

THE BAT MITZVAH OF

.....

*Ella Caroline
Goodave*

אסתר חיה

JUNE 5, 2021

25 SIVAN 5871

OHEF SHOLOM TEMPLE

RABBI ROSALIN MANDELBERG
CANTOR JENNIFER RUEBEN

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*Please, remember that cell phones and flash photography
are not allowed in the Sanctuary or Chapel during services.
Your consideration is appreciated.*

SHALOM - WELCOME

Dear Family and Friends,

We are delighted that you are here with us as we celebrate Ella becoming a *Bat Mitzvah*. Today, Ella will formally be called to the Torah, a milestone in her life which marks her entry into Jewish adulthood. After years of preparation, she is considered to have reached the age of maturity and has gained the necessary knowledge needed to understand the meaning and purpose of the commandments.

How blessed we are to be sharing this day with so many loving friends and family from both near and far. We are especially appreciative to all of Ella's teachers through the years who have inspired and helped to shape her into the motivated, self-confident young woman we see before us. Rabbi Roz and Cantor Jen with their teaching, spiritual guidance and devotion have done an amazing job preparing Ella for this most important event.

There are many meaningful traditions during the Shabbat service that we are honored to share with you today. Ella will first receive her *tallit* (prayer shawl) from her four loving grandparents. Placing the *tallit* on her shoulders represents Ella accepting the commandments from God and taking a step towards Jewish adulthood. Next, when the Torah or ancient scroll is taken from the Ark, it will be passed down the generations, from grandparents, to parents, to Drew and finally to Ella, displaying the significance of family in Judaism.

The most important moment in any Jewish child's *Bat Mitzvah* celebration is when they read from the Torah. Ella has spent the last four years learning to read the Hebrew words found in the Torah. Ella will help lead us in much of today's service. She has the special responsibility of reading from Exodus. Following the Torah reading, Ella will read her Haftarah from the book of Ezekiel corresponding to her Shabbat Torah reading. You can follow along with these readings in this booklet.

Having you with us on this joyous occasion is a gift to our family and we will remember it always.

We thank you with all our love,

Shabbat Shalom,

Amy, Scott, Drew, and Ella

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Welcome to Ohef Sholom Temple! Today you will share with us a milestone in the lifelong journey of Jewish education and spiritual growth, a process that begins in early childhood, is marked by Confirmation at age 16 and continues into adulthood.

Traditionally around their thirteenth birthday, a Jewish youth becomes responsible for the performance of *Mitzvot* (commandments) or the ethical and spiritual deeds specified in the Torah. To mark this passage to becoming a “Daughter of Commandments” – a Bat Mitzvah – the young Jewish adult is called to lead the congregation in prayer, as well as to read or chant from the Torah.

The Torah is a beautiful hand-lettered parchment scroll which contains the Five Books of Moses, the most sacred of Jewish writings. It was these five books of the Bible that taught civilization its earliest lessons that there is one God and that God is moral, and that all human beings are equally deserving of justice, compassion, and loving care.

With the teachings of Torah in mind, each student at Ohef Sholom Temple performs a self-selected variety of ritual and ethical *Mitzvot* (good deeds). Before COVID-19 delayed her original *Bat Mitzvah* date, Ella chose to donate to Canine Companions for Independence. Canine Companions for Independence is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships. The dogs aren't just the ears, hands and legs of their human partners; they are also goodwill ambassadors and often their best friends. They open up new opportunities and possibilities and spread incredible joy.

Since Ella had successfully completed her first *mitzvah* project, with the additional time she decided to take on a second *mitzvah* project. The Benjamin Goldberg Playroom on the hematology/oncology unit at CHKD is always in need of crayons, coloring books and craft activities. She has collected the supplies mentioned and will deliver them to the hospital.

Ella's love for dogs and her creativity and compassion for people made both of these projects a natural fit for her. She will continue to support both of these foundations by contributing donations, as well as helping spread awareness in the community about their very worthwhile missions.

HONORS & ALIYOT

Tallit Presentation	Harriet & Edward Goodove, Grandparents Sandra & William Sroka, Grandparents
Sh'ma and V'Ahavta	Drew Goodove, Brother Ella Goodove
Readings on page 214-215	Michelle & Michael Goodove, Aunt & Uncle Jill & Scott Needleman, Aunt & Uncle
Ark Openers for taking out the Torah	Gabrielle Goodove, Cousin Skylar Goodove, Cousin
Passing of the Torah	Sandra & William Sroka, Grandparents Harriet & Edward Goodove, Grandparents Amy & Scott Goodove, Parents Drew Goodove, Brother
Aliyah One	Harriet & Edward Goodove, Grandparents Sandra & William Sroka, Grandparents
Aliyah Two	Amy & Scott Goodove, Parents Drew Goodove, Brother
Aliyah Three	Ella Goodove
Ark Openers for returning the Torah	Abby Needleman, Cousin Jordan Needleman, Cousin
Presentation	Rabbi Roz & Cantor Jen
Kiddush and Motzi	Ella Goodove

TORAH PORTION

Exodus 33:12-23

(33)12: Moshe said to the LORD, "See, you tell me, 'Bring up this people:' and you haven't let me know whom You will send with me. Yet you have said, 'I know you by name, and you have also found favor in My sight.

13: Now therefore, if I have found favor in Your sight, please show me now Your ways, that I may know You, so that I may find favor in Your sight: and consider that this nation is Your people.

14: He said, "My presence will go with you, and I will give you rest.

15: He said to Him, "If Your presence doesn't go with us, don't carry us up from here.

16: For how would people know that I have found favor in Your sight, I and Your people? Isn't it in that You go with us, so that we are separated, I and Your people, from all the people who are on the surface of the earth?

17: The LORD said to Moshe, "I will do this thing also that you have spoken; for you have found favor in My sight, and I know you by name.

18: He said, "Please show me Your glory.

19: He said, "I will make all My goodness pass before you, and will proclaim the name of the LORD before you. I will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy.

20: He said, "You cannot see My face, for man may not see Me and live.

21: The LORD also said, "Behold, there is a place by Me, and you shall stand on the rock.

22: It will happen, while My glory passes by, that I will put you in a cleft of the rock, and will cover you with My hand until I have passed by;

23: then I will take away My hand, and you will see My back; but My face shall not be seen.

(33) וַיֹּאמֶר מֹשֶׁה אֶל־יְהוָה רְאֵה אֶתָּה אָמַר אֵלַי הֲעַל
אֶת־הָעַם הַזֶּה וְאֶתָּה לֹא הוֹדַעְתָּנִי אֵת אֲשֶׁר־תִּשְׁלַח
עִמִּי וְאֶתָּה אָמַרְתָּ יִדְעִיךָ בְּשֵׁם וְגַם־מִצַּאת חֵן
בְּעֵינַי: 13 וְעַתָּה אִם־נָא מִצַּאתִי חֵן בְּעֵינֶיךָ הוֹדַעְנִי נָא
אֶת־דַּרְכְּךָ וְאֲדַעְךָ לְמַעַן אֲמַצֶּא־חֵן בְּעֵינֶיךָ וּרְאֵה
כִּי עִמָּךְ הִגִּיז הַזֶּה: 14 וַיֹּאמֶר פְּנֵי יִלְכוּ וְהִנַּחְתִּי לָךְ:
וַיֹּאמֶר אֵלָיו אִם־אֵין פְּנִיךָ הַלְכִים אֶל־תַּעֲלֹנוּ מִזֶּה:
16 וּבַמָּה | יוֹדַע אִפּוֹא כִי־מִצַּאתִי חֵן בְּעֵינֶיךָ אֲנִי וְעִמָּךְ
הֲלֹא בְּלִכְתָּךְ עִמָּנוּ וּנְפָלִינוּ אֲנִי וְעִמָּךְ מִכָּל־הָעַם
אֲשֶׁר עַל־פְּנֵי הָאֲדָמָה:

17 וַיֹּאמֶר יְהוָה אֶל־מֹשֶׁה גַם אֶת־הַדְּבָר הַזֶּה אֲשֶׁר
דִּבַּרְתָּ אֲעֲשֶׂה כִּי־מִצַּאת חֵן בְּעֵינַי וְאֲדַעְךָ בְּשֵׁם:
18 וַיֹּאמֶר הֲרָאִנִי נָא אֶת־כְּבוֹדְךָ: 19 וַיֹּאמֶר אֲנִי אֲעִבִיר כָּל־
טוֹבִי עַל־פְּנֶיךָ וְקִרְאתִי בְּשֵׁם יְהוָה לְפָנֶיךָ וְחִנַּתִּי
אֶת־אֲשֶׁר אֲחֹן וְרַחֲמֹתַי אֶת־אֲשֶׁר אֲרַחֵם: 20 וַיֹּאמֶר
לֹא תוּכַל לִרְאֹת אֶת־פְּנֵי כִּי לֹא־יִרְאֵנִי הָאָדָם וְחִי:
21 וַיֹּאמֶר יְהוָה הִנֵּה מְקוֹם אֲתִי וְנִצַּבְתָּ עַל־הַצּוּר:
וְהָיָה 22

בְּעֵבֶר כְּבֹדִי וְשָׁמַתִּיךָ בְּנִקְרַת הַצּוּר וְשַׁכְתִּי כַּפִּי
עָלֶיךָ עַד־עָבְרֶי: 23 וְהִסְרֹתִי אֶת־כַּפִּי וְרָאִיתָ אֶת־אֲחֹרַי
וּפְנֵי לֹא יִרְאוּ:

HAFTARAH READING

Ezekiel 36:26-28

(36)26: A new heart also will I give you, and a new spirit will I put within you; and I will take away the stony heart out of your flesh, and I will give you a heart of flesh.

27: I will put My spirit within you, and cause you to walk in My statutes, and you shall keep My ordinances, and do them.

28: You shall dwell in the land that I gave to your fathers; and you shall be My people, and I will be your God.

וְנָתַתִּי לְכֶם לֵב חָדָשׁ וְרוּחַ חָדָשׁ אֶתֶן בְּקִרְבְּכֶם
וְהִסְרֹתִי אֶת־לֵב הָאָבִן מִבְּשָׂרְכֶם וְנָתַתִּי לְכֶם לֵב בָּשָׂר׃
וְאֶת־רוּחִי אֶתֶן בְּקִרְבְּכֶם וְעָשִׂיתִי אֵת אֲשֶׁר־בְּחַקִּי
תֵּלְכוּ וּמִשְׁפָּטִי תִשְׁמְרוּ וְעָשִׂיתֶם׃²⁸ וַיֵּשְׁבֹתֶם בְּאֶרֶץ אֲשֶׁר
נָתַתִּי לְאַבְתֵּיכֶם וְהָיִיתֶם לִי לְעָם וְאֲנִי אֶהְיֶה לְכֶם
לְאֱלֹהִים׃

RABBI ROSALIN MANDELBERG



Rabbi Rosalin (Rose-a-lynn) Mandelberg serves as senior rabbi of the Reform Ohel Sholom Temple in Norfolk. As spiritual leader of the 700 family congregation Rabbi Roz engages in the sacred work of teaching and learning with children, adults and families, and of sharing Judaism's wisdom as it applies to our daily lives and the world around us. She works determinedly to reach Jews by birth, Jews by choice and interfaith families to create a community

where each of us participates actively in Jewish life. She embraces worshipping together as one community, joyfully and meaningfully reaching and inspiring congregants through a range of relevant and challenging sermons that convey Judaism's teachings to people of all ages.

Her particular areas of interest are in reaching out to interfaith and conversionary families and Jews by choice and in creating Jewish spiritual and educational programs, which benefit both Jews and non-Jews alike. This includes her work in establishing Interfaith Dialogue with Muslim and Christian congregations in South Hampton Roads. Her success in these endeavors has earned her a seat on the Union for Reform Judaism's national Commission on Interfaith Outreach and Synagogue Membership, which she held for 15 years. Also, she served as president of the Central Conference of American Rabbis Mid-Atlantic Council.

In addition, Rabbi Roz has been active in local communal agencies, serving on the boards of Jewish Family Services and The United Jewish Federation of Tidewater as well as on the Advisory Board of the Rumi Forum, Hampton Roads Chapter. Currently, she is the immediate past president of the Board of Rabbis and Cantors of Hampton Roads.

For her congregational and communal work, Rabbi Roz has received the Humanitarian Award from the Virginia Center for Inclusive Communities and the Commitment to Interfaith Understanding Award from the Rumi Forum.

Rabbi Mandelberg and her husband, Marty, former CFO of Payday Payroll Services and an active member of the United Jewish Federation of Tidewater's Holocaust Commission, live in Ghent.

CANTOR JENNIFER RUEBEN



Cantor Jennifer Rueben is thrilled to join the clergy team at Ohef Sholom this year. A native of Richmond, she has taken a long path back to the Old Dominion, by way of Maine, Minnesota, Massachusetts, Israel, and New York. She is so excited to be back home in Virginia and to serve the Ohef Sholom community. Cantor Jen was ordained at Hebrew Union College's Debbie Friedman School of Sacred Music in May of 2017.

Cantor Jen bases her clergy work on building relationships. Her teaching is focused on using creative means to find the ways that Judaism can enhance our lives throughout the life cycle. She takes a special interest in b'nai mitzvah and is committed to helping each student to create an experience that is both challenging and meaningful. She cherishes the time she spends with each student, teaching them to chant Torah and lead the community in prayer and exploring the many facets of their Jewish identity.

In addition to teaching b'nai mitzvah, Cantor Jen partners with Rabbi Mandelberg to create warm and spiritual worship services, teach the 10th Grade Confirmation class, offer various educational opportunities, and provide pastoral care to the congregation. She is grateful to do so with the support of OST's amazing leadership team and dedicated professional staff. She is especially fortunate to work in partnership with music director Chuck Woodward to craft the music at OST.

Before arriving at OST, Cantor Jen earned a degree in opera performance from University of Florida. She received certification in Jewish chaplaincy from Miami Jewish Federation's Refuat HaNefesh chaplaincy training program. In her time at Hebrew Union College, she focused much of her attention on her thesis work, learning the ways in which music can play a role in fostering and strengthening Jewish identity in children. She served West End Temple of Neponsit, NY. She is a songwriter and looks forward to sharing her music with the OST community. In her spare time, Cantor Jen loves to cook and spend time with friends and family.

RITUAL OBJECTS

THE BIMAH (PULPIT)

Bimah literally means “high place.” The bimah is the focus of most ritual activities in the synagogue.

THE ARK (ARON HAKODESH)

The ark is the repository of the Torah scrolls and is the central object on the bimah. Many synagogue arks are dramatic works of art or craftsmanship in wood or metal, filled with symbolic elements representing parts of the Jewish tradition.

THE ETERNAL LIGHT (NER TAMID)

Hanging from the top of the ark is an electric light that is never extinguished. This “eternal light” symbolizes the fire that burned on the altar in the ancient Temple in Jerusalem.

CANDELABRA

Many synagogues have a candelabra on the bimah to commemorate the seven-branched gold Menorah that stood in the ancient Temple in Jerusalem and was lit each night to provide light for the priests during their evening services.

THE TORAH SCROLLS (SIFREI TORAH)

Handwritten by a scribe on parchment, the Torah Scrolls contain the five Books of Moses and include the history, laws and stories of the Jewish people. Central to the Torah’s teachings are the ethical commandments (Mitzvot) in which God asks us to treat others with dignity and respect.

THE TORAH COVERS

The Torah is adorned like a king, dressed in royal robes of crimson and blue. Since it is the closest thing we have to God's revelation to us on Mount Sinai, we treat it with great reverence.

THE YAD (POINTER)

Shaped like a finger, the yad is used to point to the text in the scroll so that the reader does not touch the parchment with his or her fingers and to keep his or her place, since the Torah text contains no vowels or punctuation.

MEMORIAL PLAQUES AND LIGHTS

It is a Jewish custom to secure a memorial plaque for a departed family member, usually on a wall in the sanctuary. The light next to the memorial plaque is illumined each year during the week of the anniversary of a person's passing.

PRAYERS IN ORDER OF SERVICE

THE SHEMA

("Hear O Israel, the Lord is our God, the Lord is One") This passage from the Book of Deuteronomy and the passage that follows constitute a central part of each morning and evening Jewish prayer service. Probably the most important single sentence in the liturgy, the Shema is not a prayer but rather an affirmation of the unity of God.

THE AMIDAH "STANDING PRAYER"

The Amidah, a series of prayers, is the major liturgical piece of every synagogue service throughout the year. On a weekday, the Amidah contains prayers for the physical and spiritual well-being of the one praying as well as of the entire community of the people of Israel. On Shabbat, we praise God for the joy of the Shabbat and the rest that we enjoy. Worshippers are also encouraged to pray from their hearts if the printed words do not speak to them.

THE TORAH SERVICE

Following the Shema and the Amidah is a transition from prayer to study. The primary study text is from the Five Books of Moses. This text has been written on the parchment of the Torah scrolls by a specially trained scribe.

The Torah is divided into--and read in--weekly portions, according to a prescribed calendar, so that the entire Torah is read in the span of one year.

When the Torah scroll is removed from or returned to the ark, the congregation rises to show the love and reverence in which Jews hold its teachings. We honor the Torah by carrying it around the sanctuary in a procession. All guests and participants are encouraged to follow the reading in the English translation printed on page 6.

THE TORAH BLESSINGS/ALIYOT TO THE TORAH

On Shabbat, the weekly Torah portion is read providing an opportunity to honor family members by calling them up to the bimah (pulpit) to recite the blessings over the Torah reading. This is known as "receiving an aliyah," that is, "being called up" to the Torah.

THE HAFTARAH

The Haftarah (which means "concluding teaching") is a section from the prophets usually chosen to reflect a theme or literary allusion in the Torah portion. The purpose of the Haftarah is not only to provide an opportunity to teach from a different section of the Bible, but also to assert that prophecy serves to reinforce the laws of the Torah. You may follow the English translation printed on page 8.

MOURNER'S KADDISH

Although there is no mention of death in this prayer, the Kaddish is recited at the end of all worship services by family members who have lost a loved one in the past year or who are observing the anniversary of a loved one's death that occurred during this week in years past.

KIDDUSH AND MOTZI

At the conclusion of the worship service, everyone is invited for Kiddush, the blessing over the wine; and ha-motzi, the blessing over the bread.

With deep and abiding reverence we name in our hearts all of our departed loved ones, as we remember the anniversary of those whose passing we commemorate on this Shabbat.

RECENTLY DEPARTED

Jay Aftel
Arthur Bates

Louis Brenner
Khalil Isaiiah Robinson

Yahrzeits

May 30 - June 5

Flora Albert	Jack Friedman	Susan Gilbert
Frieda Berman	Steven Friedman	Maggiora
Amelson*	Ruth Basch Front	Jacob Markovitz
Goldyn Balaban	Marion Glazer	Harry Nicholson*
Jerry Baydush*	Lavada Goldberg*	Mary Elizabeth Perkins
Samuel Blachman*	Iris Goodman	Bertha Reisner
Harold I. Breit*	Sylvia Greenspoon	Doris Roth
Lewis Alfred Bress	Clara G. Harris*	Roberta Schiff
Abraham Bress	Edwin "Buddy"	Jerome Smith
Rachel Brown*	Jacobson*	Harriet Solomon
Emma Cross	Solomon Kaplan	Michael E. Stredler
Sara Joo Davidson*	Sarah Kayton*	William Waldman*
Jennie Lohrman	Joseph W. Kyle	Julia Weisel*
Dobbs*	Edna Sara Lazon	Belle V. Weiss
Raymond Drummond	Reba M. Leterman*	
Fannie Duny	Agatha Liebman	
Sarah Feldman	Leventhal*	
Charles Joseph	Sonya Levy	
Foster, V	Anna Lee Liverman*	

* Denotes memorial plaque

May the Source of Peace send Peace to all who mourn,
and comfort to all who are bereaved. Amen.



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