

530 Raleigh Avenue, Norfolk, VA 23507 757•625•4295 www.ohefsholom.org

Rosalin Mandelberg, *Senior Rabbi* Jennifer Rueben, *Cantor* Lawrence A. Forman, *Rabbi Emeritus* Non-Profit Org. US Postage **PAID** Norfolk, VA Permit No. 230





A Weekend in Residency with Becolichtman January 20 - 22



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Ohef Sholom TEMPLE

530 Raleigh Avenue Norfolk, VA 23507 757.625.4295 www.ohefsholom.org

OST Office Hours:

Monday - Thursday Friday 9:00 am- 5:00 pm 9:00 pm- 3:30 pm

(Friday office hours have been changed in observance of Shabbat.)

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PRESIDENTIAL ADDRESS



John Cooper

President

THANK YOU!

Thank you! Those two words are key to relationships and stewardship. A stewardship work group headed by Alyssa Muhlendorf recently completed a wide-ranging study of how Ohef Sholom can improve in the way we show gratitude to our contributors, volunteers, and members. More gratitude fosters more participation. Our Temple family is blessed to have so many members and friends who love and support our synagogue. The investments of time, talent, and treasure made every day are amazing. OST leadership hopes to continue to build on our strengths as a congregation that "gets it" on stewardship. I believe the benefits to all of our community in appreciating each other more are immeasurable. Please keep attending, helping, and giving to uplift the Ohef Sholom Temple family as we need you and appreciate you. Thanks for reading this item and your efforts to improve the world.

John M. Cooper

president@ohefsholom.org

Want to join the Board of Directors?

OST's Nominating Committee is meeting and accepting suggestions for the Board of Directors to begin service in May. Serving our congregation is a rewarding volunteer experience, and so very important. If you are interested in becoming a member of the board or want to make a suggestion, please contact Nina Kruger at the Temple's office or Terri Budman at terribudman@gmail.com.

EXECUTIVE COMMITTEE President: John Coope president@ohefsholom.org Second Vice President: Barb Gelb Secretary: Steve Kocen Treasurer: Mike Jaffe Member-at-Large: Lawrence Steingold Engagement Committee Chair: Carol Brum Education Committee Chair: Deb Higgins Worship Committee Chair: Dr. Jay Lazier Finance & Development Committee Chair: Neal Schulwolf

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Immediate Past President: Terri Denison Budman

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HONORARY DIRECTORS

TORAH PORTIONS WORSHIP

JANUARY 2023

January 5 | 12 Tevet Torah Študy - 4:00 pm

January 7 | 14 Tevet Torah Śtudy - 9:00 am Parashat Vayechi Genesis 47:28-50:26 Haftarah: I Kings 2:1-12

January 12 | 19 Tevet Torah Study - 4:00 pm

January 14 | 21 Tevet Torah Študy - 9:00 am Parashat Shemot Exodus 1:1-6:1 Haftarah: Isaiah 27:6-28:13, 29:22-23 Haftarah for Sephardim: Jeremiah 1:1-2:3

January 19 | 26 Tevet Torah Study - 4:00 pm

January 21 | 28 Tevet Torah Śtudy - 9:00 am Parashat Vaera Exodus 6:2-9:35 Haftarah: Ezekiel 28:25-29:21

January 26 | 4 Sh'vat Torah Study - 4:00 pm

January 28 | 6 Sh'vat Torah Study - 9:00 am Parashat Bo Exodus 10:1-13:16 Haftarah: Jeremiah 46:13-28











FEBRUARY 2023

February 2 | 11 Sh'vat Torah Study - 4:00 pm

February 4 | 13 Sh'vat

Torah Study - 9:00 am Parashat Beshalach Exodus 13:17-17:16 Haftarah: Judges 4:4-5:31 Haftarah for Sephardim: Judges 5:1-31

February 9 | 18 Sh'vat Torah Study - 4:00 pm

February 11 | 20 Sh'vat Torah Study - 9:00 am Parashat Yitro Exodus 18:1-20:23 Haftarah: Isaiah 6:1-7:6, 9:5-6 Haftarah for Sephardim: Isaiah 6:1-13

February 16 | 25 Sh'vat Torah Study - 4:00 pm

February 18 | 27 Sh'vat

Torah Study - 9:00 am Parashat Mishpatim Shabbat Shekalim Exodus 21:1-24:18, 30:11-16 Haftarah: II Kings 12:1-17

February 23 | 2 Adar Torah Study - 4:00 pm

February 25 | 4 Adar Torah Study - 9:00 am Parashat Terumah Exodus 25:1-27:19 Haftarah: I Kings 5:26-6:13





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MAZALTOV



Mazal Tov to Hannah Galbraith on her graduation from Old Dominion University. Hannah received her Bachelor of Science in Human Service and Counseling.

Mazal Tov to Erin Miller, OST Archivist, on her graduation from University of Southern Mississippi. Erin received her Master's in Library Science, a Certificate in School Licensure, and a Graduate Certificate in Archives and Special Collections.

Mazal Tov to Amy Sampson, CHKD's Senior Vice President and Chief Engagement and Innovation Officer, for being selected as the new CEO of CHKD.

Mazal Tov to the OST Tzedakah Quilting Group for presenting their latest round of beautiful quilts to Virginia Supportive Housing and Jewish Family Service of Tidewater. Their quilts will be distributed to deserving families in need this holiday season.



WELCOME



Please welcome our newest members of the Ohef Sholom family:

Zuri and Aaron Hopkins (Lincoln, Tallulah, Lyle)

Deb and Peter Segaloff

Marian Schwenk

B'NAI MITZVAH

בני מצווה

Benjamin Salomonsky is the son of Daniel & Jill Salomonsky, brother of Max, grandson of Edwin & Dorothy Salomonsky, and Stephan & Betty Donigian.



January 14, 2023



Sisterhood

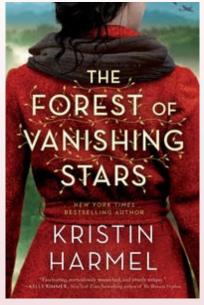
Join OST Sisterhood Women as we welcome OST Member Dr. Holly Puritz for a Discussion of Women's Health Issues.



Date: January 11, 2023 Time: 6:00 pm Light Dinner 6:30 pm Program

RSVP by January 9 to reservations@ohefsholom.org

SISTERHOOD BOOK CLUB



RSVP to: reservations@ohefsholom.org

Wednesday, February 8 6:00 Salad Bar Supper followed by discussion of the book

Please join us for the Sisterhood Book Club, led by Debi Stadlin, where we will be discussing The Forest of Vanishing Stars, by Kristin Harmel.

This New York Times bestselling author returns with an evocative comingof-age World War II story about a young woman who uses her knowledge of the wilderness to help Jewish refugees escape the Nazis.

After being stolen from her wealthy German parents and raised in the unforgiving wilderness of eastern Europe, a young woman finds herself alone in 1941 after her kidnapper dies. Her solitary existence is interrupted, however, when she happens upon a group of Jews fleeing the Nazi terror. Stunned to learn what's happening in the outside world, she vows to teach the group all she can about surviving in the forest—and in turn, they teach her some surprising lessons about opening her heart after years of isolation. When she is betrayed and escapes into a German-occupied village, her past and present come together in a shocking collision that could change everything.

Inspired by incredible true stories of survival against staggering odds, The Forest of Vanishing Stars is a heart-wrenching and suspenseful novel.

Sisterhood would like to thank everyone for their support of the Judaica and Chanukah Shop. Due to everyone's generosity it was a huge success.

Please take a minute to look at the following information:

Second Request Membership form. Please check to see if you have already paid for 2022-2023 membership. If not consider joining now. Membership form is attached/enclosed.

Look for the Uniongram list which is also attached/enclosed with this issue of the Temple POST.

Yours in Sisterhood,

Gail and Marganet bachman51@cox.net and margaret.sawyer1948@gmail.com







While the weather has cooled off, the fun happenings at OST Religious School have not! During the months of November and December we held 6 sessions, one of them being a virtual session due to the Norfolk Harbor Half Marathon. During these sessions, our students were engaged in various activities that promote Jewish learning and culture. Whether our students were baking rainbow challah with Mr. Chris, making music with Ms. Marilyn or the Zentzes, demonstrating their creativity during art with Ms. Tammi & Ezra, or even actively learning Hebrew with Hunter, our students are building a community of Jewish learners and we couldn't be more thrilled!

Another important aspect we are instilling in our students is the importance of living our Jewish values. We have taught this by showing the value of helping those in need and expressing kindness. The Religious School partnered with the Mitzvah Day committee, led by Ellen Hundley and Ellen Coley, to make 20 Thanksgiving baskets for Jewish Family Service. Each class was assigned items and really made magic happen through the power of collaboration and generosity. Also with the Mitzvah Day committee, our students painted rocks for our new Rock Garden which is housed in our building's atrium. Go check it out! Lastly, in an effort to spread joy this holiday season, students in grades K-2nd, led by Morah Mara, have recorded

Chanukah songs to be played for the residents at Beth Sholom Village. This is sure to bring a smile to many resident's faces. The month of December ended with our Chanukah family program where everyone got in the festive spirit participating in Chanukah games, crafts, and eating lots and lots of latkes!

As you can see we are very busy on Sunday mornings, but our learning doesn't just happen then. While students attend Hebrew classes prior to Religious School on Sundays, many students also participate in Zoom sessions during the week. These Zoom sessions have proven to be quite effective and we are seeing great progress with our students. We are so fortunate to have such dedicated teachers who ensure the needs of all our students are being met.

The Religious School has a lot more fun planned in the upcoming months, including an off-site event for Tu B'shvat. Be sure to keep reading the weekly newsletter for all the latest information regarding the Religious School.



Alyson Morrissey- Director of Lifelong Learning

SHABBAT TROOTER OLD SELES JANUARY 13, 5:00 PM Our youngest learners, ages 0-4, are invited for dinner followed by a service in the Chapel with sense engaging activities!

Mark your calendars for future Tot Shabbat services on April 21 and July 14



OSTY and JOSTY had a great time at our annual Chanukah Party! We are so excited to be



able to gather and celebrate in person again. For our party, we enjoyed a latke bar with creative toppings, such as guacamole and hummus, along with the traditional apple sauce and sour cream. We had pizza and sufganiyot, too. We played a game that resulted in opening our Chanukah gift together: a photo printer for the OSTY lounge. We're excited to tack photos up of all the fun activities happening. Finally, we created our own chanukiot out of

candy and really showed our creativity. We used materials such as wafers, gummy bears, Hershey bars and Kit Kats.

In November, we gathered for Friendsgiving, one of our favorite events of the year. Everyone brought sides to share, with some of the most popular being macaroni and cheese. We talked about the meaning of Thanksgiving and the gratefulness aspect. Then we wrote our own prayer, based on one from the prayerbook. For both of these activities, we were excited to have our ShinShinim, Alma and Aya, join us.





MITZVAH DAY

The Mitzvah Day Co-Chairs completed two very successful projects during the months of October and November.

Religious School students were asked to bring in nonperishable food that would later be donated to the Thanksgiving Drive sponsored by JFS. We reached our goal by providing 20 bags with all the items on their wish

list. We delivered them to JFS for them to distribute to those in need.

The second project we coordinated with the Religious School students allowed them to design and paint their own rocks which were later placed in the Atriumwith future classes having the same opportunity. All the kids were engaged and seemed to really enjoy the activity. Next time you are at Temple please check out the beautiful artwork that now serves as a border for the beds in the Atrium.

We are looking forward to coordinating our efforts with CHKD. They are excited to be receiving fleece blankets that the Temple has been collecting. They will provide

warmth and comfort to some of the children who are in the hospital. Thank you to everyone who donated! Another project we look forward to will be in collaboration with Sisterhood and the Caring Committee. Our plans are to take single bud vases and place a hand-crafted, artificial flower in each. These will be delivered to congregants who are recovering from surgery or illness. Please keep your eyes out for the date when we will be making the flowers. Your creativity and assistance are welcomed.

Finally, sometime in the Spring, we will combine efforts with the Worship Committee to help clean up the Jewish Cemetery located in Suffolk. We promise to advertise the date that we plan on doing this and sincerely hope that you will join us in this Mitzvah!

Ellen Hundley Ellen Coley



BECO LICHTMAN WEEKEND IN RESIDENCY

Presented by OST's Adult Ed Committee

"Moving from Bias to Inclusion: Thoughts from a Black, Gay Jew"



A CANE TO A

DIVERSITY, EQUITY, AND INCLUSION STRATEGIST & FACILITATOR

Imagine: it's Friday night, and he's rushing to Shabbat service. He's in town for business and

excited to visit this popular synagogue for the first time. Nervous smiles, guizzical frowns, awkwardly welcome him. "Can I help you?"-a brave soul asks while looking him up and down. "Yes, thank you. I'm here for Shabbat services." After saying this, he now sees the man's face trying to compute this information - "Wait, you're Jewish? You don't look Jewish." The new visitor responds, "Yes, I'm Black, gay and Jewish." With a smile and a wink in his eyes, he whispers, "But please don't tell anyone."

The above is both Beco's story and a universal one. Black, gay Jews may be like unicorns for some. People have heard they exist, but no one has met one before. But this story isn't really about being Black, gay or Jewish, is it? It's about loving and welcoming the stranger regardless of race, gender identity, sexual orientation, abilities, or religion. Are there perhaps many types of unicorns amongst us wanting to be seen and included?



Let's face it, we all have biases. We sometimes distance those who appear to be different from ourselves and place them into limiting categories without recognizing their full value. How do we – as individuals and as Jewish organizations – move away from our biases toward full inclusion? It's time to "pray with our feet" as Rabbi Abraham Joshua Heschel described his experience of marching from Selma to Montgomery. Now is the time for action.

Learn more about Beco Lichtman

In this candid, hopeful and humor-filled talk, Beco offers lessons and strategies to cultivate more inclusive spaces, where everyone is seen and valued. He is committed to expanding conventional narratives dealing with identity. Beco invites audiences to engage in a more compassionate approach to better understand and overcome our own biases.

3 CHANCES TO SEE BECO LICHTMAN!

BECO LICHTMAN

Friday, January 20 6:30 pm

Shabbat Services and Oneg Answering Dr. King's Question: Where do we go from here: Chaos or Community? This critical question will be explored throughout the weekend along with the message of inclusion.

Saturday, January 21 10:30 am Shabbat Services and Kiddush Luncheon

Critical Race Theory: Divisive Discourse or Essential Education?

The Sanhedrin-style debate will focus on whether critical race theory (CRT) serves our society as necessary education, or further divide communities. Increasingly, there is more legislation banning certain books and curricula that are designed to promote diversity and inclusion. Noteworthy: The bans are not limited to issues pertaining to the BIPOC (Black, Indigenous, People of Color) communities. In several instances, state legislatures and school board committees have also banned Holocaust education. They are calling on the need to include a more balanced perspective and they insist that an opposing view on Holocaust education be taught at the same time.

This highly-interactive activity will help (1) reveal some of our biases, (2) understand what CRT is, and (3) discover ways we can learn to embrace inclusion more effectively and fairly within our community. Please bring your ideas and an open heart. Everyone will have an opportunity to participate.

Beco Lichtman and his husband, Eric Lichtman, will co-facilitate this hour-long group activity.

Sunday, January 22 10:00 am Carpool Cafe:

Bridging the Black/Jewish Divide: Finding common ground in the fight against antisemitism and racism

In his latest talk, Lichtman draws upon a variety of perspectives, including historical facts and science to invite his audience to engage in a compassionate appoach to their own biases so that all together we can understand and challenge the patterns of antisemitism and racism.

TO RAKE OR NOT TO RAKE

If you dread the fall ritual of raking up your leaves and cleaning up your yard and garden, there's good news. Not only is it not necessary to clear off leaves and cut down standing dead plant material, it is better in most cases both for your yard and the environment to leave all of that in place.

The need to clean all that untidy material up in our yards has been ingrained in us over the generations, but when we do this we are raking, mowing and blowing away winter habitat for moths, butterflies, snails, spiders, and dozens of arthropods. Many of these critters winter over in the leaf litter. Others lay their eggs in the trees and then the larva drop to the ground after they hatch. Leaving the leaves provides a "soft landing" for these beneficial insects.

Leaving a thick layer of leaves on your lawn is not a good idea. However, research has shown that lawns actually benefit from a thin layer of leaves. Use the rest as you would mulch around ornamental trees, shrubs and perennials.

Many gardeners go through all the work of gathering up all the leaves, bagging them and putting them out on the curb, only to head to the garden center and buy bags of mulch. By leaving the leaves, you are providing organic matter to build up healthy soil. Fallen leaves are just as effective at weed suppression and moisture reduction as shredded wood mulch, and you don't have to pay for them or do all the work of spreading them.

The next time you wake up on a late fall morning to the sound of leaf blowers all over your neighborhood, you can just roll over and try to go back to sleep.

Christina Verderosa

STOP ANTISEMITISM

Sources:

https://xerces.org/blog/leave-the-leaves https://extension.oregonstate.edu/gardening/pollinators/leavebehind-some-stems-bee-habitat

Thursdays 7:00 - 8:30 pm February 2 February 9 February 23 March 2

No Mercy for Jews: Antisemitism Today

From Tree of Life Synagogue to Charlottesville, from Kanye West to signs reading "No Mercy for Jews," the scourge of antisemitism is

on the rise. Learn with Rabbi Roz and Cantor Jen about the forms it takes, how to recognize and refute dog whistles, and, most importantly, how to respond in this interactive course using examples from mainstream outlets to social media.



RSVP to reservations@ohefsholom.org

A Zoom Link will be sent prior to the event, to only those who RSVP.

GRATITUDE SPOTLIGHT

Thank you to everyone who has offered to volunteer in the Temple office. We are all always grateful to have congregants' help. In addition to the much needed assistance, spending time in the office allows us to get to know each other better – and that is another part of what makes Ohef Sholom Temple's Family so great! Thank you!

Thank you to Harry Graber and Sally Gudas for all of their efforts with our Immigration Task Force. Harry and Sally have been working quietly behind the scenes on ways to assist our local immigrant population to access essential services. The projects they have laid the groundwork for will continue. Watch our Facebook page for upcoming opportunities to help.





The OST staff extends our deepest gratitude to past president Steve Kayer for serving as our Executive Director for the past two years. We have greatly enjoyed our time working with Steve and we are so grateful for his leadership and the positivity that he brought to the office.

DONATIONS

We appreciate the thoughtfulness of those who support OST

by remembering and honoring their friends and loved ones through their generous contributions.

Please have your donations submitted to the Temple before the beginning of each month.

GAIL W. BACHMAN EDUCATION SCHOLARSHIP FUND In Memory of: DR. LAWRENCE PAKULA *Gail W. Bachman MARCIA SCHWAN *Gail W. Bachman

TOM BACHMAN MEN'S

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In Memory of: DR. ALAN BARTEL *Barbara & Errol Lifland HYMAN BROOKE *Barbara & Errol Lifland LESTER HORWITZ *Barbara & Errol Lifland Wishing a Speedy Recovery to: LINDA SPINDEL *Barbara & Errol Lifland

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With Appreciation: *Anne & Edward Kramer *Giselle & Matthew Weinstein

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In Memory of: **SUZANNE BARR** *Susan & Larry Quate **ARTHUR DIAMONSTEIN** *Susan & Larry Quate **VIVIAN FORMAN** *Carol & Lou Sherman JEANNETTE GOLDEN Gerald S. Golden, MD SHELDON LEAVITT *Betty Hecht Susan & Larry Quate **MARCIA SCHWAN** Allan Zeno With Appreciation: *Amie and Byron Harrell *Diane & Oliver Martin *Amanda C Mitchell Boyask *Betty Sacks

MOLLIE & GEORGE RADIN ARCHIVES FUND In Memory of:

SHELDON LEAVITT *Nancy & Charlie Nusbaum & Family MARGIE LEVY Ruth & Edward Legum MARCIA SCHWAN *Nancy & Charlie Nusbaum & Family *Ruth & Edward Legum

RELIGIOUS SCHOOL FUND

In Memory of: JACK MENDEL *Ann & Robert Copeland Barb Gelb and Kenny Weinstein

SISTERHOOD FUND

With Appreciation to: Harriet & Gerry Bloom

SOUP KITCHEN FUND

In Honor of Harriet & Gerry Bloom's 60th Wedding Anniversary: *Joyce Salzberg In Honor of: CHUCK WOODWARD Harriet & Gerry Bloom In Memory of: TED BONK *Paula Russel BYRON "TUFFY" SAMUELS Harriet & Gerry Bloom LAURA TRABIN *Judy Freedman Ellen Waranch & Barbara Gordon With Appreciation: *Diane McCabe Betty Moritz *Carol B. Rosenblatt *Rabbi Dr. & Mrs. Walker

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*denotes gifts of \$25 or more

CONDOLENCES

Dr. Lawrence C. Pakula, Father of Baila (Bruce) Waldholtz, Grandfather of Andrew (Glenna) Waldholtz, Lauren (Martin) Gregory, and Jennifer (Gregory) Antonucci, Great grandfather of Charley, Connor, Mason, and Pierce

Miriam Young, Mother of Jack Young

Jack Mendel, Husband of Vera Mendel, Father of Shelly Simon (Britt) and Jodi Parsons (Dave), Grandfather of Sydnie and Logan Simon and Connor Speizman

Arnold Leon, Father of Miles Leon (Sandra), Steve Leon (Caren), and David, Grandfather of Erin (Charlie Olsen), Ben, Mason, Matthew, Isabella, and Emily, Great grandfather of Telsie

Lee Kastner, Husband of Arliss, Father of Bob Kastner (Rachel), Ken Kastner (Eva), Susan Mowry (Mark), Barry Kastner (Kathleen), Nancy Koumal (Rene), and Jonathan Kastner (Steve), Grandfather of Lindsey, Ben, Jenny, Greg, Matt, Jessie, Eric, Allie, Becca, Lauren, Annalisha, and Andre, Great grandfather of Seventeen

Edward Cross, Husband of Anna Marie Cross, Father of Kedron Fix (Derek), Grandfather of Emma and Anna

Franklin "Lyn" Swartz, Husband of Ilene, Father of Jeff Swartz (Jean), Pam Swartz (Billy Warwick), and Howard Swartz (Brooke), Grandfather of Michael Swartz (Forest), Rachel Swartz Pulisifer (Parker), Joey Swartz, Josh Swartz, and Max Swartz, Brother of Bettylou Siegel (Barney)

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JANUARY 1 - 7 Nelson Alper Louis Aronson* Bertha Bangel* Lillian Beloff Anna Berger* Ray K. Bloom* Benjamin Brooke Rose M. Brown Jim Byers Mary Cantin William P. Cohen Frieda Cohn* Esther Colbus* Maryjo R. "Jody" Colbus* Paula Dinowitz Steven Eichelbaum Kathleen Engel Morris Fuson Sadve Gifford Sandi Gold Rita Goldberg Joseph Goldin* Rabbi Ronald M. Goldstein Jonathan L. Harris Fay Hermes Stanley Hirsch* Fannie Horlick Ronald Hurwitz Abraham Kaplan David Robert Katz

Jerome Kern* Hanna Konikoff Jack Koonan Dr. Herman Laibstain* Joann G. Langhaus* Paul Lasakow Gertrude Lazier Barbara K. Lubar Juan Luna Ralph Margolius* Rosa B. Marks Lawrence Mednick* Jennie Meyer Lynn Miles Sara Miller Fern Miller Jenya Sheida Milshtein Tillie Caplan* Lawrence Morse Rita Klein Moses Ben Ami Nemo* Lois S. Nusbaum* Bertram S. Nusbaum Jr.* Anne Schloss Petty* Sheldon Puritz Mischa Rafal Leonard Sachs Charles Salzberg Andrew Salzberg Lawrence Sampson Malcom Schoner Jack Schugam Edith Shorr

JANUARY & FEBRUARY Annette Harris Sobel* Lenore Holsveig

Robert Soble Ilene Stein Rabbi Malcolm Stern* Deborah Lee Stocker Ruby B. Van Collom Lorraine Wagner Rosalie Wilks*

JANUARY 8 - 14

Dr. Theodore Adler* Sara Allen Leonard Belkov June Berk Phil Bernstein Tessa T. Bland Leo J. Cohen Freeda Cohen Loretta Cohen Melvin L. Crockin* Judith Eichelbaum Jennie Waranch Feldman Angela Frasca Ann Giat Irwin Goldstein* Mortimer R. Gordon* Ella Goldman Gould Tommy Grant Edna Greenwood* Taylor Hamilton Solomon Holsveig

Ruth Horlick Leon J. Hornstein* John S. E. Jiannas William Katzenberg Thais S. Kaufmann³ Jennie Kraus Ann R. Kurtz Charles Lakamp Louise Landau Jack J. Leterman* Jeffrey Loeb Arlene Lowenthal Pete Lucero Benjamin Mandelkern* Sidney Nusbaum Deborah Orzack Susan Puckett Linda Radin Sidney J. Rosen Mickey Rosen Helene S. Salomonsky* Martin Sherman* George Smith Harry L. Snyder* Samuel Spearans* Wallace Spigel Jennie E. Spigel Joyce Strelitz Jacob Thompson* Wyatt Burghardt Turner Richard M. Waitzer

Irwin Waranch Goldye Warren Grace Watkins Evelyn Zacks Dr. Hyman S. Zfass

JANUARY 15 - 21 James Kin Abrams Rabbi Jeffrey Ballon Virginia H. Beskin Sidney Bloom* Arie I. Blum Ada Brill Minnie Z. Clark* Irvin H. Cohen June Davidson Albert Diamonstein* Ethel G. Emanuel William Forman Lena Frost Teresa Garcia Harry B. Gilbert* Albert Glassman Murray Goldberg* Deborah Ann Golden Frances Golding Arthur H. Gordon* Adam Grossman* Adah G. Grossman* Beatrice Gurwitz Samuel Ries Heller, Jr.* Hattie R. Hirschler*

Tillie Ireland* Betty Isay Mollie Jason Marilyn Julius Morris Kahn Sylvia Katzenberg Harriet Kesser Sadie Klinghoffer Rossi G. Krauss* Jane Lawentman Charles Learned, Sr. Martha Lederman Leslie Legum* Sally Levenson Goldie Levy Anna Mandel Benjamin Marks Frances Nordlinger Mellen* Sylvia Scharf Miller* Theda Moore Mary D. Ostroff Jean Pattashnick Robert Phillimore Rachel Phillimore Irving Pincus Julia D. Pitler Joseph E. Poole, Jr. Rae Price Doris Rapport Charles Morton Rosenbaum

Samuel Rosenberg Hilda Rosner* Paul Rubin Essie T. Salomonsky* Rosalind Scheimberg Henry Harris Schewel Dr. Philip Schub Max Schulman* Dr. David Solomon Sona Soltz Bennie Speck* Samuel Steingold* Joseph Sternman Sam Tabet, Sr. William Traubel Joel Turner* Charlotte Uthman Elizabeth Wachtel Simon Ben Whitlock* Bennie Zedd Adele Zimmerman

JANUARY 22 - 28

Talia Agler Ed Alster Harold Amdursky Eddie Ausch Paul Balaban Philip Bass* Leslie Benanati Dr. Erwin S. Berlin* Jonny Blondin Thomas Brill Win Caskill Goldie A. Chernitzer Dr. Harry Clark Benjamin H. Cohen* Cecilia Auerbach Cohen* Morris Comess Lisa Relaford Coston Dr. Charles Fish Bertha G. Friedman Bernard Glasser* Clement Harold Golden Joseph B. Goldman Goldie N. Hainer Esther Harr Alexander Herman Alan J. Hofheimer* Oliver Huey Helga Imberowitcz Jacob Jacobs* Burton H. Jaffe Gertrude Kahn Jeremy Kane Leah S. Kesser* Helen L. Koltun Marian Leavitt Lena Legum Dora Lester Janie F. Levy* William M. Lubar H. William Mandelberg Irene Melick Linda Mendelsohn **Ronald Miller** Jean Edith Rachstein Monat* Henry Moos Hugh Owens

Iris Pincus Jeanne Rabinowitz Adam Rapoport Helen Rosenbaum John Shoulta Ruth Bader Stromberg Scott Sward Sidney Terkeltoub William Tompkins Maria Vulfovskay Edwin N. Waitzer* Carl Wisoff Jack Wolf Louis Yaffe

JANUARY 29 -FEBRUARY 4

Annie Bachman Harry S. Behr* Harry Bernstein Susanne Clark **Geshekter Smith*** Leonard Cohen Ben Cohen Roger Cole Ron Danziger* Ida Diamonstein Maxine Ebert Isaac Faulkner* Goldie Feinbera Anne G. Fever Grace Schepper Firing Anne A. Friedman* Abraham Frumkin Isaac Giat Albert Goldman* Fannie Goldstein* Dave Goldstein* Ruth Cohen Goldstein* Gertrude Goldstein Solomon L. Goodman* Dena Katz Greenhood Alfred A. Greenhood Albert Heller* Lee J. Hofheimer* Daniel Hofheimer* **Benjamin Hornstein** June Joyce Mitchell Ingram David Kapper Howard N. Kauffman James Philip Keasey J.D. Kline* Estelle Koltun David Krakower Billie Kinzer Kruger* Samuel Levin Julius B. Levinson* Dr. Bernard Lidman Joseph Liebman* Harry Lowenthal Charles L. Marks Jack W. Meyerson* Ellen Murphy Dr. Donald Á. Mvers Barbara S. Newfield* Soledad Orozco Toby Pearl Henry Pike Doreen Pogson*

William Reshefsky Blanche S. Samler* Fannie Brill Saunders* Jack Schechter* Henry M. Schwan Mildred L. Sherrick* Helen A. Snyder* Samuel Solomon Leroy Spigel Benjamin Spigel* Sarah H. Sterns Helen Taylor Elizabeth S. Thompson* Blanche Ullman Cornelia Wachsman* Friederike Wachsman* Paul Wainger* Lee Gerry Wertheimer

FEBRUARY 5 - 11 Samuel Adler Leslie Berger* C.F. Bernatz Samuel Blumenthal Joseph Brown* Israel Brown* Marie Cardet Lawrence Cash Stanley Cohen Bella Čohen Sarah Cohen Cooper Minnie B. Crockin Nonye Davidson* Evelyn C. Eisenberg Honore Shill Fox Bessie K. Goldback* Herbert Goldstein* Robert C. Goodman* Myer Lu Goodman* Stephen Gross Mollie Hecht Robert G. Hofheimer, Sr. Robert Hudome Leonard Hurwitz June B. K. Johnson Betty Kaplan Joseph M. Kaplan Helen Baydush Kehayas* Ron Dean Kelley Marilyn Kirschner Rozlyn Klar Nate Korman Dora Liebman Kruger* Otto Landsberg Sadie J. Leavitt Max Lederman Alvin Legum* Natalie Ğ. Levinson Frances Lidman Elise L. Margolius* Margaret Perry Moody Henry Ricewasser Louis B. Saks Stanley Scheimberg David Schrager Betty Siegel Helen Snyder Simmons* Nettie Levy Smiley Benjamin Sobel* Marion Sheba Solomon Menachem Stern

FEBRUARY 12 - 18 Evelyn Adelman Irwin Berger Essie F. Berman* Phyllis Berman Kaplan Marino A. Bertini Louis Blumbera* Isabel G. Brenner Heidi Bullard Bertram A. Bunting* Dr. Edith Chanin* **Beverly Crockford** A. Sylvester Crockin* Howard Davidson Ann East Martin A. Einhorn* Maurice Finkelstein Kathleen Franz **Ralph Friedman** Lillian Frumkin Leon Goode Maurice Goode Martin "Skip" Goode Lawrence Goodman William Grant Herbert J. Green Selma Haber Edward Hainer Dr. Irene Harris Marvin Henry Samuel Kaufman* Louis Kawalick* Helen B. Kleisdorf Sarah Kluger Sidney Krakower Lynn Kushner Gerald Lacev Harry Levin* Mattie R. Margolius* Fannye Marks Leona K. Meyer Hilda Moos Mildred Newfield* Ellis Nordin* Mary M. Novitch* Martin Quate William S. Roberts* Rose R. Rosenbach* David Rosenberg Alvin S. Rosenberg* Sarita Sachs Arnold Salasky Edgar Salins* Alfred Salsbury Nan Sarb Leopold Schulwolf Mary C. Schwartz Murray Sokoloff Gentil Steinbrecher David Elliot Stromberg Hannah Sussman* Gisela Waldman* Sydelle Winnick Alvin Wishneff Rosie Bell Wyland*

Bernard Louis

Wasserman*

Morris Zimmerman

FEBRUARY 19 - 25 Marianne A. Bern Michael Albert Marie Behr* Hattie Beskin Leroy Beskin* Lillian D. Blumenthal* Bernice J. Brill* Dr. Mitchell Lee Corey* Raymond Crites Joan Dalis Renee David Dr. Samuel Diener Richard L. Emanuel Max Familier Rabbi Judah Fish Annis Forman* Morris Friedberg* Ruth R. Garnher* Robert "Bob" Gelb Harold Geringer Chuck Giles Bernard H. Glaser Stanley Glaser Reba Goldner Martin Goldner Elizabeth P. Goldstein* Isaac Goodman Jeffrey H. Goodove* Marian Gutterman* Judith B. Hill* Bettie Jacobs Jennie Jacobson* Martha Kimnach Charlotte Kline Albert Koplen Glenn Krochmal Ben H. Kruger* L. David Legum Janice Legum Irma Leva Matthew Levy Sarah Lou Margulies George Moss Geoffrey H. Myers* Milton L. Nemo* Frances Rader Hannah Reisfield Henry Rephan Thomas Rew Dr. Irwin S. Sacks Sallie F. Sacks* Cecelia B. Saks Dave Schlitz* Bert Schloss* Lola Sherman Selig Siegel* Sally A. Silberman* Samuel Snyder* Israel Steingold* Louis Switzer Joan Tavss Ruth Unger Lawrence D. Van Collom* Jeanette Weadon Cecelia Weinstein Ida Tischler Weisel* Rae M. Whitlock* Maurice B. Winnick Arlene E. Zeno **FEBRUARY 26** -MARCH 4

Seymour Allen Janice Anten Dr. Arnold Barr Alvin Baum Lottie Bernstein Fannie Blachman* Fannie S. Bloom Sheldon Blum **Blossom Buller** Ruth Crites Bert Eisenberg* Fanny Epstein* Richard Finkelstein Daniel Fisher Leon Flax Paula Jason Flax Carl Harold Glave Bertha Gold Rose Cooper Goldberg* Lewis Goldstein Pearl Nemo Goodman* Bessie B. Goodman* Roy Haas Caroline Halpern Louis Heller Hannah Kahn Anuradha Datyner Kerner Abraham D. Kerpelman Herbert (Pete) Kramer Elsie L. Levv* Morris A. Levy Beatrice S Maltz Samuel Marx* Evelyn McGrattan William P. Nordlinger* Esther Davis Pincus* Nelson Posner* Jerry Powders Fannie H. Preddy Goldye K. Rafal Mollie S. Robbins* Lawrence Roesen Dr. Stanley Salasky* Violet Asher Sartorius* **Rose Schuster** Max Schwan* Aaron Seldes **Eleanor Shaw** Harry Shneyer Nathan Simon Ida Spensky Rae B. Stein Mary Teck Helen Waldman* Frances S. Wasserman* Jerome H. Weinstein Lee E. Whitlock* Maurice Bernard Wolf Lawrence S. Wolpin Ruby Zaba Libby Crockin Zeno*

*denotes memorial plaque

JANUARY CALENDAR **JANUARY EVENTS** JANUARY BIRTHDAYS





SUNDAY 8:45 am Hebrew School* 10:00 am **Religious School** & Parent Schmear

MONDAY 10:00 am Soup Kitchen

4:00 pm House Meeting**

January 1 Martha Kline January 2

Andy Fox Neal Friedman Cole Friedman Tom Howe Mike Jaffe Prue Salasky Leslie Shroyer

January 3 Rob Gutterman Elizabeth Murphy

January 4 David Embree

January 5 Carra Kramer

January 6 Kim Johnson **January 7** Faye Feldman Bryan Fine William Salyer

January 8 Ed Neukrug Eitan Stern

January 9 Aaron Kubat **Rick Rivin**

January 10 James Cardelia Beth Diamonstein Richard Siff Micky Spilka

January 11 Jay Berkowitz

January 24 Gary Bartel Ethan Ostroff Danielle Beniamin

January 12 Marlene Aikman

Alicia Gerald

Ann Konikoff

January 15 Joan Baer

Eric Samuels

January 16 Dennis Frasca Britt Simon

January 17 Erica Ausch

Paula Goode

January 18

Joan Johnson

January19 Jody Balaban Lee Belote Marissa Collins

Max Goldwasser

Bobby Stein

January 20 Beth Dorsk

Sid Bass Ihor Chernyavskyy

Charlie Nusbaum

Andy Kline

Doug Weitzman

January 25 Alice Buxbaum Reid Rapoport Doris Waranch

January 26 Kristen Johnson Cantor Jen Rueben Rabbi Paul Walker

January 27 Steven Rapoport June Saks Jonathan Smith

January 28 Brad Johnson Justin Reyes

January 29 Melissa Deutsch Peggy Fine Charlie Raymond Sarah Schloss Bill Sroka **Ruth Weinberg**

January 31 Jeff Cohen Mark Goldner Aline Landy Burton Moss Larry Quate

January 21 Kendra Kaufman Aaron Scolnick

January 22 Ellen Coley Janice Ganderson

January 23 Ken Powders Randi Smith

To add an event to the Temple calendar, please email reservations@ohefsholom.org.

Come welcome guests from Sacred Spaces of Hampton Roads, an interfaith group that Sacred Spaces visits different houses of worship and experience what is sacred and meaningful to each faith with the goal of fostering better understanding through friendship. of Hampton Roads OST Members and friends are welcome to visit any of the other houses of worship participating. Just scan the QR code below with your phone.



Masks are now optional for all attendees of services, temple sponsored events, and programs in

FEBRUARY I FND/ FEBRUARY BIRTHDAYS

FEBRUARY EVENTS

WEDNESDAY WEDNESDAY 6:00 pm 7:00 pm Men's Club Sisterhood Meeting Meeting* & Book Club THURSDAY THURSDAY 4:00 pm Torah Study* 4:00 pm Torah Study* 5:00 pm 7:00 pm No Mercy for Jews: Executive Committee Meeting*' Antisemitism Today 7:00 pm No Mercy for Jews: FRIDAY 10 Antisemitism Today 6:30 pm Shabbat Service** FRIDAY 3 5:30 pm SATURDAY Pre-neg & 9:00 am Registration Torah Study 6:00 pm 10:30 am Shabbat Shabbat Service* B'Yachad** 7:00 pm Shabbat Dinner SUNDAY 12 8:45 am Hebrew School SATURDAY 9:30 am 9:00 am Garden with Torah Study' EcoJudaism 10:30 am 10:00 am Shabbat Service** **Religious School** & Parent Schmear **SUNDAY** 5 and Schmooze 8:45 am Hebrew School TUESDAY 14 10:00 am 10:30 am Religious School: Tu B¹Shvat Family Quilting Program 10:30 am

Wiggles & Giggles





FRIDAY 6:30 pm Shabbat Service**



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8:45 am Hebrew School 9:30 am Garden with EcoJudaism 10:00 am **Religious School** & Parent Schmear and Schmooze 10:00 am Foundations of Jewish Family

SUNDAY

26

27

Living

MONDAY 10:00 am Soup Kitchen

TUESDAY 10:30 am Quilting 5:00 pm House Meeting**

No asterick means IN-Person

**hybrid (in person and virtual)

ONLY

virtual only

February 10 Gene Albert Owen Johnson Holly Puritz Eric Sherman

February 11 Emilyrae Helfen Kari Pincus

February 1 Marshall Feldman

Jeffrey Fox Linda Metzger

Blanche Spilka

Susan Pincus

February 3

Nancy Lazaron

Linda Spindel

February 5

Steve Halpern

MaryAnne Katz Erica Moore

Jan Weintraub

February 6 Myrna Teck Marc Vigeant

February 8

Janet Green

Steve Hirsch

Michael Salasky

February 4 Michele Goldberg

Diane Brunk

February 2 Bonnie Laibstain

Katharine Waitzer

February 12 Sandi Advocat Debbie Higgins

February 13 Darren Dorfman February 23 Diane Bloom Gerald Finhorn McCabe Kim Glaser February 14 David Kaufman

February 24 Ashley Adler Robert Levinson Robin Lewis-Schoner Dorothy Salomonsky

February 25 Lindsey Aftel David Darrow Lynn King Alan Nordlinger Allan S. Zeno

February 26 Robert Bensink Carol Laibstain Jerry Minskoff

February 27 Andrew Aftel Noah Green

February 28 Stephen Goldstein Paul Hirschbiel Joel Lefkowitz Gayle Legum Susan Scholsohn

February 29 Bob Rubin

February 21 Meghan Margulies

February 22 Renee Dawson Barbara Fine Sam Steingold

Chris Kraus Karen Ledsky

February15 Mike Rosenberg

Caroline Snyder

February 16

Judy Rosenberg

February 17 Nicole Gamboa-

Smith Allison Whiteman

February 18 Amy Goodove

Cathy Hallissy Byron Harrell Andrea Kirby

Angela Klar

Gwendolyn Sinclair

February 19 Jodie Frieden Michael Nusbaum

February 20 Kathryn Morton Jennifer Priest

Mark Kerner

Meril Amdursky Judith Gutterman

To add an event to the Temple calendar, please email reservations@ohefsholom.org.



"B'Yachad" means "together" and we are delighted to welcome members of all generations and families of all types to our Shabbat **B'Yachad** services!



and outside of the temple. FOR THOSE who are fully vaccinated including a booster against Covid-19.