Ohef Sholom Temple's Monthly News Publication

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JOIN US FOR OHEF SHOLOM'S VIRTUAL SEDER Sunday, March 28 6 pm See page 10 for details

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WORSHIP TORAH PORTIONS

MARCH

March 4 | 20 Adar Torah Study - 4:00 pm

March 6 | 22 Adar Shabbat Parah

Torah Study - 9:00 am Parashat Ki Tisa Exodus 30:11 - 34:35 maf: Numbers 19:1 - 19:22 Haftarah: Ezekiel 36:16 - 36:38

March 11 | 27 Adar Torah Study - 4:00 pm

March 13 | 29 Adar Shabbat HaChodesh Torah Study - 9:00 am

Parashat Vayakhel-Pekudei Exodus 35:1 - 40:38 maf: Exodus 12:1 - 12:20 Haftarah: Ezekiel 45:16 - 46:18

March 18 | 5 Nisan Torah Study - 4:00 pm March 20 | 7 Nisan Torah Study - 9:00 am Parashat Vayikra Leviticus 1:1 - 5:26 Haftarah: Isaiah 43:21 - 44:23

March 25 | 12 Nisan

Torah Study - 4:00 pm Parashat Ta'anit Bechorot Exodus 32:11 - 34:10

March 27 | 14 Nisan Shabbat HaGadol Torah Study - 9:00 am Parashat Tzav Leviticus 6:1 - 8:36 Haftarah: Malachi 3:4 - 3:24

March 28 | 15 Nisan

Torah Study - 4:00 pm Parashat Pesach I Exodus 12:21 - 12:51 maf: Numbers 28:16 - 28:25 Haftarah: Joshua 5:2 - 6:1

March 29 | 16 Nisan

Torah Study - 4:00 pm Parashat Pesach II Leviticus 22:26 - 23:44 maf: Numbers 28:16 - 28:25 Haftarah: II Kings 23:1 - 23:9; 23:21 - 23:25

March 30 | 17 Nisan

Torah Study - 4:00 pm Parashat Pesach Chol ha-Moed Day 1 Exodus 13:1 - 13:16; Numbers 28:19 - 28:25

March 31 | 18 Nisan

Torah Study - 4:00 pm Parashat Pesach Chol ha-Moed Day 2 Exodus 22:24 - 23:19; Numbers 28:19 - 28:25

Light the Shabbat Candles with Us!

Volunteer today and sign up online at ohefsholom.org to light the Shabbat Candles with Rabbi Roz and Cantor Jen during our live stream services!



LEADERSHIP & STAFF

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THE TEMPLE POST

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The Season of Our Freedom

ear OST Family,

Beginning Saturday evening, March 27, we will recite the well known passage from the Haggadah, "B'chol dor v'dor," "In every generation each of us is required to see ourselves as if we, ourself, went out from Egypt." In other words, the Torah commands us to re-enact the story of our people's exodus as if we had been among those enslaved who escaped the Pharaoh's horsemen and chariots. Why? Why do we have to re-live the bitterness and the tears of slavery, the blood on the lintels of our doors and the terror of the angel of death, the waters threatening to drown us ahead while Pharaoh's army closed in from behind?

The answer is both practical and simple. Without experiencing slavery for ourselves, we are unlikely to appreciate the blessings of our freedom. How many of us focus on the one little negative in our lives when we have so much more for which to be grateful? How many of us fill our lives with so much busyness that we never take time to figure out what really brings us joy and to do those things or to spend time with the people we love? How many of us are so focused on our bodies we ignore the life of our spirits or so focused on what is on our minds that we let our bodies go entirely? How many of us put off our hopes and dreams, when they are ours for the taking and making now?

Passover is Z'man Cheruteinu, the Season of our Freedom, also known as Chag Ha'Aviv, the Festival of Spring, when our world is born anew. Both we and the earth have the opportunity to sow seeds of renewal and hope. It is no wonder that in the Torah, *Nisan*, the month during which *Pesach* falls, was considered the first month of the year rather than *Tishrei* in which our High Holidays take place. What better time to celebrate the New Year then with the advent of Spring?!

This year, we could lament not being able to gather together in person around our holiday tables. Or we could rejoice in the Zoom Seders we will share that will allow so many more of our friends and loved ones to celebrate our freedom with us! We had hoped we would be at OST by this spring, but, for all of our safety, we will once again hold our Zoom second Seder on Sunday, March 28th at 6 pm.

We're updating last year's Haggadah and have some fun surprises in store. It may not look like



Contact Clergy Rabbi Roz & Cantor Jen rabbi@ohefsholom.org cantorjen@ohefsholom.org

what we thought it would, but we will still know the myriad blessings of acknowledging our redemption from slavery and the many gifts of our freedom, not the least of which are the various incarnations of the COVID-19 vaccine. So during this joyous season, may each of us commit to our own rebirth, to that of our families, our congregation, our community and world and may we truly be able to say, "Next Year at OST!"

Chag Sameach,

Rabbi Roz Cantor (m

Rabbi Roz and Cantor Jen



PRESIDENTIAL ADDRESS



Terri Denison Budman President president@ohefsholom.org

Our First Anniversary

id-March marks one year since life at Ohef Sholom dramatically shifted from aiming for large gatherings to nearly none at all.

It's been one year of the COVID-19 pandemic.

It's been one year of facing enormous challenges in nearly everything we do.

It's also been a year of meeting head on and overcoming those challenges through innovation, imagination, and tenacity.

It's been a year of profound loss.

And, it's been a year when we've found new ways to express empathy.

It's been a year of extremes – of turning lemons into lemonade – and some of us might say, making the best lemonade we've ever had.

It's been a balancing act.

While we miss our Shabbat services in the chapel with our wonderful clergy, music director, and choir, followed by our Onegs, we're excited by how many congregants and friends attend our services by logging onto OST's website or Facebook page. Plus, we're buoyed and comforted by the comments – messages of Shabbat Shalom and gratitude that provide a sense of community and congregational family.

The success of Facebook Live services and Zoom classes, meetings, and events throughout the Jewish world prompted Rabbi Yosie Levin of The Modern Orthodox Jewish Center in New York City to write in a recent article, "In hushed voices, rabbis, and lay leaders have begun asking a question that scares them: When this pandemic is past, will people come back to shul?" At Ohef Sholom, I do not believe we need be scared. Once it is safe to gather, I believe our pews will fill, as will our events. On Sunday mornings, our halls will be crowded with students and adults will visit over bagels and coffee. We will return to our beloved Temple.

Still, even when our doors are open, many will desire to attend Shabbat services, meetings, and maybe some events, virtually. Because of the importance of our virtual offerings, we're allocating dollars in next year's budget for permanent technology assistance. And, since our streaming and digital capabilities are now integral to our congregation, upgrading and maintaining them will be essential going forward.

In one year, we have grown as a congregation, and through the Internet, we have increased our reach, comforting, teaching, and praying with congregants and friends from Oregon to Florida, from Ohio to California.

This has been a year of newfound and expanded connection. We're more than surviving – in myriad ways, we're thriving.

At the one-year mark, this pandemic isn't behind us. If the past 12 months are any indication, however, there's virtually nothing that Ohef Sholom Temple can't accomplish. . . especially if we work together and support each other.

This is not an anniversary to celebrate, but it is one to be grateful for.

L'Shalom,

Teni Denira Budman

Terri Denison Budman

THE TEMPLE POST



ANNOUNCEMENTS

Mazel Tov to Alan Jay and Susan Stein on the birth of their grandson, Michael Arlan Corley, son of Cara and Eric Corley, born on February 17, 2021, weighing 6 lbs, 15 oz.

CONDOLENCES Ohef Sholom offers heartfelt condolences to the following members & friends:

Vivian Forman on the loss of her brother. Dr. Charles Fish.

Sean Jhorar on the loss of his father. Eddy Blake.

Anne Kincaid Luna on the loss of her close friend, **Eloise Franzyshen.**

Marcy Terkeltaub (Paul) on the loss of her mother, and Brandon Terkeltaub (Callah) on the loss of his grandmother, Rose Rosenbach.

Steve Kelley (Susan) on the loss of his mother-inlaw, Kay Stewart.

Susan Einhorn on the loss of her husband, Marty Einhorn.

Allan Zeno on the loss of his wife, Arlene Zeno.

With Gratitude to Our Caring Committee

OST's clergy and leadership wish to extend our deepest gratitude to the "angels" of our Caring Committee. These remarkable members of our community have stepped up in a big way during this difficult time for our congregation, offering their love to those who are ill or grieving through cards, phone calls, meal trains, and more. They exemplify what it means to be a kehilah k'doshah — a holy community, and we are so grateful for their dedication to these mitzvot.

If you know of someone who is in need of a call or a meal, please call the office at 757-625-4295.

Vaccinate Virginia: COVID-19 Vaccine Statewide Pre-Registration



To register for the vaccine or to check if you're already registered: https://vaccinate. virginia.gov/ preregister.html

SIGN UP FOR YOUR FREE COVID-19 VACCINE

Vaccinate.Virginia.gov

Or call 1-877-VAX-IN-VA 7 days a week, 8 a.m. – 8 p.m. Available in English and Spanish. Call-back service in 100+ languages. TTY service.



- GET INFORMATION on how vaccines work and why they are safe.
- GET PRE-REGISTERED to put your name on the list.

GET VACCINATED —when it's your turn, we'll contact you to schedule your vaccine.



VACCINE

VDH OF HEALTH

JEWISH LIFE MARCH

Is Glitter Good to Eat?



Many products that we need are prepackaged eliminating our choices. Others are not and allow us the opportunity to make better environmental choices. Glitter is one of those choices. We probably all love the sparkle and shine that it adds to product design, cards, objects, craft projects, and celebrations but what are the long-term effects of it.

Glitter is a PET (polyethylene terephthalate) plastic that is also used in many plastic drink bottles. Glitter is made from tiny pieces of the PET plastic that are colored. In the end a lot of it ends up on the ground and eventually in the oceans and lakes. Wastewater treatment plants are not capable of removing these small pieces (especially as they break down further in the water). Most of the tiny pieces along with plastic microbeads end up in sludge that sinks to the bottom during the water purification process or remains in the water after cleaning. This sludge is applied to farm fields for fertilizer. The small pieces of plastic are washed back into the streams, lakes, rivers, and oceans. Other pieces that littered the ground are washed by the rain back into the water system.

Why does this matter? It matters because the sea animals that clean the water like oysters and certain fish ingest the glitter. It can block their digestive system and cause them to starve to death. It also matters because we end up eating these tiny pieces when we ingest these animals and their predators or in our drinking water.

There is a way to help with this problem. By choosing not to buy things that have glitter or not using glitter we can each help in our own way to improve our precious earth's environment.

Glitter and BPA are not part of a healthy diet and may negatively affect our endocrine system. Research is ongoing.

Do you have suggestions to share on ways to help earth? Help us to build a collection of ideas for being good stewards of God's earth. Send your ideas to OST or post them on the OST Facebook page.

Jackie Haywood Eco Judaism Committee



NEXT MEETING: Wednesday, March 3 at 7:00 pm

Tom Bachman mensclub@ohefsholom.org

Gail W. Bachman Sisterhood President sisterhood@ohefsholom.org Our mission, as stated on the website:

"OST Sisterhood is a community of welcoming women from all walks of life who meet for spiritual, educational, and social growth through Judaism. Our diverse members are all ages and come from varying backgrounds, allowing us to join together to serve the needs of our congregation and community, while cultivating life-long friendships.'

SISTERHOOD

n behalf of our Sisterhood, we want to thank all those who supported our Hamentashen Bake Sale. For those who purchased Hamentashen and to those who helped coordinate it and pack the delicious pastries, we are grateful. A very special thank you to Jeanne Miller and faYe Howe for their organizing of the project. We know that OSTY and JOSTY will appreciate the funds we were able to raise for them!

Our February Book Club was very successful, with almost 20 participants discussing The Star and the Shamrock. Thank you to Marsha Moody for hosting this event.

Now that March is here, we are looking forward to a Passover cooking class. We will even be learning how to make matzah. Look for details in a future email in addition to a surprise recipe or two.

As we continue to look for ways to engage the women of

MEN'S CLUB

hope everyone is staying safe and is well. We continue to keep in touch in zoom meetings. We continue to look for projects we can do for the Temple. If any of you have an idea for a project, please may notify me so we can get it on the agenda for the next meeting.

Be sure to mark your calendars for our next Zoom meeting on March 3 at 7 o'clock.

Sincerely,

Tom Cell: 757-635-0682



Ohef Sholom, we welcome your ideas and hope you will join us. If you have not yet officially updated your

membership, please look for the link in the As the Temple Turns or just check the Temple's website.



MEN'S







Gail

Cell: (757) 646-2281 sisterhood@ohefsholom.org

Yours in Sisterhood,



UPCOMING PROGRAMMING MARCH



March 2, 16 & 30 | 9 pm

For young adults, ages 21-42. Please join us for our virtual D'Bar Torah every other Tuesday evening. Eliot Weinstein and Nina Kruger invite you to grab a beverage and join them on Zoom for Torah study and adult conversation.

To join D'Bar Torah, call Nina at 757-625-4295 or email her at *membership@ohefsholom.org* for the Zoom link and password.



March 10 | 6:00 pm Matzah Making with Sisterhood

Homemade Matzah is easy and fun to make! Plus, your youngsters may be mentally transported back to the day when the Jews had to rush to make the bread that would sustain them in the desert. This traditional Passover recipe is made with only flour and water. **Open to everyone!**

RSVP to *reservations@ohefsholom.org* or call 757-625-4295.

OST's Adult Education Committee is proud to sponsor

AJC Washington, D.C. Global Jewish Advocacy

Antisemitism: You and Your Neighbor





March 14 | 7 pm

Antisemitism: You and Your Neighbor

Would it surprise you to learn that only 43% of the American public believes antisemitism is rising despite Charlottesville, Pittsburgh, and the visible sweatshirts and signs on rioters at the Capitol? Join the American Jewish Committee's (AJC) Alan Ronkin and Marla Hewitt for a thought provoking discussion about where we are now, where we need to go and how we will get there. RSVP to *reservations@ohefsholom.org* and indicate if you would like to be added to the AJC's mailing list.

March 20 | 5:30 pm

Family Havdalah

Please join us for our monthly Family Havdalah! We will gather together on Zoom to say goodbye to Shabbat and *Shavu'a Tov* to a new week as one congregational family.

Zoom Link: https://us02web.zoom.us/j/87690802819

Meeting ID: 876 9080 2819 Passcode: havdalah

THE TEMPLE POST

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assover

Zooking

with

Larry Adler



Havdalah Hootenanny with Jeanne & Bob Zentz

On the third Saturday of the month from 7-9 pm, join Jeanne and Bob Zentz on Zoom for a "Zing-along." Bring your own song, request a song, read a poem, tell a story, play an instrument, share some pictures... whatever you like! Everyone takes a turn and participates as they wish, in the style of good ol' community singing and sharing. **All ages and all folks are welcome!**

Zoom Link: https://us02web.zoom.us/j/86705155820

March 21 | 4 pm



Can you believe Passover is right around the corner? Do you have your menus planned yet? On Sunday, March 21st, join Larry Adler on Zoom from 4-6 pm as we prepare our Passover meals. Larry will demonstrate Chopped Liver, Chicken Soup with Matzah Balls, Homemade Horseradish, and Meatballs and Cabbage. **Please RSVP to** *reservations@ohefsholom.org or call the Temple office* **at 757-625-4295.** *Ingredients & recipes list (PDF) can be found on our website at ohefsholom.org/passover.*

March 4 & 25 | 7 pm

Anti-Racism Course with Rabbi Roz Racism, White Privilege and How to be an Anti-Racist: An Ohef Sholom Temple Exploration of Ourselves Join Rabbi Roz in her continuing discussion and course on anti-racism.

To join this course offering, RSVP to reservations@ohefsholom.org or call 757-625-4295.



A Course with Rabbi Roz

RACIS



March 29 | 10:30 am - 1 pm

Soup Kitchen

Our Soup Kitchen offers so much to guests and volunteers alike, yet we need volunteers to continue these good deeds every month. Spend a few hours helping to feed and provide basic clothing and toiletry items to 75-80 very appreciative folks in need. All COVID-19 precautions will be followed. Are you available to fulfill this mitzvah?

If so, please contact Dorianne Villani at 757-617-8624 or *dvillani@cox.net*.



MARCH 2021



CONGREGATIONAL SEDER AND VIRTUAL HAGGADAH

Virtual Second Seder

G an you believe it's been a year since our very first virtual celebration? It seems like such a long time ago and that we (or at least our kids and grandkids!) are all virtual meeting experts now. With the coronavirus pandemic still in effect, Ohef Sholom Temple is once again preparing to broadcast our beloved Congregational Seder directly to your home and family virtually through Zoom.

We may still not be able to gather in person, but we can still be together for Second Seder! Join us for an interactive Virtual Seder on **Sunday, March 28, 2021 at 6:00 pm**. Bring your own seder plate and family, and we will bring the *haggadah*! Our Virtual Seder can be accessed from any computer, tablet, or smartphone. You can even call from a landline. Please join us and RSVP for further instructions.

To join our Second Seder via Zoom, go directly to: https://us02web.zoom.us/j/86115522390 or find the link on our website at ohefsholom.org.

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Want a deliciously easy Seder meal for Passover? **Brutti's Catering** is again offering Seder dinners available for pre-order.



Brutti's Catering Seder Meal Pre-order Link: https://order.bruttiscatering.com/

Pre-order Dates: Monday, March 8 - Tuesday, March 23 at 5:00pm.

Delivery/Pickup Date: Saturday, March 27

Delivery Time: 11:00am – 1:00pm (\$35 minimum order)

Pickup Information: Brutti's Catering Kitchen 11:00am – 1:00pm (No minimum order)

Ohef Sholom Parking Lot 11:00am – 1:00pm (\$15 minimum order)

How Do I Prepare My Home for Passover?

It is customary to clean the home prior to Passover to find all of the pesky *chametz* (leavened bread) that might be hiding. The *bedikat chametz*, or the hunt for leavened bread, can be a fun activity for quarantined little ones (or adults)! Play hide and seek with some bread, crackers, or cereal. If you have a fireplace, you can further engage in this tradition by building a fire to burn the *chametz* you discover. Also, keep in mind that non-perishable items can be donated to a local food bank.

What Goes on the Seder Plate?



Maror (bitter herbs) usually horseradish, this is a reminder of the bitter lives of the Hebrew slaves



Chazeret (bitter herbs) usually romaine lettuce, this is also symbolic of the bitterness of life in Egypt



Karpas (greens, usually parsley) represents the spring season in which Passover takes place



Beitzah (egg) represents the Passover offering of ancient days, as well the wholeness and continuing cycle of life



Zeroa (shank bone) symbolizes the lamb that was sacrificed in ancient days



Charoset (mixture of apples, nuts, sweet wine, and sugar or honey) symbolic of the bricks and mortar made by Hebrew slaves

THE TEMPLE POST





Also place on the table:

Three *matzot* (plural of matzah) on a plate, covered with a cloth or napkin cover

Salt water a reminder of the tears shed by Hebrew slaves

Kos Eliyahu (Elijah's cup, filled with wine) a symbol of hope for a

redemptive future **Afikomen bag**

(bag for broken matzah, to hide) -

this is traditionally hidden during the seder for children to find in exchange for a small gift/prize.



Optional Additions

Kos Miryam (Miriam's cup) - a special cup filled with water to honor Miriam, who played a vital role in our people's history



Tapuz (orange) - a symbol of inclusion of the LGBTQ+ community and others who feel marginalized in Jewish life



For more information about preparing a seder, the parts of a seder, and ideas for fun Passover activities, visit the Passover page of our website at ohefsholom.org/passover.







RELIGIOUS SCHOOL UPDATE

he whole family is invited to participate in the Religious School Passover Celebration on **Sunday, March 22, 2021 at 10:30 am**! Join us on the Religious School link. Hebrew will be at the regular time.

If you are interested, please contact Kitty Wolf at 757-625-4295 or kitty@ohefsholom.org.

UPCOMING DATES

MAR. 7

9:00 am Hebrew 10:30 am Religious School Drive-thru Wiggles & Giggles MAR. 14 Daylight Saving Time 9:00 am Hebrew 10:30 am Religious School MAR. 21 9:00 am Hebrew 10:30 am Religious School Passover Program MAR. 28 Passover

Passover - No School! Chag Pesach Sameach! 6:00 pm Congregational Second Seder



March 7 at 10:30 am

Pesach Book: Sammy Spider's Passover Shapes

April 11 at 10:30 am

Yom Ha'atzmaut Book: *Grover Goes to Israel*

Specifically for young families and children, birth through four years, Wiggles & Giggles introduces young children to their Jewish World. For more info call 757-625-4295 or contact Kitty Wolf at *kitty@ohefsholom.org* or Allena Anglen at *allenahurwitz@gmail.com.* Zoom Meeting ID: 874 1020 5578 | Passcode: 469923

THE TEMPLE POST

ONSIDE OST A CLOSER LOOK

NORFOLK EMERGENCY SHELTER TEAM (N.E.S.T.)

hanks to the generosity of our Temple family and many community partners, we completed OST's Norfolk Emergency Shelter Team (NEST) volunteer week at First Presbyterian Church from January 20-27. During our week, we hosted 315 total guests, with the NEST shelter being at 100% of its 45-person capacity each night. Additionally, we provided meals, hot beverages, bus tickets, and other services to over 100 persons who could not be admitted to the NEST shelter during our week.



Thanks to the hard work and generosity of several Temple families, each guest received a freshly prepared hot meal, hot breakfast, and bag lunch each day at NEST, amounting to over 1200 meals prepared and served. We also relied on numerous volunteers, many of

OST member Kristen Johnson checking in guests.

whom came on multiple nights and early mornings to assist with running the NEST shelter safely, efficiently, and most importantly, in a warm and welcoming manner in accordance with our Jewish values. We are especially thankful for our across-thestreet partners at Ghent United Methodist Church who provided volunteers and meals for a night, giving our stalwart volunteers a much-needed break.



The NEST setup with social distancing and barriers.



We are also thankful for OST members who donated two full car loads of gently used clothing, shoes, and winter items which were delivered to NEST and provided to the guests.

Additionally, we cannot say enough about the generosity of First Presbyterian Church of Norfolk in opening its doors to operate the NEST shelter for the entire 2020-2021 winter season. In addition to sharing its wonderful facilities, First Presbyterian provided nightly leadership and volunteers during our NEST week to provide assistance with serving our guests. The City of Norfolk's NEST organization has also provided vital support this year, including personal protective equipment and other equipment and supplies necessary to safely operate NEST during the COVID-19 pandemic.

While we missed hosting NEST in our beloved Temple building, this was a great chance for OST to strengthen our friendships in the community and shine a spotlight on what our little temple can do, and every Ohef Sholom Temple member should be proud of our Temple's commitment to this important community project. We look forward to serving with NEST in 2021-2022 in whatever form that may take, knowing we have the full support of OST behind us.

> Andy Fox & Sharon Ross 2020-2021 NEST Co-Chairs nest@ohefsholom.org



ONSIDE OST A CLOSER LOOK

CUTTING UP WITH OHEF SHOLOM

A Recap of Our Paper Midrash Golem Workshop with Isaac & Rabbi Shawna Brynjegard-Bialik

n Sunday, January 31st we welcomed Isaac and Rabbi Shawna in a 90-minute workshop that included visual learning about the legend of the golem. Packets were available for pick up and those in attendance joined us on Zoom as we all created our very own golem.

"Absolutely awesome" ... "Thank you for sharing!! It was a lot of fun!!" ... "Great class! We learned a lot!"

For more information on the program, please check out www.papermidrash.com.







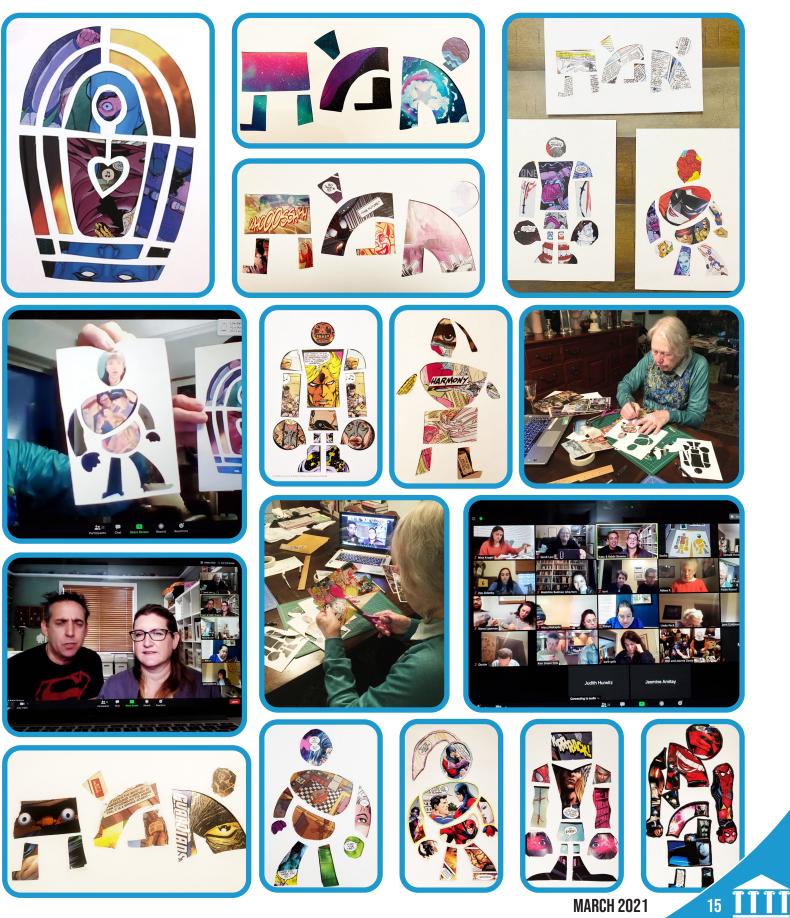








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MARCH 2021



LIFE & LEGACY: The Glasser Family

e are so grateful for all those who make up our Ohef Sholom family and even more to those who have chosen to leave a legacy gift. The reasons vary, yet many can be traced to our high caliber clergy, engaging programming, meaningful worship, and the myriad of volunteer opportunities that create fulfilling social networks among each other, fostering a sense of belonging.

LIFE & LEGACY gifts to our endowment help sustain our beloved community and make an invaluable and positive impact on our congregational lives.

Martha Glasser, a recent donor to our LIFE & LEGACY campaign writes, "Our Family has such a long history with the Temple, marking significant times of celebration - birth, marriage, bar and bat mitzvah, high holidays, education, community - and deep loss. The Richard and Martha Glasser Family Foundation joins the effort to help the Jewish Community build this endowment to support and sustain its future."

The Glasser Family understands the importance of giving back to what has given them, and so many others, so much joy and comfort throughout the generations. Philanthropy like theirs also pays it forward for future generations to benefit in the way their family has.

We would love to have a conversation with you to hear how Ohef Sholom has made a lasting IMPACT in your families' lives and talk about the many ways you could leave a Legacy gift to our community. Caring for our community and sustaining it for the future is an ongoing responsibility we all play an important part in. The reward is priceless.

For more information, please contact Matthew Fine, Ohef Sholom Foundation President, at *matthewfine@cox.net* or 757-407-1368.

Rachael Nusbaum LIFE & LEGACY lifeandlegacy@ohefsholom.org





A program of the HAROLD GRINSPOON FOUNDATION









THE TEMPLE POST

DONATIONS

WE APPRECIATE THE THOUGHTFULNESS OF THOSE WHO SUPPORT OST

by remembering and honoring their friends and loved ones through their generous contributions. Please have your donations submitted to the Temple before the beginning of each month.

ADULT EDUCATION In Memory of:

JAMES P. KEASEY *Sarah Kruger, William Pucher, & Nina Kruger BEN H. KRUGER *Sarah Kruger, William Pucher, & Nina Kruger BILLIE KINZER KRUGER *Sarah Kruger, William Pucher, & Nina Kruger DORA LIEBMAN KRUGER *Sarah Kruger, William Pucher, & Nina Kruger ISRAEL M. KRUGER *Sarah Kruger, William Pucher, & Nina Kruger

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In Memory of: DR. TED ADLER Lorraine Fink JUDY EICHELBAUM Lorraine Fink NAOMI HECHT *Marion & Roger Lidman HELEN KOLTUN Lorraine Fink PETER ROSENWALD *Marion & Roger Lidman

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Lidman, Mark Lidman

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With Appreciation:

RANDY SHERMAN

*Betty Sacks

*Marilyn Levy

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In Memory of: Dr. TED ADLER Marilyn & Stuart Buxbaum *Nancy & Charlie Nusbaum & Family *Arlene & Jack Rephan *Sandra Glasser Tavss JOSEPH GOLDMAN *Elayne Axel *Marsha & Lewis Hirschler DAVID ROBERT KATZ *Maryanne Katz HELÉN KOLTUN *Beth & Richard Diamonstein *Martha & Robert Goodman Vivian & Burke Margulies *Nancy & Charlie Nusbaum & Family Speedy Recovery to: CANTÓR JEN RÚEBEN *Marion & Roger Lidman

LOUIS H. & ANNE K. FRIEDMAN TREASURER'S FUND

In Honor of the Birth of: ADEN ROTENBERG Debbie, Mark & Bradley Friedman In Memory of: JUDY EICHELBAUM Celia & Jay Friedman ADELINE GREEN Celia & Jay Friedman HELEN KOLTUN Celia & Jay Friedman Debbie & Mark Friedman Speedy Recover to: ADA SALISBURY Debbie & Mark Friedman

LESLIE LEGUM CAMP SCHOLARSHIP FUND

In Honor of the Bar Mitzvah of: ELIJAH MUHLENDORF *Marion & Roger Lidman In Memory of: LESLIE LEGUM *Jay Legum & Family

ROSE ANN & LESTER GROSSMAN FUND In Memory of: HELEN KOLTUN *LOUIS L. I. GROSSMAN



MARCH 2021



Feb 28 - Mar 6 Lottie Bernstein Fannie Blachman*

Fannie S. Bloom Sheldon Blum Blossom Buller Bertha Chenman Ruth Crites Robert Engel* Daniel Fisher Paula Jason Flax Carl Bertha Gold Lewis Goldstein Pearl Nemo Goodman* Bessie B. Goodman* Roy Haas Caroline Halpern Louis Heller Dorothy Kahan* Hannah Kahn Lena Kaiser Rose L. Kanter* Abraham D. Kerpelman Bernice B. Kolish* Dr. Roland Koslick Herbert (Pete) Kramer Gustav Krauss* Josephine K. Levy* Elsie L. Levy* Morris A. Levy Samuel Marx* Mary Esther Mermelstein Esther Davis Pincus* Jerry Powders Louis Rabinowitz Goldye K. Rafal George Reiss Mollie S. Robbins* Violet Asher Sartorius* Benjamin Schulwolf Max Schwan* Nate Seeherman Aaron Seldes Randy Sherman Harry Shneyer Nathan Simon Rae B. Stein Mary Teck Waldemar Theodorson Helen Waldman* Frances S. Wasserman*

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Jerome H. Weinstein Maurice Bernard Wolf Lawrence S. Wolpin Libby Crockin Zeno*

Mar 7 - 13

Henya Abramowitz Pauline Y. Berlin* Ethel E. Black* Charles Hudson Boone Fannie Cohen* Barton Cohen* Lottie S. Colton Donald Corey* Esther Feldman Louis M. Feldstein* Ada Freedman* Edie L. Greenwood* Henriette Harrison* Eli Horowitz Melvyn Javinsky Samuel Jurmain* Irene Kocen Irvin Kocen **Beth Stephanie** Krakower Albert Kroll Samuel Lasting* Alan Leader Albert S. Lewis* Julius J. Lowenthal* Charlotte "Shotzy" Margolius Benjamin Mednick Rita Millindorf Delfin Montoya Sara Nelson* Jay W. Perkins Dr. Franz Quittner* Martha Rapoport Joyce Robbins Elsie Rosenberg Irving Salsbury Lee H. Schapiro Pearl Scherr Faye Waxman Schoen Rose Schugam Dorothy Schwartz Samuel Shank Libby Sidersky Esther Silverman

Louis Soroko Bessie Spandorfer* Charlotte Steingold Nelly Bell Vatcher Barbara Waldholtz Jere Watkins Wayne Wishneff Bessie Yavner

Mar 14 - 20

Jennie L. Abram Amelia K. Ball* Harold Bass* Lewis Berlin* Brandon Brauns Sara Breinin Samuel H. Brenner Rebecca Brown* Ruth Cass Sol I. Chenman Marcus Dauer* Deborah Dechter* Betty Diamond Hazel Carol Glaser Richard S. Glasser* Stuart Glazer Arthur Goldman Michael Gross David F. Grossman* Lillian Gutterman Robert Heimanson* Thomas L. Hofheimer* Nell Hogen Dora W. Horenstein* Albert Horowitz **Elizabeth Grace** Jaffe* Marjorie B. Jameson Ralph Julius Linḋa Koltun Stella M. Landauer* Leon Landauer* Sol Lasting* Alma Davidson Legum* Louis S. Leo* Madeline S. Lesser* Herman Lubschutz* Mel Morrison Morris D. Myers*

Lillian Negrin Jerome Nemo* Anna Panitt* **Richard Porter*** Morris H. Rapoport* Frank Reshefsky **Connie Robins** Ceara Robinson Helen Rose Maurice Rosenberg Herbie Rosenfeld Barbara Rosenwald Maurice Rottenberg Bella Rybak Daryl Saks Rose Seldner* Stan Lee Shapiro Gerald H. Sherman Harold Soldinger Sarah Solomon Lewis Stern Jennie Weber Sadye Winthrop Mar 21 - 27 Marilyn Barrie Boris Baydush* Bella "Barbara" Bazar*

Benjamin F. Berman* Vellye E. Berman* Laurent Berteau Zalmon Blachman* Ada Fradel Blachman* Harry Braudrick Thomas Irving Cooper* Lowell Dougherty Verna L. Dreggors Daniel Ebert Teresa Eller Joseph I. Frieden Martin Goldner Jacob Goldstein* Irene Fass Gordon* George E. Hamovit* Mabel Hecht* Hannah Jacobs* Howard Manuel Jacobson Ben Jacobson* Fred Jacobson Arline Jarashow Sadie Kawalick*

Israel Maurice Kruger* Rose Landsberg Pauline R. Legum Steven Leibowitz Herbert Leterman* Jacob J. Leterman* Louis Leventhal* Mary Levy Nathan Mendelsohn Albert Mermelstein Augusta Metzger* David Millison Louis Jay Monat* Yetta Nicholson* Herbert Posner Bernard Rosenbaum Howard Rosenblatt Leatrice R. Sandler Julius Schlain Rhea Seagull Floyd Shipman Marcus Silverton Mitchell Smith Jonah Soble* Abraham Soltz Howard Spiegel* Tonny Emilie Theodorsen Sophie Wagenheim* Eldridge Waranch* Charles P. Weinberg* Mar 28 - Apr 3 Daniel Abramson Donald Allison Louis Belkov

Irving B. Kline*

Lottie Berk **Bessie Bernstein Rachel Grossman** Blachman Rebecca Bohrman* Abraham Brotman Annie Cash **Bessie Liebman** Codd* Mervin Cooper* Hershel Coplon Rabbi Arnold Fink Patricia Finkelstein

Lenore Finkelstein Albert Fox Herbert Friedman* Diane Getzen Naomi Giat Helene Gilbert Sidney Golding Estelle B. Goldman* Augusta S. Goodman* Leroy M. Goodman Jessie Greenberg Leo Hermann Samuel Himmelstein Rose S. Jacobson* Stanley Jason Celia Kaufman* Joyce Klein Albert Kupferman Hilda R. Lazaron Estelle Lefkowitz Hedy Lenz Alden H. Lerner* Sparks W. Melton* Florence Mendoza* Florence F. Meverson* Maurice Minskoff Ellura C. Porter Elmer H. Rager* Lena Raymond* Bernard Rivin Louise Rovner Morris Salomonsky* Henry Salzberger David Samler* **Beatrice Shapiro** Jean Sherman Rose Zins Siegel* Sadie Sobelman Sara Sterns Elizabeth Waldman Virginia M. Wallace Abe Wilks* Maria Zapatero Esther Zimmerman

CALENDAR&BIRTHDAYS

FRIDAY

6:30 pm

SATURDAY

9:00 am

5:30 pm

7:00 pm

SUNDAY

9:00 am

10:30 am

4:00 pm

THURSDAY

4:00 pm

7:00 pm

Rabbi Roz

FRIDAY

6:30 pm

Shabbat Services*

followed by Oneq

Torah Study

25

26

Torah Study 10:30 am

Shabbat Services*

followed by Oneg

Shabbat Services*

Family Havdalah

Hebrew School

Religious School

Passover Program

Passover Cooking

Anti-Racism Course with

with Larry Adler

Havdalah Hootenanny

with Jeanne & Bob Zentz

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MARCH EVENTS VIA ZOOM (UNLESS OTHERWISE INDICATED)

TUESDAY 4:00 pm House Committee Meeting 9:00 pm D'Bar Torah

WEDNESDAY 7:00 pm Men's Club Meeting

THURSDAY 4:00 pm Torah Study 5:00 pm **Executive** Committee Meeting 7:00 pm Anti-Racism Course with Rabbi Roz

FRIDAY 6:30 pm Shabbat Services* followed by Oneq

SATURDAY 9:00 am Torah Study 10:30 am Shabbat Services*

> **SUNDAY** 9:00 am Hebrew School 10:30 am **Religious School** Drive-thru 10:30 am Wiggles & Giggles

MARCH BIRTHDAYS

March 1 Bruno Schmitz

Maxine Tate March 2

Louis Grossman

Robin Kantor Nancy Millstein David Spiegel Vicki Wolfson

March 3 Lorie Beskin Steve Rosenberg

March 4

Joan Balaban Marsha Goldstein Esther Kline Nancy Nusbaum

March 6 Katie Howlett Matthew Krakower

March 7 Melodi Albert Faith Fuhrman

Martha Glasser March 8 Sheyna Dorfman Allison Quinn Wohlgemuth

Alice Twining March 9 Marjorie Brotman

Jon Lee Crockford Ed Lazaron Darby Lloyd Jill Miller

March 10 Diane Fine Scott Goodove John Rachels Dani Weinstein

Sisterhood Meeting & Making Matzah Class THURSDAY

4:00 pm Torah Study

WEDESDAY

6:00 pm

10

13



SATURDAY 9:00 am Torah Study

Shabbat Services*



10:30 am **Religious School** 4:00 pm Antisemitism: You and



THURSDAY 4:00 pm Torah Study

March 11 Diamonstein Alan Yanofsky

March 19 **Rochelle Gross** Lee Kastner

Melanie Tonelson March 20

Monique Burghart Debbie Casey Barry Dorsk Brian Feldman Stephen Pitler Jeff Stredler

March 21 David Adelman Ruth Goldberg Nichole Kushner

Paula Whitehurst March 22 Candace Altschul Alex Blau Lisa Siegel

Wayne Doolin Karen Fine Debbie Kurtz Sandi Levi Rosalin Mandelberg Chris Morrissey Elaine Schulman



Erev Pesach (1st Seder) 9:00 am Torah Study 10:30 am Shabbat Services*

SUNDAY

Pesach - Day 1 (2nd Seder) 6:00 pm Passover Second Seder & Virtual Haggadah



Pesach - Day 2 10:30 am Soup Kitchen 11:15 am Security & Emergency Preparedness Committee

TUESDAY Chol ha-Moed (Day 1) 9:00 pm D'Bar Torah



*denotes live stream event

To add an event to the Temple calendar, please email reservations@ohefsholom.org.

March 24

Dorolyn Alper Debbie Glaser Judy Jaffe Jerry Scheimberg Rick Shapiro Jackie Türner

March 25 David Bachman Elaine Cooper Leon Kosovsky

March 26 Stuart Buxbaum Julie Fink Kay Goldberg Jean Jaffe

March 27 Stephanie Caskill Allan Comess Joshua Klein Lorin Schwartz Rachael Trussell

March 28

Laurie Grant-Stredler Allison Kaye Sharon Smith Jeanne Zentz

March 29 David Beloff **Bill Berger** Joanna Mancoll

March 30 Kenda Council Michael Council

March 31 **Bill Bartel**

Lenny Frieden Jay Friedman Martha Javinsky Cynthia Katz Edward Legum Ina Levy Linda Schwartz

MARCH 2021



March 12 Kris Kennedy Joan Laderberg March 13 Cory Belkov

Nancy Helman Harvey Kagan Ron King Lauren Scolnick

March 14 Jeannie Frieden Marc Rabinowitz Charlotte Zito

March 15 Josh Adler David Brotman Judy Rubin

10:30 am SUNDAY

Hebrew School

Your Neighbor

7:00 pm

Arthur

D'Bar Torah

Board Meeting

March 16 David Jarvis Jack Rephan

Marcie King Patsy Rowland March 18

Renee Strelitz

Michelle Hobbs

Sherri Wisoff

March 23 Tonya Bennett

Tom Retnauer March 17 Ronna Adler





530 Raleigh Avenue, Norfolk, VA 23507 (P) 757•625•4295 (F) 757•625•3762 www.ohefsholom.org

Rosalin Mandelberg, Senior Rabbi Jennifer Rueben, Cantor Lawrence A. Forman, Rabbi Emeritus Non-Profit Org. US Postage Norfolk, VA Permit No. 230

🕸 THE POST BULLETIN BOARD 🅸

theatre dybbuk save the dates new program coming next month!

about the program one community, many stories At a One Community, Many Stories event,

theatre dybbuk creates a communal experience through creative writing, personal storytelling, and performance. The event personalizes and illuminates a theme, lifting up diverse voices within the community and bringing together all who attend.

about theatre dybbuk

theatre dybbuk creates provocative new works that blend physical theatre with dance, poetry, and music for exciting, utterly singular live experiences. The company explores the rich world of Jewish folklore, rituals, and history, building lyrical performances that illuminate universal human experience for contemporary audiences. https://www.theatredybbuk.org/

one community, many stories: Israel

In this special series of events, theatre dybbuk will help us uncover our own narratives connected to our relationships to Israel.

The company's team of professional actors will then read a selection of these narratives, sharing our stories with the community.

1st Session: April 13 | 7:00 pm

Story workshop – In this session, all participants will have an opportunity to write their stories, digging into their own histories and feelings.

2nd Session: April 20 | 7:00 pm

Presentation – At this virtual event, theatre dybbuk actors will read a selection of the stories that were created in the story workshop for any community members who care to join us!

– This program is sponsored by OST's Adult Education Committee and is made possible by a grant from the Helen G. Gifford Foundation. –

Ohef Sholom Temple Sisterhood Uniongram Order Form for March-April-May (2021)



***** ORDER DEADLINE IS March 20, 2021 *****

To order and pay for Uniongrams online, go to <u>https://ohefsholom.org/sisterhood</u>

-OR-

On the following pages, please circle the number before the name of each person to whom you want to send a Uniongram. Then mail the form, <u>along with a check for \$3 per Uniongram made payable to:</u>

OST UNIONGRAM FUND

Mail to: Ohef Sholom Temple % Mara Bates, Sisterhood Uniongram Chair 530 Raleigh Avenue Norfolk, VA 23507

Sender Name:______Sender Phone #:_____

Please PRINT CLEARLY on the line below how you want the Uniongrams signed (First Name/s/, Mr./Mrs./Dr., Mom and Dad, etc.):

Or you may write any special messages of 15 words or less below:

Uniongram # Message:						
Uniongram # Message:						
Uniongram # Message:						
Uniongram # Message:						
Number of Uniongrams @ \$3 each = \$						
If you wish, indicate here any additional donation you are including: \$						
Bill my OST account: Yes Check enclosed Yes						
The Women of OST Sisterhood thank you for your support!						

	ANNIVERSARIES	YEARS	DATE	-	
1	Robert & Lauren Bensink	30	5/26/91		
2	Pete & Diane Brunk	55	3/3/66		
3	Frank & Beth Campion	30	4/27/91		
4	Darren & Rebecca Dorfman	10	4/16/11		
5	Morris & Janyth Fine	45	4/17/76		
6	Mathew & Suzanne Freeman	5	5/29/16		
7	Alan & Janice Ganderson	50	5/16/71		
8	Jon & Ellen Harris	40	3/7/81		
9	Jerry & Jean Jaffe	70	4/19/51		
10	Brad & Kim Johnson	10	5/7/11		
11	Jack & Sandi Levi	35	3/29/86		
12	Marty & Rabbi Roz Mandelberg	20	3/7/01		
13	George & Linda Metzger	50	4/4/71		
14	Mark & Amy Metzger	10	4/16/11		
15	Paul & Debra Moore	40	5/30/81		
16	Alan & Susan Nordlinger	55	5/29/66		
17	Larry & Susan Quate	35	3/15/86		
18	Bo & June Saks	45	April 10		
19	Neal & Lisa Schulwolf	30	May 25		

UNIONGRAMS - March 2021 (Covering March - April - May 2021)

	WEDDINGS	DATE	
20	Caitlin Shipman & Travis Jones	May 22	

	B'NAI MITZVAH	DATE		
21	Sydney Halpern	April 24	daughter of Michelle & Steven E. Halpern	
22	Levi Firoved	May 1	son of Mandi & Ross Firoved	
23	Max Salomonsky	May 22	son of Jill & Daniel Salomonsky	
24	Megan Helman	May 29	daughter of Nancy & Philip Helman	