

Volume 53, Issue 7 Established 1844 April 2013

MISSION STATEMENT:

"My House Shall be Called a House of Prayer For All Peoples"

To provide a spiritual, cultural and educational environment inspired by the highest Reform Jewish values.



Come and show your support for OST's year-round outreach efforts by joining "Mitzvah in Motion."

Highlights

2013 Walk-A-Thon 10:30 am

Red Cross Blood Drive 9:00 am - 1:00 pm

Community Service Activities 10:00 am - 12:30 pm This year's Mitzvah Day will benefit each of the Religious School classes' tzedakah charities

The OST Religious School Relief Fund
Jewish Family Service
Make-A-Wish Foundation
The Jewish Braille Institute
Susan B. Komen Race for the Cure
The Juvenile Diabetes Research Foundation
Hope for Life Animal Shelter
Children's Hospital of the Kings Daughters

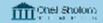
VOLUNTEERS & DONATIONS ARE NEEDED!

For more information, details and forms:

email: mitzvahday@ohefsholom.org

visit: www.ohefsholom.org/tzedakah/mitzvahday

call: 757-625-4295



See page 8 for more details on Mitzvah Day!

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Family Shabbat Dinner

Celebrating 100 years of OST Women's Contributions

April 5, 2013

6:30 p.m. Dinner prepared by the Men's Club 7:30 p.m. Service led by the Sisterhood

If you haven't been to our Family Shabbat Dinners lately or have never attended one, come join us for a lovely dinner before services. (The dinner is sponsored by our Men's Club and prepared by Larry Adler & the Men's Club volunteers.) This is a great way to get together with your family, see old friends and make new friends.

The menu will include:

Salmon with Soy Honey Glaze Caesar Salad Pasta Primavera Roasted Vegetables

\$10 Adults and Children 12 and up. Children Under 12 – Free!

MAKE YOUR RESERVATION TODAY 625-4295

reservations@ohefsholom.org

If you would like to be seated with a friend or family member, please let us know.

OHEF SHOLOM TEMPLE

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Cantor's Notes

You're receiving this bulletin around the end of *Pesach*. I hope it was a meaningful holiday for you! To paraphrase Sheila Panitz, one of my son's teachers at the Hebrew Academy of Tidewater, the Passover *Seder* is a multisensory experience. With our eyes, we look around at the beautiful ritual objects, at the door we open in hopes of seeing Elijah the Prophet, and into the faces of family and friends. Our ears help us to sense the beautiful holiday melodies and the main point of the *Seder* ritual - the telling of the story of our redemption from Ancient Egypt. Our lips taste the sweet wine (four times!),

our noses bring in the wonderful smells of the traditional foods, and we feel the crunchy *matza* with our hands and teeth. The Passover Seder embodies the style of education I feel works so well - we jump into the role of a character in the story, and our senses help us to experience life "as if we, too, were slaves to Pharaoh in Egypt".

Passover for me has an additional layer once every few years. My birthday is March 28, so in years that the *Pesach* week is in effect when that date comes around, I'm eating a very flat birthday cake.

The taste of *matza* is so familiar to most of us. The plain, humble flatbread is unpretentious, un-spicy, and tends to take on the flavor of whatever is spread on top of it. *Maror* (horseradish) is spicy, *charoset* (chopped fruit and nut spread) is sweet, but the crispy bread is happy to sing everyone else's tune modestly without shouting its own bravado. The commandment is to eat *matza* each day for the week of Passover, and I'm glad to oblige... the first few days. I don't want to sound like I'm *kvetching*, but no matter what you put on your cracker, it gets SO BORING after a while. I have to admit, I have always felt Judaism knew what it was doing when it instituted that we eat nothing on *Yom Kippur*, *Challah* on *Shabbat*, blintzes on *Shavuot*, and *latkes* on *Chanukah*, but I thought it completely missed the boat if we are to celebrate our Holiday of Freedom by restricting ourselves to this (crumby) *matza* for a whole week!

As it turns out, there is always justification. Not that we are really supposed to get bored with *matza* after several leaven-free meals, but that we should break our addiction to the things in life that we puff up like a loaf of bread inflated with yeast. That is to say, if we took a simpler approach to things instead of building them up with (what turns out to be) air, we'd be able to see what really matters. Who REALLY needs cake when a cracker will suffice - in fact, when a cracker is all someone is able to afford, or to eat, due to their conditions?

A tongue-in-cheek way of acknowledging that it really is inconvenient to survive a week with no soft loaf, is to celebrate the exit of Passover with a celebration of bread. Sure enough, there is a Moroccan festival called *Mimuna* that is celebrated at the conclusion of *Pesach* with all kinds of pastries, cookies, and of course, whole wheat or rye. Tammy and I learned about it when we lived in Israel for a year, and Israelis in Jerusalem hold barbecues in the park, create a carnival-like atmosphere, and welcome bread-y stuff back into their lives. We've continued the tradition in our own family by ordering pizza on the night that Passover leaves. Hopefully, when it does leave, we are not simply going to re-enter that craze for fluffiness that we just proved we are able to survive for a week without, but we will take on a new perspective and appreciation for the humbler joys in life - a more simple existence, one that is able to embrace the things that are genuinely valuable and not artificially inflated.

With hopes for all of us to take time to appreciate our blessings,

Cantor Wally

GREEN Initiative

April Eco-Tip

Energy: The average home spends about \$2,000 on energy bills every year. By changing to appliances that have earned the Energy Star, you can save \$75 a year in energy costs (Energy Star). Energy Star rated appliances use 10-50% less energy and water than standard models over their lifetime, making a big difference for the environment and your budget: http://www.energystar.gov/

CONGRATULATIONS

Congratulations to Ingeresa Friedman, who was selected as a recipient of the YWCAs 25th Annual Women of Distinction Awards. She was recognized for over 25 years of contributions and achievements in engineering and in our community at the awards ceremony in Norfolk on March 28.

"Over the last 25 years, Inger has made significant contributions to her firm's growth in aeronautical engineering and is well- respected by associates and clients nationally and internationally. Ingeresa also makes time to support community initiatives that benefit others. In her professional and civic work Ingeresa exhibits a dedication to the YMCA's mission of eliminating racism and empowering women."

Congratulations to Michael Saks and Katherine Louise Schmalz on their engagement. Michael is the son of Bo and June Saks and grandson of Nancy & Lewis* Hirschler.

Congratulations to Dr. Stephen M. Goldstein & Marsha Chenman Goldstein on the birth of their granddaughter Eloise Vienna Hallquist born on January 17, 2013. Eloise is the daughter of Emilia & James Hallquist, great-granddaughter of Irwin & Florence Goldstein*, Melvin & Betty Crockin*, and great-great-granddaughter of Eloise Lowenberg Van Os and Henry Van Os*.

*of blessed memory

CONDOLENCES

Ohef Sholom remembers with deepest affection the following beloved family members and friends:

David Adelman, on the loss of his mother, Evelyn Adelman.

Gerry Adelman, on the loss of his wife, Eveyln Adelman.

Judy Gutterman, Richard Gutterman & Phyllis Pollak, on the loss of their mother, Marion Gutterman.

Ruth Posner, on the loss of her husband, Nelson Posner.

Linda Nichols, on the loss of her father, Nelson Posner.

Irwin and Janna Levinstein, on the loss of their mother, Mary Levinstein.



AIPAC 2013 at OST Left to right: Ashley Bell, Rabbi Roz, Staci Eichelbaum, Robin Mancoll & Isaac Mooneyham

WORSHIP

Torah Portions for April

April 5 Nisan 25

Shabbat Dinner - 6:30 p.m.

Sisterhood Shabbat Service - 7:30 p.m.

Parasha: Sh'mini 2 Leviticus 9:1-11:47

Haftarah: 2 Samuel 6:1-23, 7:1-17

April 12 Iyar 2

Shabbat Services - 6:30 p.m.

Parasha: Tazria-M'tzora Leviticus 12:1 - 15:33 Haftarah: II Kings 7:3-20

April 19 Iyar 9

Shabbat Services - 6:30 p.m.

Parasha: Acharei Mot - K'doshim

Leviticus 16:1-20:27 Haftarah: Amos 9:7-15

Annual Pulpit Exchange with Temple Israel

April 26 İyar 16 *at OST* Shabbat Services - 6:30 p.m.

Rabbi Michael Panitz will deliver the sermon.

Parasha: Emor Leviticus 21:1-24:23 Haftarah: Ezekiel 44:15-31

April 27 Iyar 17 at Temple Israel Torah Study with Kathryn Morton followed by Shabbat Services Rabbi Roz will deliver the sermon. Havdallah at Rachelle & Roberto Luna's - 7:30 p.m.

Braille prayerbooks are available at services, upon request.



A Word from the President



Each month I remark on how much we have going on around Temple and how many of you participate in these activities. We truly have wonderful leaders who keep us focused on social activism and our sacred work. We are doing G-d's work. In the last 60 or so days, I'm reminded that many of our Temple family continue their leadership roles in the community at large. Kudos to Linda Kaufman, Kurt Rosenbach, Robert

Nusbaum, and Ingeresa Friedman for the recent honors bestowed upon you. You make us all proud.

Six of our youth attended the NFTY convention in Los Angeles in February. In addition, 22 of our kids attended THEVENT at Washington Hebrew in March and the South won the competition. I'm sure we'll be bearing the fruit of these missions soon. Make no mistake, these are the future leaders of the Jewish community and we will be in good hands.

You may have noticed that three new committees have been working hard to improve Temple life and outreach. I established these ad hoc committees because I perceived areas of outreach we hadn't addressed completely enough. Special Needs/Disabilty, Green Initiatives, and Military Support and Outreach Committee are building on our already strong programs by trying to understand the needs of these often overlooked areas and groups.

Thanks to Special Needs/Disability Committee and some very generous benefactors, we have new braille prayer books, a lift to assist the wheelchair bound onto our Bima and stage. We also have a new automatic door assist at the parking lot side entrance to our beautiful building. Thanks to Kitty Wolf and a grant from the United Jewish Federation of Tidewater, we are also reaching out to special needs children in Religious School. Soon, we'll be able to offer a Jewish Religious School experience to any special needs child in our area. There is plenty left for these groups to do to fulfill the mitzvah of reaching out and making accessible what many of us take for granted.

Green Initiatives came out of a Sisterhood Kallah that recognized that if we were going to talk Tikkun Olam, we also needed to learn how to walk the walk. The committee reviewed our practices in our kitchen and in our facility use. Working with the various groups responsible for these areas, Green Initiatives established procedures and guidelines to help lessen our negative impact on the world around us. Green Initiatives has helped us understand that even little things we do can have a very positive effect. More education and opportunities will follow.

Military Support and Outreach is a committee tasked with addressing the needs of a large but often ignored segment of our greater community. From inviting military families to our Family Seder and Chanukah Dinner, to sending care packages to deployed ships for holidays, this committee is coordinating with our local chaplain corps to make sure that Jews who serve have their needs met. We want to ensure that every Jewish soldier or sailor has a place to observe their Judaism while they are away from their homes. In essence, we want to make our home their home even if just temporarily. We owe them that much.

All of these Mitzvahs serve as a reminder that the Caring Committee is sponsoring a Mitzvah Day, April 21, and this is another opportunity for you to become involved and engaged in your Jewish life.

L'shalom

PRIME TIME April 2013

Shabbat Service & Dinner

Friday, April 19, 2013 6:30 p.m. - service 7:45 p.m. - dinner

Join Prime Time for Shabbat Services at Ohef Sholom Temple followed by dinner at **Azar's** on 2000 Colley Ave. in Norfolk.

664./955 azarfoods.com

Cost: price of dinner

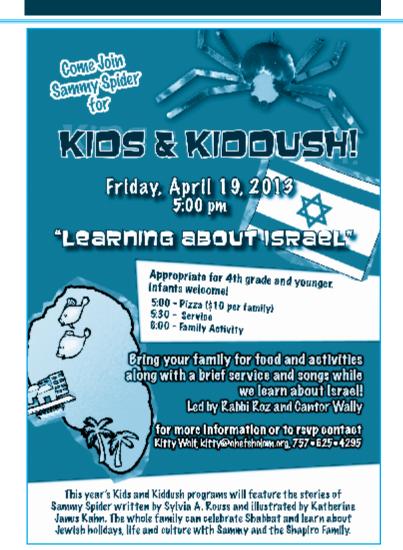
Please RSVP by Wednesday, April 17.

RSVP today to:

Linda Peck, Director of Congregational Life 757-625-4295 linda@oheisholom.org

open to all OST congregants

Prime Time provides a social venue for Temple members in the 45 to 60 group; however, any congregant interested in participating will always be welcome, regardless of age.



ForKids Homework and Casserole Program

Over twenty-four years ago ForKids was founded by local citizens to shelter families in the Ocean View neighborhood of Norfolk. After opening Haven House as a 30-day emergency shelter those same citizens quickly found that short-term shelter was not an adequate solution for family homelessness and they embarked upon a new mission to "help break the cycle of homelessness and poverty for families and children in the Tidewater area."

Make a meal. Feed a mind.

The Hot Meals and Homework program is ForKids' after-school tutoring program currently servicing 50 – 55 children per week. Four nights a week, volunteer tutors come to the Finch Center on Colley Avenue in Norfolk to provide one-on-one tutoring and mentoring. Every night, an area restaurant, church or synagogue provides a hot meal for the entire family of each child participant in Hot Meals and Homework program.

Ohef Sholom Temple Sisterhood is a proud sponsor of the *ForKids* Homework and Casserole Program! Thanks to many generous contributions, we continue to support this great program on a bi-monthly basis.

Meals can be home made or store bought. Please make the casserole in a 9" by 13" aluminum disposable pan and wrap well for freezing. Please double the pans to make it easier to handle without spilling. Meals should feed 4 - 6 people and be labeled with "ForKids." Please include the recipe, cooking or warm-up instructions, the date prepared and Ohef Sholom Temple on the top. If you do not have the recipe, please list the ingredients for allergy reasons.

Pick up Dates

Cooking Date

April 16 Mitzvah Day - April 21 April 30

May 13 May 29

June 12

Sisterhood's ForKids Homework and Casserole Program is looking for generous donors to help sponsor our bi-annual community service project that brings our temple family together to cook casseroles in our own OST kitchen. In doing this, OST Sisterhood could greatly expand the number of casseroles that are donated by our temple to the ForKids Homework and Casserole Program. All donations are appreciated!

Would you consider being a sponsor of this worthwhile project? Every casserole feeds a family and makes a difference! Please let us know how YOU can help!

Sandi Levi

ForKids Casserole Coordinator Ohef Sholom Temple Sisterhood Ostsforkids@hotmail.com 435-6978 cell

MILITARY SUPPORT & OUTREACH COMMITTEE

The Military Support and Outreach Committee sent Chanukah care packages to Jewish soldiers. We recently received this beautiful thank you note:

Dear Members of Ohef Sholom Temple,

Thank you very much for your generous gift of Chanukah care packages to the Jewish sailors aboard the USS OSSCAR AUSTIN. Your care packages caused beaming smiles and were so appreciated during our seven month deployment! Thank you and God Bless you!

Regards,

Chaplain Brandon Hood

Community Events

Sun. April 7

Yom Hashoah, Holocaust Remembrance Day 6:45 p.m.

Temple Israel, 7255 Granby St., Norfolk, VA

Guest Speaker:

Holocaust survivor Frank Grunwald

Free and open to the public

Yom Hashoah, the commemoration of the official Day of the Holocaust, has been sponsored by the Holocaust Commission for over 25 years. The evening program celebrates the power of the human spirit and the enduring faith of those who witnessed and survived the Holocaust. This year the evening of prayer and remembrance will feature guest speaker, Frank Grunwald, a Czech survivor whose life was chronicled in the recent documentary Misa's Fugue. Winners of the Elie Wiesel student writing and visual arts competitions and outstanding area Holocaust educators will be honored at the event.

RSVP to JJohnson@ujft.org.

Used Book, Media, and More Sale Sunday, April 7th, 2013 Advanced Sale Days, April 4 and April 5, 2013

Please start saving the following items to donate to the

sale. You can bring them into OST and place them in the marked bins by the front door.

Acceptable Donations:

Books

Hard backs and soft covers in good condition Children's books Audio Books on CD

CDs and DVDs

Video and Computer Games (family acceptable)
Records

Board Games in good shape with all pieces, box intact Puzzles in good shape with all pieces, box intact Books should be clean, with bindings and covers intact

Please DO NOT donate the following:

Books that are musty, dirty, moldy, smelly, heavily highlighted or have torn or missing pages

Magazines

Reference sets

Travel books older than 5 years

Medical, legal and computer books older than 5 years

Computer games on floppy disks

If you have any suggestions or questions please contact Marsha Moody at vamoody 1 @ verizon.net, 495-6573 or Karen Plotnick at benben 158 @ cox.net, 481-4782.

Thanks You for your help and support



We are delighted to share the following article written by our own Sisterhood member, Rabbi Connie Golden, published on February 26, 2013 for the Union for Reform Judaism's "TEN MINUTES OF TORAH," a daily column available at www.urj.org. Guest writers for the Women of Reform Judaism (WRJ) are featured weekly throughout this year in celebration of the WRJ's 100th Anniversary.

From the Rabbinate to WRJ Rabbi Connie Golden

When I decided to apply to HUC-JIR in 1978, at age 35, I had no idea how I could possibly pay for my education. My parents were deceased, and while a relative had offered to help me pay, it was very important to me that I manage somehow to make my way into the rabbinate myself. After I was accepted at HÜC, I heard about the WRJ YES Fund, and immediately felt bonded to this wonderful organization that would make it possible for my dream of becoming a rabbi to come true.

After ordination, I was determined to do everything I could to pay back WRJ for their generous gift. How ironic, then, that I had practically no time during my working years as a congregational rabbi to involve myself with any of my Temples' Sisterhoods! I wanted so much to give back, to play my part in the relationship I felt was so important to my career, but...

I was sure I could do it in my retirement, and to a great extent I have. I am very active in my outstanding Sisterhood at Ohef Sholom Temple in Norfolk, VA. As a rabbi with time, I'm able to help out more than I ever could. Our superb Rabbi Rosalin Mandelberg, who is devoted to WRJ, wishes she had the time I do! But even though I'm always available for any kind of ritual program planning or distinctly Jewish-content learning events, and Sisterhood members and leadership all thank me for what I do, I'm really the one who's been made happy. Working in our monthly Soup Kitchen is a delight, helping out in the Gift Shop is great, programs are interesting and fun to attend, and I've made so many good friends!

The truth is, WRJ has done much more for me in my retirement than ever before! What an exciting and beautiful surprise it has been for me, a rather determined non-feminist, to find my place in a new Temple to be centered among a group of fantastic women. Intelligent, fun-loving, deeply committed Jewishly, involved in other arms of Temple life and community life as well, the women of our Sisterhood – be they young at-home moms, working moms, career women, or retired volunteers – are a tight group of people who care about and are there for each other in a unique way.

My retirement days are full of volunteer work in the Norfolk community, attendance at lectures and museums and concerts, reading, needlepoint, and transcribing Braille. Yet when I think about my life these days, I realize that what is most consistent, significant, and fulfilling in it overall, is my involvement in Sisterhood. So thank you, WRJ, for making a dream come true – twice in my life!

(on the lown)

Please park at:

Church of the Good Shepherd.

7400 Hampton Blvd., Norfolk. Art OSI representative will be there to direct you.

Guests are invited to

come in period dress

Suggested Danation: \$10 Email your reservation.

request by April 15 to

reservations@ohg/sholom.org or call 625-4295

representing their

taverite era of the past 100 years.

Note: Uniongrams purchased from the Sisterhood support the YES Fund mentioned in Rabbi Connie's article.

In keeping with the WRJ's Centennial Anniversary, the Sisterhood's April programs will celebrate one hundred years and more of women's contributions to the life and vitality of Ohef Sholom Temple. Please join us for the following events:

The April Sisterhood meeting will be on Wednesday, April 3 at 7:30 p.m.

On April 5 at 7:30 p.m. for the Sisterhood Shabbat Service. Minette Cooper will speak.

On April 14 at 10:00 a.m. the Rosh Chodesh group will meet. This month's topic is "Gun Control."

On April 17 at 3:00 p.m. to an afternoon tea on the lawn at the home of Minette and Charles Cooper. Sisterhood past Presidents will be honored. Come dressed to represent your favorite era of the last 100 years! All women are invited! Please respond by April 12 to reservations@ohefsholom.org if you will attend.

We are very grateful to Minette Cooper for giving generously of her time and talent and for sharing her home on April 17. We also thank Sara Bachman and Mea Zimmerman for chairing the wonderful Women's Passover dessert Seder on March 17.

Please join the Sisterhood for Mitzvah Day on April 21.

We will make casseroles for ForKids. Please contact Sandi Levi if you would like to make a contribution towards the purchase of ingredients by emailing her at ostsforkids@hotmail.com.

Yours in Sisterhood,

Barbara Dudley Sisterhood Co-President dudleb@gmail.com

Sharon Nusbaum

Sisterhood Co President sharonuz@aol.com

SAVE THE DATE

Join the Sisterhood for the 6th annual Shabbaton on October 4-5 2013, at the Virginia Beach Hotel

and Conference Center.

Ohal Sholem





On April 3, we will have our monthly meeting. We continue our year of travel with a visit to the Town Point Club. Thank you, Ted, for helping to sponsor this month's meeting, which will still be at 6:00 p.m.

On April 5, we are looking for a few good men to help out with the Sisterhood dinner. If you are interested, please e-mail me.

On April 14, please join us for our Carpool Café brunch (11:00 a.m. food; speech at 11:30 a.m.) when the Virginia Supportive Housing program will be discussing how they provide a permanent solution to homelessness. As we celebrate our liberation from slavery, come hear how VSH is freeing people from the bondage of homelessness.

On April 21, the Temple will be having our annual Mitvah Day. Meredith Rose and the Men's Club are responsible for organizing the Blood Drive. "God may have turned the Nile to blood, but we are not so lucky to have such a large supply in our community; please help the community out and give a pint." In addition to the blood drive, there will be many other opportunities to help, so please come on down.

> THE OST MEN'S CLUB WILL HOLD OUR "MEN'S CLUB GOLF MARATHON" on April 29, 2013, at Bayville Country Club. For those of you who have joined, THANK YOU! For those who have not, please join us! Please contact me for additional information.

On May 5, please join us for our annual Kaufmann Award (11:00 a.m. food; presentation at 11:30 a.m.). This year the Men's Club will be honoring Judge Lou Sherman as the 2013 Henry B. Kaufmann Award recipient.

B' Sholom,

Todd Waldman, Men's Club President mensclub@ohefsholom.org, 625-4295

MAZEL#OV!



Hallie is the daughter of Michael Jaffe and Wendy Jaffe, granddaughter of Judy & Burton Jaffe, Suzie Barron & Bernie* Barron.



















Congratulations to Walter Robb on his upcoming Bar Mitzvah on April 20, 2013.

Walter is the son of Gaile Lipp and David Marti, brother of Geoffrey, grandson of Sheilah Lipp & Arnold* Lipp, Carole Burkhart, and great-grandson of Esther Strong.

*of blessed memory

CHECK YOUR ATTIC!

We would like to borrow an assortment of men's

straw and bowler hats (something you'd wear to the Kentucky Derby) for a Night at the Races (aka Casino Night) on June 8.

Please call the office at 625-4295 if you have excess inventory to spare!





Mitzvah Day 2013 "Mitzvah in Motion"

When: 10 a.m. - 12:30 p.m., Sunday, April 21, 2013Where: Ohef Sholom Temple, Raleigh Avenue, NorfolkWhat: Congregational Community Service Day

Come walk with us! The whole congregation is invited to walk for a cause.

Come and show your support for OST's year-round outreach efforts by joining "Mitzvah in Motion."

This year's beneficiaries will include each of the Sunday School *tzedakah* recipients as well as all of the Caring Committee's Community Outreach projects.

- Jewish Family Services (children's book fund)
- Jewish Family Services (food closet)
- Jewish Family Services (summer camp scholarships)
- Children's Hospital of the King's Daughters (CHKD)
- Make-A-Wish of Greater Virginia
- The Jewish Braille Institute
- Susan G. Komen for the Cure
- Juvenile Diabetes Research Foundation
- Hope for Life Rescue Inc., Animal Shelter
- OST Religious School Relief Fund

To participate, OST members and friends can walk for their selected charity, sponsor a walker, or volunteer for one of the service activities in Kaufman Hall and the kitchen.

What will volunteers do:

- Help with the walk
- Sort and pack donated items
- Use sewing and arts and crafts skills for projects to benefit the named charities
- Cook casseroles for ForKids program
- Make soup kits

What can you donate:

- Move-in supplies for residents of Gosnold Apartments (Virginia Supportive Housing)-see details below **
- New or gently used Jewish books for children
- Canned and non-perishable food
- Cash (make checks out to OST with Mitzvah Day noted or visit www.ohefsholom.org to donate online)

To download a registration form for the walk (suggested donation \$10), go to www.ohefsholom.org/tikkunolam/mitzvah-day **To donate**, drop off goods in the Ohef Sholom lobby.

To volunteer, email mitzvahday@ohefsholom.org

Gosnold Apts- Supportive Housing for Homeless Adults

**We are collecting items to put together "Move-in" packages for the residents of Gosnold Apts in Norfolk, who are formerly homeless and represent the lowest income population in the region .

Items needed are kitchen supplies (dish towels, oven mitts, cooking utensils, etc), bathroom supplies (shower curtain, bath mat, towels, etc), bedroom items (new pillows, sheets, blankets) and cleaning supplies (broom, mop, bucket, detergent, sponges, etc.) Learn more about the Gosnold Apts on Mitzvah Day and how you can volunteer to help the residents stay housed, find employment and be successful

Virginia Supportive Housing (VSH) is a not-for-profit that transforms lives, transforms communities & provides permanent solutions to homelessness. Virginia Supportive Housing provides both permanent housing and support services to the most under served segments of our population. With the adaptive reuse of an RC Cola bottling warehouse, Virginia Supportive Housing (VSH) created Gosnold Apartments, which opened in December 2006 as the first permanent supportive housing development for homeless adults in the region and the first regionally-supported studio apartments for homeless single adults in the nation. The localities of Norfolk, Virginia Beach, and Portsmouth provided funding and rental subsidies. Based on each locality's contribution, forty-two units are reserved for homeless adults from Norfolk, twelve from Virginia Beach, and six from Portsmouth.

Other Upcoming Events:

JCOC Dinner- Volunteer to prepare and serve dinner at the Judeo-Christian Outreach Center in Virginia Beach on April 10. The other 2013 dates are September 25 and December 9. Please contact Anne Kramer (fanniek001@aol.com) if you would like to volunteer or sponsor a dinner.

OASIS Breakfast- Volunteer to prepare and serve breakfast at the OASIS Center in Portsmouth on Sunday, April 14 from 7-9 a.m. Contact Marti Wachtel (mjw757@yahoo.com) to help.

OST Soup Kitchen- Volunteer to prepare and serve lunch on April 29th. Contact Dorianne Villani (dvillani@cox.net) to help.

Notes on N.E.S.T.

As I write this we are still in the midst of our shelter week – I am a bit sleep deprived but thankful that in a few days I will back to cooking for 2 instead of 60. I thought about talking about how few volunteers we had this year compared to years past – and why we have so little support from such a large congregation....

But instead, I would like to focus on the positive – about how much fun our volunteers had connecting with our guests – as well as with each other. That it is not about the people who did not participate – but about the ones that did. And I thank all of you for your dedication to our homeless friends. We had people like David and Nichole Kushner who hired babysitters to come. Karen Fine and Mark Hecht once again did full overnight shifts – this is Mark's 10th year of doing overnight shifts! Carol Rosenblatt donated 50 shirts, briefs and socks. The Sisterhood not only prepared and served one of the dinners but also (thanks to Marsha Moody) made 60 scarves for our guests. Joyce Graber was invaluable as "chief scheduler" and teamed with Sara Bachman to help with sign-ups. And of course our staff (Linda, Kristine, Gail, Tom and Mike) gave me great help and support.

I hope we can continue with the NEST program- but to do so means volunteering your time and financial support. I would love your ideas and thoughts on how we can keep this program going.

Thanks again to everyone who volunteered- after a week of N.E.S.T. I think we all count our blessings a bit more.

Sharon Ross



In honor of Volunteer Appreciation Week April 21-27, I dedicate this article to all of the caring, devoted volunteers who make our Soup Kitchen happen every month. Our volunteers prepare nutritious, appealing meals that bring our patrons in from the cold or the heat. Our volunteers shop thrift stores, collect, store and distribute toiletries, purchase hundreds of books to provide a "library" for our guests, sharpen kitchen knives, and recruit other friends to help us. Our volunteers help behind the scenes, providing essential funding, or collecting blankets, socks, washcloths and backpacks. Our volunteers come from within our congregation and from the USS Wasp, Assault Craft Unit Four, Beach Patrol, NATO and Macy's. Some of our volunteers join us every month; some come when their schedules allow. Our volunteers are committed to offering a welcoming place for our patrons to come. Each one of them makes every task seem doable, no matter how big or how small. Thank you so much on behalf of the 250+ patrons who have come through our doors this past year, whom you have treated to a delicious meal, with dignity and kindness.

Thank You to the April "Warm Hearts" Soup Kitchen Meal Sponsor: Leslie Friedman

Gratefully yours,
Dorianne Villani
Soup Kitchen Chairperson

Please get involved in this OST community outreach program. As the number of guests at each meal grows, so does the need for volunteers to help prepare and serve the meal, welcome guests at the door and check-in desk, and help with the distribution of toiletry articles, water bottles, donated clothing, blankets, backpacks etc. If you are available to join us on the last Monday of the month, please contact the Soup Kitchen Chairperson, Dorianne Villani, at dvillani@cox.net or 301-6477.



For a complete listing of Adult Learning classes and dates please pick up an Adult Learning Booklet at the Temple or check our website www.ohefsholom.org

Intro to Judaism

Please join Rabbi Mandelberg, Cantor Schachet-Briskin, Linda Peck, Dr. Rachelle Luna, Dr. David Metzger, Jonathan Rathsam and Kitty Wolf for a fifteen-session class on Introduction to Judaism.

This course is structured for anyone interested in exploring Judaism—interfaith couples, those considering conversion and Jews looking for adult-level basics. The fundamentals of Jewish thought and practice are introduced.

September through April: 10:00 a.m. to 11:00 a.m. on Sundays

There is no class fee for this course; however, a book fee of \$20.00 will be charged to those students interested in purchasing a text.

| Date | Teacher | Subject | | |
|----------|------------|----------------|--|--|
| April 14 | Rabbi Roz | Conversion | | |
| April 28 | Kitty Wolf | Jewish History | | |

Adult Education Committee Events

Thursday April 11 at 7:00 p.m.
"Step Up for Israel – Get Educated. Get Empowered.
Make a Difference"

Celebrate *Yom Ha'Atzmaut* with the Community Relations Council (CRC) of the United Jewish Federation of Tidewater along with the OST Adult Education Committee with a film focusing on the Creation of the State of Israel. The film will examine the events that led to the establishment of the State of Israel the 1948 War of Independence, and the 1967 Six – Day War. Discussion following the film led by Rabbi Mandelberg. This event is one part of a series brought to the community by the CRC, Step Up for Israel.

You are always welcome to join our Torah Study (Saturdays at 9:00 a.m., Tuesdays at 7:00 p.m.) and Mussar groups. For more information, contact the office or Rachelle Luna, luna@exis.net.

Rachelle Luna, Chair

"Judaism 201" - Part 2 NEW!!

Join Rabbi Connie Golden & Rabbi Arthur Steinberg as they explore selected Jewish topics in depth.

"Why is Hebrew So Important?" with Rabbi Steinberg

Sunday, April 28 at 11:15 a.m. Rescheduled for May 5, 2013 at 11:15 a.m.

LIBRARY WE be

Spring is on the way and what better way to celebrate than with a new book! We recently received several wonderful new books by Ron Wolfson (The Seven Questions You're Asked in Heaven, The Spirituality of Welcoming, God's To-Do List, Shabbat: the Family Guide to Preparing for and

Celebrating the Sabbath, and Be like God); come check out these and others like them that the OST library has to offer.

Our collection has a wide variety of fiction and nonfiction books on an array of topics from Jewish history to Southern Jewish cooking.

Your OST Library is open throughout the week during the Temple office hours.



The Ohef Sholom Temple Choir in rehearsal prior to the March 8, 2013 Shabbat service.

Do you like to sing?

Then we'd love to add your face to this picture!

For further information on joining the wonderful OST Choir, please contact Chuck Woodward (chuck@ohefsholom.org).

April Birthdays

April 1

Jack R. Glaser Susan Hirschbiel Marilyn Kirschner Sandra Leon Marilyn Mendelson Amy Metzger Clifton A. Schodt, Jr. Cynthia Spoolman John C. Stein

April 2 Maura Eaton Heather Fiske Robin Katz

April 3

Kelley J. Goodman Jo Ann M. Hofheimer Dorothy G. Jacobson-Wetsel

April 4 Ruth Katz

Irwin S. Sacks Bobbi Schoolar

April 5 Jefferson Cooper Timothy B. Cooper

Alan Jay Stein Jerrold G. Weinberg

April 6

Sandra Fraim Jan Goldrich Louis D. Snyder

April 7

Tammi Foer Chris Lagow Laine Mednick Rutherford

April 8

Jerry Baydush Gabriele Jiannas

April 9

Barbara Carlson Deborah Supinski Friedman Bernard H. Glaser Linda G. Scheimberg

April 10

Sandra Forte-Nickenig Paula D. Fox Brenda Klar Sharon S. Perlman Jack Shanker Lisa Stern

April 11 Mark B. Dreyfus Bruce H. Gilbert Stanley Glaser Michael H. Hubbard Beth P. Kinnear Debra L. Moore Dan Villani

April 12

Karen Gershman

April 13

Robin Collett Judith B. Freedman Helene Frost Mary Margaret Pariser Benjamin F. Stein Jean Kay Swartz

April 14

Hazel Carol Glaser Jacquelin Glaser Michelle Halpern Jeffrey Loeb Nancy N. Nusbaum Karl Spoolman

April 15 Kenneth Albinder Deborah Haring Sheryl-Lynn Makela

April 16

Mara Bates Daniel Salomonsky Louis P. Snyder Douglas Wren

April 17 Alyssa Muhlendorf

Ioel Zaba April 18

Ronda G. Bazar Beth Darrow Kathy Greenhood Jeffry A. Sachs Leah Waitzer

April 19

Carol M. Cohen Barbara Gross John Mancoll Martin Mandelberg Evelyn Munden Nancye Weisberg

April 20

Kenneth M. Klein

April 21

Kirk Heath Lillie L. Whitehurst

April 22

Margie Karp Patti Seeman

April 23

Brian Neil Friedman Alana Hollings Joel C. Jacobson Judith S. Petock

April 24

Duane L Aikman Nicole Gabriel

Tara T. Heath Helen Rosenthal Rosenberg

April 26

Susan B. Donn Leslie H. Friedman Neil A. Landy Pamela B. Snyder

April 27 Holly Gebel

Gene G. Hubbard

April 28 Todd Aftel Viola Berger William A. Hearst Elaine Lustig

April 29

Mark Metzger James D. Schloss

April 30

Harold Cinamon

Linda H. Kaufman

April Yahrzeits

March 31 - April 6 Dr. Daniel Abramson Izzy Albinder Lottie Berk Bessie Bernstein Rachel Grossman Blachman Rebecca Bohrman* Anne Cash Louis Chanin* Bessie Codd* William B. Ein Lois Trov Feldman Patricia Finkelstein Albert Fox Naomi Giat Helene Gilbert Leroy M. Goodman Max Haber Leo Hermann Samuel Himmelstein Hannah Hoffer* Rose S. Jacobson Pauline Kaplan Celia Kaufman* Albert Kupferman Hilda R. Lazaron Max Lefkowitz Hedy Lenz Lulee Ries Lowenberg Rose Lowenthal Lillian Lutzin Charles Mansbach* Sparks W. Melton* Florence Mendoza* George Radin* Elmer H. Rager* Allen Reisner Edward Ring Bernard Rivin Louise Rovner Morris Salomonsky* Henry Salzberger David Samler* Rose Zins Siegel* Rita Smith Bernard Snyder Rabbi Samuel Sobel*

Ben Steingold*

Elizabeth Waldman

Sara Sterns

Virginia M. Wallace Herbert Weitsman Abe Wilks* Seymour I. Wilks Esther Zimmerman

April 7 - 13 Eli Baer Dr. Maxwell Berman* Sallie Brown* Abraham Chernitzer Elias Codd* Bernard Cohen Bennie Cooper Miriam Cross Lillian Dauer Nissim David Philip Farber Maxine Friedman* Morris Friedman Samuel J. Garfinkel* Lillie Garrett Sol Goldstein Pauline D. Golub John M. Gordon Zalman Graber Simon Gutterman Sara Jacobs Ben Jaffe Harris Kawalick* Rose Klein Aline Lansburgh* Jennie S. Latona Daniel Levy* Ida Levy Kenneth McMillan Hannah Melville* Robert D. Mervis* Anne Miller* Marion Mirmelstein Sarah Moss Rae Perlman Etta H. Plant* Emilio Posada Louis Roth Ruth Golub Roth Burton Schepper Sarah Seiderman*

Martin T. Siegel

Nettie Soble

Jeffrey B. Spindel* Bessie Tavss Shelia Wasserman* Rose Wax Reba Weinberg Sam Weinberg

April 14 - 20 Owen Adams, Jr.* Bernard Beskin Sarah S. Cogen Arthur Cooper* Lawrence A. Crockin* M. Dan Dalis* Robert L. Dorsk Arlene Feinman Carlyn Herman Aline Fies Hofheimer* Helen Isay Isaac Jacobs* Mollie Javinsky Mary Koenigsberg Dr. Robert Kraus Mina H. Levine* Dr. Edward Levy Joseph H. Liverman Alvin D. London Jennie Mendelsohn Helen W. Mervis Gussie Smith Milrod Dr. Solomon Baer Mizroch* Jack Moon Henry Norment Justine Lowenberg Nusbaum* Joseph Raymond* Mildred F. Rephan Barbara Rice Charles Schwartz Phyllis Sondra Silverstein Ann R. Singer Annette Soldinger Milford Stein* Jefferson Steinhart Lillian E. Twining Stanley H. Warmund Bee Zabner

Lena Zenovitz

April 21 - 27 Ethel Altschul*

Barney Barr Mary Bass Gerald Bloom Esta Bodner* Phillip Brenner Lea Brooke Abraham Chernitzer Ben Cooper* Rebecca Davidson Iulia Feldstein* Emanuel C. Friedman Bessie Goldrich* Pauline Goodman Fannie Grossman Sondra Hanberry Jeffrey Haspel Gus Hermes Estelle K. Hornstein* Robert Katz Martha C. Kirby Margaret Kraus Helen Loeb* Doris Morrison Ethel Myers Ruth Mae Rose* Charles S. Silberman* Martin A. Thompson* Alice P. Vaughn Jack I. Wagenheim* Shirley Waitzer* Nettie Walker* Taylor J. Watkins Robert Wingfield Lewis Zeno*

April 28 - May 4 Sophia S. Albert

Ida Albinder Annie F. Baydush* Sidney Berg Harry Berk Charlie A. Bland Rose Bloom* Maysie Braudrick Elizabeth Bress Eric Cash Julia Chanin*

Fanny Cohen Ronald Donn* Lillian Judith Egermann A. Luie Fass* Myron J. Fink Lawrence S. Fisher Maurice Frank* Hyman A. Goldberg* Anetha Gordon Douglas Gordon* Stanley Samuel Gross* Herbert Hainer Barbara Hallar Mary Nelle Hankins Frederick Herman Howard A. Jameson Mary Kerner Jeanette G. Lapidus Joseph Lazier Maurice Livingston Marjorie Macadams Harry Markoff Norman Mesh Nathan Metzger* Rose K. Nordlinger* Alan L. Nordlinger, Sr.* Nathan L. Rosenberg* Beverly Rostov Jane Sagen Dr. Milton Salasky Freda Salsbury Schwartz David William Silverstein Jean Spearans Sally Taubman Rena Cooper Zittrain*

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by remembering and honoring their friends and loved ones through their generous contributions

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*June & Bo Saks
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Lorraine Fink

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BERNICE KOLISH
Carol B. Rosenblatt JOAN B. MILLER

*Richard Miller

HOWARD ROSENBLATT
Carol B. Rosenblatt
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*Linda & Alan Troy

In Honor of the 40th Anniversary of:

BOBBIE & JERRY GROSS *Sandra Tavss

A Meal Has Been Co-Sponsored by:

*Cindy & Meredith Rose A Donation Has Been Given by:

Jeanette, Don & Sarah Friedman

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Harriet & Richard Siff
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In Honor of:

TODD C. FELDMAN *Suzanne & Marshall Feldman

COMMUNITY OUTREACH - NEST

In Memory of:

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Arlene & Jack Rephan

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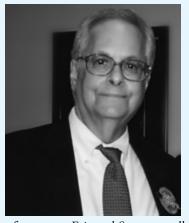
Wishing a Happy Birthday to: CAROL WARANCH

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WISHLIST

Wishing a Speedy Recovery to: JONAHAN HARRIS Elise & Alex Berkowitz

The Honorable Louis A. Sherman to Receive the 2013 Henry B. Kaufmann Award



For over 30 years, the Ohef Sholom Temple (OST) Men's Club has bestowed the Henry B. Kaufmann Award upon a congregant for extraordinary service to the Temple and the Community at large. Henry B. Kaufmann, an accountant by trade, was extremely active in Men's Club, numerous Temple budget plannings and other affairs. He was also a devoted volunteer for civic clubs throughout the city as well as an active fundraiser for the Heart Association, Cancer and Arthritis Foundations.

The Men's Club set up this memorial to him posthumously to honor his exemplary service to the community, his devotion to Ohef Sholom Temple, and his love for Judaism.

This year, the Men's Club has selected The Honorable Louis A. Sherman as the 2013 Henry B. Kaufmann Award Recipient. Lou has been married to Carol for 40 years, and they are the very proud parents

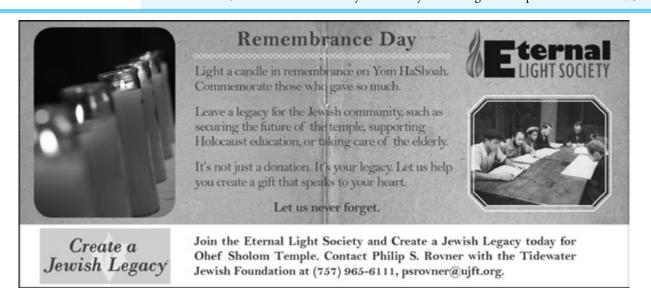
of two sons, Eric and Scott, as well as three granddaughters. Lou and Carol have been members for over 30 years and have celebrated the Consecration, Bar Mitzvah and Confirmation of both sons at OST. In addition, Eric and Anna were married and their granddaughters were named in our Temple. Carol was part of the first Adult B'nai Mitzvah at OST and recently, Lou observed the 50th anniversary of his Bar Mitzvah on our bema.

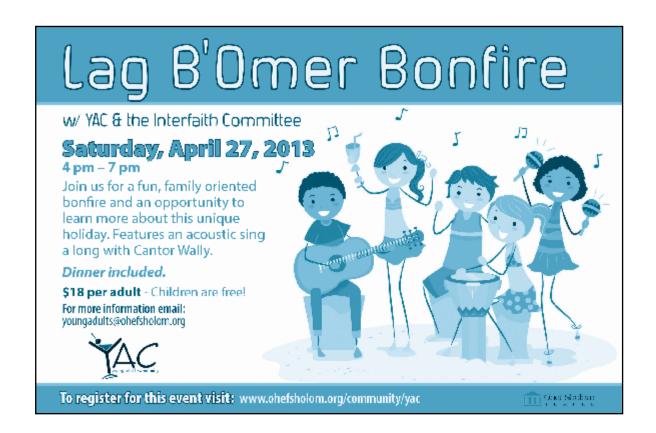
Lou's love for and dedication to his synagogue include a long tradition of service. He is an Honorary Member and Trustee of the OST Board of Directors. He has served as Secretary of the Executive Committee, Chair of the Worship, By-Laws Revision and Personnel Committees and as President of the Men's Club. Lou also chaired the Temple Fundraiser that produced our first-ever Temple Directory. Other committees include Membership, Long Range Planning and numerous Ad-Hoc groups.

Professionally, Lou's background, skills and list of appointments are equally as impressive. He graduated Phi Beta Kappa from West Virginia University in 1968, and he received his law degree in 1971 from the University of Virginia School of Law. His career path includes clerk for a Federal Judge in Baltimore, four years as a staff Legal Aid attorney, two years at HUD and six years as Executive Director of the Tidewater Legal Aid Society. After thirteen years in private practice, Lou was elected by the Virginia General Assembly in 1995 to serve as Judge of the Norfolk General District Court, a position he held until October 2008 when he was appointed Judge of the Norfolk Circuit Court. Lou retired in January of this year from that position. During his career, Lou has served as Chief Judge of the Norfolk General District Court, President of the Association of District Court Judges of Virginia, Chair of the District Court Judges Committee on Compensation, Benefits and Insurance and Chair of the Virginia Bar Association's Judicial Section.

In the community at large, he is a Past President of the Association of Retarded Citizens and has been an active Board member of Family Services of Tidewater and the Wards Corner Little League. Every year, he has been a devoted volunteer for the NEST Program. Lou also served on the Norfolk City Democratic Committee rising to the position of Vice-Chair.

Please join with the OST Men's Club on Sunday, May 5, 2013, as we pay tribute to Lou Sherman, a man who gives generously of his time and talents to make our Temple and the community a better place. Brunch will be held in Kaufman Hall at 10:30 a.m. with the presentation to follow starting at 11:00 a.m. Admission is \$10.00. Reservations may be made by contacting the Temple office at 626-4295.







NFTY Convention

by Madeline Budman

On Friday, February 15, nearly 900 Reform Jewish teens descended upon Los Angeles. Despite the immense jet lag and long travel days, the NFTYites were wired and ready for five days full of prayer, friends, Jewish learning, and lots of fun. Six of those excited teens travelled 3,000 miles from Ohef Sholom Temple – Anne Abraham, Rachel, Aaron, and Josh Bensink, Ben Laderberg, and myself, Madeline Budman.

After being shuttled to the hotel, hours were spent hugging and reconnecting with best friends from across the country. Before long, we all donned our Shabbat finest and headed to dinner and beautiful Friday night services. With the participants of the Youth Engagement Conference, more than 1,000 Reform Jews welcomed Shabbat together with heartfelt prayers and every voice raised in song.

Over the course of the five day convention, a huge wealth of knowledge and wisdom was shared with the community. From



inspiring D'var Torahs delivered by NFTY President Evan Traylor and URJ President Rabbi Rick Jacobs to small workshops led by our peers, there were a multitude of opportunities to learn and gain new insight into Judaism, world issues, and our day-to-day lives. We heard from speakers such as Talia Leman, a teen who started her own non-profit organization, Random Kid, and Marc Elliot, a former NFTYite who lives with Tourette Syndrome and other medical problems.

Of course, enormous amounts of fun were had too. Not only did we participate in Shabbat Shira, a giant song session on Friday night, teens with guitars could be found in every nook and cranny of the hotel, strumming and singing. We were treated to some amazing concerts from the best artists of the Reform movement – Alan Goodis, Josh Nelson, and of course, Dan Nichols. On Sunday, NFTY ate lunch on a sunny beach and then split into smaller groups to go visit ground-breaking social action organizations making progress in Los Angeles. We reconvened in the evening at Universal Studios Hollywood for exclusive access to the famous back lot tour and most of the park's rides! We returned to the hotel late Sunday night exhausted and very happy.

NFTY Convention was a weekend of spiritual growth, reflection, and a glimpse into the future of NFTY and the URJ. The five days in Los Angeles offered a display of the best of what the Reform movement has to offer. As a community, we pledged to move forward in our social action initiatives and help positively influence the world around us. Rabbi Rick Jacobs reminded us in his D'var on Friday evening, "Maybe it's worth spending a few minutes on this very special Shabbat, with this extraordinary community of young leaders, setting our sights on the highest goals we can imagine. That's why we're here this weekend. Homework can wait. College essays will be written. What we're building here in our NFTY youth community is bigger than college, bigger than doing well. It's about doing good."

April 2013

| SUN. | MON. | TUES. | WED. | THUR. | FRI. | SAT. |
|---|--------------------|---|--|---|--|---|
| | 1 PASSOVER | 2 4:00 p.m. House Committee Mtg. 6:00 p.m. Executive Committee Mtg. 7:00 p.m. Torah Study | 3 6:00 p.m. Men's Club Meeting at Town Point Club 7:30 p.m. Sisterhood Mtg. | 4 Sisterhood Used Book Sale Advanced Sale | 5 Sisterhood Used Book Sale Advanced Sale 6:30 p.m. Shabbat Dinner 7:30 p.m. Sisterhood Shabbat Services | 6 9:00 a.m. Torah Study, B'nai Mitzvah Class 10:30 a.m. Shabbat Services |
| 7 8:45 a.m. Hebrew School 9:00 a.m. Sisterhood Used Book Sale 10:00 a.m. Religious School, Confirmation 11:00 a.m. Holocaust Garden Rededication | 8 | 9 7:00 p.m. Torah Study | 10 4:00 p.m. JCOC dinner | 7:00 p.m. "Step Up for Israel - Creation of a State" sponsored by Adult Ed Committee, CRC & OST | 12 6:30 p.m. Shabbat Services | 13 8:30 a.m. YAC "Go Ape" 9:00 a.m. Torah Study, B'nai Mitzvah Class 10:30 a.m. Bat Mitzvah of Hallie Jaffe |
| 14 7:00 a.m Oasis Breakfast (offsite) 8:45 a.m. Hebrew School 10:00 a.m. Religious School, Confirmation, Intro to Judaism 11:00 a.m. Carpool Cafe | 15 | 16 6:30 p.m. Budget Committee Mtg. 7:00 p.m. Torah Study | 3:00 p.m. Sisterhood Tea (offsite) 7:00 p.m. Worship Committee Mtg. | 18 7:00 p.m. Board Mtg. | 19 5:00 p.m. Kids & Kiddush 6:30 p.m. Kabbalat Shabbat 7:45 p.m. Prime Time Shabbat Dinner (offsite) | 20 9:00 a.m. Torah Study, B'nai Mitzvah Class 10:30 a.m. Bar Mitzvah of Walter Robb 6:00 p.m. JOSTY Havdalah and Game Night |
| 21 Mitzvah Day 8:45 a.m. Hebrew School 10:00 a.m. Religious School, Confirmation | 22 | 23 7:00 p.m. Torah Study | 24 | 25 | 26 6:30 p.m. Pulpit Exchange with Temple Israel, Shabbat Services | 27 9:00 a.m. Torah Study 10:30 a.m. Pulpit Exchange with Temple Israel YAC & Interfaith Lag B'Omer Beach Party |
| 28 Chavurah Attends Israel Festival at JCC 8:45 a.m. Hebrew School 10:00 a.m. Religious School, Confirmation, Intro to Judaism | 29 Soup Kitchen | 30 7:00 p.m. Torah Study | | | | · |



OSTY kids who came to hear and interact with Neil Lazarus as part of the CRC's Israel Today Forum

Please Join us at
Ohef Sholom Temple
on Sunday
April 7, 2013

for the Holocaust Garden Rededication. 11:00 a.m. - 11:30 a.m.



530 Raleigh Avenue, Norfolk, VA 23507

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