



MISSION STATEMENT:

“My House Shall be Called a House of Prayer For All Peoples”

To provide a spiritual, cultural and educational environment inspired by the highest Reform Jewish values.

You are cordially invited
to attend
a Shabbat Service
at Ohef Sholom Temple
honoring our Past Presidents
Friday, September 14, 2012
6:30 in the evening

A Heavy Hors D'oeuvres reception
will follow the service

Past Presidents

Ohef Sholom Temple

Minette Cooper	Robert C. Nusbaum
Kim Simon Fink	William L. Nusbaum
Robert C. Goodman, Jr.	Harry Pincus, Jr.
Steven Kayer	Kurt M. Rosenbach
Dr. Howard Kesser	Dr. Robert M. Rubin
Cathi M. Laderberg	Henry M. Schwan
Natalie G. Levinson	Linda Spindel
Bertram S. Nusbaum, Jr.	Alan D. Stein
Charles S. Nusbaum	

Temple Sinai

Michael J. Blachman	Richard Rivin
Louis Brenner	Zelma Rivin
John Dougherty	Paula Russel
Barbara Johnson	Ira Steingold
Dr. Lee Kastner	
Bonnie Kerner	
Nate Mewhinney	
Dr. Norbert Newfield	
Dr. Edward B. Ostroff	

RSVP by September 12, 2012 to
reservations@ohefsholom.org or 625-4295

High Holy Days At-A-Glance

September 8

Selichot

September 16

Erev Rosh Hashanah

September 17

Rosh Hashanah

September 25

Kol Nidre

September 26

Yom Kippur

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OHEF SHOLOM TEMPLE

530 Raleigh Avenue
Norfolk, VA 23507
Phone: (757) 625-4295
Fax: (757) 625-3762
www.ohefsholom.org

Rabbi

Rosalin Mandelberg
rabbi@ohefsholom.org

Cantor

Wally Schachet-Briskin
cantorwally@ohefsholom.org

Administrator

Gail W. Bachman
gail@ohefsholom.org

Director of Congregational Life (DCL)

Linda Peck
linda@ohefsholom.org

Religious School Director

Deborah Haring
debbie@ohefsholom.org

Religious School Educator

Kitty Wolf
kitty@ohefsholom.org

Music Director

Charles Woodward
chuck@ohefsholom.org

President

Edward A. Kramer
president@ohefsholom.org

Rabbi Emeritus Ohef Sholom

Lawrence Forman
rabbiforman@ohefsholom.org

Rabbi Emeritus Temple Sinai

Arthur Z. Steinberg
rabbisteinberg@ohefsholom.org

Graphic Designer

Kristine Wayman
kristine@ohefsholom.org

Administrative Assistant

Sara Bachman
sara@ohefsholom.org

Financial Assistant

Kari Amual
kari@ohefsholom.org

CLERGY CORNER



Cantor's Notes

September is here! It's the start of the academic year... Time to start swapping the summer and winter clothing... and here come the High Holy Days. It's hard to believe that the kids are back in school -- it seems like they just got into the rhythm of sleeping in and staying up late. What freedom and felicity! Now, here comes the return of structure and early rising, with all of the blessings and challenges that accompany it. What happens to the exhilaration with life, the joy of planning the perfect day, and my renewed happiness that comes from having fun with my family, that I experienced over the summer?

Does it have to disappear from daily life when September comes?

If, like me, you've had the privilege of enjoying a summer vacation with time away with family, self-directed diversion, or relaxation in a place conducive to repose, there are ways to take some of those feelings of balance, joy and solace with us as we re-enter the "real world".

Some of the techniques I use to bring about awareness -- choosing how to act and react in every moment -- are rooted in Jewish spiritual practice. Spirituality can be associated with meaningfulness, mindfulness, purpose, depth, and an experience of the divine, in a Jewish context. We can put Jewish spirituality into practice by engaging in activities that help us to focus. Some are with movement; others occupy the intellect. They include:

- **Mindfulness meditation (cultivating an awareness of what is true in each moment -- sometimes by walking or eating slowly and deliberately, sometimes by repeating a mantra, all usually in silence)**
- **Talmud Torah (studying traditional texts, especially Chasidic and other mystically-oriented texts)**
- **Tefillah (prayer)**
- **Tikkun middot (developing desirable personal and communal traits)**
- **Yoga (embodied practice)**

Disclaimer: These are not quick fixes to bring summer joy to ordinary life; however, connecting to that which is larger, deeper, or more pervasive than ourselves can bring life-enhancing pleasure to the mundane. If we set an intention to the day when we wake up; if we attune to an expanded sense of awareness; if we consciously act worthily in the world; if we make commitments and decisions informed by a sense of freedom and integrity; if we attend to our Jewish roots and explore Jewish tradition because we believe there is meaning in them... we can realize a sense of inner joy. Many times this enlightenment can help us lift an ordinary day into a Really Good Day, on a level with one of our best vacation days -- or even higher.

Rabbi Roz, Cantor Jennifer and I are all alumni of the Institute for Jewish Spirituality's clergy cohorts for spiritual training. We met semi-annually for week-long retreats over a period of two years in Connecticut and California with fellow cantors or rabbis, with weekly study sessions and practice in between. Through this program (which also offers spirituality retreats for non-clergy), we learned to develop techniques for nourishing our souls and keeping things in perspective. That's not to say that we are always successful at those ideals, but I'd say at least from my perspective, having had the training helps me to keep things in balance, bring *joie de vivre* to every day, and to not overreact. Most of the time.

May it be a healthy, happy, good year for you!

Lshana Tovah,

Cantor Wally

Teshuvah Stories: JOURNEYS TO JUDAISM

Join us for the last session in a three-part series where different members talk about their Journeys to Judaism.

September 21, 2012 - 6:30 p.m., *Ted Bonk*

Ted Bonk will speak about his decision to create a Jewish home and lead a Jewish life, while not formally choosing to become a Jew.

CONGRATULATIONS

Congratulations to Dede & Gil Schmidt on the birth of their granddaughter Samara Claire Schmidt. Samara is the daughter of Valerie & Adam Schmidt and the great-granddaughter of JoAnn Schmidt, and Bill & Susanne Remes.

Congratulations to Virginia Rosen on the birth of her great-grandson, Benjamin William Haywood. Benjamin is the son of Aaron & Valerie Haywood and the grandson of Jackie & Mike Haywood.

CONDOLENCES

Ohef Sholom remembers with deepest affection the following beloved family members and friends:

Marty Mandelberg on the loss of his uncle, *Samuel Weisberg*.

Cindy Rose on the loss of her brother, *Walter Vatcher*.

Donna Kootner on the loss of her brother, *Michael Skwarlo*.

Harry Pincus on the loss of his brother-in-law, *Philip Silverstein*.

Alex Pincus, Kari Pincus and Ingeresa Friedman on the loss of their uncle, *Philip Silverstein*.

Judd Mendelson on the loss of his father, *Gerry Mendelson*.

Marilyn Mendelson on the loss of her husband, *Gerry Mendelson*.

Christopher Jacobs on the loss of his father, *Frank Jacobs*.

Iris Pincus on the loss of her cousin, *Mark Bailey*.

Richard Miller on the loss of his wife, *Joan Miller*.

Dorianne Villani and Sandi Levi on the loss of their step-mother, *Joan Miller*.

WORSHIP

Torah Portions for August

August 31 Elul 13

Shabbat Services - 6:30

Parasha: Ki Teitzei

Deuteronomy: 21:10-25:19

Haftarah: Isaiah 54:1-10

September 7 Elul 20

Shabbat Dinner - 6:30 p.m.

Shabbat Services - 7:30 p.m.

Parasha: Ki Tavo

Deuteronomy: 26:1-29:8

Haftarah: Isaiah 60:1-22

September 14 Elul 27

Shabbat Services - 6:30 p.m.

Parasha: Nitzavim

Deuteronomy: 29:9-30:20

Haftarah: Isaiah 61:10-63:9

September 21 Tishri 5

Shabbat Services - 6:30 p.m.

Parasha: Vayeilech

Deuteronomy 31:1-30

Haftarah: Hosea 14:2-10

September 28 Tishri 12

Shabbat Services 6:30

Parasha: Ha'azinu

Deuteronomy: 32:1-52

Haftarah: 2 Samuel 22:1-51

Braille prayerbooks are available at services, upon request.

Judaica Shop

Back To
School!
Super Sale

September 9, 2012

New Items!

Shop Hours: Thursday 10:00 am - 2:00 pm & Sunday 9:30 am - 12:30 pm

We offer Judaica for all life cycle events, holidays, and personal celebrations, and books for all ages.

REMINDER

Submissions for the November bulletin must be received by October 1.

A Word from the President



The problem with writing this article is that there is so much to write about and not enough space. Last month, I declared this the “Year of Education.” Between our Religious School, so ably headed up by Debbie Haring and Kitty Wolf, and the dynamic offerings of Rabbi Mandelberg, Rabbi Steinberg, and Cantor Schachet-Briskin we truly have educational opportunities for those aged 3 to 103. Life, however, is all about continuing to learn new things, and we want to know what you’d like to see on the educational buffet. Linda Peck, our Director of Congregational Life, Gail Bachman, our administrator, Karen Fine, our Religious School Committee Chair, and Rachele Luna and Matthew Weinstein, our Adult Education chair and co-chair, would love to hear from you. Please find out about the educational happenings here at Temple, and get involved with one or more of these committees. You will always treasure the friends you make and the lessons you learn.

Every once in a while, you ask me about ways to give to Temple. This month, I just want to tell you what our endowment gifts have meant to our operations. Endowment funds make up 10% of our budget and help pay for some of the wonderful programming that occurs at Temple. This past year, endowments helped fund our wonderful music programs in our Shabbat and High Holiday Services. Endowment money helped support the Religious School and Youth programming. It helped pay for Confirmation expenses. Substantial gifts helped us create our Director of Congregational Life position. Our Endowment helped pay for renovating Kaufman Hall. This year, endowment funds will be used for all of those things and more. Please find a way to participate in the Endowment Campaign of the Temple to provide for the present and secure the future.

Wishing everyone a happy and healthy New Year!

Ed

“Back to Shul”

Family Shabbat Dinner & Ice Cream Social

Friday, September 7, 2012

6:30 p.m. Dinner

7:30 p.m. Services

Honoring Chuck Woodward's 30 years of service

8:30 p.m. Ice Cream Sundae Oneg

Menu

Chicken (*fried & roasted*)

spaghetti

salad

challah

kugel



Men's Club will donate
\$5 per child
to the Religious
School “Smart
Board Fund”

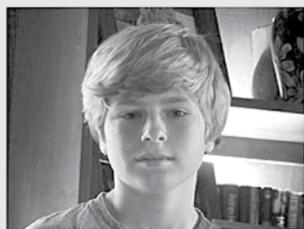
Religious School
Spirit Shirts
Will Be On Sale!

**RSVP by Wednesday
September 5, 2012**

reservations@ohefsholom.org or
757-625-4295

\$10 adults, Children Free! (18 & under)

MAZEL TOV!

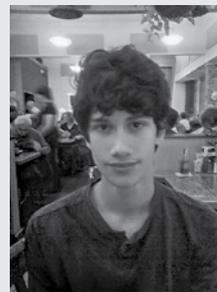


**Congratulations to Joshua Drew Glaser-Wirt,
on his upcoming Bar Mitzvah, September 1, 2012.**

Joshua is the son of Jonna Glaser & Gary Wirt, brother of Ryan I. Glaser, grandson of Stanley & Linda Glaser and Kenneth L. & Norma Wirt and Nancy V. Wirt.*

**Congratulations to Grayson Goodove, on his
upcoming Bar Mitzvah, September 8, 2012.**

Grayson is the son of Michael & Michelle Goodove, brother of Gabrielle and Skylar, grandson of Harriet & Edward Goodove and Carolyn & Robert Harry of Gilbert, Arizona, and great-grandson of Connie & Herman Robins.*



**Congratulations
to William Schaiier,
on his upcoming
Bar Mitzvah,
September 29, 2012.**

William is the son of Cheryl & Jonathan Schaiier, grandson of Barbara & Jerome

Millstein, Thelma & Saul Ross, and Robert & Lila Schaiier.*

*of blessed memory

We Appreciate the Thoughtfulness of Those Who Support OST

by remembering and honoring their friends and loved ones through their generous contributions

OHEF SHOLOM TEMPLE FUND

In Honor of the 50th Anniversary of:

DOLORES & ALAN BARTEL
Trudy & Martin Waranch

A Contribution Has Been Given by:

Madeline Notaro

Congratulations on the Birth of Sadie:

TRACIE & DAVID GUY-DECKER

*Janet & Bill Kass

RABBI MANDELBERG'S DISCRETIONARY FUND

With Appreciation For All Of The Wishes In

Honor Of Our 60th Anniversary from:

Gloria & Leo Simon

With Appreciation And Many Thanks to:

RABBI ROSALIN MANDELBERG

*Tracie & David Guy-Decker

SISTERHOOD FLORAL FUND

In Memory of:

JENNIE F. BARR

*Lee & Arnold Barr

DOROTHY FLAX

*Gloria & Leo Simon

SAUL GOLDBERG

*Bert & Arlene Lowenthal

CANTOR JOSEPH GUTHERZ

*Ruth Guthertz

WENDY KRAUS

*Ed Kraus

ANNA LISNER

Brenda & Sheal Lisner

SARAH LOBOCK

Gail Dupre & Richard Shenguletta

RAYMOND PEARL

*Marsha & Martin Moody

ROBERT ROVNER

*Philip Rovner & Joanne Batson

SIMON SALSBUURY

Ada Schewel Salsbury

JAMES SHIAVO

*Lee & Bob Liverman

Dolores & Alan Bartel

RELIGIOUS SCHOOL RELIEF FUND

In Memory of:

DONALD HIGGINS

*Karen & Matthew Fine & Family

WALTER VATCHER

Susan & Alan Stein

In Honor Of Our 20th Anniversary from:

*Jeanie & Julius Miller

Wishing A Happy Birthday to:

ISOBEL BARTEL

Dolores & Alan Bartel

MARCIA HOFHEIMER

Dolores & Alan Bartel

MARION R. LIDMAN

Dolores & Alan Bartel

CHARLES WOODWARD MUSIC FUND

Wishing A Speedy Recovery to:

CHUCK WOODWARD

Leslie & Jay Legum

In Honor Of The Birth Of A Grandson to:

PAULA & MICHAEL BLACHMAN

*Joan Dalis

MARTHA & RICHARD GLASSER

*Joan Dalis

In Honor Of The 50th Anniversary of:

DOLORES & ALAN BARTEL

*Joan Dalis

*Lee & Bob Liverman

*Miriam & Bob Seeherman

Wishing A Happy Birthday to:

ANNA LEE LIVERMAN

Dolores & Alan Bartel

Gloria & Leo Simon

ROBERT LIVERMAN

Dolores & Alan Bartel

Gloria & Leo Simon

SOUP KITCHEN

A Meal has been Co-Sponsored by:

*Linda Fox-Jarvis & David Jarvis

A Meal has been Co-Sponsored in Honor of

Our 36th Wedding Anniversary from:

*Barbara & Noel Dudley

MOLLY & GEORGE RADIN

ARCHIVES FUND

Wishing a Happy Birthday to:

LORRAINE FINK

Dolores & Alan Bartel

JEFFREY GOODOVE POST CONFIRMATION SCHOLAR FUND

In Memory of:

CHUCK ENGEL

Harriet & Eddie Goodove

EUGENE KANTER

Harriet & Eddie Goodove

Wishing a Happy Birthday to:

MATT MANCOLL

Dolores & Alan Bartel

In Honor of the 50th Wedding

Anniversary of:

DOLORES & ALAN BARTEL

*Shirley Schulwolf Hainer

COMMUNITY OUTREACH

Wishing A Happy Birthday to:

GERALD JAFFE

Dolores & Alan Bartel

COMMUNITY OUTREACH-NEST

In Memory of:

BEATRICE L. BERLIN

Carol Berlin Rosenblatt

RALPH J. BERLIN

Carol Berlin Rosenblatt

HOWARD H. ROSENBLATT

Carol Berlin Rosenblatt

EDWARD J. KESSER RELIGIOUS SCHOOL FUND

In Honor Of The 50th Wedding

Anniversary of:

DOLORES & ALAN BARTEL

*Vivian & Burke Margulies

CARING COMMITTEE

Wishing a Happy Birthday to:

AUDREY GUTTERMAN

Dolores & Alan Bartel

UNRESTRICTED FUNDS

Wishing A Happy 94th Birthday to:

ROBERT LIVERMAN

*Lee Liverman

Wishing A Happy Birthday to:

ALLAN G. DONN

Lee & Bob Liverman

LYNN EVANS

Lee & Bob Liverman

LORRAINE FINK

Lee & Bob Liverman

LINDA FOX-JARVIS

Lee & Bob Liverman

CAROL SHERMAN

Lee & Bob Liverman

In Honor Of Receiving The Kurt

Rosenbach Award to:

ROBIN MANCOLL

Lee & Bob Liverman

OST RENOVATIONS

Wishing A Happy Birthday to:

BILL NUSBAUM

*Marlene Nusbaum & Neville Frankel

TREE OF LIFE

In Honor Of The 75th Birthday of:

CAROL ROSENBLATT

*Jennifer & Joe Kerpelman

KANTER-LEVY SCHOLARSHIP FUND

In Memory of:

WALTER VATCHER

Celia & Jay Friedman

MEMORIAL PLAQUE

In Memory of:

DR. EDWARD D. LEVY

*Jane L. Yusen

*denotes gift of \$25 or more

BEGIN THE NEW YEAR

BY HEALING OUR WORLD



Sunday, September 16, 2012 • 9:00 am - 1:00 pm

Ohef Sholom's Young Adult Community and the United Jewish Federation of Tidewater's Young Adult Division are joining as one Jewish community on the eve of Rosh Hashanah to celebrate the birthday of the World. We will work side by side to clean up a portion of a Virginia Beach waterfront park near Sandbridge, make a donation to a local environmental organization, and enjoy lunch together afterward.

This is a family event. Children are welcome and lunch will be provided!

More details will follow after registration

\$18 per adult (children are free)



To register for this event please visit www.ohefsholom.org/community/yac

For more information about this event please email youngadults@ohefsholom.org





It's September and a New Year begins for OST Sisterhood. 2012/2013 will be an exciting year for Sisterhood, continuing our tradition of service to temple, and filled with new and creative programming. To begin, we are having a **"Welcome to Sisterhood Coffee"** on Sunday, September 9th. Whether you are a returning Sisterhood member, someone who is considering joining Sisterhood, or a new member to OST, please come by the library to meet your Sisterhood Board, learn about upcoming events and enjoy one another's company. Our membership application form is available for download on the temple website at www.ohefsholom.org/community/sisterhood. Click on the link "Join the Sisterhood". (Please note that all women joining OST receive a free membership with the Sisterhood for their first year by returning the membership invitation/application form).

Upcoming Sisterhood Events for September and October 2012

- **Friday, September 7** - Join us for the annual "Back to Shul Sundaes" Oneg following the 7:30 p.m. Shabbat Service.
- **Sunday, September 9** - "Welcome to Sisterhood Coffee". Business meeting at 9:30 a.m. At 11:00 a.m. Sisterhood participates in the New Member Orientation
- **Sunday, October 7** - Sisterhood Meeting at 10:00 a.m.
- **October 26 - 27** - Sisterhood's 5th Annual Shabbaton at Va. Beach Resort Hotel. This year's theme is **"Our Personal Spirituality: Inside, Outside and Together"** with Rabbi Connie Golden. **Reservation Deadline is Thursday, September 27.** The reservation form is available at www.ohefsholom.org/community/sisterhood.

During the month of July, a Sisterhood Survey was sent to our listserve seeking information on programming and preferences for meeting times. A decision was made to continue the survey for the month of September. All OST women are welcome to participate. Look for the link on the Sisterhood web page and follow the instructions! www.ohefsholom.org/community/sisterhood.

Erev Rosh Hashanah begins on Sunday evening, September 16, 2012. We wish our Ohef Sholom family **"L'Shana Tovah!"**

Yours in Sisterhood,

Barbara Dudley
Sisterhood Co-President
dudleb@gmail.com
757-496-7446

Sharon Nusbaum
Sisterhood Co-President
sharonuz@aol.com
757-622-4226

Ohef Sholom Women-Save the Date!

Sisterhood's 5th Annual Shabbaton
**"Our Personal Spirituality:
Inside, Outside & Together"**
with Rabbi Connie Golden

October 26 & 27, 2012
at the Virginia Beach Resort Hotel
2800 Shore Dr., Virginia Beach, VA.

Reservation forms will be sent out in August
Look for a link on the Sisterhood webpage:
www.ohefsholom.org/community/sisterhood



Four times a year, Sisterhood sends our college students cards, candy, Holiday wishes, and many more surprises along with updates on programs offered.

This is available to all college students whose families are members of Ohef Sholom Temple.

All we need is their College Addresses for the upcoming year. We will send out the first care package just in time for Rosh Hashanah.

Please send your student's address to Sara Bachman, sara@ohefsholom.org or call the OST office at 625-4295.



I can't believe summer is over and the High Holidays are upon us. The High Holidays are always a time of reflection for me. This year, my attention has turned to the Men's Club activities. Last year we reinvented our Golf Tournament and this year we will be looking at programming. The *Back To Shul Dinner* and *Sukkot Tikkun Olam Project* are examples of this reinvention and relevance review. Many of our events help to instill a spirit of *Ruach* and this year we expanding our efforts to keep our youth engaged. For example, we are recognizing our involved youths (or Yutts if you are from Jersey) by providing free meals to all active youth participants (Sunday School and NFTY) at our *Men's Club*

sponsored *Shabbat Dinners*. For many years the Men's Club has participated in OST's Mitzvah Day and we have donated food to OST's Soup Kitchen. This year, the Men's Club is starting its own Mitzvah Project, and I hope that this too becomes a new tradition for OST.

On Wednesday, September 5, we will have our **monthly meeting** at 6 p.m. at the temple. Please join us! (Dinner provided)

On Friday, September 7, OST's **Back to Shul Night** will kick off at 6:30 p.m. with a family-friendly dinner. Please join us as we say goodbye to summer, and hello to an active and educational fall. The menu will be a Jewish Camp style Shabbat meal (baked and fried chicken, spaghetti, salad, challah and kugel). Cost is \$10 per person, but all children 18 and under are free! In addition, we are helping the Religious School's smart board project by donating \$5 for each youth who attends the Back to Shul Dinner. (Back to Shul Night is a joint effort of the Religious School Committee, OSTY, Men's Club (Dinner) and Sisterhood (Ice-cream Sundae Oneg)) **Please RSVP your dinner reservations to the temple by September 5.**

On Sunday, September 30, at 10:00 a.m., the Men's Club will be reinventing how we ritualize Sukkot. Traditionally Jews have built a flimsy "home" (Sukkah) to eat outside and sleep under the stars. Unfortunately, for too many in Hampton Roads this is not a choice but their reality. Therefore, on September 30, we will be teaming up with Faith Works Coalition to do home improvements for a family in need. Please join us for this **Sukkot Tikkun Olam Project** and help us create a solid Sukkah for a family in need. The Men's Club will be providing grilled hotdogs, drinks, and chips for our Mitzvah crew. This project is open to all congregants and NO construction skills are necessary. However, in order to make sure we can provide real help, we ask that you send us an e-mail (**by September 20**) with any skills you do have and how many people will be in your party.

The Shofar is sounding for your increased involvement in sustaining the life and energy of our temple. For more information on how to join the Men's Club, please e-mail me.

L'shana Tova,

Todd Waldman, *Men's Club President*
mensclub@ohefsholom.org, 625-4295

Upcoming Events

September 5 Monthly Meeting
6:00 p.m. (Dinner provided)

September 7 Back to Shul Night
6:30 p.m.

September 30 Sukkot Tikkun Olam Project
10:00 a.m.



Longing, Forgiveness and Return: *Taking the Inward Journey Home*

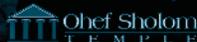
with Rabbi Roz

Selichot
September 8, 2012 at 6:30 - 7:30 p.m.

Sponsored by the Adult Education Committee

This hour-long study session will help us awaken to the important realities or truths in our lives through which we sleep. Some of the questions we will consider are: From whom do we need to ask forgiveness at this season? What feels urgent to us as we approach the *Yamim Noraim*, the Days of Awe? How have our words or actions hurt others over the past year? What were some of the unintended consequences of our behavior? How might we muster the courage to respond to the shortcomings in ourselves and others with honesty and compassion? How might we seek God's presence in the process of *Teshuvah* – repentance? Can we find forgiveness for ourselves and others?

The study session will be followed by a lovely dessert reception at 7:30. We will conclude the evening with a beautiful, moving, and inspiring Selichot service at 8:00 p.m., featuring the music of Chuck Woodward and our exceptional choir. Also at the service we will change our Torah covers to the traditional white ones of the High Holy Days.



The OST Library would like to welcome the Bonk/Rivin Holocaust Collection from Temple

Sinai. New members Ted Bonk and Rick Rivin began creating the collection in the 1970s and 80s. It is an extensive collection, and we are very proud to have it in our library. It is housed in the three columns between the windows directly in front of the main entrance to the library. While we are currently working on making it "loanable" to OST members, feel free to check it out on Sunday mornings during Religious School!

Your Caring Committee

This past year the Caring Committee's major projects- JCOC, NEST, Mitzvah Day and the OST Soup Kitchen were very successful thanks to the donations and dedication of many volunteers. On behalf of the entire Caring Committee, I'd like to thank everyone who contributed money, supplies or time to these projects.

Over the summer, the Caring Committee continued to serve its members through its Bereavement and Simcha sub-committees as well as to serve the wider community through its various outreach programs. On July 24th and August 29th, OST volunteers prepared and served dinner at the Judeo Christian Outreach Center (JCOC), which is a shelter for the homeless and needy in Virginia Beach. The OST Soup Kitchen continued its monthly lunch meals, serving the homeless in the Norfolk community.

With the merger of Temple Sinai and OST, the OST Caring Committee is pleased to help coordinate and continue Temple Sinai's long-standing Oasis breakfast program. This outreach project involves making and serving breakfast for the homeless at Portsmouth's Oasis Social Ministry on the second Sunday of each month. Volunteers are needed from 7AM to 9AM. This is a wonderful opportunity for parents and children to volunteer together and is early enough to participate before Sunday School. The Temple Sinai volunteers would love to recruit some OST members to help them out at the next breakfast on September 9. If you are interested in volunteering or want more information, please contact Marti Wachtel at 757-735-4029 or by email at mjw757@yahoo.com.

With the New Year and High Holidays approaching, I encourage all of you to renew and strengthen your commitment to the temple and to Tikkun Olam. You can do this by making a donation to the Caring Committee, serving on our committee or volunteering for one of our projects. We welcome your involvement and ideas. For more information, please contact Inger Friedman (287-9492 or ingeresa@aol.com) or Sharon Ross (463-8161 or s4ross@cox.net)

Wishing everyone and their families a happy New Year.

Ingeresa Friedman, Caring Committee Chair

The OST Soup Kitchen is very appreciative of your donations. Please know that the Caring Committee is also seeking donations for other worthy projects including the Judeo-Christian Outreach Center, NEST (Norfolk Emergency Shelter Team), Oasis Social Ministry, and Mitzvah Day.

OST Soup Kitchen

hot meals, warm hearts

Thank you to Harriet and Richard Siff, 2-time meal sponsors and Soup Kitchen volunteers, for sharing their personal experience:

"This past Feb 14th, we celebrated our 40th wedding anniversary. Rather than give a big fancy party or exchange gifts, we decided to apply the meaning of the word "mitzvah" by sponsoring an OST Soup Kitchen meal. In addition to sending the Temple office a \$350 check for the meal sponsorship (with a little extra for paper products!), we also decided to come to the Soup Kitchen to help in any way we could. Dorianne quickly put us to work serving the meal to the guests and helping distribute donated clothes. We also walked around and talked with many of the guests. All were very polite and very grateful for the hot meal and to be able to come in out of the cold. It was truly a very "humbling" experience.

After observing the distribution of donated clothes and proudly being a thrift store maven, I have been on a quest this summer to supply t-shirts, summer clothes and shoes, and each month we discover other needs of our guests. A good example of this is something simple that most of us take for granted -- a wash cloth.

During the summer months, there have been some teens who have been helping cook and serve at our Soup Kitchen. We see this as a unique opportunity for them to learn firsthand what "real life 101" is all about.

We now plan our schedule to help out on the last Monday each month. There are many ways to help support the OST Soup Kitchen. So please come and join us.

Sincerely,

Harriet and Richard Siff"

In response to suggestions from many congregants, our own Soup Kitchen will be an additional beneficiary of the OST Food Drive conducted by OSTY during the High Holy Days. Thank you for your generosity as you fill the grocery bags for those in need.

Our next Soup Kitchen meal is September 24 from 9:30 a.m. – 1:30 p.m. and is sponsored by Shelly and Susan Cohn. Please contact Soup Kitchen Chairperson Dorianne Villani at 301-6477 or dvillani@cox.net to make a donation, sponsor a meal or to volunteer. We'd love to see YOU this month!

Thank You to our August
"Warm Hearts" Soup Kitchen
Meal Co-Sponsors:
Linda Fox-Jarvis &
David Jarvis and
Barbara & Noel Dudley

Thank You to our September
"Warm Hearts" Soup Kitchen
Meal Sponsor:
Susan & Shelly
Cohn



Announcing our Fabulous Faculty!

Table with 3 columns: Grade, Teacher, Assistant. Rows include Nursery, Pre-k, K, 1-10, Judaic Studies, Hebrew Tutor, Music, Art, Library, Technology, Office.

Hebrew

Table with 3 columns: Level, Teacher, Assistant. Rows include Alef, Bet, Gimel, Dalet.

Reminder: Back to Shul Dinner on September 7!

Our marvelous Men’s Club will donate \$5 per child to the Religious School “Smart Board Fund.” Help us bring technology to the Temple!

Our new Religious School Spirit Shirts will be on sale!

Come and join the fun!

WELCOME to the newest B’nai Mitzvah Class!

These students will begin their classes on September 8, 2012, as they continue their preparation toward celebrating this Jewish life cycle milestone.

- Haley Bartel, Ayden Cohn, Lucie Waldman, Anna Salasky, Ben Casey, Reese & Ryley Studer, Jason Young, Hallie Jaffe, Cameron Fischi, Zach Maiden, Walter Robb, Robert Levin, Reed Goldner

IT’S TIME TO SAVE YOUR FARM FRESH RECEIPTS!

Please bring, send or mail in the bottom portion of your receipt when shopping at any Farm Fresh or The Market at Ghent. Ask your friends and relatives to save their receipts, too. There are several containers throughout the building where you can deposit the receipts. The Religious School thanks everyone for their support!

Harris Teeter Shoppers - It’s time to get all of our parents, grandparents, family and friends to RE-LINK their VIC cards to Ohel Sholom and help the Religious School get cash back.

There are several ways to link your VIC card:

- At the register in the stores
At the Customer Service desk in the stores
Website - www.harristeeter.com
Phone - Call 1-800-432-6111



For a complete listing of Adult Learning classes and dates please pick up an Adult Learning Booklet at the Temple

Intro to Judaism

Please join Rabbi Mandelberg, Cantor Schachet-Briskin, Linda Peck, Dr. Rachelle Luna, Dr. David Metzger, Jonathan Rathsam and Kitty Wolf for a fifteen-session class on Introduction to Judaism.

This course is structured for anyone interested in exploring Judaism—*interfaith couples, those considering conversion and Jews looking for adult-level basics*. The fundamentals of Jewish thought and practice are introduced.

September through April: 10:00 a.m. to 11:00 a.m. on Sundays

There is no class fee for this course; however, a book fee of \$20.00 will be charged to those students interested in purchasing a text.

Date	Teacher	Subject
September 23	Kitty Wolf	Beginnings & High Holy Days
October 7	Linda Peck	Sukkot/Simchat Torah
October 21	Rachelle Luna	Shabbat in the Home

Adult Education Committee Events

Torah Study

Please join us for Torah Study every Tuesday night & Saturday morning at the Temple

Sponsored by the Adult Education Committee

Tuesday 7:00 p.m. to 8:30 p.m.

Saturday 9:00 a.m. to 10:15 a.m.

Sessions are led by Rabbi Mandelberg and Torah Study Group Members.

“Longing, Forgiveness and Return: *Taking the Inward Journey Home*” with Rabbi Roz

Sponsored by the Adult Education Committee

Selichot

Saturday, September 8 at 6:30 p.m.

This hour-long study session will help us awaken to the important realities or truths in our lives through which we sleep. Some of the questions we will consider are: From whom do we need to ask forgiveness at this season? What feels urgent to us as we approach the *Yamim Noraim*, the Days of Awe? How have our words or actions hurt others over the past year? What were some of the unintended consequences of our behavior? How might we muster the courage to respond to the shortcomings in ourselves and others with honesty and compassion? How might we seek God's presence in the process of *Teshuvah* – repentance? Can we find forgiveness for ourselves and others?

The study session will be followed by a lovely dessert reception at 7:30 pm. We will conclude the evening with a beautiful, moving, and inspiring service at 8:00 pm, featuring the music of Chuck Woodward and our exceptional choir. Also at the service we will change our Torah covers to the traditional white ones of the High Holy Days.

"Judaism 201" - Part I NEW!!

Join Rabbi Connie Golden & Rabbi Arthur Steinberg as they explore selected Jewish topics in depth.

“The Bible Was Just the Beginning” with Rabbi Golden
Sunday, September 23 at 11:15 a.m.

An introduction to traditional Jewish texts, beginning with the canonization of the Hebrew Bible.

“But What Did God Mean?” with Rabbi Golden
Sunday, October 21 at 11:15 a.m.

Our scholarly ancestors spent centuries studying Biblical laws, and finally wrote their understandings down in the Talmud, a compendium of Mishnah and Gemara.

“Messianism and Judaism?” with Rabbi Steinberg
Sunday, November 18 at 11:15 a.m.

Throughout Jewish history the concern with the subject of "messiah" has been significant. Together we will consider the origins, developments, beliefs, and applications of this concept.

Beginner's "5-week Crash Course" for Learning to Read Hebrew with Rabbi Steinberg.

BY ENROLLING YOU WILL:

- follow synagogue services more easily
- be able to help your children in their Jewish education
- enhance your own ties to Judaism!

CLASSES: 9:00-10:00 a.m.

October 14	November 11
October 21	November 18
October 28	

These five one-hour sessions will take place at Ohef Sholom Temple on Sunday mornings at 9:00 a.m. This beginning level course is geared for adult couples or individuals.

\$20 for members

\$25 for prospective members

For More Information:

Linda Peck, *Director of Congregational Life*
757-625-4295 ext. 24, linda@ohefsholom.org

September Birthdays

September 1

Rachel Abraham
Janice Anten
Stephen L. Goldstein
Jacquelyn R. Haywood

September 2

Ellen Rostov Hundley
Steve Kocen

September 3

Janyth Fine
Paul Ostrowski

September 4

Marc Bloom
Lori Galbraith
Michael L. Goodove
Sharon K. Nusbaum
Ellen VanOs

September 5

Vicky L. Haskell
Miriam G. Seherman

September 7

Tony Armentrout
Suzanne L. Barr
Gail Dupre
Martin K. Salasky
Elizabeth Waranch
Neil Waranch

September 8

Deborah Fischl
Robert Hunter Johns
Alan S. Kootner
David Pariser
Sidney A. Snyder

September 9

Patricia Flax-Jankosky
Robert Soble
Ruth Wasserman

September 10

Barbara Fernandez
Ingeresa P. Friedman
Muriel Green

September 11

Gerry R. Adelman
Mindy Retnauer

September 12

David S. Hirschler, II
Marsha Moody
Lucie Polderman

September 14

Matthew A. Galumbeck
Elyse Kalfus
Marilyn B. Levy
Trish Steingold

September 15

Allison Cooper
Jeffrey Forman
Steven Goad
Allison Rachels
Anne Weimar

September 17

Edythe C. Harrison
Gerald H. Petock

September 18

Gerald L. Bloom
Wendy A. Cooper
Bruce Kushner
Kathy Lasakow
Arlene Lowenthal
Joan Miller
Arleen Ruth Sobel
Gail F. Wolpin

September 19

Jane L. Frieden
Barry Friedman
Marynell Gordon
Lewis D. Hirschler, Jr.
Jennifer Lagow
Catherine Rolfe

September 20

Arleen Cohen
Rhonda R. Frank
Ryan Gardiner
Helene Green
Brian Wilson

September 21

Loty Albert
Marge Anton
Nanci Glassman
Judd Mendelson

September 22

Bruce Cohen
Connie Golden
Martin Mendelsohn
Elon A. Pollack
Neal C. Schulwolf
Katie Swartz

September 23

Beth Jaffe
Dawnielle Kerner

September 24

John Bachman
Rhoda W. David
Tonia Jacobson
Heidi A. Simon

September 25

Marilyn G. Kayer

September 26

Neal Klar
Judith W. Levin
Deborah Anne Meltsner

September 27

Richard A. Beskin
Amy Dagen
John M. Evans
Richard Tavss
Dorianne Villani
Jeanne Weitzman

September 28

Evelyn T. Adler
Harriet Bloom
Rachelle Luna
Louis Sherman

September 29

Melissa A. Miller

September 30

Carole Bernstein
Charles L. Kaufman, Jr.
Jeffrey Partington

September Jahrzeits

August 26 - September 1

Bessie Aftel
Irwin C. Albert
Rachel Rief Axelrod*
Milton Barrie
Jonathan Behr
Henrietta Blaustein*
Nathaniel H. Cohn*
Theresa B. Davis
Emily Lablanc Faber*
Isaac Fass*
Sol Fass*
Bernard Frenkil
Henri S. Front
Alan Gaynor
Pearl Gelb
Simcoe Glasser*
Sarah Glassman
Louis Goldner
Shoshanah Chavah Gottlieb*
Stanley Hainer
Milton Hirschler*
Henry Clay Hofheimer*
Ronald Lee Jacobson
Rachel Jaffe
Dorothy Kas
Melvin J. Kozak
Beatrice Lohre
Lucille McNott
Rabbi Louis D. Mendoza*
Fred Coleman Michalove
Gertrude Nathanson
Ferdinand Phillips, Sr.*
Ella H. Raymond*
Paul Robbins
Brad Scherr
Babette Schwan*
Marvin Simon*
Hilda G. Soble*
David Sussman*
Gabe Sward
Walter Vatcher
Barry M. Wolf*

September 2 - 8

Belle Agnew
Melvin Bass
Fannie Berger
Sam Beskin

Tanhen Cooper*
Louis B. Fine*
Minnie Fine*
William Finkelstein
Irene Freed
Matthew Galumbeck
Celia Davis Garson*
Sam Glick
Leon Goldstein*
Lillian Z. Goldstein
Vivian Googe
Dr. Abraham Grossman*
Henry T. Grossman
Phil Hamovit*
Dr. Harry Harrison*
Sylvia Heilman
David S. Hirschler*
Edward E. Kahn*
Milton D. Kaufman*
Bernard Kayton*
Harry Kohn
Valeria Krix
Louis Malkin
Lesser Raphael*
Julia Rapoport*
Sam Reznick
Benjamin Sachs*
Jacob E. Saunders*
Henry R. Sohmer*
Len Talley
Martha Ungar
Lenora B. Young

September 9 - 15

Max Berger*
Hattie Bistrong
Eleanor Capin
Edie Mamka Caroff
Cecelia Cohen*
Charles Cohen
Vernon Dudley
William Eggleston
Hattie Engel*
Esther W. Miller
Sylvia Axelrod Finestone*
Dr. H. Gelberman*
Charles Hill Grimm
Joseph Hearst*
Augusta Hecht

Bertram Hirschler
Eddie Hix
Margaret Hofheimer*
Carl Lampl
Louis Meyer Lisner
Albert R. Marks
Albert Miller*
Muriel Potter
Stanley Rivin
Maurice A. Rosenthal*
Charles Schwartz*
Sherry Snyder
Allen Soble*
Regina Steinberg
Louis Strom*
Emily Guggenheim Switzer
Beatrice N. Wachtel
Eva Wainger*
Charles Wynne
Albert G. Zeno

September 16 - 22

Samuel Aftel
Tess Cantin*
Rose H. Copeland*
Rose Weinstein Dembicer*
Beatrice Diener
Flora L. Donn*
Gisella Drezner
Agnes Frenkil
Charles K. Friedman*
Morris E. Gartner*
Jerome S. Gershman
Czarna Graber
Sadie Himmelstein
Leah Kahnheimer*
Kathryn Koltun
Bessie S. Legum
Marcella M. Levi*
Lena Levinson*
Miriam Ullman Levy*
Janet Linic
Rose S. Miller*
Lawrence L. Newfield*
Sue Noble
Harry Rosenthal
Marienne Schlesinger*
Charles K. Schoen*
Henry Schonholt

Harry J. Segal*
Benjamin Shiffrin
Thelma Silver
Bessie Sonenshine
John Spark*
Bernard B. Spigel*
Selwyn Laderberg Steel*
Irwin Sussman
Michelle Waranch
Gerald Weitzman

September 23 - 29

Irwin M. Adler*
Rachel Kass Bendavid
Maxine Berger*
Aaron Busch*
Bernice Noble Cohen
Haiman H. Colbus*
Esther Ehrenworth Cooper*
Sidney Geffen
Harriet Gilbert
Ralph Gilbert
Julius Goldstein*
Eugene Forrest Gordman*
Charlotte Griggs
Eleanor B. Hofheimer
Geraldine Horton*
Milton M Jacobson*
Leah C. Jaffe*
Bertha Kleisdorf
Ludwig H. Korn*
Sydel Krakower
Harry Lewis
Alvin Margolius, Sr.*
Ulysses Sam Miller*
Pauline Porter
Bernard Raymond*
Eva Ries*
Robert V. Ronick
Charles I. Rostov
Mary Rottenberg
Laurence Rubin
Elsa Goodman Scott
David Sherry
Morris Tischler*
Leonard Tonelson*
John G. Ullman
Frederick Woodson

September 30 - October 6

Henry Bress (USN Capt. Ret)
Anna K. Cohen*
Mary T. Cooper*
Nancy Dougherty
Freda Enevoldsen
Celia Friedberg*
Helen W. Glanzer*
Norman Gutterman
Harry O. Hindlin
Marian Jacobson
Charles L. Kaufman, Sr.
Reva Keeley
Murray Kossman*
Alfred Legum
Harry H. Levine*
Lee B. Luther
Faye S. Markoff*
Moses Hirsh Mizroch
Alice Moses
Charles Myers
Mary Nemo*
Fredrick Nicholson
Herman Rapoport
Rebecca Reshelsky
Sadie Ries*
Dr. Linda Rodriguez
Morton S. Ronick
Louis Rostov
Mollie Shamitz
Louis Snyder*
Jennie Sommers*
Pearl F. Weil
Evelyn Ziehl

*denotes memorial plaque

Share the Beauty of Rosh Hashanah at OST

On Sunday, September 16, at 8:15, the second Erev Rosh Hashanah Service at Ohef Sholom Temple in Ghent is now opened to the public. This is your chance to bring to our High Holiday Service a friend or neighbor who might be considering joining our Temple or learning more about Judaism.

If there is someone you wish to bring to this service, please have him or her fill out the attached coupon. Please note that this service is not designed for children under 13.

This Coupon is your Admission Ticket

Pre-Registration is strongly encouraged. If you're unable to register in advance, please bring this completed coupon with you for admission to services.

Good ONLY for Erev Rosh Hashanah Service
September 16, 2012 – 8:15 p.m.

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Phone: _____ Email: _____

Are you currently affiliated with a Temple? Yes No

Would you like more information about OST? Yes No

Mail or Fax this Coupon to:

Ohef Sholom Temple (OST) | 530 Raleigh Ave. | Norfolk, VA 23507 | Fax 757-625-3762

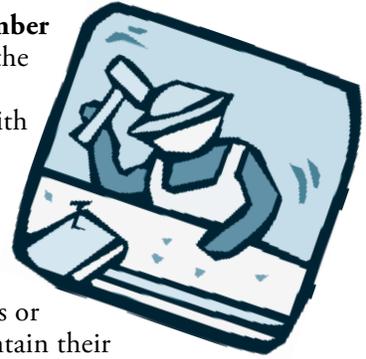
Home Improvement Project

On Sunday, September 30, at 10:00 a.m., the Men's Club will be teaming up with Faith Works Coalition to help an elderly, disabled or needy homeowner who cannot afford

home improvements or landscaping to maintain their property. Grilled hotdogs, drinks, and chips will be provided for our Mitzvah crew. This project is open to all congregants and NO construction skills are necessary.

Traditionally Jews have built a flimsy "home" (Sukkah) to eat outside and sleep under the stars. Unfortunately for too many in Hampton Roads, this is not a choice, but their reality. Please join us for this Sukkot Tikkun Olam Project and help us create a solid Sukkah for a family in need.

If you know a family in need of home repairs, please let us know. Contact Matthew Weinstein at mnamatthew@gmail.com or 757-621-3953



Community Events

Sunday, September 9 11:00 a.m.

Nefesh B'Nefesh: *The North American Immigrants' Impact on Israel*
Congregation Beth Chaverim
3820 Stoneshore Road Virginia Beach, VA 23452

Free and open to the community

The Community Relations Council of the UJFT, in partnership with Congregation Beth Chaverim, presents Ari Schuchman, director of Overseas Programs for Nefesh B'Nefesh.

RSVP Required by September 5, 2012. Email JJohnson@ujft.org or Call 757-321-2323.

Thursday, September 27 6:00 p.m. - 8:00 p.m.

From Gondar to Jerusalem: The Remarkable Rescue of Ethiopia's Jews
Sandler Family Campus
5000 Corporate Woods Dr., Virginia Beach, VA 23462

Free and open to the public (This is a fundraising event)

Experience the powerful story of the remarkable and ongoing rescue of Ethiopia's Jews at a special community event. Featured will be the opening of a compelling photo exhibition, *From Gondar to Jerusalem: The Remarkable Rescue of Ethiopia's Jews*, brought to life with first-hand accounts from Micha Feldman, architect of the airlift rescues of Ethiopian Jews during Operation Moses and Operation Solomon, and local resident Maly Jackson. Maly escaped Ethiopia as a child and was a part of the historic Operation Moses, living in Israel before making her home in Virginia Beach.

OST Directory

We are once more preparing to publish the Ohef Sholom Directory for the 2013-2014 period. With much excitement, we are pleased to announce that the directory will be dedicated to our beloved Chuck Woodward. Our devoted musical director for thirty years, Chuck has played an imperative role into molding what is such a beautiful part of every service we have -- the music! We are proud to publish this directory in honor of Chuck, and there will be opportunities to send him a personal message of thanks for his service to our temple.

The directory is also an important fundraiser for Ohef Sholom that not only supports special programming to our temple community but also the greater Hampton Roads community. As usual, you will be able to purchase business ads, tribute ads to Chuck, memorials to loved ones, and special recognition of children and grandchildren. If you patronize a local business or own a business and would like to advertise in this year's directory, please email us at directory@ohefsholom.org.

In addition to fundraising and providing an invaluable source of information to our temple community, this year for the first time we will include information on neighborhoods so that congregants can carpool to services and Sunday school and we can better connect with one another. Carpooling is a wonderful way to reduce our carbon footprint, save on gas, and get to know other congregants whom you live close to.

In the coming weeks, you will be receiving more information via mail that will allow you to update your own contact information, pay tribute to Chuck and others, and help make this directory a cherished source of information and pride for our entire temple community.

If you have any questions, please contact our Directory Chairpersons, Leslie Legum, Nichole Kushner, or Linda Peck at directory@ohefsholom.org.

Thank you in advance for your support of the directory, Ohef Sholom Temple, and its families.

Sincerely,
Nichole A Kushner



THIS YEAR, DO A WORLD OF GOOD
Create a Jewish Legacy

The New Year is the time when we reflect on our actions and accomplishments, and we wonder what the future will bring, for our families and for our Jewish community. Protect the people you love by securing the future of our Jewish community.

This Rosh Hashanah and Yom Kippur, don't make a resolution for next year. Do something meaningful right now. Make a planned gift or endowment to keep alive the traditions and values you cherish.

For more information on how to join the *Eternal Light Society*, please contact Philip S. Rovner (psrovner@ujft.org, 757-965-6111) and *Create A Jewish Legacy* today.

*Create a
Jewish Legacy*[®]

 Ohel Sholom
TEMPLE

 **Eternal**
LIGHT SOCIETY

September 2012

SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
						1 9:00 a.m. Torah Study, 10:30 a.m. Bar Mitzvah of Joshua Glaser-Wirt
2	3 Office Closed in Observance of Labor Day	4 4:00 p.m. House Committee Mtg. 5:00 p.m. Military Support & Outreach Committee Mtg. 6:30 p.m. Executive Committee Mtg. 7:00 p.m. Torah Study	5 6:30 p.m. Men's Club Meeting	6	7 6:30 p.m. Back to Shul Dinner 7:30 p.m. Shabbat Services (honoring Chuck Woodward) 8:30 p.m. Ice cream sundae Oneg	8 9:00 a.m. Torah Study, B'nai Mitzvah Class 10:30 a.m. Bar Mitzvah of Grayson Goodove 6:30 p.m. "Longing, Forgiveness and Return" sponsored by Adult Ed Comm. 7:30 p.m. Selichot Reception 8:00 p.m. Selichot Services
9 8:45 a.m. Hebrew School 9:30 a.m. Sisterhood Board Mtg. 10:00 a.m. Religious School 11:00 a.m. New Member Orientation 1:00 p.m. Cemetery Service at Forest Lawn	10	11 7:00 p.m. Torah Study	12	13	14 6:30 p.m. Shabbat Services honoring Past Presidents	15 9:00 a.m. Torah Study, B'nai Mitzvah Class 10:30 a.m. Shabbat Services
16 Erev Rosh Hashanah 9:00 a.m. YAC Heal the World/Clean up event(off site) 6:15 p.m. Services 8:15 p.m. Services	17 Rosh Hashanah 9:00 a.m. Services 11:30 a.m. Services 3:00 p.m. Tashlich at the Beach	18 7:00 p.m. Torah Study	19	20 7:00 p.m. Board Mtg.	21 6:30 p.m. Shabbat Services with Teshuvah Speaker Ted Bonk	22 9:00 a.m. Torah Study, B'nai Mitzvah Class 10:30 a.m. Shabbat Services
23 8:45 a.m. Hebrew School 10:00 a.m. Religious School, Intro to Judaism 11:00 a.m. Religious School, Tashlich Service 11:15 p.m. Judaism 201 with Rabbi Golden	24 11:30 a.m. Soup Kitchen	25 Kol Nidre 6:15 p.m. Services 8:15 p.m. Services	26 Yom Kippur 9:00 a.m. Services 11:30 a.m. Services 1:30 p.m. Study Session with David Metzger 2:45 p.m. Services 4:15 p.m. Memorial and Concluding Services 6:00 p.m. Break-the-Fast	27	28 Sukkot Observance 6:30 p.m. Shabbat Services	29 9:00 a.m. Torah Study, B'nai Mitzvah Class 10:30 a.m. Bar Mitzvah of William Schairer
30 8:45 a.m. Hebrew School 10:00 a.m. Religious School, Confirmation Class, Sukkot Tikkun Olam Project(off site)						

Book of Remembrance - 5773

It has long been a very beautiful tradition, to inscribe the names of our dearly departed in our Book of Remembrance. This is a meaningful way of acknowledging our perpetual love for those who have passed away, but remain always in our hearts and minds.

Our Book of Remembrance reminds us of the warm and deep affection we shared with those whom we cherished. The book is distributed to the congregation at the Afternoon Service on the Day of Atonement, when we are most poignantly reminded of our dear ones. It contains the Memorial Worship Service and suitable meditations for the day.

Please fill out the form below by listing the names of those you want to remember and return the form and your check to the office no later than September 16, 2012.

Book of Remembrance Form

PLEASE INSCRIBE THE FOLLOWING NAMES IN THE BOOK OF REMEMBRANCE

In Memory of (please print):

Remembered by (please print):

Enclosed is my contribution of..... \$50 \$70 \$85 \$100

Please include check with request form and make payable to Ohef Sholom Temple.

Ohef Sholom Temple Cordially Invites You to Join Us as We

Break-the-Fast

Take the opportunity to exchange High Holy Day greetings with your fellow congregants
Immediately following the Concluding Service
Wednesday, September 26, 2012

\$18.00 per Adult \$10.00 per Child (13 and under)
After September 12: *\$25.00 \$15.00*

**Check must accompany reservation form
R.S.V.P. no later than September 12, 2011**

TOTAL INCLUDED: \$ _____

Name/s: _____

Please note payments are non-refundable and reservations will not be accepted after September 19, 2012.



ADDRESS SERVICE REQUESTED

530 Raleigh Avenue, Norfolk, VA 23507
757.625.4295 757.625.3762 (Fax)
www.ohelsholom.org

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Norfolk, VA
Permit No. 230

Rosalin Mandelberg, Rabbi
Wally Schachet-Briskin, Cantor
Lawrence A. Forman, *Rabbi Emeritus Ohel Sholom Temple*
Arthur Z. Steinberg, *Rabbi Emeritus Temple Sinai*

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Linda Fox-Jarvis	First Vice-President
Edward G. Kaufman	Second Vice-President
Lisa A. Cohen	Secretary
Lawrence L. Steingold	Treasurer

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Men's Club President
Todd Waldman

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Cathi M. Laderberg	Dr. Robert M. Rubin
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Morris Fine	Miriam Seeherman
Jay M. Friedman	Honorable Louis Sherman
Joan Harrison	Louis D. Snyder
Nancy Hirschler	Alan Troy
	Stanley Waranch

Outreach Connections

As fall approaches, Jews throughout the world prepare for a unique ten-day period of prayer, self-examination, fasting, and repentance. It is time for the *Yamim Noraim*, the Days of Awe, the High Holy Days: Rosh HaShanah and Yom Kippur. These holidays are preceded by a month of reflection: the Hebrew month of *Elul*. During this time, morning worship includes special penitential prayers and concludes with the blowing of the shofar as a reminder of the approaching season of atonement. In some communities, this is also a time to visit the graves of loved ones.

Selichot, means "forgiveness" in Hebrew and refers to the special penitential prayers recited by Jews during the High Holy Days, including some of the finest Jewish religious poetry ever composed. Reform congregations usually observe *Selichot* on the Saturday night just prior to Rosh Hashanah, a solemn and fitting preparation for ten days of reflection and self-examination.

Rosh Hashanah (literally, "Head of the Year") is the celebration of the Jewish New Year, observed on the first day of the Hebrew month of Tishrei. It marks the beginning of a ten-day period of prayer, self-examination and repentance, culminating on the fast day of Yom Kippur. Customs include the sounding of the shofar, using round challah, and eating apples and honey for a sweet new year.

From Union for Reform Judaism

Rosh HaShanah Recipe from Tina Wasserman: APPLE BROWN BETTY

Tina Wasserman is a member of Temple Emanu-El in Dallas, author of the new *URJ Press* book *Entree to Judaism* and food columnist for Reform Judaism magazine. She also teaches at her own cooking school, writes a kosher cooking newsletter on the Internet, and serves as a culinary scholar-in-residence throughout the U.S.

- 2 pounds or 4 cups chopped pared apples
- 1/4 cup orange juice
- 1-cup brown sugar
- 1/2 cup all purpose flour
- 1/4-cup whole-wheat flour
- 1/2-teaspoon cinnamon
- 1/4-teaspoon ground nutmeg
- 1/2-cup butter

1. Butter a 9-inch pie plate or a 2-quart casserole. Place apples in it and sprinkle with the orange juice.
2. Combine remaining ingredients and crumble the sugar mixture on top of the apples.
3. Bake at 375F for 45 minutes or until apples are tender and topping is crisp. Serve warm.