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530 Raleigh Avenue Norfolk, VA 23507 757.625.4295 (F) 757.625.3762 ohefsholom.org



April 1 | 19 Nisan Torah Study - 4:00 pm

April 3 | 21 Nisan Pesach VII Torah Study - 9:00 am Parashat Pesach VII Exodus 13:17 - 15:26 maf: Numbers 28:19 - 28:25 Haftarah: II Samuel 22:1 - 51

April 4 | 22 Nisan Pesach VIII

Parashat Pesach VIII Deuteronomy 15:19 - 16:17 maf: Numbers 28:19 - 28:25 Haftarah: Isaiah 10:32 - 12:6

April 8 | 26 Nisan Torah Study - 4:00 pm

April 10 | 28 Nisan Torah Study - 9:00 am Parashat Shmini Leviticus 9:1 - 11:47 Haftarah: II Samuel 6:1 - 7:17 April 15 | 3 lyyar Torah Study - 4:00 pm

April 17 | 5 lyyar Torah Study - 9:00 am Parashat Tazria-Metzora Leviticus 12:1 - 15:33 Haftarah: II Kings 7:3 - 7:20

April 22 | 10 lyyar Torah Study - 4:00 pm

April 24 | 12 lyyar Torah Study - 9:00 am Parashat Achrei Mot-Kedoshim Leviticus 16:1 - 20:27 Haftarah: Amos 9:7 - 9:15

April 29 | 17 lyyar Torah Study - 4:00 pm

Light the Shabbat Candles with Us!

Volunteer today and sign up online at ohefsholom.org to light the Shabbat Candles with Rabbi Roz and Cantor Jen during our live stream services!



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Rabbi Emeritus Lawrence A. Forman rabbiforman@ohefsholom.org

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Counting Our Blessings: May They Be Many

ear OST Family,

Talmud (Menachot 43b) teaches that we should say 100 blessings every day, no matter what challenges that day presents. While we would have never wished the hardship and heartbreak of the pandemic on our community or our world, this concept in our tradition teaches us that there are blessings to find within it. The justification for this practice is that it helps to connect us to the Divine and live a life of gratitude. On a more practical level, finding the blessings in our challenges helps us to grow so we can face the next challenge with optimism and strength.

And so, let us consider just a few of the blessings that the past year has brought to our OST community.

In our time apart, we have found countless new ways to connect with each other. From the thriving, constant conversation in our Ohef Sholom Friends Facebook group to the use of Zoom and Facebook Live allowing far-away family and friends to celebrate and mourn together to the many who have rediscovered the value of regular Shabbat practice through our livestreamed services, we have learned to expand our perception of what it means to live our Judaism beyond the walls of our synagogue. Soon, we will begin to slowly gather again, but these new modes of connection will forever be a part of our Jewish life. This is a blessing.

Being forced by circumstances to develop our online presence has also enabled us to welcome new people into our folds. Many people from near and far have begun regularly attending our services and programming. This came at a time when all evidence pointed to a trend of declining interest and participation in religious practice. This period of isolation has been an opportunity to reevaluate priorities and our needs, and so many are discovering that we need spiritual connection to each other and to God. We cherish the people who have found their way to us in the midst of this pandemic, and we hope that they will stay with us well into the future. They are a blessing.

So many in our OST family have tapped into their creativity and resourcefulness to help people who are struggling. Volunteers with our Love Thy Neighbor initiative have delivered meals to frontline workers, built furniture for families in need, and run a vaccine clinic for our immigrant



Contact Clergy
Rabbi Roz & Cantor Jen
rabbi@ohefsholom.org
cantorjen@ohefsholom.org

community. Our Soup Kitchen and NEST heroes have found ways to safely serve our homeless quests despite the challenges of social distancing. Members of our Caring Committee regularly call people who are lonely, sick, or grieving, ensuring that they know that their community cares for their wellbeing. Most recently, OST has developed a grassroots vaccination effort. A dedicated group of volunteers has helped find vaccine appointments for well over 100 people and counting. We will never know how many lives this effort has saved, but we do know that each person who is vaccinated is a step toward a solution to this pandemic. Pirkei Avot teaches, "Mitzvah goreret mitzvah," one mitzvah leads to another. We are so proud of how our community has stepped up to make the world a little safer and brighter for everyone we touch, and we know that these efforts create a ripple of blessings which spread to make the world a better place.

As we begin to contemplate a return to a more normal way of life, may we each consider the blessings we have discovered along the way and carry them with us, emerging from this experience with awareness, strength, and gratitude. *Keyn yehi ratson* -- may it be so.

L'Shalom,

Rabbi Roz and Cantor Jen



PRESIDENTIAL ADDRESS



Terri Denison Budman President president@ohefsholom.org

It's Time for Hope

assover generally signals the arrival of spring, a season of renewal and hope, of looking forward to brighter days – both literally and figuratively.

At Ohef Sholom, I see plenty of bright light ahead as we begin to emerge from this dreadful pandemic.

One bright example is the Nominating Committee's slate presented at last month's board meeting. The committee's chair, Charlie Nusbaum, and those who served with him, produced a solid, experienced, and creative slate of officers to carry us forward, with John Cooper as our next president and Sharon Nusbaum as first vice president.

But it's not only the officers that are cause for celebration – it's the welcoming of new members to the board of directors, including Frank Campion, Byron Harrell, Deb Higgins, and Eliot Weinstein. With this group, in addition to returning board members and the other officers – Barb Gelb as second vice president, Mike Jaffe as treasurer, and Steve Kocen as secretary – Ohef Sholom's leadership reflects tremendous stability and hope.

Another bright spot for OST is the number of our congregants who have received the vaccination, coupled with the outreach and networking through Ohef Sholom that has taken place to enable some to get the shot. Certainly, the more who are 'proud carriers' of the vaccine card, the sooner we'll be able to gather again.

Both a visual and audio bright spot, the technology to stream our services and events from our Temple's sacred spaces – our chapel and sanctuary, are finally nearing completion. My personal hope is that by the time you read this, we're in tune, so that you can tune in.

And, since the days are getting warmer, as well as brighter, we are planning a couple of outdoor gatherings for next month. You'll hear more about them soon.

Still, like the Israelites' time in the desert, all is not easy, as we must navigate the journey of managing our financial house. Lawrence Steingold leads a budget committee that methodically examines our finances, seeking new sources for revenue and like with a surgeon's scalpel, produces a balanced budget year after year. All of these number-oriented minds deserve our appreciation for wading through spreadsheet after spreadsheet. This is no easy task, and a balanced budget really can only be accomplished when we all contribute, and whenever possible, more than our fair share.

In addition to Passover, this month we celebrate Yom Ha'atzmaut, Israel Independence Day, which reminds me of the Jewish state's national anthem, Hatikvah – The Hope.

Hope, coupled with our dedication and determination, will help propel us to even better and brighter days ahead.

L'Shalom,

Terri Denison Budman



MA7FI TOVI



Congratulations to Sydney Halpern on her upcoming Bat Mitzvah on April 24!

Sydney is the daughter of Michelle & Steve Halpern, the granddaughter of Sally & Steve Kocen and Marcia & Stanley Halpern* (*both of blessed memory), and sister of Gavi, Eva, Ahna and Jillian.

ANNOUNCEMENTS

Mazel Tov to Arlene & Jack Rephan on the birth of their great-grandson, Walker James Smith, son of Sarah Thalhimer-Smith & Trent Smith of Alexandria, VA, born on February 19, 2021, weighing 7 lbs, 9 oz. Proud grandparents are Amy & Richard Thalhimer of Richmond, VA.

Mazel Toy to Matthew Fine for his invaluable service these last 20 years as he steps down from being a board member for the HOPE HOUSE FOUNDATION, helping adults with developmental disabilities to live independently in their own homes.

Mazel Toy to Amy Metzger for being Atkinson Realty's February Listing Agent of the Month!

CONDOLENCES Ohef Sholom offers heartfelt condolences to the following members & friends:

Heather Beloff (David) on the loss of her father, Ron Dean Kelley.

Eddie Waitzer (Kathy) and Brad Waitzer (Terry) on the loss of their mother, Leah Waitzer.

Erin Balaban (Jody) on the loss of her grandmother, Evelyn McGrattan.

Dr. Jon Crockford (Patty) on the loss of his father, Jon E. "Jack" Crockford.

Elyse Stedman (Stephen) on the loss of her mother, Rosalind Pincus.

Vaccinate Virginia: COVID-19 Vaccine Statewide Pre-Registration



To register for the vaccine or to check if you're already registered: https://vaccinate.virginia.gov/preregister.html



ECOJUDAISM

Rejoice, It Is Spring

uring the spring, the hymn "Behold It Is the Springtime of the Year" comes to mind. The lyrics are by the British Jewish poet and scholar Alice Lucas. Those lyrics celebrate the incredible and joyful changes that are happening every second during this season as well as the creator of those changes. For those who look and observe carefully there is a lot to behold.

One plant that announces the arrival of spring is the daffodil (also called narcissus). These sunny cheery flowers on their tall stems do not seem care about the weather once they are up and growing. Many varieties of daffodils have been developed by plant breeders giving us a large variety of cup and petal shapes, sizes, and color variations. This plant is also one that can be found in the Bible in Isiah 35:1,2.

The wilderness and the parched land shall be glad: and the desert shall rejoice and blossom as the **rose**.

How did we get from a narcissus to a "rose?" The flower referred to in the passage is from a plant with a bulbous root structure which roses do not have. Based on old Hebrew writings and texts, scholars have determined that the plant referred to is *Narcsissus tazetta* which grows naturally in

Israel and in the Mediterranean area. The bright yellow flowers brighten the hills and landscape in late winter and early spring.

Another plant that we associate with spring is parsley, which is part of the Apiaceae famly. Parsley is not a plant that is included in the Bible but it is traditionally used in our Passover



Curley Parsley and Fennel are both members is the **Apiaceae** family.



Seder. A more notorious parsley relative is in the Bible. This plant is found in HOSEA 10:2,3-4.

They swear falsely, they make covenants; thus judgement springeth up as **hemlock** in the furrows of the field.

You may think of Socrates and poison when you think of hemlock. Hemlock is a poisonous plant in the *Apiaceae* family. Its relative the giant hogweed has made an appearance in our state. Hogweed is not only poisonous if ingested but touching it can cause major skin burns. Hogweed can grow to be 15 to 20 feet tall. This is an invasive and dangerous plant that needs to be carefully and quickly removed. It also is a painful example of why it is important to be careful about what we plant and where we plant it.

All plants in *Apiaceae* family have a large taproot. Many of them are ones that we eat such as carrot, parsnip, dill, and celery. Most are hosts plants for swallowtail butterflies. The blossoms in this group of plants are composed of flat clusters of flowers called umbels. These plants are good for pollinators and are insect friendly.

In Alice Lucas's lyrics she writes about the joy of spring and reminds us to rejoice in our heritage and the freedom that we have been given from God. In this month, that includes Earth Day on April 22, our thoughts and actions need to include everyday care of the natural environment through our choices and actions. During this special month we can and must do more.

Jackie Haywood EcoJudaism Chair jackiewoh2@yahoo.com | 757-588-7687



SISTERHOOD

e hope you joined us as we celebrated Passover by learning how to cook Matzah the traditional way. Thank you to Abbey Pachter and Nina Kruger for their leadership and help with this. By the time you read this, we should already be celebrating Passover. Maybe, just maybe, we will all be having a little more freedom, which this holiday observes.

I have had some inquiries about more crafts so we will try and make this happen. We are also planning another Book Club so watch for details for this and other events coming your way in the near future.

Since our Sisterhood was a founding member of our national organization in 1913, we have re-joined the WRJ, Women of Reform Judaism. They also have articles and activities which may be of interest to you. Please visit their website at *WRJ.org* or signup for the WRJ Mid-Atlantic District newsletter, The Candle, at

https://wrj.org/newsletter. I will also be glad to forward it to you if you would like. Just email me at sisterhood@ohefsholom.org.

Our mission, as stated on the website:

"OST Sisterhood is a community of welcoming women from all walks of life who meet for spiritual, educational, and social growth through Judaism. Our diverse members are all ages and come from varying backgrounds, allowing

Gail W. Bachman
Sisterhood President
sisterhood@ohefsholom.org

us to join together to serve the needs of our congregation and community, while cultivating life-long friendships."

As we continue to look for ways to engage the women of Ohef Sholom, we welcome your ideas and hope you will join us. If you have not yet officially updated your membership, please look for the link in the *As the Temple Turns* or just check the Temple's website. New Temple members get a free membership for their first year.

Yours in Sisterhood,

Gail

Cell: (757) 646-2281 | sisterhood@ohefsholom.org

MEN'S CLUB

his past March, we had a very productive zoom meeting. We discussed some key issues dealing with financial assistance for the Temple. We were told the chairs on the *Bimah* in the sanctuary needed repairing and re-covering. The request for Men's Club helping with funding this project was unanimously approved.

A project near and dear to my heart is the Purim Carnival. The Men's Club has helped with this for many decades because we want to be sure our youth groups - OSTY/JOSTY - are well taken care of. Since this event did not happen, I am pleased and proud to say that we voted to donate \$500 to assist our kids with attending future *Kallahs*.

Please come to our next meeting, on April 7 at 7 o'clock. We can use your ideas and input.

Sincerely,

Tom

Cell: 757-635-0682 | mensclub@ohefsholom.org

UPCOMING MEETINGS:

April 7 May 5 June 2



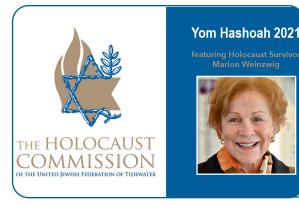
BECOME A MEMBER ONLINE:

ohefsholom.org/mens-club/





UPCOMING PROGRAMMING APRIL



April 8 | 6:45 pm

Yom Hashoah 2021 featuring Holocaust Survivor Marian Weinzwig

Ohef Sholom Temple is proud to host the Holocaust Commission of the UJFT's livestream event featuring Holocaust Survivor, Marion Weinzwig of Arizona, where we will HONOR AND REMEMBER all those involved in the Holocaust. Tune in for the livestream on our Facebook page at https://www.facebook.com/ohefsholomtemple/



April 9 | 6:30 pm

Men's Club Shabbat Service: Holocaust Remembrance featuring guest speaker ODU Professor Annette Finley-Croswhite

Please join us for a special Shabbat Service hosted by the Ohef Sholom Temple Men's Club. Our guest speaker will be ODU History Professor Annette Finley-Croswhite, who will speak on her forthcoming book, Esther's Shadow: French Memory of the Shoah and Why it Matters. Tune in for the livestream of services on our Facebook page at https://www.facebook.com/ohefsholomtemple/



April 11 | 10:30 am

Wiggles & Giggles: Yom Ha'atzmaut

Book: Grover Goes to Israel

Specifically for young children, age three months (or younger) to four years and their families. Wiggles & Giggles uses play, stories, crafts, music and movement to introduce very young children to their Jewish world.

Zoom Link: https://us02web.zoom.us/j/87410205578



one community many stories

April 13 & 20 | 7 - 9 pm

theatre dybbuk: one community many stories: Israel
In this special series of events, theatre dybbuk will help us

uncover our own narratives connected to our relationships to Israel. The company's team of professional actors will then read a selection of these narratives, sharing our stories with the community. This program is made possible by a grant from the Helen G. Gifford Foundation and brought to you by Ohef Sholom Temple's Adult Education Committee.

RSVP REQUIRED to: reservations@ohefsholom.org



April 13 & 27 | 9 pm

D'Bar Torah

For young adults, ages 21-42. Please join us for our virtual D'Bar Torah every other Tuesday evening. Eliot Weinstein and Nina Kruger invite you to grab a beverage and join them on Zoom for Torah study and adult conversation.

To join D'Bar Torah, call Nina at 757-625-4295 or email her at *membership@ohefsholom.org* for the Zoom link and password.



April 14 | 7 pm

Sisterhood Presents: Yoga Can be Done Here, There AND in a Chair with Carol Dalton

All are invited to join Sisterhood for a participatory chair yoga program with yoga teacher, Carol Dalton, that will focus on breathing, movement and meditation, tools that can be used everyday to provide calm and confidence, particularly during these uncertain times. RSVP to reservations@ohefsholom.org or call 757-625-4295.



April 17 & May 15 | 7 - 9 pm

Havdalah Hootenanny with Jeanne & Bob Zentz

On the third Saturday of the month from 7-9 pm, join Jeanne and Bob Zentz on Zoom for a "Zing-along." Bring your own song, request a song, read a poem, tell a story, play an instrument, share some pictures... whatever you like! Everyone takes a turn and participates as they wish, in the style of good ol' community singing and sharing.

All ages and all folks are welcome!

Zoom Link: https://us02web.zoom.us/j/86705155820



April 26 | 10:30 am - 1 pm

Soup Kitchen

Our Soup Kitchen offers so much to guests and volunteers alike, yet we need volunteers to continue these good deeds every month. Spend a few hours helping to feed and provide basic clothing and toiletry items to 75-80 very appreciative folks in need. All COVID-19 precautions will be followed. Are you available to fulfill this mitzvah?

If so, please contact Dorianne Villani at 757-617-8624 or dvillani@cox.net.



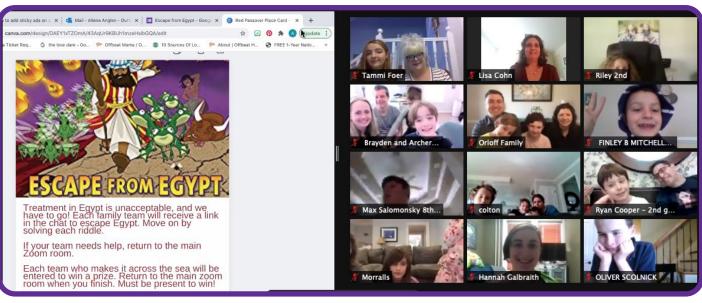
RELIGIOUS SCHOOL UPDATE

Our Weird But Wonderful Religious School Year!

s our Religious School year is drawing to a close and we look back on this very challenging time, I am pleased to report that in spite of all the challenges, our Sunday Learning has been quite successful. We have had wonderful cooperation with everyone working together. We are so grateful to the Religious School Committee, chaired by Tammi Foer and Alyson Morrissey, and our wonderful teachers and staff for the very hard work, dedication and creativity that made this year a great experience for all. And we especially want to thank all our families for their continued support, participation and encouragement.

Last year, right after our Purim Carnival, we closed our doors to in-person education and opened the door to online (Virtual) learning ... and learning in a scary crisis.

Since we had to resort to a distance – almost detached – approach, we needed to learn new ways to reach our students and teach them virtually, completely reconstructing all of our classes to do so. It looked like we could be virtually educating for a long while, so we needed more than a quick fix. We needed to plan for the next year.







Our major option was to offer school on Zoom. Because of the length of time and number of classes, we had to purchase the Educational Zoom program. All of our teachers needed and received special Zoom training. We are so grateful to the United Jewish Federation of Tidewater and the Tidewater Jewish Foundation for their grants that made it possible to purchase the Zoom Educational Program and provide Zoom training and other virtual enhancements to enrich our classes. As our inschool curriculum simply was not suited to distance learning, we had to develop a new curriculum.

We were lucky to find a group of other Jewish educators that also needed a new curriculum. Working together with the Jewish Education Council of Cleveland, who received a grant to write it, we helped to develop *La Bri'ut*, which is Hebrew for *To Our Health and Welfare*, a curriculum that specifically deals with the problems of isolation, fear, and illness that a pandemic brings.

Our teachers participated in online training for teaching the new curriculum. And we had a lot of new technology to figure out. These things took up much of our summer. The curriculum called for a box of study and arts & crafts materials for each of four 5-week sessions to be distributed to each student. We didn't want to over burden parents who were already overwhelmed with the changes in regular school so we set up four drive-through dates when families could come and get their box of complete supplies. This has been our only in-person contact, and of course, it is with socially distancing and masks on everyone, but still nice for the teachers to greet each student in person, even at a distance.

Our teachers added many interesting interactive learning activities and the classes play games and do crafts together to help alleviate the screen time.

Our virtual family holiday programs have been as exciting as we could make them.

All in all it has been a good year thanks to all of you who participated. We are looking forward to the time we can all be together again in person. Next year in Ohef Sholom Temple!

For more information on Ohef Sholom Temple's Religious School program, please contact Kitty Wolf at 757-625-4295 or kitty@ohefsholom.org.



UPCOMING RELIGIOUS SCHOOL DATES

APR. 4 No Religious School

APR. 11 9:00 am Hebrew 10:30 am Religious School Wiggles & Giggles

APR. 18 9:00 am Hebrew 10:30 am Religious School

APR. 25 9:00 am Hebrew 10:30 am Religious School

wiggles & giggles with a Jewish Twist

April 11 at 10:30 am

Yom Ha'atzmaut Book: Grover Goes to Israel

May 2 at 10:30 am

Jewish Year of Colors Book: Jewish Year of Colors

Specifically for young families and children, birth through four years, Wiggles & Giggles introduces young children to their Jewish World. For more info call 757-625-4295 or contact Kitty Wolf at kitty@ohefsholom. org or Allena Anglen at allenahurwitz@gmail.com.

Zoom Meeting ID: 874 1020 5578 |

Passcode: 469923

ADULT EDUCATION



April 13 & 20 at 7:00 pm

about the program

one community, many storiesAt a One Community, Many Stories event, theatre dybbuk creates a communal experience through creative writing, personal storytelling, and performance. The event personalizes and illuminates a theme, lifting up diverse voices within the community and bringing together all who attend.

about theatre dybbuk

theatre dybbuk creates provocative new works that blend physical theatre with dance, poetry, and music for exciting, utterly singular live experiences. The company explores the rich world of Jewish folklore, rituals, and history, building lyrical performances that illuminate universal human experience for contemporary audiences.

https://www.theatredybbuk.org/

one community, many stories: Israel

In this special series of events, theatre dybbuk will help us uncover our own narratives connected to our relationships to Israel.

The company's team of professional actors will then read a selection of these narratives, sharing our stories with the community.

1st Session: **April 13 | 7:00 pm**

Story workshop – In this session, all participants will have an opportunity to write their stories, digging into their own histories and feelings.

2nd Session: April 20 | 7:00 pm

Presentation – At this virtual event, theatre dybbuk actors will read a selection of the stories that were created in the story workshop for any community members who care to join us!

RSVPs are REQUIRED for this event!

Please email reservations@ohefsholom.org to secure your spot today!

ADULT EDUCATION CONTINUED



with Rabbi Roz, Cantor Jen and Janice Kaplan



HOW A YEAR LOOKING ON THE BRIGHT SIDE CAN TRANSFORM YOUR LIFE

As we emerge from quarantine, how will we live differently? What can Judaism teach us about living a life of happiness? What is the role of gratitude in happiness? What are some meaningful ways to move forward? Join us for a **three-part series** on "Finding Happiness" with Rabbi Roz, Cantor Jen, and Author Janice Kaplan.

This event is brought to Ohef Sholom Temple through the United Jewish Federation of Tidewater and the Simon Family JCC's Lee and Bernard Jaffe Family Jewish Book Festival, held in coordination with the Jewish Book Council, the only organization in the organized American Jewish community whose sole purpose is the promotion of Jewish books.

Save the Dates!

Tuesday, May 11 at 7 pm Part 1 with Rabbi Roz Happiness: The Jewish Way

Tuesday, June 8 at 7 pm Part 2 with Janice Kaplan The Gratitude Diaries: How Gratitude Works

Tuesday, July 13 at 7 pm Part 3 with Cantor Jen The Way Forward



Author Janice Kaplan

Please be on the lookout for more information and registration details coming soon!



WE APPRECIATE THE THOUGHTFULNESS OF THOSE WHO SUPPORT OST

*Jay Legum

by remembering and honoring their friends and loved ones through their generous contributions.

Donations can be submitted to Temple via mail, over the phone, or online at https://ohefsholom.org/donations/

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KURT'S CLUB

In Memory of: ROSE ROSENBACH Harriet & Gerry Bloom *Wendy Brodsky Barbara Dudley Lois & Barry Einhorn

*Jane & Lenny Frieden Ellen & Jon Harris Lyn Horowitz *Í inda & Morty Kaplan Ida & Bill Kittner *Bonnie & Jeff Laibstain Roslyn & Barney Michael *Jeanne, Julius & Bessie Miller

*Susan & Alan Nordlinger *Ann

*Sharon, Bill & Leigh

*Becky & Jim Owens *Paula Russel *June & Bo Saks Betsy & Andy Saslawsky *Lynn & Bob Seltzer *Ćarol & Lou Sherman *Mary Soule & Amy Camp *Nancy & Alvin Wall

LIBRARY FUND In Honor of:

Dorothy Zimmerman

DAVID TITUS Debbie & Mark Friedman

LOVE THY NEIGHBOR FUND

In Memory of: **EVAN DARROW** *Beth & Richard Diamonstein MARTY FINHORN *Terri & Lonny Sarfan *Nash Tillotson HELEN KOLTUN *Terri & Lonny Sarfan

MEN'S CLUB In Memory of: MARTY EINHORN

*Mark Hecht

RABBI ROSALIN MANDELBERG'S DISCRETIONARY **FUND**

In Honor of the Anniversary of: RABBI ROZ & MARTY MANDEI BERG Sandy & Marty Mendelsohn

In Memory of: MARTY EINHORN *Suzanne Barr *Jodie & Jack Frieden Betty Hecht *Jane & Dan Laibstain *Jay Legum CLEMENT HAROLD GOLDEN Connie & Gerald Golden JOSEPH GOLDMAN *June Goldman Roslyn & Barney Michael ALVIN MARGOLIUS

Suzanne Barr

Betty Hecht

Betty Hecht

Suzanne Barr

I FAH WAITZER

*Buzzy Schulwolf

ARLENE ZENO

*Suzanne Barr

ROSE ROSENBACH

*The Buckman Family

*Jane & Dan Laibstain

In Memory of: TED ADLÉR *Suzanne Barr Betty Hecht Judý & Mannie Smith MARTY EINHORN

*Barbara & Bill Hearst *Arlene & Jack Rephan

*Nancy & Alvin Wall *Gerald Zeno, Rebecca Smith & Luke Smith Wishing a

Happy Birthday to: RABBI ROZ MANDELBERG

*Debbie & Larry Kurtz

OHEF SHOLOM FOUNDATION UNRESTRICTED FUNDS

In Memory of: DR. TED ADLER *Minette & Charles Cooper *Arthur, Beth, & Richard

Diamonstein and Anne & Lawrence Fleder

MARTY EINHORN Sally Adler *Sally & Steve Kocen **ROSÉ ROSENBACH** Sally Adler
*Minette & Charles

Cooper *Jodie & Jack Frieden *Sally & Steve Kocen Sharon Leach *Jay Legum *Judy & Bob Rubin

ARLÉNE ZENO Sally Adler *Minette & Charles Cooper

GAIL WASSERMAN BACHMAN EDUCATIONAL FUND

In Memory of: JUDY EICHELBAUM *Gail & Tom Bachman MARTY FINHORN *Gail & Tom Bachman ROSE ROSENBACH *Gail & Tom Bachman ARLENE ZENO *Gail & Tom Bachman

SISTERHOOD

In Memory of: MARILYN KIRSCHNER Harriet & Gerry Bloom ROSE ROSENBACH *Marsha & Marty Moody

SISTERHOOD FLORAL FUND

In Memory of: LEE J. HOFHEIMER *Marcia Hofheimer DR. ROLAND KOSLICK Gabriele Jiannas BETH STEPHANIE KRAKOWER Sheila & Matthew Krakower

TEMPLE FUND

Jeffrey Chernitzer

*Phyllis Chernitzer *Susan & Andrew Cohen

*Robin Cowherd *Esther & Glenn Diskin Barbara Dudley *Jane & Frederick

Dantonio *Beverly & Alan Frieden *Jane & Lenny Frieden

*Greta Gustavson *Joyce & Harry Graber *Susan & Paul Hirschhiel

*Carol & David Hirschler *Janet & Billy Kass *Jodi & Jay Klebanoff

& Family Sharon Leach Brenda & Sheal Lisner *Carol & David Pariser Barbara Pributsky *Judith Rachels

Arlene & Jack Rephan Lisa & Murray Rosenbach *Sara Jo & Joel Rubin

*Paula Russel *Margaret & Bill Sawyer *Patti & Paul Seeman

*Carol & Lou Sherman *I eslie & Michael Shroyer *Bradley Waitzer *Nancy & Alvin Wall Barb Gelb & Kenny

Weinstein JOSEPH GOLDMAN *Suzanne Barr *Susan Clayman LONA S. GRUBER *Jane & Lenny Frieden NAOMI HECHT

Emmy Lou & Arthur Kreger MARILYN KIRSCHNER

Brenda & Sheal Lisner HELEN KOLTUN *Suzanne Barr

*Marc, Mary Ann & Kate Caplan

*Marilyn Goldman Jody & David Laibstain Arlene & Jack Rephan *Sue Ellen & Seymour Teach

JEROME PERLMAN *Sally Adler *Terri Lea Bayless

& Children *Carol & David Pariser GERALD PRIBUTSKY Marsha & Lewis Hirschler ROSE ROSENBACH

Joyce & Harry Graber *Laurie & Neil Halpert & Family

*Beth & Nathan Jaffe *Jodi & Jay Klebanoff & Family Carol & Leonard

Laibstain *Cat & Charlie Lineberry Arlene & Jack Rephan *Margaret & Bill Sawyer PEARL SCHERR *Margaret & Bill Sawyer ARI FNF 7FNO *Elise Berkowitz

*Charlotte Corey & Alice Cooper Goodman Inez & Lloyd Cox *Sarah Deaver & Ben

Towle *Jane & Lenny Frieden *Faith Fuhrman *Anne & James Gildea *Helene & Bernie Grablowsky

Ellen & Jon Harris *Carol & David Hirschler *Angelita & Raul Ilagan Wendy & Albert Konikoff Emmy Lou & Arthur

Kruger *Aline & Neil Landy Irene Mazel llene Putterman

*Brenda Rountree *Madeleine & Alan Samuels

*Viky L. Wood & James Sellers

*Bobby & Mimi Stein *The Center for Arthritis & Rheumatic Diseases *Ruth Weinberg

Speedy Recovery to: GERALD ADELMAN *Connie & David Adelman VIVIAN MARGULIES

*Elise Berkowitz With Appreciation to: RABBI ROZ

MANDELBERG & CANTOR JEN RUEBEN *Janet & Billy Kass With Appreciation: *Elizabeth & Tom Murphy

CHUCK WOODWARD MUSIC FUND

In Honor of Receiving the VCIC Humanitarian Award: LAWRENCE STEINGOLD Elavne Axel

*Marilyn & Stuart Buxbaum In Memory of: MARTY EINHORN *Marge & Harold Anten

*Cantor Jennifer Bern-Vogel & Ira L. Vogel *Terri & Steve Budman *Marilvn & Start Buxbaum

*Arleen Cohen Susan & Jim Eilberg *Claire & Marvin

Friedberg *Martha & Rob Goodman *Barbara & Bill Hearst

*Joyce & Jay Kossman *Ted Kruger Debbie & Larry Kurtz *Bonnie & Jeff Laibstain

*Jeanne & Julius Miller *Marsha & Marty Moody *Ann

*Nancy & Charlie Nusbaum and Beth Curtiss *Randy & Irving Pike *Ann & Paul Rudd *Ruth Schepper *Pam & Dan Snyder *Baila & Bruce Waldholtz

*Beth & Rolf Williams DR. HARLEY ELLMAN *Blanche B. Nusbaum JOSEPH GOLDMAN *Marilvn & Stuart

Buxbaum

REGINA S. KATZ *Marsha & Lewis Hirschler

HELEN KOLTUN *Marilyn & Stuart Buxbaum

*June & Bo Saks ROSE ROSENBACH

*Blanche B. Nusbaum *Marilyn & Stuart

Buxbaum LEAH WAITZER

*Elayne Axel *Marilyn & Stuart Buxbaum

*Martha & Rob Goodman Ruth Schepper

ARLENE ZENO

*Susan & Jim Eilberg *Blanche B. Nusbaum

*Nancy & Charlie Nushaum

LOUIS H. & ANNE K. FRIEDMAN TREASURER'S FUND

In Honor of the Birth of Celia & Jay Friedman's arandson: ADEN ROTENBERG Debbie, Mark & Bradley Friedman

In Memory of: ROSE ROSENBACH Celia & Jay Friedman

LESLIE LEGUM CAMP **SCHOLARSHIP** FUND

In Honor of the Bar Mitzvah of: LEVI FIROVED Sandy & Marty

Mendelsohn In Memory of: HELEN KOLTUN *Betsy & Erik Cooper L. DAVID LEGUM

*Jay Legum
PAULINE ROTHSCHILD LEGUM

*Jay Legum



Investing in the Future, Investing the 175th Funds

ne of the most important aspects of development or fundraising is donor stewardship. It is vital to create and cultivate relationships with donors that, when done with proper care and intention, grow stronger and more meaningful over time. Fostering these relationships is a vital component in creating a culture of gratitude and philanthropy.

We continue to express our sincere gratitude to all who made the 175th Anniversary Campaign such a success. We want to keep you, our donors, informed and engaged with how your gift is being strategically invested and managed and its continued impact on our OST community. Our hope is that by sharing this information with you, you can rest assured your gift is being used to its maximum potential.

The campaign raised \$1,756,000. To date, we have collected \$1,243,146, which have been deposited at TowneBank as they have been received. In order to financially secure the funds as well as maximize the potential of these funds, an Ad Hoc Investment Task Force was created to explore how best to achieve these goals. Under the leadership of long standing OST member Jay Legum who currently serves on the Finance and Development Committee, the Investment Task Force developed a strategic plan of investment for the funds.

Byron Harrell, a member of the Investment Task Force, offered this explanation of the investment strategy, which primarily aims to minimize risk while staying true to our fiduciary responsibility:

"We collectively decided that we wanted to have a conservative posture with a time frame of 6 months to 10 years while avoiding investing in equities," explains Byron. "We decided to invest the money in three tranches while keeping under \$50,000 in TowneBank. The first tranche will be invested in several money markets with the idea of short term liquidity. The second tranche is invested in laddered Certificate of Deposits at several financial institutions at different maturities. The third tranche is invested in a short term duration core bond managed by Lord Abbett. This fund is managed for income by investing in broad range high-quality, short duration bonds, limiting credit risk and interest rate risk. Collectively this will give the temple access for

short term needs and will allow us to take advantage of higher interest rates when they move higher."

The Investment Task Force's recommendation was approved by the F&D LIFE & LEGACY MASSURING JEWISH TOMORROWS

A program of the
HAROLD GRINSPOON
FOUNDATION

Committee and then the Temple Board in February. This investment strategy, along with the Capital Replacement Allocation Plan created several years ago, will allow us to expertly manage and maximize the funds raised over the next decade and beyond. We hope both these plans together give you, our donors, a solid sense of comfort and faith that your dollars are being used wisely and with careful consideration. Trust is built by acts of trustworthiness and is the foundation of any healthy and meaningful relationship.

Together we have created a strong foundation for our community for today and tomorrow. We truly have worked hard to foster a culture that understands the value of giving back, and paying it forward, of caring and providing for all. As always, our sincere gratitude to, and for, you!

For more information, please contact Matthew Fine, Ohef Sholom Foundation President, at matthewfine@cox.net or 757-407-1368.

Rachael Nusbaum LIFE & LEGACY lifeandlegacy@ohefsholom.org









LIFE & LEGACY: YEAR 4 SUMMARY REPORT

e are pleased to share the following LIFE & DEGACY: Year 4 Summary and Report, which details Ohef Sholom's successes throughout the program. When we partnered with the Harold Grinspoon and the Tidewater Jewish Foundation at the start of this program, we couldn't have predicted what a wild success it would be. Together, we created a strong foundation for the future for our Jewish Community.

Year 4 Ohef Sholom Highlights:

- In 4 years, Ohef Sholom Temple secured 81 new commitments totaling an estimated \$3,557,148 in current and future endowed gifts.
- Of those 81 commitments, 65 (85% goal achieved) have been formalized, deferred, or lost.
- 8 new commitments were secured in 2020 (goal achieved).
- Ohef Sholom Temple has done an exceptional job achieving the annual program goals. The organization is leading the community in total number of commitments secured. In 2020, the team achieved both the base and stretch goals earning a total of \$10,000 in incentive grants for their organization.

Gift Stage Details:

OHEF SHOLOM TEMPLE				
Formalized	65 (80.3%)			
Committed	12 (14.8%)			
Deferred (to be formalized at a later date)	3 (3.7%)			
Lost (donor declined to formalize)	1 (1.2%)			
TOTAL:	81 (100%)			

Type of Asset to be Gifted (lost gifts excluded):

OHEF SHOLOM TEMPLE						
Asset Type	# of Gifts	% of Total Gifts	Estimated Dollars Committed	% of Total Dollars Committed		
Bequest/Trust	11	13.6%	\$491,001	14%		
Residual from DAF	5	6.2%	\$177,502	5%		
Life Insurance	10	12.4%	\$1,797,760	51%		
Cash / Current Assets	31	38.3%	\$479,245	13%		
Retirement Assets	16	19.8%	\$457,510	13%		
To Be Determined	4	4.9%	\$80,003	7.6%		
Real Estate	2	2.5%	\$50,002	1%		
Other	2	2.5%	\$24,125	0.6%		
TOTAL:	81	_	\$3,557,148	_		

Donor Age Range (55/81 donors provided birthdate information):

OHEF SHOLOM TEMPLE						
90 & Up	9	51-60	10			
81-90	11	41-50	2			
71-80	9	31-40	0			
61-79	14	30 & Under	0			

Thank you for your support of this effort and our community. We look forward to this becoming an ongoing effort, instilling in our culture the value of caring for our future now. Let's keep the momentum going together!



Mar 28 - Apr 3

Daniel Abramson Donald Allison Louis Belkov Lottie Berk Bessie Bernstein Rachel Grossman Blachman Rebecca Bohrman* Abraham Brotman Annie Cash Bessie Liebman Codd* Mervin Cooper* Hershel Coplon Rabbi Arnold Fink

Patricia Finkelstein Lenore Finkelstein Albert Fox

Herbert Friedman* Diane Getzen Naomi Giat Helene Gilbert Sidney Golding

Estellé B. Goldman* Augusta S. Goodman*

Leroy M. Goodman Jessie Greenberg Leo Hermann Samuel

Himmelstein Rose S.

Jacobson* Stanley Jason Celia Kaufman* Joyce Klein Albert Kupferman Hilda R. Lazaron Estelle Lefkowitz Hedy Lenz Alden H. Lerner* Sparks W. Melton*

Florence Mendoza* Florence F.

Meyerson* Maurice Minskoff Ellura C. Porter Elmer H. Rager* Lena Raymond* Bernard Rivin Louise Rovner

Salomonsky* Henry Salzberger David Samler*

Morris

Beatrice Shapiro Jean Sherman Rose Zins Siegel* Sadie Sobelman Sara Sterns Elizabeth Waldman

Virginia M. Wallace Abe Wilks* Maria Zapatero Esther

Zimmerman

Apr 4 - 10

Leo Ahearn Izzv Albinder Eli Baer Sallie Brown* Dr. Morton A. Brownstein Adele Finkleman

Carl Louis Chanin* Georgia Cohen Bennie Cooper Renee G.

Diamonstein Nina Douglas William B. Ein Irwin "Jerry" **Epstein** Lois Troy Feldman

Maxine Friedman* Morris Friedman Samuel J.

Garfinkel* Simon Gutterman James Guy Max Haber Mary Haverty Hannah Hoffer* Sara Jacobs Pauline Kaplan Harris Kawalick* Sean Keville Rose Klein Aline Lansburgh*

Margaret Lasakow Arthur Eugene Lasko Max Lefkowitz Gilbert E. Levin Irene Levitin* Ida Levy Daniel Levy* Lulee Ries Lowenberg Rose Lowenthal

Lillian Lutzin

Mansbach*

Lillian D. Mervis* Marion Radin

Mirmelstein* **Ruth Orleans** Rae Perlman Emilio Posada Joseph Postove* Ann Prisco George Radin* Allen Reisner **Edward Ring** Annie Rosen* Louis Roth Ruth Golub Roth* Miriam Russ **Burton Schepper** Louis A.

Schulman Rose Shiffrin Louis Walter Small Rita Smith Bernard Snyder Rabbi Samúel

Sobel* Arthur Steinberg Ben Steingold* Shelia

Wasserman* Rose Wax Sam Weinberg Herbert

Weitsman Seymour I. Wilks Yetta Hier Yanofsky Jerome A. Zentz

Apr 11 - 17 Owen

Adams, Jr.* Francis G. Berger Dr. Maxwell Berman* William Bernstein Bernard Beskin Abraham

Chernitzer Elias Codd* Sarah S. Cogen Bernard Cohen Arthur Cooper* John Cross Miriam Cross Lillian Dauer Nissim David Robert L. Dorsk Nina Douglas Harvey Dunn Arlene Feinman E. Allan Fine Lillie Garrett

Louis Goldspinner* Sol Goldstein

Pauline D. Golub John M. Gordon* Zalman Graber Anthony Maurice Graves

Franklin Eugene Green Ruth E. Gutherz Mabel Hirschbiel

Aline Fies Hofheimer* Ben Jaffe Mollie Javinsky Mina H. Leviné* Dr. Edward Levy* Kenneth

McMillan Hannah Melville* Jennie

Mendelsohn Robert D. Mervis* Helen W. Mervis Anne Miller* Dr. Solomon Baer

Mizroch* Jack Moon Sarah Moss **Justine**

Lowenberg Nusbaum³ Etta H. Plant* Joseph Raymond* Mildred F. Rephan

Barb'ara Rice Ida Rosenberg Frances Sallmaier Charles Schwartz Sarah Seiderman* Sayde Sher* Martin T. Siegel Phyllis Sondra

Silverstein Ann R. Singer Nettie Soble Annette

Soldinger Eleanor Sommers Jeffrey B. Spindel*

Milford Stein* Jefferson Steinhart **Elinor Summers Bessie Tayss** Stanley H.

Warmund Reba Weinberg Bee Zabner

Apr 18 - 24 Ethel Altschul* Mary Bass

Gerald Bloom Esta Bodner* Phillip Brenner Lea Brooke **Abraham**

Chernitzer Jon Cohen Ben Cooper* Lawrence A. Crockin* M. Dan Dalis*

Rebecca Davidson J. Edward Eller Ralph Fass* Julía Feldstein* Emanuel C.

Friedman Rose Frances Glasser* Judith Green Dr. Jerome Gross

Joseph C. Hecht Carlyn Herman Gus Hermes Helen Isay Isaac Jacobs* Robert Katz

Arlene B. Kesser Mary Koenigsberg

Dr. Robert Kraus Margaret Kraus Joseph H. Liverman

Edward Loeb Helen Loeb* Alvin D. London **Gussie Smith** Milrod

Doris Morrison Ethel Myers Charles Nickenig Henry Norment Robert

Oestreicher Harry Pincus, Jr.* Ruth Mae Rose* Hans Rosenbach Lois Rothschild George M. Sears* Martin A.

Thompson* Lillian E. Twining Alice P. Vaughn Jack I.

Wagenheim* Shirley Waitzer* Nettie Walker* Sheila

Wasserman* Bertha G. Wilkoff Robert Wingfield Lena Zenovitz

Apr 25 - May 1

Esther Alcalay Barney Barr Annie F. Baydush* Sidney Berg Charlie A. Bland Maysie Braudrick Elizabeth Bress Ira Cantin* Eric Cash Harold Cinamon Lillian Judith Egermann A. Luie Fass*

Herman Feldman Lawrence S. Fisher Maurice Frank* Bessie Goldrich*

Pauline Goodman Lila Green Stanley Samuel Gross*

Mary Grossman* Fannie Grossman Herbert Hainer Sondra Hanberry Mary Nelle

Hankins Jeffrey Haspel Estellé K. Hornstein*

Howard A. Jameson Sidney Leon Katz Martha C. Kirby Jeanette G. Lapidus

Joseph Lazier Maurice Livingston Harry Markoff Norman Mesh

Rose K.

Nordlinger* Beverly Rostov Jane Sagen Dr. Milton Salasky Charles S.

Silberman* David William Silverstein Jean M. Snyder Jean Spearans* Sally Taubman Michael

Terkeltaub Taylor J. Watkins Stephen Yellin Lewis Zeno*

Charles



CALENDAR & BIRTHDAYS

APRIL EVENTS VIA ZOOM (UNLESS OTHERWISE INDICATED)

- THURSDAY 4:00 pm Torah Study 5:00 pm **Executive Committee** Meeting
- **FRIDAY** 6:30 pm Shabbat Services* followed by Oneg
- **SATURDAY** 9:00 am Torah Study 10:30 am Shabbat Services*
- **TUESDAY** 4:00 pm House Committee Meeting
- WEDNESDAY 7:00 pm Men's Club Meeting
- **THURSDAY** 4:00 pm Torah Study 6:45 pm Yom Hashoah featuring Holocaust Survivor Marion Weinzwig
- FRIDAY 6:30 pm Men's Club Shabbat Services* followed by Oneg

- **SATURDAY** 9:00 am Torah Study 10:30 am Shabbat Services*
- **SUNDAY** 9:00 am Hebrew School 10:30 am Religious School 10:30 am Wiggles & Giggles
- **TUESDAY** 7:00 pm theatre dybbuk Session 1 of 2 9:00 pm D'Bar Torah
- WEDESDAY 6:00 pm Sisterhood Meeting 7:00 pm Sisterhood Presents: Yoga Can Be Done Here, There AND in a Chair with Carol Dalton
- **THURSDAY** 4:00 pm Torah Study 7:00 pm Board Meeting

- FRIDAY 6:30 pm Shabbat Services* & Conversion of Karyn Beach followed by Oneg
- **SATURDAY** 9:00 am Torah Study 10:30 am Shabbtat Services* 7:00 pm Havdalah Hootenanny with Jeanne & Bob Zentz
- **SUNDAY** 9:00 am Hebrew School 10:30 am Religious School
- **TUESDAY** 7:00 pm theatre dybbuk Session 2 of 2
- **THURSDAY** 4:00 pm Torah Study 7:00 pm Anti-Racism Class with Rabbi Roz
- 6:30 pm Shabbat Services* followed by Oneq

- SATURDAY 9:00 am Torah Study 10:30 am Shabbat Services* & Bat Mitzvah of Sydney Halpern
- **SUNDAY** 9:00 am Hebrew School 10:30 am Religious School Lag B'Omer Celebration
- MONDAY 10:30 am Soup Kitchen
- **TUESDAY** 9:00 pm D'Bar Torah
- THURSDAY 4:00 pm Torah Study
- FRIDAY 6:30 pm Shabbat Services* followed by Oneg

*denotes live stream event

To add an event to the Temple calendar, please email reservations@ohefsholom.org.

APRIL BIRTHDAYS

Jack Glaser Susan Hirschbiel Sandra Leon Marilyn

Mendelson Amy Metzger Cynthia Spoolman

John Stein Edward Whiteman

April 2 John Harris

April 3 Anna Baber LeShay Bernstein Kristina

Cartwright Jo Ann Hofheimer Dorothy Jacobson-Wetsel

April 4 Ruth Pano

Jefferson Cooper Alan Stein

April 6 Sandra Fraim Sarah Friedman Jan Goldrich Elsie Hirsch Louis Snyder Alice Titus Bill Wagner

April 7 Tammi Foer Chris Lagow **April 8**

Michael Darr Glenn Diskin Gabriele Jiannas

April 9

Debbie Friedman Yekaterina Gotkis Linda Scheimberg Helene Frost

April 10

Sandy Forte-Nickenig Paula Fox Brenda Klar Sharon Perlman Jack Shanker Lisa Stern

April 11 Mark Dreyfus Jim Dunn Bruce Gilbert Michael Hubbard Beth Kinnear Debra Moore

Dan Villani

April 12

Terry Dorfman Karén Gershman Dylan Reilly

April 13

Tyler Caskill Judith Freedman Jean Swartz

April 14

Michelle Halpern Jeffrey Loeb Karl Spoolman

April 15 Nathan Elkin Robert Mero

April 16 Ken Bates Mark Goldberg Daniel Salomonsky Louis Snyder

April 17

Alyssa Muhlendorf Joel Zaba Pete Zubof

April 18

Ronda Bazar Beth Darrow Kathy Greenhood Jason Ritzmann Jeff Sachs Joe Wolsh

April 19

Erin Balaban Carol Cohen Barbara Gross John Mancoll Marty

Mandelberg Evelyn Munden

April 20

Jeanne Goodman Mark Metzger

April 21

Lisa Chacon Ben Orloff Lillie Whitehurst

April 22 Patti Seeman Robyn Weiner

April 23 Brian Friedman Andrea Helms Alana Hollings Joel Jacobson

April 24

Jessica Hoffman-Schmitz Barbara Nachman Helen Rosenberg

April 25 Alyson Morrissey

April 26

Susan Donn Leslie Friedman Neil Landy Pam Snyder

April 27 Gene Hubbard Ellen Wagner Bill Williams

April 28

Todd Aftel Marcie Blum Bill Hearst

April 29 Jim Schloss

April 30 Linda Kaufman Edward Weisberg



530 Raleigh Avenue, Norfolk, VA 23507 (P) 757•625•4295 (F) 757•625•3762 www.ohefsholom.org

Rosalin Mandelberg, *Senior Rabbi* Jennifer Rueben, *Cantor* Lawrence A. Forman, *Rabbi Emeritus* Non-Profit Org. US Postage **PAID** Norfolk, VA Permit No. 230

\$\Rightarrow\$ THE POST BULLETIN BOARD \$\Rightarrow\$

Our Bima Chairs Need an Anget!

Our 10 Sanctuary Bima chairs have served us well for many hundreds of services and life cycle events over the past 20+ years. Now, they are in need of some carpentry repairs and new upholstery. We hope that one of our congregants is interested in funding this project, since it will help to brighten all our spirits, once we can worship together in person.

Please contact Linda Peck at 757-625-4295 or *linda@ohefsholom.org*, if you would like to be the angel who gives our Bima the quality of refreshed furniture that befits its grandeur. Plus, our rabbi and cantor will be grateful for making their chairs comfortable again!

