

置TEMPLE POST

Established 1844 Volume 58, Issue 12 August 2018

MISSION STATEMENT:

"My House Shall be Called a House of Prayer For All Peoples"

To provide a spiritual, cultural and educational environment inspired by the highest Reform Jewish values.

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EREV ROSH HASHANAH

Sunday, September 9, 2018
Early Service, Family-Friendly
Worship & Child Care......6:15 pm
Late Service.....8:15 pm

ROSH HASHANAH DAY

Monday, September 10, 2018
Early Service, Family-Friendly
Worship & Child Care......9:00 am
Late Service......11:30 am

TASHLICH AT THE HAGUE

Monday, September 10, 2018 following services



KOL NIDRE

Tuesday, September 18, 2018
Early Service, Family-Friendly
Worship & Child Care.....6:15 pm
Late Service.....8:15 pm

YOM KIPPUR

Wednesday, September 19, 2018
Early Service, Family-Friendly
Worship & Child Care......9:00 am
Late Service.......11:30 am

YOM KIPPUR AFTERNOON SERVICES

Study Session: "Sometimes We Are Jonah" (with Kitty Wolf in Chapel).......1:30 pm
Afternoon Service (in Chapel)......2:45 pm
Interlude4:00 pm
Memorial, Concluding Services 4:15 pm
Break-the-Fast & Havdalah.....6:00 pm

CLERGY

Senior Rabbi Rosalin Mandelberg rabbi@ohefsholom.org

Cantor Jennifer Rueben cantorjen@ohefsholom.org

Rabbi Emeritus Lawrence Forman rabbiforman@ohefsholom.org

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CLERGY CORNER

ear Friends,

I hope you are enjoying a wonderful summer and finding time for yourselves and your families to do all of the things you love!

I am writing to you because I want to let you know personally of some medical issues I am having. As of July 19, I will have undergone surgery for a complete hysterectomy, the treatment for some very slow growing cancer cells in my uterus. While the surgery is routine, the long-term prognosis is excellent, and I am in the care of amazing doctors. I will require 3-4 weeks of recovery time during which I will be unable to serve you as I have for the past 13 years and as I hope to for many years to come.

As I feel better and less tired (after the initial three weeks), I will work from home via phone and e-mail, but my surgeon tells me that prior to the one month mark, I will still be very tired and can only resume a fraction of my responsibilities.

Please know that during this time, Cantor Jen will be present for you in whatever ways you require. Since this is in addition to her already full schedule, please be patient with her, our assistant Liz Vincent, and our wonderful OST staff if there are some delays in responses and scheduling.

Also, to ease the burden, we will be relying upon a trained, capable cadre of congregants, along with Chuck Woodward and our Director of Education and Engagement, Stephanie Ben Simon, to offer some sermons on Friday nights and to lead some Shabbat morning services. Knowing that you will be well cared for in my absence is critically important to me in order to give me the peace of mind I need to recover.

In addition to supporting Cantor, our staff, and our volunteers, I know that some of you will want to help in other ways. At this point, all I really need are your love and prayers . . . and for those who like to cook, the Tikvah Group of the Caring Committee is coordinating a meal train sign up at: https://www.mealtrain.com/trains/12kz95

Please know, I do greatly appreciate your calls, texts and e-mails, but will not be able to respond personally to them . . . at least for a few weeks. The Temple office will



Rabbi Roz Rabbi rabbiroz@ohefsholom.or

be apprised of my progress, so if you could direct calls and e-mails to Liz Vincent at 757-625-4295 or *Liz@ohefsholom.org* and put Rabbi Roz in the subject line, she will forward them to me when I am able to receive or read them.

Most of all, this diagnosis has been a reminder that we are all human and that life is a gift that must be lived fully each and every day. I am so blessed to be your rabbi, to count you as my Temple family, and to be the recipient of so much constant love and support. My life has great meaning because of all of you and I thank God daily that I am able to live a life of service to our community grounded in Torah and manifested through deeds of loving kindness.

I thank you for all of it . . . always . . . and especially now, for your patience and understanding. I wish you all good health and vigor. Enjoy the rest of your summer.

With gratitude and appreciation,

Rabbi Roz

CHANTING

Reduces anxiety, Boosts immunity, and Engenders compassion.

Join Rabbi Roz as we engage in this ancient spiritual practice. There will be a brief teaching, chanting of our sacred texts, and time for reflection.



Friday, August 24

5:30 pm - 6:00 pm Ohef Sholom Temple

RSVP to: reservations@ohefsholom.org

ANNOUNCEMENTS

Congratulations to **Matt Nusbaum** and **Kelly Rowell** on their wedding June 9. Matt is the son of **Ann Nusbaum** and **Alan Nusbaum** (of blessed memory).

Congratulations to **Jody Balaban and Erin McGratten** on their wedding June 23. Jody is the son of **Joan** and **David Balaban**.

Congratulations to **Bob Liverman on his 100th birthday**, August 1!

CONDOLENCES

Ohef Sholom offers heartfelt condolences to the following members and friends:

Dr. Bruce Longman on the loss of his wife, Lyla Longman.

Lori Galbraith (Scott) on the loss of her father, Martin Klinghoffer.

Joan London on the loss of her mother, Bernice Kaplan.

Dorianne Villani (Dan) and **Sandi Levi (Jack)**, on the loss of their father, and **Joan G. Miller** on the loss of her brother, **Richard Miller**.

David Jarvis (Linda Fox-Jarvis) on the loss of his father, and Stephanie Caskill (Tyler) on the loss of her grandfather, Earl Jarvis.

Ed Snyder on the loss of his sister, Elisa S. Banks.

Marilyn Buxbaum (Stuart) on the loss of her nephew, Richard Bass.

Billye Brown Youmans (our soprano soloist) on the loss of her cousin, Mary Nell Lindsey.

Mitchell Fine (Peggy) on the loss of his mother, Sonya Fine.

Jay W. Legum on the loss of his cousin, Jimmy Legum.

Nicole Rosenblum (Michael) on the loss of her grandmother, Clare Siburkis.

Doris Waranch on the loss of her husband and **Neil Waranch** (**Elizabeth**) on the loss of his father, **Seeman Waranch**.

TORAH PORTIONS

AUGUST

August 4 23 Av

Torah Study - 9:00 am

Parashat Eikev,

Deuteronomy 7:12 - 11:25

Haftarah: Isaiah 49:14 - 51:3

August 7 26 Av

Torah Study - 4:00 pm

August 11 30 Av

Torah Study - 9:00 am

Shabbat Rosh Chodesh

Parashat Re'eh,

Deuteronomy 11:26 - 16:17

Maf: Numbers 28:9 - 15

Haftarah: Isaiah 66:1 - 66:24

August 14 3 Elul

Torah Study - 4:00 pm

August 18 7 Elul

Torah Study - 9:00 am

Parashat Shoftim,

Deuteronomy 16:18 - 21:9

Haftarah: Isaiah 51:12 - 52:12

August 21 10 Elul

Torah Study - 4:00 pm

August 25 14 Elul

Parashat Ki Teitzei,

Deuteronomy 21:10 - 25:19

Haftarah: Isaiah 54:1 - 54:10

August 28 17 Elul

Torah Study - 6:00 pm



AUGUST 10 | 6:30 PM

Join us for an uplifting especially-musical Shabbat service featuring our FNL band, followed by a catered oneg paired with delicious spirits. This event is open to members, friends, family, and the greater community and we would LOVE to see you there!

FNL is FREE OF CHARGE and made possible by funding from the United Jewish Federation of Tidewater and the Tidewater Jewish Foundation.

August 2018 3

A WORD FROM THE PRESIDENT

find human behavior fascinating. Have you ever considered why we often romanticize the past, and perceive "the grass is always greener" somewhere else? "Rosy Retrospection" refers to the human tendency to judge the past more disproportionately than we judge the present.

One explanation for this behavior suggests that romanticizing the past, or seeing it in a positive light, helps our self-esteem and motivates us to move forward. The darker side of this cognitive bias is that it can make us feel bad about the present. What would be the purpose for wanting to do this? Perhaps feeling bad about our circumstances or condition is what propels us to do something different, to change the way we do things, to effect different results.

It disheartens me to hear people assigning labels, generalizations, or critically judging other generations. For instance, I hear comments like millennials are "lazy," or "disconnected," and "addicted to technology" as generalizations which imply judgments. These remarks are suggestive of an underlying negative message, disproportionately judging this group against other generations.

I believe we do a disservice to the greater good when we engage in these types of behaviors. In my opinion these kinds of comments and thinking can result in disengaging this generation, or others from a desire to be sacred partners and collaborators with us in solving OUR challenges. As well, we miss the opportunity to celebrate and explore all the positive things this generation, one that WE created, has to offer.

In all honesty, life is a mixed bag in every sense, and in every era. Choosing to romanticize the past, or assign negative judgments to past or generations other than our own, or perceive that things are better somewhere else, is a sure path to misery, suffering, and a feeling of powerlessness over our destiny. Maybe, however, it's these feelings and the emotions they create in us that are the catalysts to action. Perhaps they can be the motivation to make us want to create a better tomorrow?

As humans we tend to resist change, which is a constant in our world. Change is a natural process. Lasting change takes time and forcing it to happen too quickly creates its own set of challenges. Resistance is a natural response. However, it is in the resistance, the diversity of opinion, the conflict, that creation begins.

Conflict is often looked at as a negative. It wasn't until well into my adult years that I learned conflict is actually a healthy, positive occurrence, rather than something to be avoided at all costs. Conflict, when managed well, can lead to positive outcomes. When we can acknowledge the discomfort surrounding conflict, when we are willing to let go of "that's



Karen Fine
Temple President
president@ohefsholom.org

just the way it is" even if just for a moment, then we can consider the possibility there isn't "A" way. When we open our minds to new ways of seeing and doing things, real change can occur. We open the door to sharing, collaborating, and contributing to our shared destiny. Consequently, we evolve, mature, grow, and adapt. And it all starts with a difference of opinions.

Ohef Sholom's vision is to Honor Our Past, Embrace Change, and Live Our Jewish Values. In order to realize this vision, we must come to see the value in the past and present. We must be willing to see the past in a realistic light, not from a romantic ideal. Yes, there is positive. Yet, it's likely there are also some "ways it's been done" that were less than ideal, or that may have worked well in another time that no longer serve the greater good. We must respectfully listen to the diversity of opinions offered by the younger generation, as well as those offered by the broad spectrum of Jews who make up our community, as they all are our sacred partners. We cannot afford to only listen to those we share similar thinking with. We must open our minds, and our hearts, to embrace our differences, our conflicting views of what Judaism is, and how we practice it. There is not A way, rather many, and accept that this is a good thing not a negative!

"The truth will set you free, but you have to endure the labor pains of birthing it."

- Iyanla Vanzant

I look forward to the exciting opportunities ahead of us this year, and to the amazing things we, as sacred partners, will create together in honor of our milestone 100th and 175th anniversaries. L'Chaim!

SAVE THE DATE!

Ohef Sholom Temple

&

Temple Sinai

Past Presidents' Luncheon

Wednesday, September 5 12:00 pm

WE APPRECIATE THE THOUGHTFULNESS OF THOSE WHO SUPPORT OST

by remembering and honoring their friends and loved ones through their generous contributions.

Please have your donations submitted to the Temple before the beginning of each month.

175[™] ANNIVERSARY **FUND**

IIn Appreciation to: ALYSSA MUHLENDORF & 2018 FUNDRAISER COMMITTEE *Debbie & Don Keeling In Honor of the 50th Wedding Anniversary of: KEN & DIANE MUHLENDORF *Debbie & Don Keeling

In Honor of the Wedding of: FRED PUGH & GABRIELE JIANNAS *Debbie & Don Keeling

In Honor of Retirement from U.IFT: HARRY GRABER *Debbie & Don Keeling In Memory of:

LYLA LONGMAN *Debbie & Don Keeling HARRY PINCUS, JR. *Debbie & Don Keeling

MOLLIE AND GEORGE RADIN ARCHIVES FUND In Honor of 60th Wedding Anniversary:

MINETTE & CHARLES COOPER *Ruth & Edward Legum In Memory of:

ELISA SNÝDER BANKS Ruth & Edward Legum HONORABLE MARK JACOBSON Ruth & Edward Legum

JIMMY LEGUM Ruth & Edward Legum RICHARD MILLER *Ruth & Edward Legum

CARING COMMITTEE FUND

In Memory of: EVELYN ADELMAN *Gerald Adelman BERNICE KAPLAN *Prue & Michael Salasky EARL JARVIS *Lawrence Steingold RICHARD MILLER *Lawrence Steingold *Prue & Michael Salasky

CARING COMMITTEE FUND - QUILTING

In Honor of Being Selected as the First Recipient of the Sisterhood Service Award: MARSHA MOODY *Margaret & Bill Sawyer

CARING COMMITTEE **FUND - MITZVAH DAY** In Honor of 60th Wedding Anniversary:

MINETTE & CHARLES COOPER

*Daniel Amer

CARING COMMITTEE **FUND - NEST**

Wishing a Happy Birthday

SHARON ROSS *Carol & Robert Laibstain

CARING COMMITTEE **FUND - SOUP KITCHEN**

*Leah & Richard Waitzer

In Memory of: RICHARD MILLER *Barbara & Paul Johnson *Sara & Judd Mendelson *Sandra & Yale Nesson

Ronni Schatz

EDWARD J. KESSER RELIGIOUS SCHOOL FUND

In Memory of: DR. RICHÁRD BASS *Arlene & Howard Kesser BERNICE KAPLAN *Arlene & Howard Kesser

FINE ARTS FUND

In Memory of: SEEMAN WARANCH Lorraine Fink DR. CARL WISOFF Lorraine Fink

FLORAL FUND

In Memory of: HENRY ABRAHAM Rachel & David Abraham **GOLDYN BALABAN** *Joan & David Balaban ETHEL BASS

*Marilyn & Stuart Buxbaum HARRY BORNSTEIN *Joan & David Balaban HERMAN FELDMAN Marsha & Martin Moody SONYA FINE

Gloria & Leo Simon DOROTHY FLAX *Gloria & Leo Simon SYLVIA GEFFEN Sheila & Matthew Krakower CELIA FRENKIL GLASSER

*Sandra Glasser Tavss **ESTELLE RUTH HOCHSTADT** *Shelley & Jeffrey Loeb **EDWIN BUDDY JACOBSON**

*Nancy Jacobson JOHN BENNETT **JACOBSON** *Nancy Jacobson

BERNÁRD JAFFE *Beth & Nathan Jaffe MARTIN KLINGHOFFER

*Sheila & Matthew Krakower A.J. LEGUM

Suzanne Barr ANNA LEE LIVERMAN *Bob Liverman

DE WITT MOODY Marsha & Martin Moody JOSEPH ROTTENBERG *Rose & Kurt Rosenbach

MAURICE SACKS Betty & Irwin Sacks MORRIS SALOMONSKY *Dorothy & Edwin

Salomonsky JAMES SCHIAVO *Debbie & Don Keeling MARY SHOFAR

Marsha & Martin Moody SHIRLEY SOBEL Marsha & Martin Moody JENNIE L. STERNMAN Betty & Irwin Sacks

DAVID WOOLARD *Patricia & Barry Kayer

OHEF SHOLOM FOUNDATION FUND In Honor of Being Selected for the L. Mathews Lifetime Achievement Award:

KURT ROSENBACH *Candace & Ben Altschul In Honor of 60th Wedding

Anniversary:
MINETTE & CHARLES **COOPER**

*Mildred & Howard Amer *Michael & Joshua Yulsman *Judy & Robert Rubin

*Alice & David Titus *Shelly & John Wagner In Memory of: EARL JARVIS

*Rose & Kurt Rosenbach RICHARD MILLER *Rose & Kurt Rosenbach HARRY PINCUS, JR.

*Barbara & Larry Blum Wishing Happy Birthday to: KURT ROSENBACH *Joan K. Rosenbach

GAIL W. BACHMAN RELIGIOUS SCHOOL FUND

In Honor of Decades of Service & Dedication to Ohef Sholom Temple: GAIL BACHMAN

*Debbie & Don Keeling *Jackie & Michael Haywood Shelley & Jeff Loeb

*Margaret & Bill Sawyer Gloria & Leo Simon In Honor of the Bar Mitzvah

HAYDEN FOX *Bob Liverman

In Honor of College Graduation: MADELINE BUDMAN

*Charlotte Corey In Honor of the

Confirmation Class of 2018: *Gail & Tom Bachman In Honor of:

ELLEN HARRIS *Elise Berkowitz In Honor of 60th Wedding

Anniversary: MINETTE & CHARLES

COOPER

*Bob Liverman *Jean & Robert Major

In Memory of: MYRA HEĹMAN Jen & Chris Lagow

EARL JARVIS Bob Liverman BERNICE KAPLAN *Dan & Pam Snyder NATALIE LEVINSON

*Gail & Tom Bachman LYLA LONGMAN *Gail & Tom Bachman

*Charlotte Corey RICHARD MILLER Betty Hecht

Bob Liverman HARRY PINCUS, JR.

*Gail & Tom Bachman Wishing a Happy Birthday

GAIL BACHMAN Bob Liverman **BETTY HECHT** Bob Liverman **BOB LIVERMAN** Gloria & Leo Simon LAWRENCE STEINGOLD Bob Liverman

JEFFREY GOODOVE POST CONFIRMATION SCHOLARSHIP FUND Wishing a Happy Birthday

MONA BELKOV Harriet & Edward Goodove

JOEL NIED

*Amy & Scott Goodove

KURT'S CLUB

In Honor of Being Selected as the Rosenbach Award Winner:

NICOLE ROSENBLUM *Margaret & Bill Sawyer

LIBRARY FUND

In Memory of: LYLA LONGMAN Harriet & Gerald Bloom *Marcia & Henry Schwan MARV PRAVDA Harriet & Gerald Bloom

MEN'S CLUB FUND

In Honor of: DONALD FRIEDMAN *John Cooper In Memory of: MARTIN KLINGHOFFER Mark Hecht

RABBI ROSALIN **MANDELBERG'S DISCRETIONARY FUND**

In Honor of the Baby Naming: *Carol & Allan Brum

In Honor of the 50th Wedding Anniversary of: LINDA & RON SPINDEL *Jodie & Jack Frieden

In Memory of: CLAIRE SIBURKIS Barbara Rosenblum HARRY PINCUS, JR. *Jodie & Jack Frieden With Appreciation for all

the Uniongrams: *Judy & Burton Jaffe

ROSE AND CARL LIFLAND FUND

Wishing a Happy Birthday

ERROL LIFLAND *Julie & Ken Lifland Family

SISTERHOOD FUND

A Gift to Sisterhood: *Candace & Ben Altschul

In Memory of: LYLA LONGMAN *Margaret & Bill Sawyer RICHARD MILLER Bunny Mirman

SISTERHOOD FORKIDS CASSEROLE

In Memory of: RICHARD MILLER *Charlotte Corey

SISTERHOOD UNIONGRAM FUND With Appreciation for all the Uniongrams:

*Jodie & Jack Frieden *Susan & Norman Olitsky *Sharon & Steven Perlman *Mimi & Bobby Stein

TEMPLE FUND

In Honor of Being Selected as the Kaufmann Award Winner:

SHARON NUSBAUM *Barbara Spigel In Honor of the 60th Wedding Anniversary of: MINETTE & CHARLES COOPER

Susan & Paul Hirschbiel *May Lynn Mansbach *Rose & Kurt Rosenbach *Rebecca Beach Smith &

Gerald Zeno *Arlene & Allan Zeno In Honor of the Retirement

DAVID BALABAN *Barbara & Errol Lifland In Memory of: ELISA S. BANKS *Jane & Leonard Frieden *Pam & Dan Snyder BERNICE KAPLAN Joan & David Balaban

Carol & Billy Bernstein LYLA LONGMAN *Gilbert Binder Vivian Forman

Alf Mapp *Sue Ellen & Seymour Teach *Arlene & Allan Zeno RICHARD MILLER

*Pam & Dan Snyder FELIX ROSENBÁCH *Rose & Kurt Rosenbach MARV BLOOM Harriet & Gerald Bloom

Wishing a Happy 60th Birthday to: KIM FINK

*Helen Dragas & Lewis Webb *Aline & Neil Landy Wishing a Happy Birthday

ANDREW FINK *Helen Dragas & Lewis Webb

TORAH FUND In Honor of Your

Achievements: DEANNE & DAN DUBANSKY Elavne Lavenstein Axel

TREE OF REMEMBRANCE

In Memory of: SEEMAN WARANCH *Marilyn & Stuart Buxbaum

WOODWARD MUSIC

FUND In Honor of Being Selected as the Kaufmann Award Winner: SHARON NUSBAUM

*Vicki Wolfson In Honor of the Marriage

FRED PUGH & GABRIELE **JIANAS** *Marla Schuchman & Jonathan Rathsam In Honor of the 50th Wedding Anniversary of: JO ANNE & KEN KLEÍN Betty & Irwin Sacks

NANCY & STEVE ROSENBERG *Nancy & Jay Lazier Wedding Anniversary of: MINETTE & CHARLES COOPER *Barbara & Bill Hearst *Nancy & Jay Lazier *Blanche Nusbaum *Gina & Neil Rose In Memory of: **RICK BASS** Marilyn Levy BERNICE KAPLAN Elayne Lavenstein Axel MÁRTIN KLINGHOFFER Betty & Irwin Sacks NATALIE LEVINSON *Barbara & Larry Blum

RICHARD MILLÉR

*Leslie Friedman

*Leslie Friedman

Marilyn Levy

HARRY PINCUS, JR.

SEEMAN WARANCH

In Honor of the 60th

LOUIS H. & ANNE K. FRIEDMAN TREASURER'S FUND

In Memory of: SONYA FINE Celia & Jay Friedman REVA KELBERG Celia & Jay Friedman RICHARD MILLER Celia & Jay Friedman JEAN WILLIS Celia & Jay Friedman

BEATRICE L. BERLIN ELDERLY NEEDS FUND

In Honor of Decades of Service & Dedication to Ohef Sholom Temple: **GAIL BACHMAN** *Carol B. Rosenblatt In Memory of: ELISA S. BANKS Carol Rosenblatt **BEATRICE & RALPH BERLIN** *Carol Rosenblatt LYLA LONGMAN *Carol Rosenblatt

LESLIE LEGUM CAMP SCHOLARSHIP

In Honor of Being Selected for L. Mathews Lifetime Achievement Award: KURT ROSENBACH Susan Barr In Memory of: JACKIE BANIM *Sandra Forte-Nickenig

ROSE ANN & LESTER GROSSMAN FUND

In Honor of 25th Wedding Anniversary: DR. & MRS. JOHN A. I. **GROSSMAN** *Louis L. I. Grossman In Memory of: ROBERT M. HIGDON, JR. *Louis L. I. Grossman

ADA SCHEWEL SALISBURY FUND

Wishing a Happy Anniversary to: SUSAN & MARTY EINHORN

*denotes gifts of \$25 or more

5 August 2018

WELCOME SAVRAN STEPH!

Get to Know Ohef Sholom Temple's New Director of Education & Engagement

e are excited to welcome Stephanie Ben Simon, RJE, as our new Director of Education and Engagement (DEE). As the DEE, Stephanie (Savran Steph) will develop and oversee a dynamic program of education and engagement for our entire congregation, creating educational opportunities in alignment with our values for our Temple community at every stage of the life cycle. In partnership with our clergy and lay leadership, she is in the process of developing membership and programming plans with the goals of attracting prospective members, integrating new members into the Temple community, and engaging our existing members throughout their lives.

WHAT IS HER PASSION?

Savran Steph comes to Ohef Sholom Temple with a passion for high-quality Jewish education in all ages and stages of life. She believes that Judaism is magical and can enhance our lives, infusing each day with Jewish values - *middot* and *mitzvot*. Having been blessed with the right people to help guide her journey, Savran Steph's passion for Jewish education and engagement was ignited during her junior year of high school while studying abroad in Israel with NFTY-EIE (now called URJ Heller High).

WHAT IS HER EXPERIENCE?

It is through her life's journey that Savran Steph has experienced Jewish engagement and education in Israel, studying at Ben-Gurion University in Be'er Sheva and an archaeological dig at Tel Bethsaida, as well as with many US communities. In the US, her experiences have ranged from West Hartford, Connecticut, where she earned her Bachelor's degree in Judaic Studies at the University of Hartford, to a summer internship in Washington, DC, at Hadassah through the Religious Action Center of Reform Judaism (RAC), to synagogues in Des Moines, Iowa, and Atlanta, Georgia, then back to New Jersey, and finally, landing here in Norfolk. During her travels throughout Israel and the US, she deeply valued and experienced the power of how an organized Jewish community can enrich lives.

Stephanie Ben Simon, RJE "Savran Steph" סברן סטף

Director of Education & Engagement

While working in the field of Jewish Education, Savran Steph obtained her MA in Jewish Education from



The Jewish Theological Seminary's Davidson School of Education and was recently awarded her Reform Jewish Educator Certificate from the Association of Reform Jewish Educators.

WHAT'S ON HER HORIZON?

Savran Steph is recently married to Shay Ben Simon, a native Israeli, and they are excited to begin married life together in Norfolk with us. Savran Steph is especially ready to get to know you and what about Judaism is magical for you.

WHAT ARE PEOPLE SAYING?

Chair of the Education Committee, Joash Schulman explains, "When I first met Stephanie, I was certain that her warmth of character and her depth of experience were exactly what we were looking for. Now that she's arrived, it's exciting to see her interact with our congregants, religious school faculty and our Temple staff. We have an exciting plan that's being placed in motion and we're lucky to have Stephanie at the helm! It's a role that's naturally suited to her personality and she's already begun embracing this community as her own."

Want to get to know Savran Steph even better? Would you like to meet with her in person? Do you have questions, ideas, suggestions, thoughts, etc. to share with her? Want to simply welcome her to our community?

Join us for the upcoming Meet & Greets with Savran Steph on August 7 and August 25 (see our ad on the next page) or send her an email at stephanie@ohefsholom.org



EDUCATION & ENGAGEMENT

arm and welcoming are the adjectives I use to describe my first two months here at Ohef Sholom Temple, and that is how I intend to continue my work with this community. In choosing a title to reflect my role as Director of Education and Engagement we went with a word in Hebrew that stems from the Jewish middah (value) of sayver panim yafot which translates to having a pleasant expression. We see this value in Pirkei Avot 1:15 when Shammai instructs us to receive every person with a sayver panim yafot - a smile. Smiles reduce stress and enhance immune response. Smiling is both contagious and good for us.

I hope that the work we do as a community will be contagious as we enjoy our time together, learn, grow and see the magic that Judaism adds to our lives. I hope to be a source that enjoyably connects us through a high-quality Jewish education.

Don't forget to register for the upcoming Sunday Learning Community Year on our website!

Register for classes at *ohefsholom.org* On Sundays, contact Savran Steph at Temple, 757-625-4295



Stephanie Ben Simon, RJE "Savran Steph" סברן סטף Director of Education & Engagement stephanie@ohefsholom.org

WANT TO MEET & GREET SAVRAN STEPH?

Our new Director of Education & Engagement wants to meet you! She wants to hear your thoughts, ideas and wishes for our children and their future. Tell her...

Pick a date and start a conversation:

WHAT'S YOUR JE(WISH)?

Tuesday, August 7 | 6-8 pm Stouts with Stephanie
Gordon Biersch | 4561 Virginia Beach Boulevard, Virginia Beach
For those of you who couldn't make it to Hank's, here's your chance!
Conveniently located for those coming from Virginia Beach.

Saturday, August 25 | 6-8 pm Back to Shul Havdalah & Movie Night Ohef Sholom Temple | 530 Raleigh Avenue, Norfolk A Back to Shul Havdalah will be held at Temple, followed by movie night in Stockley Gardens's Forman Field across from the Sanctuary pillars (Kaufman Hall will be the rain-out location).

JOIN SAVRAN STEPH AT OUR UPCOMING AUGUST MEET & GREETS FOR OPEN DISCUSSION.
ALL ARE WELCOME!



To RSVP, call (757) 625-4295 or email reservations@ohefsholom.org

Sunday Learning Calendar 2018-19

Hebrew Year 5779

2018

Sept. 23* Opening Day/All Parents Orientation

Sept. 30 Oct. 7

Oct. 13* (Saturday)

Oct. 21

Oct. 28* (Sunday)

Nov. 4 Nov. 11

Dec. 2* (Sunday)

Dec. 9 Dec. 16

2019

Jan. 5 Mar. 3 Jan. 13 Mar. 10

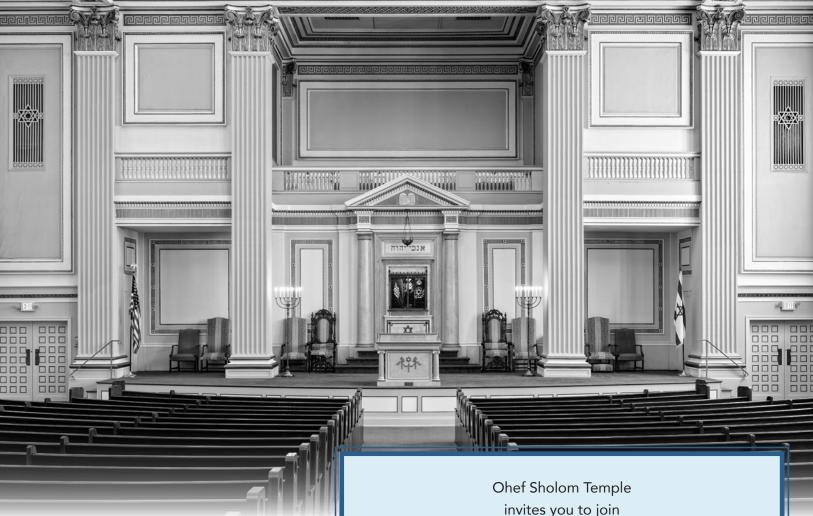
Jan. 27 **Mar. 17* (Sunday)**

Feb. 3 Mar. 24

Feb. 10 Apr. 7 Feb. 17 Apr. 28

Feb. 23* (Saturday) May 5

May 8* (Wednesday)

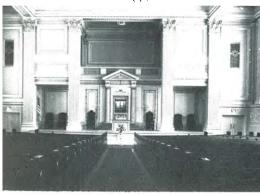


<u> 175TH | 100TH</u>



WE OF OHEF SHOLOM





The Sanctuary (Photo by F. W. Dill)

Ohef Sholom Temple
invites you to join
Rabbi Rosalin Mandelberg, Cantor Jennifer Rueben,
Music Director Charles Woodward,
and the Ohef Sholom Temple Choir
to celebrate

the 100th Anniversary of Ohef Sholom Temple's Sanctuary

Saturday, October 13, 2018 at 7:00 pm

Havdalah and Rededication Ceremony

Guest Speaker

Rabbi Richard "Rick" Jacobs

President of the Union for Reform Judaism

Dessert reception



Please make your reservation by calling (757) 625-4295 or emailing reservations@ohefsholom.org before October 8, 2018

The Sanctuary: Now & Then *Top Image Above:* Sanctuary image from 2018 by Steve Budman (used with permission). *Image to Left:* Sanctuary image from *Our First Century and A Quarter 1844-1969.*



CARING COMMITTEE

Aahhhhh, summer! Those "lazy, hazy days"... (Not so much for Moms, Dads and even grandparents, as we seek a variety of ways to keep the kiddos engaged, stimulated and HAPPY!)

It is also a good time to reflect on and be thankful for our blessings: the beach, the bay, the oceanfront, our air-conditioned homes, and the food on our tables. Indeed, some fresh produce grown on our own Temple grounds!

This month, as summer winds down and we begin to prepare for the High Holy Days, let us also set a little time aside for Tikkun Olam, Tzedakah, and to remind ourselves that prayer can be both celebratory and soulful.

On August 10, I'll be there as Cantor Jen presents the second in their "Friday Night Live!" series of Shabbat evening services in song! If you missed the first one on July 6, you may have heard from others how joyous, uplifting, entertaining and fun it was! Please try to make it!

On Monday, August 27 (before many of our older children are back in school), from 9:30 am - 1:30 pm, our

Carol Roth Brum
Caring Committee Chair
carolnanroth@amail.com

dedicated Soup Kitchen volunteers will once again serve a nourishing and



satisfying meal to those who might not otherwise have one. We invite you to bring the kids and join us to share the bounty of food, smiles and encouragement with our guests, who face the "heat" in all kinds of ways, daily.

On Thursday evening, August 30 at 5:30 pm, members of our Tikvah Committee will meet at OST to write cards and messages of connection for the High Holy Days to members of our congregation who are grieving over the loss of a loved one during the past year. We will also reach out to those who may need assistance in order to attend services. The Tikvah committee also needs volunteers to join the group to help with visiting the sick, helping with meal trains, schlepping, and comforting the bereaved. If you are able to help in any of those areas, please reach out to Linda Fox-Jarvis or me if you would like to participate. Help is always needed and welcomed!

Finally, if you love digging "in the dirt," our Eco-Judaism Committee meets almost every Tuesday to weed and harvest our gardens! Reach out to Mary Ann Latona-Nadler or the Temple office if you would like to join in!

Hoping to see you soon!

ECO-JUDAISM

As the Temple Greens: An Important Announcement About Electronic Bulletins

As we enter the month of Elul, we begin to prepare for the High Holy Days of Rosh Hashanah and Yom Kippur. We do this as individuals and as a community. And we ask once again: "Who will do mitzvot:

- By recycling that which can be recycled;
- By reusing items that still have utility;
- By reducing our carbon footprint?"

And we answer, once again: "We will," because we approach this holy season with the knowledge that we can always do a little better.

As a community we will do better as we achieve one of our stated goals for 2018 this coming October. That goal was published in the December 2017 edition of the Temple pOST, reiterated in the June/July 2018 edition, and seeks to expand our efforts to recycle, reuse, and reduce by practicing a newer concept in protecting the environment: "precycling." Simply put, this is finding ways we can reduce waste by not creating it in the first place.







digital with the October 1, 2018 edition. If you wish to receive a printed bulletin, please contact the office at (757) 625-4295.

We do ask that you consider the two-prong cost of receiving a paper copy of the bulletin. The first being the financial cost to Ohef Sholom Temple. Currently, publishing the pOST comes at an expense of approximately \$1000/month. The second is, of course, to the environment and trees.

Trees hold a special place in the hearts of Jews. We describe the Torah as "the tree of life." In the book of Genesis, there are two trees central to the story which symbolize life and knowledge of good and evil. Even in war, the Jewish principle of bal tashchit (do not destroy) forbids us to cut down trees. There is a recognition in our tradition of how central they are to our environment and maintaining life. Trees absorb carbon dioxide, provide shade and shelter, provide food for us and other creatures, and build soil. We seek to uphold the principle of bal tashchit in this electronic age by using less paper and cutting down fewer trees to produce the pOST. We thank you, once again, for joining our efforts.

Mary Ann Nadler Fro-Judaism Chair

Eco-Judaism Chair mln@mlnadler.net

The Temple Garden: Let's Get Growing!

The summer garden began after a complaint about the tangle of weeds growing by the entrance to Temple. I was challenged to re-imagine that space, so with the help of the Religious School, a summer garden took root.

The garden also intended not only to be aesthetically pleasing, but to support the Soup Kitchen, educate people about growing plants in a sustainable way, attract pollinators, and involve the Temple community. Due to its success, it was decided to make the garden seasonal. In the fall, it will be once again planted with cold weather crops.

The current plants, which are identified in both Hebrew and English, include 2 types of tomatoes, small sweet peppers, string beans, walking onions, vining okra, several different herbs, and pollinator plants. When the plants are harvested, the vegetables will be used in the soup kitchen.

The objectives for the garden have been met successfully so far, except for member participation. **We need more help!**

Research shows that gardening has many benefits such as stress reduction, boosting your mood, exercise, exposure to vitamin D, and providing healthy food. There is also a spiritual aspect to the planting, nurturing, and harvesting of a garden. The metamorphosis that takes place when all of the pieces - earth, water, seed and nature - come together is wondrous.

As the line from our service says, "Listen to hear God's voice." A garden provides an opportunity to "listen" through observation and patience and to "hear" through seeing the results of the garden. There is also the opportunity to share this experience with friends, family and the extended community.

People who have been an integral part of this project thus far are Mary Ann Nadler, Jeanette Friedman, Chris Kraus, the Temple staff, Mike Haywood, and Gill Gillespie, who is a fountain of knowledge and experience.

If you are interested in being part of this project or any other Temple gardens, contact me, Mary Ann Nadler, or the Temple.



Jeanne Miller
Sisterhood Co-President
sisterhoodost@cox.net

Abbey Pachter
Sisterhood Co-President
abbeypac@yahoo.com



On behalf of our Sisterhood, we welcome back the Religious School faculty with a sponsored lunch for Orientation Day, August 26.

We welcome ALL Women of OST to a year scheduled with your favorite Sisterhood activities. Please join us for the first of this year's events at the 3rd Annual Mermaid Winery dinner. See our ad below for details.

For more upcoming Sisterhood events, see our calendar listings for 2018-2019 and join us for another wonderful year of Sisterhood!



Calendar of Upcoming Events 2018

August 26: Religious School Lunch - 12 pm (Kaufman Hall)

September 6: Sisterhood Meet & Greet - 6-8 pm (Mermaid Winery, Norfolk)

October 2: Sisterhood Meeting & Silver Polishing - 6-8 pm (Kaufman Hall)

October 23: ForKids Casseroles - 6-8 pm (OST Kitchen)

November 13: Sisterhood Meeting & Book Club - 6-8 pm (Chapel)

November: Chanukah Shop Set-up (Date & Time TBD)

December 7: Chanukah Dinner - 6:30 pm **TBA**: N.E.S.T. Dinner (Date & Time TBA)

2019

January 8: Sisterhood Meeting - 6-8 pm

February 5: Meeting & Book Club - 6-8 pm

March 7: Sisterhood Meeting & Premier Design Party - 6-8:30 pm (at home of Carol Brum)

March 8: Men's Club Shabbat - Special Oneg - 6-8 pm (Simon Hall)

March 17: Purim Carnival & Bake Sale (Simon Hall)

April 2: Sisterhood Meeting - 6-8 pm

April 5: Sisterhood Shabbat

April 16: Sisterhood Women's Seder (Simon Hall)

April 28: Mitzvah Day/ForKids Casseroles - 6:30 pm (OST Kitchen)

May 14: Sisterhood Annual Meeting & Installation - 6-8 pm (Simon Hall)

May 16: Annual Congregational Meeting (Simon Hall)

August 2018

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Teshwah Stories:

JOURNEYS TO JUDAISM

Join us for a three-part series to learn about fellow congregants' stories of their Journeys to Judaism.

As we know, there are many ways to express our faith and live our Jewish lives. On three Shabbatot, you will have the opportunity to hear three different expressions of individual and family commitments.



LIFE & LEGACY

Life & Legacy Deeply Appreciates Our Eternal Light Society Members and Pillars







HAROLD GRINSPOON

On Tuesday, May 22, Ohef Sholom honored our Eternal Light Society Members and Pillars with a special appreciation celebration at the Chrysler Museum Glass Studio. It was a memorable evening for all and a wonderful opportunity to show our gratitude to these generous donors.

To learn how you can support OST's mission with a gift, contact LIFE & LEGACY Chair, Matthew Fine at matthewfine@cox.net or 757-407-1368

Rachael Nusbaum LIFE & LEGACY Assistant lifeandlegacy@ohefsholom.org

OST Archives on Exhibit

If you happened to visit the Meyera E. Oberndorf Central Library in Virginia Beach in the month of May, you may have noticed photographs of some familiar faces and places in the display case in the lobby. The United Jewish Federation of Tidewater was invited to create a display for Jewish Heritage Month. Because the OST Archives is one of the preeminent repositories of local Jewish photographs, documents, and memorabilia, UJFT came to us for items that represent some of the important people, places, and events from the history of the Tidewater Jewish community.

Taking advantage of photographs from the magnificent 150th Anniversary Exhibition, Faces of the Past/Voices of the Future, we were able to provide the UJFT with just a few photographs that document the important contribution the Tidewater Jewish community has made to the region.

Pictured here are the Moses Myers House (home of the first permanent Jewish residents of Tidewater), the Cumberland Street home of OST (from 1859-78), the Monticello Hotel, David Lowenberg (prominent business leader and first director general of the 1907 Jamestown Exposition), B.A. Banks (first Jewish representative in the Virginia House of Delegates), Eloise Van Os in her WWI era Red Cross uniform, Dudley Cooper in front of the Ocean View Amusement Park, members of the 1946 Pi Tau Pi fraternity, and Virginia Hofheimer's WW II Aircraft Spotter Certificate.



ARCHIVES PHOTO CAPTION CONTEST

Have a humorous caption for this photograph from the Ohef Sholom Temple Archives?

Email your caption to *archives@ohefsholom.org* or leave your suggested caption in the Archives mailbox in the Temple office. Be sure to tell us your name. The winning caption and runners-up will be published in the next issue of *The Temple pOST*.



Winning caption from the Spring, 2018 issue:

- "...and here's where we buried Jimmy Hoffa!"
- Ted Kaufman



August 2018

August 1

Patricia H. Bennett Steven A. Kayer Robert Liverman Michele Newbill

August 2

Marshall Friedman Stephanie Galbraith Joseph Hearst Joseph Steingold Terry M. Waitzer

August 3

Bruce A. Laderberg Brian Staub

August 4

Lorraine Fink Norma L. Stark

August 5

Ira Brotman Alan P. Ganderson Marcia Hofheimer Helen L. Koltun Matthew Mancoll Phillip Shanker

August 7 Isobel Bartel

August 8 Philip Helman

August 9

Peter Sallmaier Callah Terkeltaub

August 10

Robert Blondin Janet S. Hill

August 11

Thomas C. Bachman Lauren Flax

August 12 Robin Golding

August 13

Janice Levin Susan M. Quate

August 14

Heather Barnes Allan Brum Susan R. Einhorn Jack Morgan Ruth Schepper

Marvin W. Davis*

AUGUST BIRTHDAYS

August 15 Norma G. Flax

Celia G. Friedman Elaine Luria Daryl B. Nemo

August 16 Michael J. Blachman Linda Fox-Jarvis Michelle Goodove Charles A. Lisner Becky Rapoport Ken Sands

August 17

Connie Spruill Adelman Ronald M. Alper Martin Lefkowitz Harriet T. Siff

August 18

William Helfen Marion R. Lidman MiMi Nicholson

August 19

Allan G. Donn Myron "Mike" Glassman

AUGUST YAHRZEITS

August 20

Steven Budman Lynn Evans Eunice F. Kozak Susan Olitsky

August 21

Renee G. Diamonstein Martin A. Einhorn

August 22 Susan Nordlinger

August 23 George H. Sterns

August 24 Gerald C. Jaffe

August 25 Mitchell Fine

August 26 Ellie M. Cesario Jack L. Frieden Carol M. Sherman Eliot Weinstein

August 27

Lawrence J. Adler Mara Bates

Robert Fiedler Michael Nusbaum Gordon A. Ryan

August 28

Nancy Sacks Jacobson Debra Ellen Kaplan Denise Keelev

August 30

Audrey L. Gutterman Karen Margolius Plotnick Michael N. Shroyer Lyuba Shur-Allen Sidney Sward Kathryn J. Wolf

August 31

Heather Cohen Elizabeth V. Cooper Henry M. Schwan Jay H. Zimmerman

Margaret Dunn

July 29 - August 4 Benjamin Allen Barbara Alper Evelyn Brand Raymond A. Cogan Rachel L. Cohen **Esther Comess** William Cross Milton Donn' Emily Drummond Alberta Evans Jennie Fass* Lisa Frank Jennie Friedman Ira Gissen Samuel Goldstone* Elsa Campe Goodman* Ruth N. Goodman* Gertrude Gore Jerry Griffin Cantor Joseph Gutherz Robert Hecht Benjamin Hoffer* Benjamin Hofheimer* Ida Horwitz Irving Kas Amelia Kline* Morris Kluger Iosif Kosoi Harry Legum* Howard Legum Leo H. Maltz Celia Mandelkern* Mary Munich Charles W. Novitch* Herman C. Petock Levi Plant* Henry Porter Margery Salzberger Grace Littlejohn Schoner Sidney Slane Abraham Smith Miriam Rae Snyder Martha Stein* Minnie G. Strelitz* Walter W. Vatcher

August 5 - 11 Mark Brand

Joseph Chase Samuel Cohen Riva Lola (Lolly) Cohen* Emma Colman Irving Cooper*

Erin Elizabeth Dixon Don Embree Barry Fine Carol Lynn Firoved Albert A. Gabel* Howard Glassman Marsha Goldman Samuel Goodman* Teddy F. Greenhood Morris B. Gutterman* Alfred Haskell* Sylvia Haskell* Danny Hofheimer Florence G. Kramer Manuel Krampf*
Jean B. Landauer*
Emma Maude Learned Henry Longman* Mildred Malkin Florence Mendelsohn* Gerry Mendelson Julius Miller* Jay Lawrence Millison Sadie Spagat Morris* Morris Odessky Dr. Harry Parisér Bella Rappaport Sara Reznick Wendy Altschul Rolland Virginia Evett Rosen* Fred Rosenblum David Schoenholt* Ruth Sherman Philip Silverstein Michael Skwarlo Norma T. Steingold Adelaide Tabet Joseph Van Os* Michael B. Wagenheim* Diana Walsh Max Waters

Rhona S. Weinstein August 12 - 18 Herbert B. Altschul*

Mark Bailey Alex Berkowitz* Eleanor S. Cohen* David Cohen Dorothy K. Crockin* Marion S. Eason* Robert Elkins Caryl Emanuel

Ida Fink Charles Gendler Bertha Glaser

Anna Glassman Sarah Glickman Saul Goldberg Louis Greenblatt Rebekah Gurfein Phillip Herman* Bertram Hornstein* Frank Jacobs Rose Jacobson Elizabeth W. Jenkins* Lillian Kane Eva Kaufman Carrie Kern* David Koltun Alan Kootner Wendy Kraus Jack Lesser Dr. Seymour Levy Sophié Loeb Ellen Mansbach Augusta F. Marcus* Gertrude M. Mark Joan B. Miller* Alexander Benjamin Mizroch* E. Joseph Nusbaum* Louise S. Nusbaum Virginius H. Nusbaum, Jr. Gladys L. Oberndorfer^{*} Oscar Pluznick Mollie S. Radin* Lucille Schwan* Aaron B. Seldner* Mary Witten Sobel* Jules Stredler Paul Tavss Ross Myron Trump Stanley Waranch* Carol B. Waranch* Robert M. White* Rose R. Wrobel Bert Yaffe Barbara U. Zaba

Benjamin Zaba August 19 - 25

Emma Aftel Yanci Albert Bertha Auerbach* Martin Balaban Beatrice L. Berlin* Brian Feit

Hilda F. Fisher Rose Flax Victoria Freeman Rabbi H.E. Front Beatrice F. Garfinkel* Ira Ginsburg Sadie Goldman Moses Goldstein* Gloria C. Hecht Evelyn Hecht³ Ethel Heller Mary Jacobs* Joseph Kahan* Louis Katz Clifford K. Kesser* Louis Kootner Dorothy Kossman* Helen G. Lampl Milton Lewis³ Charles Lewis Nichols Philip Lobock Fannie H. Maas* Charles M. Mansbach* Joyce McCartan Bernard Miller Ruby Moore Raymond Pearl Mábel Rierson Bertha G. Rotholz* David Rovner Simon Salsbury Jacob Silver* Hyman M. Silverman* Richard Smith Sherman Steinberg Stanley Stillman Fred Wasserman* Annie Joo Watt* Samuel Weisberg Shari Weiss Harry Young Max Zucker

August 26 -September 1

Bessie Aftel Irwin C. Albert Rachel Rief Axelrod* Milton Barrie Jonathan Behr Henrietta Blaustein* Nathaniel H. Cohn* Louis Colbus Theresa B. Davis

Emily Lablanc Faber* Sol Fass* Isaac Fass* Helen Freeman Bernard Frenkil Henri S. Front Alan Gaynor Pearl Gelb Simcoe Glasser* Sarah Glassman* Louis Goldner Margo Gottesman Shoshanah Chavah Gottlieb* Stanley Hainer Lynn Hecht Milton Hirschler*
Henry Clay Hofheimer*
Ronald Lee Jacobson Rachel Jaffe Dorothy Kas Melvin J. Kozak Beatrice Lohre Edythe Lotkin* Lucille McNott Rabbi Louis D. Mendoza* Fred Coleman Michalove Leiba Monoszon Allen Morrison Gertrude Nathanson Ferdinand Phillips, Sr.* Ella H. Raymond* Paul Robbins **Brad Scherr** Babette Schwan* Marvin Simon* Julius Snyder Hilda G. Soble* Esther Strong David Sussman* Gabe Sward Walter Vatcher Barry M. Wolf*

* denotes memorial plaque

AUGUST 2018

AUGUS1 ZU 18							
SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.	
Templ	add an event to the le calendar, please ations@ohefsholon	email	1 6:00 pm Men's Club Meeting	2	3 6:30 pm Shabbat Services	9:00 am Torah Study 10:30 am Shabbat Services	
5 12:30 pm OSTY Board Meeting	6	7 4:00 pm Torah Study House Committee Meeting 6:00 pm Meet & Greet with Stephanie (off-site)	8	9 10:00 am Quilting Group 12:00 pm Executive Committee Meeting	10 6:30 pm Friday Night Live Shabbat Services	9:00 am Torah Study 10:30 am Shabbat Services 11:30 am Kiddish Lunch Adult Learning: Preparing Yourself for Elul	
12	13	14 11:30 am Quilting Group 4:00 pm Torah Study	15	16 7:00 pm Board Meeting	17 6:30 pm Shabbat Services	18 9:00 am Torah Study 10:30 am Shabbat Services	
19	20	21 4:00 pm Torah Study 5:30 pm Caring Committee Yearly Planning Meeting	22	23 10:00 am Quilting Group	5:30 pm Chanting with Rabbi Roz 6:30 pm Shabbat Services 7:45 pm PrimeTime Dinner (off-site)	25 9:00 am Torah Study 10:30 am Shabbat Services 6:30 pm Back to Shul Havdalah	
26 10:00 am Faculty Training & Orientation	27 9:30 am Soup Kitchen	28 6:00 pm Torah Study	29 6:00 pm Life & Legacy Workshop @ JCC 7:30 pm JMCC's Summer Music Series feat. Cantor Jen	30	31 6:30 pm Shabbat Services with Teshuvah Speaker Matthew Williamson		
	DST .			All are	No.		
Walking Group welcome to join the OST Walking Group on the Elizabeth River Trail in Norfolk in September! The walk includes the Weyanoke Bird and Wildlife Sanctuary, West Ghent and Chelsea.							
Dates: Thursday, September 13 Sunday, September 16 Time: 9:00 am Meet at the Jeff Robertson Park in West Ghent (park on Claremont Ave. or Azalea Ct.) Please RSVP to Sharon Nusbaum at sharonuz@aol.com or call her at (757) 515-4226. Carpooling can be arranged upon request.							

August 2018 15



530 Raleigh Avenue, Norfolk, VA 23507 757•625•4295 757•625•3762 (Fax) www.ohefsholom.org

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NEXT KIDDUSH: August 11

Join us during kiddush luncheon on Rosh Chodesh Elul, followed by a joint program with Adult Learning about preparing yourself mentally, spiritually and physically for the High Holy Days and 5779!

Guest Speakers:

Kathryn Morton | Savran Steph

Upcoming Kiddush Luncheons

Following Saturday Shabbat services at 11:30 am

Funding for these vegan kiddush luncheons is provided by a grant from the Shamayim V'aretz Institute in partnership with VegFund.

<u>2019</u>
January 19
February 16
March 30
April 27
May 18
June 8