to meet and get to know each other over good coffee in Simon Hall. The scattering of Jewish families across many neighborhoods and school communities makes Sunday mornings practically the only opportunity for weekly Jewish socialization for most of our children. We feel strongly that building community among our parent peer groups leads to many rich Jewish educational experiences for our children outside of the synagogue walls.

COMMUNITY WORSHIP, 11-11:30

There is a misconception that weekly Sunday worship at OST is just for kids. In fact, our Sunday worship is for adults, too. Ask anyone who attends, and they will attest to the enthusiasm, uplifting music, and palpable feeling of community we experience during Sunday worship. It fills the soul with pride and hope

1-YEAR OPEN ENROLLMENT in Sunday Learning

**Do you want your child to
experience a Reform Jewish
community who learns by doing?**

OST's 1-Year Open Enrollment plan welcomes independent households who are not general members of any other synagogue.

Members and Others, register at ohefsholon.org,
Religious Studies Registration Quicklink



**Ohef Sholom
TEMPLE**
We are a House of Prayer for All People
530 Raleigh Ave, Norfolk, VA 23507 P: (757)-625-4295 • ohefsholon.org

for the future of our faith and culture. Rabbi Roz, Cantor Jen, and various classes lead the weekly prayers. If Friday nights or Saturday mornings at synagogue do not fit your busy family schedule, Sunday mornings are the perfect alternative for weekly communal prayer.

FAMILY FIELD TRIPS

We are planning three afternoon educational programs for the whole family.

- Norfolk Zoo, to learn about God's Creation and passengers of Noah's Ark,
- Portsmouth Jewish Museum, to learn about Molly's Pilgrim Thanksgiving and the history of Jewish immigration,
- First Landing State Park, to learn about our Jewish homeland through the beach game, Survivor Israel.

Stay tuned for details and let us know if you'd like to help in the planning.

CLASS & TEMPLE FIELD TRIPS

This year, locations throughout our community become Jewish learning laboratories. Various classes will travel to

- Forest Lawn Cemetery for a Jewish prayer book burial with kids from Temple Israel and Beth El,
- Virginia Holocaust Museum in Richmond, for 7th-9th grade and other congregants, Nov 5,
- Camp Silver Beach on the Eastern Shore, for Confirmation, Nov 18/19,
- Martin Luther King Jr. Day march and community service projects in Norfolk, Monday Jan 15,
- Virginia Beach Oceanfront, for Annual Jewish Family Service Mitzvah Mile, May 6.

MIDDLE GRADES, 7TH-9TH

A 2-semester schedule begins with grade-level core courses in block 1, 10-11am, and mixed-grade electives in block 2, 11:30-12:30pm.

Core Courses

- 7th – Adam to Ezra (Torah Literacy)
- 8th – Holocaust (1st Sem), Comparative Religions (2nd Sem)
- 9th – Leadership (1st Sem), Social Justice (2nd Sem)

Electives

Yoga, Visual Art, *How to Understand Israel in 60 Days or Less* – graphic novel, and Holocaust II.

BETTER TOGETHER - YEAR 2

Partnership with Beth Sholom Village



For a second year, our successful series of monthly Sunday Lunch & Learns partners teens and senior citizens with each other to learn life perspectives, technology skills, and the Jewish value of honoring the elderly, *Kavod Lizkeinim*. Contact Leslie Shroyer lmshroyer@cox.net to sign up your 8th-12th grader for the opening session September 10, 12:30. See flyer on page 3 for more information.

INTERFAITH PARENTING CIRCLE & YOGA FOR ADULTS SUNDAYS 8:45 AM

Valeria Weber Williamson and Danielle Benjamin facilitate 12 free sessions for non-Jewish parents and caregivers from any faith or tradition in learning more about raising Jewish children. Opening session is October 8. Valeria is also our new certified Yoga instructor who, in addition to teaching our children every Sunday, will offer free monthly Restorative Yoga/Yoga Nidra classes for adults once a month. Opening session is September 17. Contact vwilliamson@me.com for more information.

CHILDCARE FOR HEBREW, ADULT YOGA & INTERFAITH PARENTS CIRCLE

On Sundays from 8:40-9:55 am, during Hebrew studies and Adult Education courses, OST provides free childcare. Reservations are required for Adult Learning childcare by Thursday 6:00 pm to jim@ohfsholom.org.

ALEF-BET HEBREW PARENT ORIENTATION - SEPT 10

Parents/guardians with a child enrolled in Hebrew Alef or Bet, 3rd or 4th grade, you must attend with your child on Opening Day at 8:45 am, in order to set up your child's online Hebrew learning account. Please bring an iPhone, iPad, lap-top, or use one of our Temple desktops, as we walk you through the on-line licensing and account set-up that your child will use throughout the year. Alef will use *Shalom U'vracha* app, and Bet will use *Hebrew in Harmony*. This is our 2nd year of using these new on-line learning products from Behrman House Publishing.

OPENING DAY - SEPT 10

Confirmation Class Opening Day is September 24, 2017. Register for Sunday Learning now if you have not yet done so at www.ohfsholom.org



Valeria Weber Williamson, new yoga instructor and co-facilitator of Interfaith Parenting Circle

FACULTY, 2017-18 HEBREW YEAR 5778

Meet 45 of our "text-people" for Sunday learning. They have made a commitment to practice the *mitzvah* of teaching Torah diligently to our children.

"What we need more than anything else is not *text-books* but *text-people*."

Rabbi Abraham Joshua Heschel, "The Spirit of Jewish Education," (1953).

CLASS	TEACHER
Wiggles & Giggles	Kitty Wolf, Alisa Kosovsky
Nursery	Helene Green
PreK	Nicole Gamboa
Kindergarten	Victoria Haring
1st	Becky Roberts
2nd	Rachael Trussell
3rd	Mara Bates
4th	Alyson Morrissey
5th	Alice Titus
6th	Lisa Cohn
7th, 8th, 9th	Kathryn Morton
7th, 8th, 9th	Marty Mandelberg
7th, 8th, 9th	Paul Weiner*
10th confirmation	Rabbi Roz & Cantor Jen*
Better Together	Leslie Shroyer*, Robyn Weiner*
HEBREW STUDIES	
Alef	Marnie Waldman
Bet	Mara Bates
Gimmel	Becky Roberts
Dalet	Kathryn Morton
SPECIALISTS	
Primary Art	Angela Harris
Intermediate Art	Ilene Stein
Music	Cantor Jen*, Alisa Kosovsky
Yoga	Valeria Williamson*
Hebrew Movement	Marnie Waldman
Library	Gaile Lipp, Geoff Robb, Charlene Gold
Cooking	Ruth Pano
Special Needs (JIEP)	Heather Umberger
Technology	Jason Young
Childcare	Helene Green
Office	Jim Dunn

Madrichim - Dani Byers, Savannah Doughtie, Skylar Foster, Amelia Fox, Hailey Foer, Hannah Galbraith, Brandon Howe*, Elijah Kohn, Alisa Kosovsky, Kari Levi, Hannah Marin*, Leia Morrissey*, Brianna Soblotne, Alastair Sterns, Sabrina Sterns*, Sophie Waldman, Mallory Weinstein, Abby Williams*, Riley Williamson*, Jason Young, Melissa Young*

* New to faculty

MEMBERSHIP

In late 2014, the Union for Reform Judaism (URJ) revealed its 2020 Vision: *A Clear View of Our Future*. One of the four core priorities of that vision is *Audacious Hospitality*. Audacious Hospitality is a continuation of the inclusion and outreach of past decades. It actively works to engage Jews and eliminate barriers that prevent people from finding their place in Jewish life. The observations and practices found in the Audacious Hospitality Pilot Edition Toolkit are in alignment with our OST value of building an inclusive environment that is warm and welcoming. Being a warm and welcoming community includes *hachnasat orchim*, or welcoming the stranger. During the High Holidays as we welcome each other to services, it is common to share or hear Hebrew greetings. Below are some popular phrases and their translation.

L'SHANA TOVA

Wishing your friends happy new year is as easy as saying "L'Shana Tova," which means "For a good year" in Hebrew.

TZOM KAL

This is a wish for an "easy fast" since Yom Kippur is a fast day.

L'SHANA TOVAH

This is still an appropriate greeting for Yom Kippur as this day is part of the 10 days of Awe, which start at Rosh Hashanah and end at Yom Kippur.

CHAG SAMAYACH

This is a generic greeting which means "happy holidays." In Yiddish, the greeting is "Gut Yuntiff."

L'SHANAH TOVAH TIKATEVU V'TAIHATEM

This greeting means "May you be inscribed and sealed for a good year."

SHANAH TOVAH UMETUKAH

If you want to express the same sentiment but with a little extra, this phrase means "A good and sweet year."

G'MAR HATIMAH TOVAH

"May you be sealed for a good year (in the Book of Life)." This is a traditional greeting for Yom Kippur.

Keep in mind that if you want to share these good wishes with another, but feel uncomfortable with your Hebrew pronunciation, the English works great, too!

The URJ Audacious Hospitality team recognizes that greeting another or engaging in small talk is not easy for everyone. If you are nervous about engaging in some small talk with another member, the URJ Audacious Hospitality Toolkit offers some suggestions. First, start with common ground. You share the room, the weather, and the service with all that attend services. Offering an observation followed by an introduction can start the conversation rolling.

"Services were beautiful. I am (insert name) by the way." Second, volunteer a piece of information about yourself. "I have been a member of Ohef Sholom for 17 years" or "I'm on the membership committee". (We are always looking for volunteers!!) Usually, the other person will volunteer a piece of information back. Third, go slow. Repeat the other person's name to remember and follow up on any information that was volunteered to you. Here is where listening is helpful and genuine interest can drive a conversation. Fourth, if you need to end the conversation, be simple and honest. "Please excuse me, (insert the reason you need to excuse yourself). It was nice to speak with you." Hopefully, these tips may prove helpful and who knows, maybe you will meet a new friend. L'shana tovah!

A MESSAGE FROM THE OST ARCHIVES

Do you enjoy hearing stories about the past?

Do you have a soft spot in your heart for those who have had an impact on our OST community?

If so, keep reading.

Do you have some spare time? Do you type?

If so, we could use your help transcribing the OST Archives Oral History Collection recordings.

If you can help, call 757-625-4295 and leave a message for the archivist, or email us at archives@ohefsholom.org.

Nicole Rosenblum
Membership Chair

Sisterhood

The usually hectic fall season has arrived! With it comes opportunities to keep in touch and enjoy camaraderie through Sisterhood.

We look forward to visiting with you at the **Mermaid Winery** (330 W 22nd St, Norfolk, VA 23517) on **September 12 from 6:00 pm to 8:30 pm**. Start the season with a dinner with your long time and new Sisterhood friends. Make sure to sign up right away before we're sold out!

Our October meeting will be on our "regular" schedule, **Thursday, October 12, 6pm**, OST Rm. 310. We'll have a salad bar supper, a brief meeting, and book review. The book is *The Hare with Amber Eyes* by Edmund de

Waal. It is the story of how a wealthy European Jewish family acquired, among other priceless art, hundreds of exquisite Japanese 'Netsuke,' which are small ivory pieces, beautifully carved in minute detail, which were replaced in use by the mass-manufacturing of buttons by 1900. This nearly lost art is being revived by contemporary artists, using other materials instead of ivory, of course! Both old and new were exhibited at the Richmond Museum of Fine Arts a few years ago. De Waal, a ceramicist, is fascinated by the place in people's lives that objects hold as they are used, passed down among families and friends, and, most importantly, the keys they become to unlocking family stories otherwise lost over time. In this biography, he tells of his Jewish family's fate, through the ownership of these small objects, as they teach him about his family. As you read it, think of objects that have become, perhaps inherited, Jewish touchstones for you. Plan to bring one such object to the meeting, to share its story, if you'd like. What a great way to get to know more about each other!

We've also included in this pOST the registration form for **Shabbaton, October 20 and 21** at the Williamsburg Hilton Garden Inn. We have planned a relaxing retreat with plenty of time for interesting conversations, spiritual renewal, and fun together. Please register today!

As always, contact either of us or Temple if you have questions related to Sisterhood events.

Jeanne Miller
Sisterhood Co-President

Abbey Patcher
Sisterhood Co-President

Sisterhood Book Club

Thursday, October 12

6:00 pm: "Salad Bar" supper
6:30 pm: Sisterhood Meeting
7:00 pm: Book Discussion

De Waal, a ceramicist, is fascinated by the place that objects hold in people's lives as they are used, passed down to family and friends, and serve as keys to unlocking family stories otherwise lost over time. In this biography, through the ownership of these small Netsuke, he uncovers his own Jewish family's fate, and they teach him about his family. As you read the book, try to think of objects in your life, perhaps inherited, that have become Jewish touchstones for you.

Available for purchase on Amazon.com

Please RSVP to reservations@ohfsholom.org

The Alumnae of *Sigma Omega Pi Sorority* Reunion - Sept. 8

The Alumnae of Sigma Omega Pi sorority (SOPS) will celebrate their fifth annual reunion the weekend of Sept. 8th. The weekend will begin with Shabbat dinner and services at Ohef Sholom, where most of the founding members were affiliated. The sorority will sponsor the Oneg Shabbat in honor of the reunion. Other activities will include a guided tour of the Chrysler Museum and a dinner on Saturday night.

Any alumnae who would like to attend, please contact Bunni Popkin Latkin at bunnipops@gmail.com.

LIFE & LEGACY

Where there is a WILL, there is a WAY!

Have you ALREADY made a provision in your will to benefit Ohef Sholom after your passing? We would love to include that gift in our LIFE & LEGACY program. This would allow us to recognize your gift any way that YOU choose. You can remain anonymous or can be thanked and recognized at any level you like.



Why is this important? We have GREAT news to share. Thanks to the generosity of our

congregation and the amazing work of the L&L team, we have passed the 25 commitment mark. This threshold allows us to receive funds from the Harold Grinspoon Foundation that will greatly aid our marketing and stewardship efforts! Letting us know of your bequest through your will allows us to get closer to more funding!

If reading this makes you think, "I should include Ohef Sholom in my Will," THANK YOU for even considering this request. We would love to sit with you and explain the vision of the LIFE & LEGACY program - why and how it will help sustain Judaism in our community long into the future, not just for us and our children, but for all who seek it in their lives.

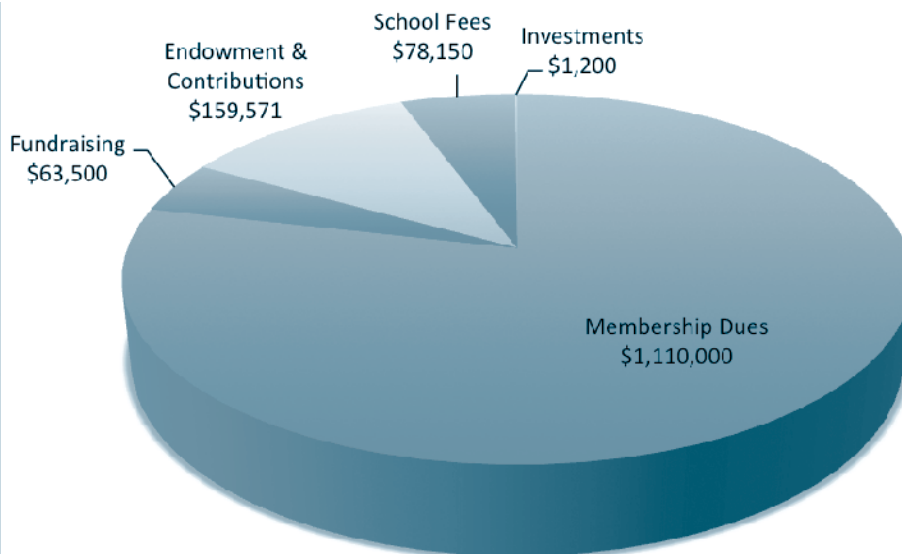
Please feel free to contact me to discuss! matthewfine@cox.net 757-407-1368.



Matthew Fine
LIFE & LEGACY Team Leader

OST: A CLOSER LOOK

As a member of Chef Sholom Temple, you are a part of the sacred partnership that makes this synagogue possible. We call ourselves a House of Prayer for All People. In accordance with this value, we aim to conduct our financial affairs in a responsible and sustainable way. As the chart below illustrates, our primary source of operating funds is Membership Dues. They account for approximately 80% of our budget. One of our major challenges is figuring out how to provide the services that make this community so special with the funds we have available. We want to live out our value of being a House of Prayer for ALL People, including those for whom paying full dues would be a barrier to their inclusion in our community. As a part of this sacred partnership, each of us must contribute our fair share. This means different things for different people.



At this time of year, as we engage in the process of reflection, we humbly request that you ask yourself the following question: What is my role in strengthening this sacred partnership? Perhaps the answer is financial. Perhaps it is giving of your time and your talent. Or, perhaps in your reflection, you will find ways that the synagogue could be a better partner to you. We want to hear that, too.

We are grateful for your support and your willingness to engage in this partnership. L'shana tova!

YOUR DUES AT WORK

Our Temple is Beautiful and Needs Our Constant Attention

You may have heard it said that "Your body is a temple." However, our spectacular and historic Ohef Sholom Temple building is also like a human body. Its systems and components have anatomical counterparts with which we are all familiar. Its cladding and roof function like our own body's skin; its forced air heating and cooling system is like our body's lungs and nostrils; its electrical and communication systems are like our body's nervous system. I will not describe how our Temple's piping system and our own waste-handling body organs are similar, but surely you get the message.

Our bodies are constantly aging. From the moment we are born until we die, our own physical bodies are affected by gravity, weather, mechanical damage, and repetitive usage. Our skin wrinkles and cracks; our breathing becomes shallower; our reaction



Close-up view of the deterioration to stained glass window wood framing, due to water damage

times slow. So it is with our building. As congregants, we are the caretakers for a large facility "body" which has grown over time and is constantly aging. Our Temple consists of several connected wings, each of which was constructed in a different generation. Our main sanctuary, which faces Stockley Gardens, will turn 100 years old in a few months. Taking care of this portion of our Temple's body is a special challenge, due to its age.

All of us visit doctors and dentists regularly for preventive maintenance and testing of various parts of our bodies to make sure they last. This is important. So it is with buildings like our Temple, which we want to keep both functional and beautiful. Regular maintenance "check-ups" and even systems testing are frequently necessary. Luckily, we have an excellent Temple maintenance staff whose job is to keep up with such "check-ups."

Sometimes, there are emergencies and unforeseen maintenance problems that affect both physical human bodies and buildings. These problems seem to increase with age. This is because the many parts and pieces that make up the whole have separate "service lives." For example, most of us have dealt with the "service life" of some of our teeth. The "service life" of our teeth can be lengthened with constant attention, but can be cut surprisingly short by poor oral hygiene. Likewise, our Temple's main sanctuary stained glass windows, and the wood frames that surround them, must have constant attention in the form of inspection and protective treatment from time to time.

This summer, you may have seen skilled workmen providing wood



A typical panel of the OST sanctuary stained glass windows.

patches, wood repair and paint to our main sanctuary's stained glass window frames. They are working to preserve this part of our building, which has needed intensive maintenance for some time. Once completed, this work will enable our historically important stained glass windows and their supporting wood frames to remain properly sealed against the invasion of wind-driven precipitation, moisture-laden air, and the ravages of ultra-violet light.

Expected and unexpected facility costs are one of the reasons why we pay annual dues. Thank you for being a member of Ohef Sholom Temple, and, through your dues, ensuring that our historic building is properly cared for to better serve the spiritual and social needs of our congregational community now, and for years to come.

Richard Rivin, FCSI, AIA
OST House Sub-Committee Chair

Sept 24, 2017



Tashlich at the Hague

God will take us back
in love; God will cover
up our iniquities; You
will cast all our sins
into the depths of the
sea.

Micah 7:19

1. Walk to the Hague waterway in Ghent
2. Bring stale bread with you.
3. Take some time to think over the past year.
4. For each piece of bread you throw in, let that represent something from the past year which you're ready to cast off.

Meet at Temple at 11 or the Hague at 11:15
(corner of Colonial Ave and Mowbray Arch)

Teshuvah Stories:

JOURNEYS TO JUDAISM

Join us for a three-part series to learn about fellow congregants' stories of their Journeys to Judaism.

September 8, 2017 - 7:30 p.m.

Speaker: Valeria Williamson

September 15, 2017 - 6:30 p.m.

Speaker: Joash Schulman

September 22, 2017 - 6:30 p.m.

Speaker: JoEllen Rose

As we know, there are many ways to express our faith and live our Jewish lives. On three Shabbatot, you will have the opportunity to hear three different expressions of individual and family commitments.

HIGH HOLIDAY SECURITY

In the wake of the horrific events in Charlottesville, Ohel Sholom remains vigilant in our efforts to provide a secure place of worship for our congregants and guests. We continue to work with Homeland Security, the Norfolk Police and ADL to enhance security at Temple while maintaining a comfortable, welcoming worship environment. We ask for your help and cooperation by showing your tickets to our greeters, whether they already know you well or not.

Please refrain from bringing any backpacks & large bags to Temple. Medical & childcare bags are allowed but will be subject to search. **If you see something, say something.** Please know this is not intended to alarm you in any way. We just want to let you know that we take the safety of our congregants, staff and clergy very seriously.

Karen Fine

President, Ohel Sholom Temple

Bonnie Kerner

Chair, Special Needs & Security Committee

CALENDAR-AT-A-GLANCE ☆ 2017/5778

CEMETERY SERVICE

Sunday, September 17, 2017 at 1:30 pm

EREV ROSH HASHANAH

Wednesday, September 20, 2017

Early Service, Family-Friendly

Worship & Child Care.....6:15 p.m.

Late Service.....8:15 p.m.

ROSH HASHANAH DAY

Thursday, September 21, 2017

Early Service, Family-Friendly

Worship & Child Care.....9:00 a.m.

Late Service.....11:30 a.m.

TASHLICH AT THE HAGUE

Sunday, September 24 at 11:00 am

KOL NIDRE

Friday, September 29, 2017

Early Service, Family-Friendly

Worship & Child Care.....6:15 p.m.

Late Service.....8:15 p.m.

YOM KIPPUR

Saturday, September 30, 2017

Early Service, Family-Friendly

Worship & Child Care.....9:00 a.m.

Late Service.....11:30 a.m.

YOM KIPPUR AFTERNOON SERVICES

Study Session (in Chapel).....1:30 p.m.

Afternoon Service (in Chapel)...2:45 p.m.

Interlude4:00 p.m.

Memorial,

Concluding Services.....4:15 p.m.

Break-the-Fast

& Havdalah.....6:00 p.m.

Please bring your tickets!



Rosh Hashanah: September 20-21, 2017 Yom Kippur: September 29-30

ADMISSION TICKETS

OST will mail tickets about two weeks prior to *Rosh Hashanah* to congregants who are current in their financial obligations to the Temple through the September 2017 quarter. Envelopes will be marked "HHD Tickets Enclosed."

Dependents, up to 24 years of age, will receive admission tickets. Tickets will be mailed in September. (See insert).

Admission tickets are not required for the **Yom Kippur Afternoon Study Session** (led by **Kitty Wolf**) or for the **Afternoon Memorial and Concluding services**.

WHICH SERVICE SHOULD I ATTEND?

All members – age 11 and older – are invited to attend either the early (6:15 pm and 9:00 am) or late (8:15 pm or 11:30 am) Services in the main Sanctuary.

Families with children under the age of 11 should plan on attending a service during the 6:15 pm and 9:00 am time periods. Depending on your children's ages and your worship preferences, you have a few options:

- If your child is 5 or older**, you can attend the Family-Friendly Worship together OR you can drop your child off for the supervised program while you attend Services in the main Sanctuary.
- If your child is under 5**, you and your child can attend Family-Friendly Worship together, **but you must remain with your child for the duration of the program**.
- Families with newborns through age 4** can sign up for our drop-off Child-Care services, courtesy of the Temple. You can then attend Services in the main Sanctuary or the Family-Friendly Worship.

GUESTS

Tickets for non-affiliated out-of-town guests of members are available at \$100.00 for adults and \$36 for children ages 9-16, per ticket **per holiday**, paid for in advance. (Please fill out the inserted Guest Request Form and return it with your check.)

TRAFFIC AND PARKING

There will be additional handicapped parking spots and traffic guards will be posted to direct traffic. **Limited parking will also be available at Ghent United Methodist Church, as well as on surrounding streets.**

FAMILY FRIENDLY WORSHIP

The Family-Friendly Worship Service, coordinated by our Director of Family Learning, Chris Kraus, makes holiday worship an engaging learning experience that includes age-appropriate crafts and creative activities. This program, which runs concurrently with the early Congregational Service in the main Sanctuary, gives parents and guardians the options to worship with their young children or to worship with the Congregation in the main Sanctuary. **Please note that children under 5 must be accompanied by parents/guardians during this program.**

CHILD CARE

Families with children up to age 4 can sign up for our drop-off Child Care, courtesy of OST, which will be available during each of our early Services:

Erev Rosh Hashanah Service	9/20	6:15 - 7:45 pm
Rosh Hashanah Service	9/21	9:00 - 10:50 am
Kol Nidre Service	9/29	6:15 - 7:45 pm
Yom Kippur Service	9/30	9:00 - 10:50 am

We ask that you pre-register by sending the office a Child Care Request Form (see insert) so that we can ensure enough providers. Please plan on arriving ten minutes early to make sure your child is checked in and settled, allowing you to get to your service on time.

ARMED FORCES AND COLLEGE STUDENTS

Enlisted personnel and their families, as well as full-time college and medical students attending local schools, are welcome guests of our Temple. They should contact the Temple office for admission tickets.

PRAYER BOOK

Gates of Repentance, The New Union Prayer Book will be read at all services. To purchase your own copy, contact the Judaica Shop, where they are available at \$30.00 each.

SEPTEMBER BIRTHDAYS

September 1

Jacquelyn R. Haywood
Stephen L. Goldstein
Rachel Abraham
Janice Anten

September 2

Glynnis Doughtie
Steve Kocen
Ellen Rostov Hundley
Michael Jankosky
Claire Ricewasser

September 3

Leigh Nusbaum
Paul Moore
Janyth Fine

September 4

Lori Galbraith
Ellen VanOs
Michael L. Goodove
Sharon K. Nusbaum

September 5

Miriam G. Seeherman
Joseph B. Goldman

September 6

Leonid Baber

September 7

Neil Waranch
Elizabeth Waranch
Martin K. Salasky
Tony Armentrout
Suzanne L. Barr

September 8

Palmer Truslow
Robert Hunter Johns
David Pariser
Deborah Fisch

September 9

Pamela R. Soforenko

September 10

Ingeresa P. Friedman

September 11

Gerry R. Adelman
Mindy Retnauer

September 12

Marsha Moody
David S. Hirschler, II

September 13

Alexandra Konikoff

September 14

Matthew A.
Galumbeck
Elyse Kalfus
Trish Steingold
Marilyn B. Levy

September 15

Allison Cooper
Jeffrey Forman
Allison Rachels

September 16

Lawrence M. Spigel

September 18

Wendy A. Cooper
Bruce Kushner
Kathy Lasakow
Gail F. Wolpin
Gerald L. Bloom
Patricia Levin
Arleen Ruth Sobel

September 19

Jane L. Frieden
Jennifer Lagow
Lewis D. Hirschler, Jr.
Marynell Gordon
Patricia Flax-Jankosky
Barry Friedman

September 20

Arleen Cohen
Helene Green
Rhonda R. Frank

September 21

Nanci Glassman
Judd Mendelson
Loty Albert
Marge Anten

September 22

Martin Mendelsohn
Neal C. Schulwolf
Elon A. Pollack

September 23

Beth Jaffe
Joseph B. Feldman

September 24

Barb Gelb
John Bachman

September 25

Marilyn G. Kayer
Pam Levinson

September 26

Deborah Meltsner
Neal Klar
Judith W. Levin

September 27

Richard A. Beskin
Richard Tavss
Ira Trussell
Dorianne Villani
Amy Dagen
John M. Evans

September 28

Harriet Bloom
Rachelle Luna
Evelyn T. Adler
Nicole Rosenblum
Louis Sherman

September 29

Elizabeth Hoelzer
Sara Murawski
Melissa A. Miller

September 30

Carole Bernstein
Natalie Morrozzoff
Jeffrey Partington

SEPTEMBER YAHREZEITS

August 27 - September 2

Bessie Aftel
Irwin C. Albert
Rachel Rief Axelrod*
Milton Barrie
Jonathan Behr
Sam Beskin
Henrietta Blaustein*
Nathaniel H. Cohn*
Louis Colbus
Theresa B. Davis
Margaret Dunn
Emily Lablanc Faber*
Isaac Fass*
Sol Fass*
Louis B. Fine*
Bernard Frenkil
Pearl Gelb
Simcoe Glasser*
Sarah Glassman*
Louis Goldner
Leon Goldstein*
Margo Gottesman
Shoshanah Chavah
Gottlieb*
Murial Green
Dr. Abraham
Grossman*
Stanley Hainer
Milton Hirschler*
Henry Clay
Hofheimer*
Ronald Lee Jacobson
Rachel Jaffe
Dorothy Kas
Bernard Kayton*
Melvin J. Kozak
Beatrice Lohre
Edythe Lotkin*
Lucille McNott

Fred Coleman
Michalove
Allen Morrison
Gertrude Nathanson
Ferdinand Phillips, Sr.*
Ella H. Raymond*
Paul Robbins
Brad Scherr
Babette Schwan*
Marvin Simon*
Hilda G. Soble*
David Sussman*
Gabe Sward
Walter Vatcher
Barry M. Wolf*
Lenora B. Young

September 3 - 9

Belle Agnew
Melvin Bass
Fannie Berger
Charles Cohen*
Tanhen Cooper*
William Eggleston
Minnie Fine*
William Finkelstein
Irene Freed
Matthew Galumbeck
Celia Davis Garson*
Dr. H. Gelberman*
Sam Glick
Lillian Z. Goldstein
Vivian Gooze
Henry T. Grossman
Phil Hamovit*
Dr. Harry Harrison*
Sylvia Heilman
David S. Hirschler*
Trudy Nordlinger
Hoffer*
Edward E. Kahn*
Milton D. Kaufman*

Harry Kohn
Valeria Krix
Louis Malkin
Alon Portnoy
Lesser Raphael*
Julia Rapoport*
Sam Reznick
Harriet Rosen
Benjamin Sachs*
Jacob E. Saunders*
Charles Schwartz*
Henry R. Sohmer*
Louis Strom*
Len Talley
Martha Ungar
Harry Weisberg

September 10 - 16

Samuel Aftel
Max Berger*
Hattie Bistrong
Eleanor Capin
Edie Malka Caroff
Cecelia Cohen*
Rose H. Copeland*
Vernon Dudley
Hattie Engel*
Sylvia Axelrod
Finestone*
Charles Hill Grimm
Joseph Hearst*
Augusta Hecht
Bertram R. Hirschler
Eddie Hix
Margaret Hofheimer*
Ethel Narins Katz
Charles L. Kaufman, Jr.
Beatrice Klein
Ruth Korman
Carl Lampl
Louis Meyer Lisner
Albert R. Marks

Edna Mesh
Albert Miller*
Esther W. Miller
Muriel Potter
Stanley Rivin
Maurice A. Rosenthal*
Benjamin Shiffrin
Sherry Snyder
Allen Soble*
Bessie Sonenshine
Regina Steinberg
Emily Guggenheim
Switzer
Eva Wainger*
Michele Waranch
Shirley Weisberg
Charles Wynne*
Albert G. Zeno

September 17 - 23

Gail Carol Berger
Maxine Berger*
Gertrude Berman
Tess Cantin*
Myrna Cohn
Rose Weinstein
Dembicer*
Beatrice Diener
Flora L. Donn*
Gizella Dresner
Agnes Frenkil
Charles K. Friedman*
Morris E. Gartner*
Jerome S. Gershman
Czarna Graber
Sadie Himmelstein
Geraldine Horton*
Leah Kahnheimer*
Kathryn Koltun
Bessie S. Legum
Marcella M. Levi*
Lena Levinson*

Miriam Ullman Levy*
Janet Linic
Rose S. Miller*
Dianne Murray
Lawrence L. Newfield*
Harry Rosenthal
Laurence Rubin
Marienne Schlesinger*
Charles K. Schoen*
Henry Schonholt
Harry J. Segal*
Thelma Silver
John Spark*
Bernard B. Spigel*
Selwyn Laderberg
Steel*
Irwin Sussman
Leonard Tonelson*
Gerald Weitzman
Marguerite G. Zentz

September 24 - 30

Irwin M. Adler*
Rachel Kass Bendavid
Edward Berman
Harry Brum
Aaron Busch*
Anna K. Cohen*
Bernice Noble Cohen
Haiman H. Colbus*
Esther Ehrenworth
Cooper*
Grayce Cooper
Nancy Dougherty
Sidney Geffen
Harriet Gilbert
Ralph Gilbert
Julius Goldstein*
Eugene Forrest
Gordman*
Charlotte Griggs
Eleanor B. Hofheimer

Milton M. Jacobson*
Leah C. Jaffe*
Rebecca "Becky"
Kahn
Bertha Kleisdorf
Ludwig H. Korn*
Murray Kossman*
Sydel Krakower
Harry H. Levine*
Harry Lewis
Lee B. Luther
Alvin Margolius, Sr.*
Ulysses Sam Miller*
Martin Luther Moody
Sue Godet Noble
Sam Novick*
Joan Leterman
Nusbaum
Mary Margaret Pariser
Pauline Porter
Herman L. Rapoport*
Hannah Rapp
Bernard Raymond*
Eva Ries*
Robert V. Ronick
Charles I. Rostov
Louis Rostov
Mary Rottenberg
Elsa Goodman Scott
David Sherry
Gary Eli Silverman
Louis Snyder*
Morris Tischler*
John G. Ullman
Frederick Woodson
Evelyn Ziehl
Sylvia Zucker

* denotes memorial plaque

SEPTEMBER 2017

SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
					1 5:30 pm Chanting Group 6:30 pm Shabbat Services	2 9:00 am Torah Study 10:30 am Shabbat Services
3 12:30 pm OSTY Board Meeting	4 Office Closed - Labor Day Observance	5 4:00 pm House Committee Mtg 6:00 pm Dues Committee Mtg, Torah Study	6 6:00 pm Men's Club Mtg	7 9:00 am Walking Group	8 5:45 pm Family Friendly Friday 6:30 pm Back to Shul 7:30 pm Shabbat Services with Teshuvah Speaker (Valeria Williamson)	9 9:00 am Torah Study 10:30 am Shabbat Services
10 Judaica Shop Open House 8:45 am Hebrew Parent Orientation, Sunday Learning 11:00 am Wiggles & Giggles 12:30 pm Better Together	11	12 6:00 pm Sisterhood Organizational Mtg, Torah Study	13 10:30 am Life & Legacy Mtg 1:00 pm Finance & Development Committee Mtg	14 5:30 pm Executive Committee Mtg 7:00 pm Board Mtg	15 LEAD-NFTY-MAR 6:30 pm Shabbat Services with Teshuvah Speaker (Joash Schulman) 7:45 pm Prime Time Dinner	16 LEAD-NFTY-MAR 9:00 am Torah Study 10:30 am Shabbat Services
17 LEAD-NFTY-MAR 8:45 am Sunday Learning, Restorative Yoga 1:30 pm Cemetery Service	18	19 6:00 pm Budget Committee Mtg, Torah Study	20 6:15 pm Erev Rosh Hashanah Early Service, Family-Friendly Worship & Child Care 8:15 pm Erev Rosh Hashanah Late Service	21 9:00 am Rosh Hashanah Early Service, Family-Friendly Worship & Child Care 11:30 am Rosh Hashanah Late Service	22 6:30 pm Shabbat Services with Teshuvah Speaker (JoEllen Rose)	23 9:00 am Torah Study 10:30 am Shabbat Services
24 8:45 am Sunday Learning 9:00 am Walking Group 11:00 am Tashlich at the Hague	25 9:30 am Soup Kitchen	26 6:00 pm Torah Study	27	28	29 Office Closed 6:15 pm Kol Nidre Early Service, Family-Friendly Worship & Child Care 8:15 pm Kol Nidre Late Service	30 9:00 am Yom Kippur Early Service, Family-Friendly Worship & Child Care 11:30 am Yom Kippur Late Service 1:30 pm Study Session 4:15 pm Memorial & Concluding Services 6:00 pm Break-the-Fast & Havdalah



Join the OST Walking Group at the beautiful Norfolk Botanical Gardens on **Thursday, September 7** or **Sunday, September 24** at 9:00 a.m.

Please bring your Garden membership card if you have one. We will meet at a drive-in area on the left, just before the entrance gate.

Everyone will be able to drive in and park.

Please RSVP to Sharon Nusbaum in advance at sharonuz@aol.com or call her at 757-515-4226.



530 Raleigh Avenue, Norfolk, VA 23507

757•625•4295 757•625•3762 (Fax)

www.ohefsholom.org

Rosalin Mandelberg, *Senior Rabbi*
Jennifer Rueben, *Cantor*
Lawrence A. Forman, *Rabbi Emeritus*

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Matthew Weinstein
Barbara Dudley
Lawrence Steingold
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Tammi Foer
Andrew Fox
Celia Friedman
Mark Friedman
Mark Hecht
David Hirschler
Bonnie Kerner
David Kushner
Robert Liverman
Robin Mancoll
Dr. David Metzger

Marsha Moody
Alyson Morrissey
Alyssa Muhlendorf
Dr. Bert Newfield
Sharon Nusbaum
Rick Rivin
Nicole Rosenblum
Paula Russel
Margaret Sawyer
Joashua Schulman
Ira Steingold
Todd Waldman
Amy Weinstein
Kenny Weinstein
Gail Wolpin

OST Sisterhood Co-Presidents

Jeanne Miller & Abbey Pachter

Men's Club President - Jonathan Kranz

OSTY President - Alisa Kosovsky

Past Presidents

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Kim Simon Fink
Linda Fox-Jarvis
Robert C. Goodman, Jr.
Steven Kayer
Edward G. Kaufman
Dr. Howard Kesser
Edward A. Kramer
Cathi M. Laderberg

Natalie G. Levinson
Charles S. Nusbaum
Robert C. Nusbaum
William L. Nusbaum
Harry Pincus, Jr.
Kurt M. Rosenbach
Dr. Robert M. Rubin
Henry M. Schwan
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Thomas Bachman
Terri Budman
Allan Donn
Morris Fine
Sandra Forte-Nickenig
Jay M. Friedman
Leslie Friedman
Joan Harrison
Nancy Hirschler
Andrew C. Kline

Steve Kocen
Jay Legum
Dr. Rachelle Luna
Alex Pincus
Dr. Meredith Rose
June Saks
Miriam Seeherman
The Honorable Louis Sherman
Louis D. Snyder
Alan Troy
Stanley Waranch

MEET & GREET WITH CANTOR JEN

Members of the Executive Committee, past and present, along with other OST members, gathered at Okay Spark Gallery in a "Meet and Greet" reception to welcome Cantor Jen. Many small gatherings like this have been happening in a variety of locales and homes within the zip codes OST members span. They will continue throughout the summer and fall months to give as many people as possible the opportunity to meet our wonderful new Cantor and help welcome her into our community. Keep your eyes open for your invitation!



Tree of Life and Tree of Remembrance

The **Tree of Life** offers a wonderful way to honor a friend or loved one for a special occasion, such as an anniversary, birthday, Bar or Bat Mitzvah and any other special occasion.

The **Tree of Remembrance** is also a beautiful way of memorializing a loved one.

Leaves are \$150 and may be seen on our beautiful trees as you enter the foyer to the Sanctuary from the Raleigh Avenue entrance.

To order your Memorial Plaque
or Leaf, contact the Temple at
(757)-625-4295 or
reservations@ohefsholom.org

Memorial Plaques

Purchasing a **Memorial Plaque** is a more permanent way of remembering a loved one.

These Memorial Plaques are lit on the anniversary of the beloved's Yahrzeit and at the Memorial Service on Yom Kippur. The plaques are \$500 and are inscribed with the name of the deceased, and the date of birth and death.



Rosh Hashanah: September 20-21, 2017 Yom Kippur: September 29-30

The High Holy Days are quickly approaching... and with the holidays comes the request for ushers! Thank you to those who have already signed up! If you haven't had a chance, please go to this link to sign up.

<http://www.signupgenius.com/go/10c094aada729a5fa7-bhd2017>

Please sign up to fill one or more slots.

If you have any questions, please contact me at Lori.gal@verizon.net or 757-576-3662. Your generosity of time and spirit is a mitzvah!

Thank you in advance,

Lori Galbraith
Worship Subcommittee Chair

Ohel Sholom Temple Cordially Invites You to Join Us as We

Break the Fast



Take the opportunity to exchange High Holiday greetings with your fellow congregants immediately following the Concluding Service, September 30, 2017.

Adult Child (13 and under)
\$20.00 \$12.00
After September 22: *\$27.00 \$17.00*

**Check must accompany reservation form
R.S.V.P. no later than September 25, 2017**

TOTAL INCLUDED: \$ _____

Name/s: _____

Special Requests: _____

If you would like to be seated with a friend or family member, please let us know.

Please note payments are non-refundable. Reservations will not be accepted after September 25, 2017.

✂ cut here and return ✂

GUEST ADMISSION TICKET REQUEST*

Guest Adult \$100 per person per holiday

Guest Children (ages 9 to 16)..... \$36 per child per holiday

	Please indicate ticket type	Rosh Hashanah	Yom Kippur	Total (3% added to credit card charges)
GUEST NAMES:	<input type="radio"/> Adult <input type="radio"/> Child	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/> Adult <input type="radio"/> Child	<input type="radio"/>	<input type="radio"/>	
	<input type="radio"/> Adult <input type="radio"/> Child	<input type="radio"/>	<input type="radio"/>	

YOUR NAME: _____

*Guest tickets may be requested for out-of-town guests.

CHILDCARE REQUEST

PARENT/ GUARDIAN NAME: _____

CHILDREN'S NAMES AND AGES: _____

SERVICE DATES & TIME:
(Please circle)

Rosh Hashanah

9/20 6:15-7:45 pm

9/21 9:00-10:50 am

Yom Kippur

9/29 6:15-7:45 pm

9/30 9:00-10:50 am

Please return to office by 9/13 for RH, and by 9/22 for YK. (Childcare is provided free of charge. Please arrive 10 minutes early to check in.)



October 20 & 21

Friday

Registration 4:00 - 5:00 pm

Opening Program 5:00 pm

Saturday

7:30 am - 4:00 pm

Location: Hilton Garden Inn
1624 Richmond Rd,
Williamsburg, VA 23815

Please print clearly

Name: _____

Best phone: _____

Email Address: _____

Roommate(s) Request: _____

Emergency Contact: _____

Best phone: _____

Prices by Occupancy (please check your choice)

- ☐ Single \$295
- ☐ Double (each) \$215
- ☐ Fri PM/Sat Program only \$130
(excludes overnight stay and breakfast)
- ☐ Sisterhood Dues \$40
- ☐ Donation _____
- ☐ Add \$25 after Oct 2

Dinner options, please choose one

- ☐ Vegetarian
- ☐ Chicken
- ☐ Salmon

**Please register by
Monday, October 2, 2017**

Total Payment Due \$ _____

Please check your payment choice:

- ☐ Find my check enclosed

OST Sisterhood
530 Raleigh Ave.
Norfolk, VA 23507
ATTN: Shabbaton 2017

- ☐ Charge my card

Type: ☐ VISA ☐ Mastercard ☐ Discover

Number: _____

Exp. date: _____

Financial Assistance Available. Contact Sisterhood
Presidents Jeanne Miller or Abbey Pachter.
Be sure your Sisterhood membership is current.

Shabbaton
October 20-21, 2017
HILTON GARDEN INN, Williamsburg, VA

The Sisterhood of Ohel Sholom Temple (OST), Norfolk, VA, is planning a Shabbaton, which is a special Shabbat women's retreat. The program will help you get to know each other, learn together, and share in a relaxed, spiritual environment that will encourage participation by everyone. This is not a fund-raiser; the fee charged covers meals, program (conference room rental, etc.) & room (only for those staying overnight). All Shabbaton activities will be at the Hilton Garden Inn, 1624 Richmond Rd. Williamsburg, VA. For information on any aspect of the Shabbaton, please call OST (757-625-4295) or email Abbey Pachter: abbeypac@yahoo.com. We'd love to see you there!

We welcome applications for scholarships to cover some or all of the charges, which will be kept strictly confidential. -your Shabbaton Committee (Gabriele, Paula, Jane, Betsy, Marsha, Tammi & Abbey)

Schedule of Activities

Friday, October 20

4:00-5:00	Registration and Check-in
5:00-6:00	Get-Acquainted Hour with Appetizers & Cash Bar
6:00-7:00	Dinner (Chicken, Salmon or Vegetarian Option)
7:00-8:30	Discussion: "Our Jewish Values" – Rabbi Roz Mandelberg
8:30-9:00	Introduction to Saturday's Program

Saturday, Oct. 21

7:30-8:30	Moving Meditation (optional)
8:00-9:00	Breakfast
9:00-10:00	<i>Shabbat Service</i>
10:00-10:30	Break & Hotel Check-out
10:30-12:30	Discussion: "Lessons for Today from the Parsha Noah"
12:30-1:30	Lunch
1:30-2:15	<i>Boost Your Creativity Activity</i>
2:30-4:00	<i>Havdalah Circle & Shared Reflections</i>
4:00	Program ends with Gratitude for Your Participation in Shabbaton!

Those who register will receive additional details about pre-Shabbaton options!