



Ohel Sholom Temple's News Publication

# THE TEMPLE POST

Established 1844 • Volume 65, Issue 5 • September/October 2025

## *Renewal & Blessings:*

*A Sweet Start to the  
High Holidays*





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Norfolk, VA 23507  
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www.ohefsholom.org

OST OFFICE HOURS:

Monday-Thursday	Friday
9:00 am-5:00 pm	9:00 am-4:00 pm

## LEADERSHIP & STAFF

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**OSTY President**  
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# WORSHIP & TORAH STUDY

## SEPTEMBER

**Friday, September 5 | 12 Elul**

6:30 pm Shabbat Service | Teshuvah Speaker 1: Rebecca Wolff\*\*

**Saturday, September 6 | 13 Elul**

9:00 am Torah Study\*

10:30 am Shabbat Service\*

**Friday, September 12 | 19 Elul**

6:00 pm Selichot/Shabbat B'Yachad Service\*\*

**Saturday, September 13 | 20 Elul**

9:00 am Torah Study\*

10:30 am Shabbat Service\*

**Friday, September 19 | 26 Elul**

6:30 pm Shabbat Service | Teshuvah Speaker 2:

Sarah McCammon\*\*

**Saturday, September 20 | 27 Elul**

9:00 am Torah Study\*

10:30 am Shabbat Service\*

**Monday, September 22 | 1 Tishrei**

**Rosh Hashanah Evening** ●

**Tuesday, September 23 | 1 Tishrei**

**Rosh Hashanah** ●

**Friday, September 26 | 4 Tishrei**

6:30 pm Shabbat Service | Teshuvah Speaker 3:

Carlos Catano-Martinez \*\*

**Saturday, September 27 | 5 Tishrei**

9:00 am Torah Study\*

10:30 am Shabbat Service\*

No asterisk means IN-PERSON ONLY  
\*VIRTUAL ONLY  
\*\*HYBRID (in-person and virtual)

## OCTOBER

**Wednesday, October 1 | 10 Tishrei**

**Kol Nidre** ●

**Thursday, October 2 | 10 Tishrei**

**Yom Kippur** ●

**Friday, October 3 | 11 Tishrei**

6:30 pm Shabbat Service\*\*

**Saturday, October 4 | 12 Tishrei**

9:00 am Torah Study\*

10:30 am Shabbat Service\*

**Friday, October 10 | 18 Tishrei**

6:30 pm Sukkot/Simchat Torah Service w/ Consecration\*\*

**Saturday, October 11 | 19 Tishrei**

9:00 am Torah Study\*

10:30 am Shabbat Service\*

**Friday, October 17 | 25 Tishrei**

6:30 pm Shabbat Service\*\*

**Saturday, October 18 | 26 Tishrei**

9:00 am Torah Study\*

10:30 am Shabbat Service\*

**Friday, October 24 | 2 Cheshvan**

6:30 pm Shabbat Service\*\*

**Saturday, October 25 | 3 Cheshvan**

9:00 am Torah Study\*

10:30 am Shabbat Service | Bat Mitzvah of Aubrey Morrall\*\*

**Friday, October 31 | 9 Cheshvan**

6:30 pm Shabbat Service\*\*

● For a complete High Holiday Schedule of services, please go to Page 6

*Torah Study*  
with Dr. David Metzger

Saturdays, 9:00 am  
via Zoom



*OST Mindful Journeys*

Select Fridays  
5:00 pm





# From the Clergy

Dear Friends,

The prophet Isaiah speaks of the importance of rejuvenation: "Though you were weary, you did not feel hopeless; because you found renewal of your strength, you were not affected" (Isaiah 57:10). In other words, taking time to care for ourselves isn't just a good idea, it is imperative for our well-being.

Perhaps the most compelling example of this mitzvah in Judaism is that a day of rest each week is built into the fabric of creation. Indeed, the Torah commands that Shabbat is necessary for all God's creatures, even for the land, and, most of all, for human beings. It is far too easy for us to forget this and to keep ourselves so busy with work, school, or whatever else that we never take the moments of quiet and stillness we need to check in with and restore ourselves. Thinking, imagining, creating, connecting . . . all of these require that we stop and rest in order to return to living our best lives. We are, after all, human beings, not human doings.

This past July, I was able to do just this, to take a month long Sabbatical just to be. The time enabled me to turn off my phone and my brain, to breathe deeply and move gently and sleep soundly, and to reflect in a truly restorative way. I returned to Ohel Sholom a better version of myself – happier, calmer, more productive, and able to do really good spiritual work as your rabbi.

We will all have the opportunity to do this over our High Holidays, which begin the month before Rosh Hashana in Elul, on August 25th. Rather than leaving the work of Teshuvah, repentance, renewal and return, to the Days of Awe, we have an entire month dedicated to preparing our hearts and souls. By the time the New Year arrives, we can spend our days together in temple looking forward to the possibilities that lie ahead rather than ruminating over the regrets now behind us.

This is a very special year for Ohel Sholom as we celebrate our twentieth anniversary as rabbi and congregation. What an amazing journey it has been! There are so many memories to cherish and so many more yet to be made. Just as it had done these past two decades, together may our Jewish community help us to navigate the complexities of our world and lives, to find joy, meaning, and fulfillment in moments, even as we wrestle with our struggles and mourn our losses. Our Shabbat service on June 6th reflected all of these triumphs. So, too, will our family Havdallah on November 2nd and Gala dinner on May 9th afford us more chances for personal and communal renewal as we come together to celebrate "we of Ohel Sholom" and what a truly special community we are. I look forward to being with you at all of these occasions and more for many, many years to come.

So let me take this time to wish each of you, your families, and all the world a Happy New Year filled with sweetness, health, wholeness and peace.

Shana Tova,

*Rabbi Roz*

*"Though you were weary, you did not feel hopeless; because you found renewal of your strength, you were not affected" (Isaiah 57:10).*



# PRESIDENTIAL ADDRESS



*Barb Gelb*

My hand is tired! Let me explain. Over the past several weeks, I have been writing thank you notes to those members who have chosen to be Pillars of OST. What is a Pillar? As the name implies, Pillars provide strong support to our temple by adding donations to their annual membership dues. This support enables us to continue to offer deeply meaningful worship, top highest quality religious school, excellent adult education, engaging programs, valuable social action opportunities and much more.

It is humbling to write these letters and witness such generosity. OST is truly blessed to have many members who are generous with their financial gifts, including those who have helped secure our Temple's future through Life & Legacy planned gifts. We are equally blessed by the number of members who give so much of their time. Our volunteers greet you at services, maintain our archives, help in the religious school, organize events and programs, and much, much more. Temple is powered by the hard work of our volunteers.

One of my favorite stories in the Torah is when God instructed Moses to build the tabernacle saying, "Tell the Israelite people to bring Me gifts; you shall accept gifts for Me from every person

whose heart so moves him." (Exodus 25:1-2) Later in the story, Moses had to tell the people to stop giving because they were giving too much!

As we head into the new year, I hope your heart is moved to give to OST - in time and/or treasure - we need your support. Please remember that any gift that is meaningful to you is valuable to us, and whatever time you can share is greatly appreciated. Please don't hesitate to reach out to me to find out how to get involved. Wishing you a new year of good health and happiness, and I hope to see you at Temple!

## WE INVITE YOU TO GET INVOLVED



**Archives**

Alice Titus/Margaret Sawyer



**Finance & Development**

Byron Harrell



**Mitzvah Committee**

Ellen Coley/Ellen Hundley



**Soup Kitchen**

Dorianne Villani



**Adult Education**

Barbara Dudley



**Library**

David Titus



**OSTY/JOSTY**

Hunter Thomas/Hannah Cooper



**Quilters**

Paula Russel



**Eco Judaism**

Jackie Haywood/Christina Verderosa



**Men's Club**

Eric Helms



**Parent Partners**

Tammi Foer



**Torah Study**

David Metzger



**Engagement/Programming**

Ellen Hundley



**Military Outreach**

Joe Detrick



**Shalom Greeters**

Nili Belkin



**Music/Choir**

Chuck Woodward



**House Committee**

Michael Nusbaum



**Mindfulness**

Bob Malkin



**Sisterhood**

Andrea Trank



**Worship**

Hunter Thomas



# Mazal Tov



We celebrate the milestones, simchas, and new beginnings of members of our community.

## ACHIEVEMENTS

Mazal tov to **Jenny Sachs** on her appointment to the Board of the Virginia Opioid Abatement Authority!

Mazal tov to **Shyanne Southern** on becoming the new Coordinator of the Arts and Lifelong Engagement at the United Jewish Federation of Tidewater!



## ENGAGEMENT

**Rachel Salasky**  
(daughter of Donna & Martin Salasky)

**& Kyle Coley**  
(son of Ellen & Danny Coley)

A November 2025 wedding is planned.



**Jeremy Flax**  
(son of Jeff and Mona Flax)  
**& Gracie Copplestone**

## B'NAI MITZVAH

**Aubrey Morrall**

October 25, 2025

Aubrey Jean Morrall is the daughter of Daniel and Courtney Morrall, sister of Alden and Brook, granddaughter of Martin and West Friendman, Mario and Joan Soncini, Ivy Broder, and John Fripp Morrall III\*.



\*of blessed memory

## WELCOME

Please welcome our newest members of the Ohef Sholom family:

**Harvey & Lois Gelb**

**Allen & Jill Goldstein**

**Ilene Goldstein & Len Futerman**  
(Adam, Jack, & Molly Futerman)

**David & Jessica Laderberg**  
(Eliana, Mila, Shayna)

**Robert Low**

**James & Debra Steiger**

**Gabriella Sudhalter**

**Lisa & Adam Walker**  
(Abby & Emerson)



# HIGH HOLIDAYS

5786 - 2025



## SERVICE SCHEDULE

**Monday, September 22**

*Erev Rosh Hashanah*

7:00 pm ..... Evening Service\*

**Tuesday, September 23**

*Rosh Hashanah*

9:00 am ..... Children's Service

10:30 am ..... Morning Service\*\*

**Wednesday, October 1**

*Kol Nidre*

7:00 pm ..... Evening Service\*

**Thursday, October 2**

*Yom Kippur*

9:00 am ..... Children's Service

10:30 am ..... Morning Service\*\*

12:45 pm ..... Study Session #1

Led by Dr. David Metzger

1:45 pm ..... Private meditation before Sanctuary Ark

1:50 pm ..... Study Session #2:

Led by Kathryn Morton

3:00 pm ..... Afternoon Service

D'var Torah: Alyssa Muhlendorf

4:00 pm ..... Musical Interlude

4:15 pm ..... Memorial & Concluding Services

Congregational Break the Fast immediately follows

\*babysitting available

\*\*babysitting & children's programming available

Services will take place in person at Ohef Sholom and will also be streamed live on our Facebook page and at [ohefsholom.org](http://ohefsholom.org).

## HIGH HOLIDAY FAMILY PROGRAMS

Gather your family and join us at Ohef Sholom Temple! We welcome you to celebrate the High Holidays together at our family-friendly Services.



**ROSH HASHANAH CHILDREN'S SERVICE**

Tuesday, September 23 - 9:00 am

**YOM KIPPUR CHILDREN'S SERVICE**

Thursday, October 2 - 9:00 am

Free & open to the community. Registration is required.

### CHILDREN'S PROGRAMMING AND BABYSITTING

OST offers multiple children's programming options for newborn to 10 years old throughout the High Holiday Services as a courtesy for our Temple members.

- Babysitting (newborn to 3 year old) will be available during Erev Rosh Hashanah and Kol Nidre Services as well as both Rosh Hashanah and Yom Kippur morning services. There will be a \$5.00 per child cost for babysitting during evening services.

- Children's Programming (4-10 year olds) will be available ONLY during Rosh Hashanah and Yom Kippur morning services. There is no charge for Children's programming.



**REGISTRATION REQUIRED**

Join us for a delicious bagel and lox Break the Fast after concluding Yom Kippur services, where we come together to enjoy a traditional spread and foster connections in the spirit of togetherness. Use QR code to RSVP, or call the office.



*Congregational*  
**Break the Fast**





In the weeks leading up to the High Holidays, members of our community will share brief reflections on teshuvah during Shabbat services—offering insight, inspiration, and a personal path to renewal.

# Teshuvah Stories

## Journeys to Judaism



September 5  
Rebecca Wolff

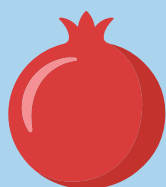


September 19  
Sarah McCammon



September 26  
Carlos Catano-Martinez

# Shabbat B'yachad



## Welcome Back!

SELICHOT OBSERVANCE

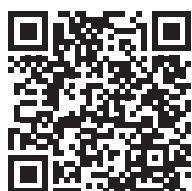
SERVICE & DINNER

# Friday September 12

Pre-neg 5:30 pm

Service 6:00 pm

Dinner 6:45 pm



## Book of Remembrance

WE SAY  
*ZICHRONAM  
LIVRACHA*



May the memories of our departed loved ones be a blessing.

We invite you to honor those you have loved and lost over the years by including their names in the Book of Remembrance. Submissions are due by September 5. Use the QR code for the online form or call the Temple office at 757-625-4295.





# REVERSE TASHLICH




IN PARTNERSHIP WITH:  
ELIZABETH RIVER PROJECT

SPONSORED BY THE SISTERHOOD



## SUNDAY, SEPTEMBER 28 - 10:00 AM


### Cleaning a section of the Elizabeth River



## TICKETS

### Guest Tickets

Price: \$250/adult  
Order online or call the office



High Holiday tickets are included in OST membership (note Friends of OST do not receive tickets.) Unaffiliated individuals who live locally may purchase tickets for one year only.

All individuals over the age of 26 years old must arrange for a ticket. Young adults under the age of 30 can receive a free membership. Please contact the office to arrange your membership.

College/graduate students, active military, students in OST's conversion program, members of other synagogues are entitled to complimentary tickets. Please contact the office to arrange for your ticket.

## VOLUNTEER TO BE A GREETER

We invite you to be a valued volunteer and contribute to the meaningful High Holiday experience at Ohel Sholom! We are seeking greeters to assist during services, ensuring a smooth and welcoming atmosphere for our congregation. Usher training will be held on Sunday, September 14, at 12:00 p.m.

To participate, please email Jennifer at [jennifer@ohelsholom.org](mailto:jennifer@ohelsholom.org).



## PARKING



The OST lot will be available primarily for those with handicap tags and mobility issues. Parking is available first come first served. Parking attendants will be posted at the OST lot to direct traffic.

Parking will be available at Ghent United Methodist Church and First Presbyterian Church for evening services. Please do NOT use either church lot on Rosh Hashanah or Yom Kippur morning.

Additional parking is available on Forman Field (Stockley Gardens and Redgate) as well as surrounding streets.

## NEW UNDERWEAR FOR THE NEW YEAR



### EVERYONE DESERVES CLEAN, NEW UNDERWEAR....

You can help make a difference for our Soup Kitchen patrons with a donation of new underwear & undershirts.

**ALL SIZES NEW MEN'S BOXER SHORTS AND UNDERSHIRTS AND WOMEN'S LARGE SIZE UNDERWEAR ARE WELCOME AND APPRECIATED.**

**WE WILL BE COLLECTING THROUGHOUT THE HIGH HOLIDAYS.**

## HIGH HOLIDAY FOOD DRIVE




Join us in embracing the spirit of Tikkun Olam this High Holiday season! We are excited to announce the OSTY/JOSTY food drive in collaboration with the Foodbank of Southeastern VA. Here's how you can participate:

During Rosh Hashanah services, pick up a bag provided by the temple, and on Yom Kippur, bring the filled bag back to the temple. For safety reasons, please avoid glass containers.

**Let's make a difference together!**

Please use QR code for additional details or go to [ohelsholom.org/high-holidays](http://ohelsholom.org/high-holidays)



*L'Shana Tovah!*



MEN'S CLUB AND SISTERHOOD PRESENT

# SHAKE IT THE SUKKAH

WEDNESDAY  
OCTOBER 8  
5:30 PM - 7:30 PM



**SUKKOT/SIMCHAT TORAH SERVICE  
WITH CONSECRATION**

**Friday, October 10 - 6:30 pm**

On this special evening, we will celebrate the festivals of Sukkot and Simchat Torah as well as welcome our newest students in one joyful musical service! All of our consecration students will be honored and receive blessings as they take their first steps in learning and living Jewishly with our community. Following the service, everyone is invited to a special festive oneg in the sukkah.



# POST's SUMMER POOL Party

IN CASE YOU MISSED THE FUN!



# BACK TO SCHOOL





# SAVE THE DATE!

## *Havdallah* by the BEACH



A special evening by the water to honor Rabbi's 20 years of dedicated service and OST's place in the Tidewater Jewish community. Enjoy family friendly activities, food & drink. Share in a meaningful havdallah ceremony under the evening sky. Revel in the warmth of friends and community.

Sunday  
November 2  
4:00 pm  
Virginia Beach  
Specific location will  
be sent to registrants.

## A beachside celebration for all ages.



*Join us throughout the  
year as we celebrate*

**20**  *years of*  
RABBI ROZ'S LEADERSHIP & LOVE



# A NEW YEAR, A NEW BEGINNING IN RELIGIOUS SCHOOL

## Shanah Tovah!

As we turn the page to a new year on the Jewish calendar, we're filled with a spirit of reflection, renewal, and hope. The High Holidays invite us to pause and look inward—both as individuals and as a community. At Ohef Sholom Temple, our Religious School is embracing this sacred season as a time to begin again—with purpose, with joy, and with the power of Jewish learning.

Each fall, our building comes alive again with the sounds of students reconnecting, singing, asking questions, and growing in their Jewish identity. This year, we're excited to welcome new families, greet returning ones, and continue building a community where every child—and every parent—feels they truly belong.

Our dedicated faculty has been hard at work preparing meaningful lessons that bring Judaism to life through stories, prayer, Hebrew, music, hands-on activities, and thoughtful conversation. Whether it's our youngest learners discovering the holidays for the first time, or our pre-teens wrestling with what it means to become a Jewish adult, every classroom is a space for curiosity, creativity, and connection.

In this season of teshuvah—return—we are also returning to what matters most: our values, our heritage, and each other. We are especially focused this year on deepening relationships across our Religious School community. Expect more opportunities to connect with fellow families, celebrate Shabbat and holidays together, and create lasting Jewish memories with your children.

May this new school year be one of inspiration, growth, and joy for all of us. Wishing you and your loved ones a sweet, healthy, and meaningful New Year.

*Alyson Morrissey*  
Director of Lifelong Learning

**WIGGLES  
& GIGGLES**

WHERE JEWISH JOY BEGINS

FOR BABIES, TODDLERS,  
AND THEIR GROWN-UPS

SUNDAY, SEPTEMBER 7  
10:00 AM

NOW WITH

**MORAH  
ZIPPORAH**



**Don't delay,  
register today!**

Religious School Registration  
Now Open

2025-2026 Membership  
must be renewed to  
register

Scan the QR code  
to renew and complete your  
registration today!





# Join the Ohef Sholom Youth Choir

**Do you love to sing? Want to share your voice and spirit with our community?**

The OST Youth Choir is open to all students in 4th grade and up! They will sing at special Shabbat and holiday services, lead music during Religious School T'filah, and bring Jewish joy to the wider community through outings and performances. No experience necessary—just bring your enthusiasm and love of music!

Rehearsals will take place before Religious School (with some exceptions).

To sign up, email [youthchoir@ohefsholom.org](mailto:youthchoir@ohefsholom.org).

## A Community That Gives. A Generation That Grows.

through transformative summers at Jewish camps and the pursuit of higher education. Recipients attend institutions and programs across the country.

Thank you to the many generous supporters who make this possible: the Goldback Scholarship Fund, Kanter-Levy Scholarship Fund, Sarah and Edward Levy Fund, Rosenblatt Fund, Sarah Cohen Scholarship Fund, Klein/Strelitz Jewish Heritage Fund, Samuel & Yetta Spiro Snyder Scholarship Fund, Jeffrey H. Goodove Fund, The Blachman Family Camp Award Fund, and the OST Sisterhood.

Thanks in part to Ohef Sholom Temple's generosity, Avi and Dani get to spend half of their summers at the happiest place they know—URJ Camp Harlam! With campfires, new friends, Jewish spirit, and endless adventures, they're making memories that will last a lifetime. We're so grateful to our OST family for helping make this dream a reality.

-AW



Receiving a scholarship from OST has been incredibly meaningful as I enter my final year of college.

The support eased some of the financial burden of college, but more than that, it reminded me that my community believes in me. Growing up at OST gave me a strong sense of belonging, and this scholarship continued that support into my college years. I'm grateful to be part of a community that invests in its young people and helps us to reach our goals.

BC- Senior at University of South Carolina



As we begin the 2025-26 session of religious school, it seems appropriate to look back at our religious school history. One source of information is the 1915-26 record book kept by "Sabbath School" administrator, Mildred Baum, and the OST Archives, the citadel of our history, has preserved her words. The indomitable Mrs. Baum recorded names of teachers and students and the subject matter for each class.

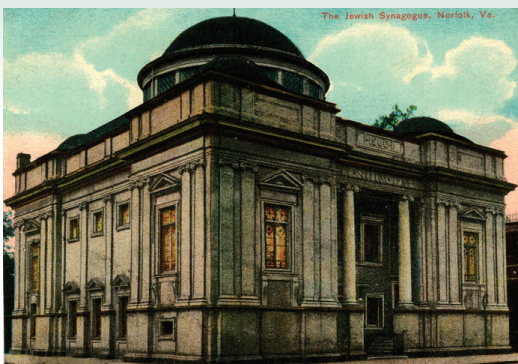
Classes were held on Saturdays, not Sundays, and the year usually started in October immediately after Sukkot and ended in June. The curriculum seems different too, many classes studying scripture -- from Bible stories to liturgy, but no mention of Hebrew.

By contrast some things look the same. Tzedakah is mentioned frequently: in 1916, \$16.95 collected for "Polish children suffering through the European War." And two years later, "10.00 for the "welfare of enlisted men, \$6.00 for Jewish relief, and \$33.75 for cheer of [the] wounded in the government hospital" [Portsmouth Naval Hospital].

In the fall of 1916, she explains there was no sukkah built "as in previous years, because we are without a permanent sabbath school building, the temple having . . . burned last February." In fact, the electrical fire that destroyed the magnificent temple on Monticello Avenue started right after classes had ended.

But reminiscent of our recent pandemic experience, in 1918 school "began in October but was closed for three weeks on account of [the] Spanish Influenza epidemic. In November, the Sabbath School was closed again for the same cause."

And many names seem familiar, among them: Hoffheimer, Lowenberg, Levy, Herschler, Mansbach, Pincas, and lots of others, like the name of the two students pictured here. Elise and Loren Nusbaum, who in 1915, were in 3rd grade and the "Infant class" respectively.



*Some things change, and others are still part  
of our ongoing history.*



**OSTY** is already planning a line up of fun events as we get back into the swing of the school year! Stop by the OSTY table at Open House on September 7th to learn more about OSTY and see what events we have planned for the upcoming year. We also kick off our year with our first OSTY event following Sunday school on September 14th. Join us for lunch in the OSTY lounge and hang out with peers. This will be an opportunity to eat, connect with your peers, and help us organize bags for the annual high holiday food drive.

**LOOKING FORWARD: MARK YOUR CALENDARS FOR OCTOBER 12TH FOR OUR ANNUAL PIZZA IN THE HUT TO CELEBRATE SUKKOT!**



Hannah Cooper & Hunter Thomas  
OSTY Co-Advisors



Dear OST Family,

I am Eric Helms, and I am honored to have recently been elected as President of the Men's Club, with Darren Robertson assuming the role of Treasurer. We are both enthusiastic about our new roles and committed to supporting OST and fostering the growth of the OST Men's Club. We possess numerous innovative ideas and are fortunate to have a dedicated membership base eager to contribute to our development.

Please mark your calendars for the 2nd Annual Chili Cook-Off scheduled for October 26th. Building upon the success of last year's event, we are pleased to announce that the festivities, including gourmet chili, a petting zoo, and various entertainment—will return. In keeping with tradition, it is customary for the Men's Club President to receive the distinction of best chili (wink wink). Further details will be provided in due course.

Additionally, the Men's Club will undertake the construction of the Sukkah and continue to support the Sisterhood in annual events such as "Shake It In The Sukkah."

**It is a true honor to serve and support the OST community through this esteemed position.**

Respectfully,  
Eric Helms • Men's Club President



The Mitzvah Committee is excited to kick off the fall by sponsoring breakfast for the Religious School Teachers and Staff on Sunday, August 24, 2025. Our next endeavor is to support

our seniors during Rosh Hashanah. This will consist of filling 30 goody bags with a homemade challah from the Cardo Café, fresh apples and a jar of honey. These bags will be distributed by Jewish Family Services to seniors in our community. This will enable them to celebrate Rosh Hashanah!

Please mark your calendars for our annual Thanksgiving Drive. We will begin collecting around the 19th of October and our final day of collection will be on November 16th. Please stay tuned for the specific nonperishable food items we will be assembling for those in need. Your support is greatly appreciated!

We welcome any thoughts or ideas for future projects. Please contact Ellen Coley @ ellencoley@gmail.com or Ellen Hundley @erhundley2010@gmail.com.

**Wishing You and Your Family A Happy and Healthy New Year!**







## Bal Tashchit: Thou shalt not waste

By Christina Verderosa

During the High Holy Days we are called upon to review our behavior for the past year and to repent our sins. But just recognition and repentance are not enough. How are we going to change our behavior and become better? One way is to adopt the concept of Bal Tashchit, "do not waste or destroy."

The command to not waste originated in Deuteronomy 20:19-20, where we are told not to destroy fruit trees in the course of laying siege to a city. The prohibition is a very narrow one; the verses go on to state that other trees that are not fruit-bearing can be destroyed.

It wasn't long before the rabbis began expanding this idea. The Babylonian Talmud goes beyond warfare to prohibit wasting lamp oil, tearing clothes, chopping up furniture for firewood or killing animals.

When we look around us today we see tremendous amounts of waste and destruction. One very common form of waste that all of us can easily do something about is food waste. According to the USDA, it is estimated that 30-40 percent of the food supply in the U.S. is wasted. This waste occurs at every level of the food system, with a shocking 31 percent occurring at the retail and consumer level. At the retail level there are problems with equipment malfunctions, over-ordering and culling of blemished but edible produce.

We also contribute to food waste when we buy or cook more than we need and then throw out the rest of it. We can make a change in our behavior and help mitigate a host of social and environmental issues by keeping Bal Tashchit in mind when we make up our grocery lists. For these High Holy Days, let's make that effort to not destroy or waste.

# OST Soup Kitchen

hot meals, warm hearts

Can you imagine sleeping, eating, or living outside in 100+ degrees? OST opens our doors once a month to provide a cool respite, a hot meal, a to-go brown bag meal, clothes and



camaraderie to our hot and hungry guests. Thank you to volunteers Lori, Phil, Erle Marie, Francine, Dotty, Nichole and Gabi who made refreshing, creative and healthy salad kabobs for 70+ grateful guests in August. We would love for you to join us the last Monday of every month. You will be glad you did. Please contact Soup Kitchen Chair Dorianne Villani 757-617-8624 for more info.

**VOLUNTEERS  
NEEDED**  
FOR UPCOMING DATES!

**Mondays**  
**September 29**  
**October 27**



We extend our heartfelt thanks to Jasmine Bryant, who, while visiting our Soup Kitchen to learn about how OST serves the homeless and hungry in our community,

rolled up her sleeves with her Dad and jumped right in to help. She was so moved by her experience and by witnessing so many people being helped, she decided to conduct a food drive for her Bat Mitzvah project to benefit our Soup Kitchen guests. We are so proud of you, Jasmine, for working hard to give back to your community in such a meaningful and important way, and we sincerely thank you for the much-needed food items that you and your family collected and distributed at our Food Pantry at the last Soup Kitchen meal.



YOU'RE INVITED TO

## SISTERHOOD MEET AND GREET

September 16, 2025  
6:00–8:00 pm

RSVP By September 9  
Sisterhood@ohefsholom.org

114 87<sup>th</sup> Street Virginia Beach  
We will serve a Mediterranean Dinner,  
Wine & Dessert

# Uniongrams

A SIMPLE WAY TO MAKE A  
BIG DIFFERENCE

UNIONGRAMS

September/October 2025

(Covering November–December 2025)



ANNIVERSARIES	YEARS	DATE
1 Jessica Hoffman-Schmitz & Bruno Schmitz	20	11/27/2005
2 Barbara & Larry Blum	30	11/18/1995
3 Marcia & Steven Snyder	40	12/22/1985
4 Sally & Steve Kocen	55	12/20/1970
5 Ann & Robert Copeland	65	12/24/1960

B'NAI MITZVAH	DATE
6 Ryan Cooper	11/8/2025

WEDDINGS	DATE
7 Rachel Salasky & Kyle Coley	11/8/2025

For just \$3 per card, you're not only brightening someone's day—you're also helping shape the future of Jewish leadership and strengthening communities worldwide. Uniongrams embody the Jewish values of connection, compassion, and giving back.

So, let's honor this tradition together. Celebrate your loved ones, recognize milestones, and share joy—all while supporting meaningful work. Sending a Uniongram may be a small act, but its impact is anything but small.

*Who will you  
celebrate today?*

To order and pay for Uniongrams online, go to  
<https://ohefsholom.org/sisterhood> or contact the main office

# Sisterhood

As Sisters were preparing for the Rummage Sale last month, I asked them about their favorite parts of the High Holidays, and here's what they shared.

**Gail Bachman** treasures the quiet moments in the sanctuary, sitting close to the Yahrzeit memorials where plaques honor her loved ones who have passed. This year, she is adding a plaque for her son, John, who passed away earlier this year.

**Margaret Sawyer**, our resident scholar, reflected for a few moments before saying that she especially enjoys the High Holiday study sessions because they "give me insight into how other people think about the meaning of the holidays."

**Dr. Holly Puritz**, whom I met for the first time as she was sorting and tagging tablecloths, shared that for the past 30 years she has celebrated with the same group of friends and family. She is now passing those cherished traditions on to her children and grandchildren.

**Bonnie Gordon-Rabinowitz** arrived with a beautiful set of china and white embroidered tablecloths. Each year she travels to Washington, D.C., for the High Holidays to be with her son, daughter-in-law, and one-year-old grandson, celebrating with the DC Minyan. As she described it, "They are a very learned group, so the Ruach is phenomenal."

**Ellen Wagner** loves to cook and she says her family always comes for the food!

As for me, some of my most meaningful High Holiday experiences were spent with a Women's Spiritual group in Charlottesville. We dressed in white, refrained from wearing leather, and entered a beautifully decorated sanctuary. Following a guided path with crystals, music, and reflective questions, we sang, danced, and chanted. I felt deeply connected—to the other people in the room and to God.

Each of these memories is unique, yet they all share the same heartbeat—connection. Whether it's with family, friends, community, tradition, or God, the High Holidays call us to gather, reflect, and renew. May this season bring each of us moments of meaning, joy, and deep connection.

*Andrea Trank*  
Sisterhood President



# BOARD PROFILES

## NEAL SCHULWOLF



Neal Schulwolf & family

Norfolk has always been home to Neal Schulwolf, except for when he went to Emory University for college and then to the University of Miami for law school. After finishing his studies, Neal knew he wanted to return to Hampton Roads—to be near family and because he truly loves the area. He soon joined Kalfus and Nachman, where he's been practicing law for the last 23 years.

Neal was a member of Beth El until he was 27, but became a member of OST because of his wife, Lisa. The two met at a party the year before Neal was set to graduate law school and return to Norfolk. When they decided to get married, they chose to have Rabbi Forman officiate. Neal's parents were friends with Rabbi Forman, and Lisa's family were already members.

After the wedding, Neal and Lisa stayed because they enjoyed Rabbi Forman and loved the OST community. For Neal, the change from Beth El was a big adjustment, but once he settled in, he came to love his new synagogue. Neal and Lisa raised their children—Hallie, Brett, and Helene—here, celebrating milestones such as b'nai mitzvah.

Neal took on leadership roles to set a positive example for his children as they became more involved in the temple and religious school, showing them the importance of Jewish engagement. His first involvement was through the Men's Club. Neal enjoyed the camaraderie and dedication, eventually serving as president. That role led to an OST Board position, which he continued after his Men's Club presidency. Along with being on the Board and in the Men's Club, Neal chaired the Finance & Development Committee for 5 years, chaired golf tournaments, and the old Fair Share Dues Committee.

Neal is proud to have started one small tradition at OST. Early on as a new member of the Board, Neal noticed that OST didn't provide yarmulkes at temple, so he had to remember to bring one from home. When he joined the Board, he suggested creating a yarmulke box. After some discussion, the Board approved one with a sign saying, "Wearing a yarmulke is optional; you can wear one if you'd like." Since then, more people have chosen to wear them.

Neal is part of OST's Life & Legacy program through his dad and plans to set up his own legacy gift. His dad thought the world of Rabbi Roz and wanted to contribute money to help her and the temple for years to come.

In his free time, Neal plays tennis, pickleball, and other sports, as well as goes to the gym. He also enjoys spending time with friends. Lisa is the youngest of four sisters who all live nearby, and their close-knit family loves gathering together. Two of Lisa's sisters Beth Diamonstein and Debbie Fink are members of the temple as well as her mother, Barbara Pributsky. Neal and Lisa also have a large extended family that are members of OST.

## LAUREN EPSTEIN



Lauren Epstein

Lauren Epstein grew up in Clinton Township, New Jersey, in a rural area about 50 miles from New York City. She appreciated the chance to explore big cities on school trips to New York and Philadelphia and enjoyed summer visits to the Jersey Shore with its lovely beaches and famous boardwalks.

After graduating from Penn State in 2001, Lauren moved to Hampton Roads with her first husband, who had taken a position as a civilian engineer with the Navy. She went on to earn her law degree from Regent University and now serves as a civilian attorney for the Navy. After her first marriage ended, Lauren chose to make Hampton Roads her home, drawn to the friends, community, and career she had built here. In 2016, she met her husband, Jack, online, and the two have been together ever since.

Lauren first came to OST in 2019 after the untimely passing of her brother. Though she wasn't Jewish, she sought spiritual guidance and a place of love to help her process her grief. OST and Judaism welcomed her—and her then 11-month-old daughter, Stella—with open arms. She quickly fell in love with the community and has never looked back.

Today, Lauren and Jack are raising Stella at OST, surrounded by the friends and connections they've made here. At home, they share life with their two sweet dogs, Glory and Birdie.

Lauren was honored to be invited into leadership roles at OST and sees it as a meaningful way to give back to the community she loves. Her involvement began with her and Stella serving as greeters for Friday evening services and lighting the Shabbat candles. Over time, she has taken on more responsibilities, recently helping to plan special events. Having once been on the receiving end of these gatherings, she finds it deeply rewarding to now help create them for others.

When Lauren isn't working or at OST she loves to relax. Stella is very busy so she appreciates the downtime. She also loves to travel and just went to Iceland back in April.

# PILLARS

With immense gratitude, we recognize those members who have already signed up to be Pillars of the Temple in 2025-26- generously giving above standard dues, enabling OST to honor our mission to be

*A House of Prayer for All Peoples.*

Anonymous  
Candace Altschul  
Paula & Michael Blachman  
Lary Blum  
Amanda & Adam Brill  
Carol & Allan Brum  
Deborah Casey & Steven Waranch  
Susan & Andy Cohen  
Allan D. Comess  
Elaine Cooper  
Minette Cooper  
Monica & John Cooper  
Rosann Crawford  
Rita & Joe Detrick  
Esther & Glenn Diskin  
Rhonda Dreggors-Newport  
& Family  
Barbara Dudley  
Susan Einhorn  
Dianne Epplein & John Patton  
Barbara & Andrew Fine  
Diane & Jeffrey Fine  
Karen & Matthew Fine  
Morris Fine  
Kim & Andrew Fink  
Colleen & Andy Fox  
Jeannie & Bruce Frieden  
Jodie & Jack Frieden  
Lori & Scott Galbraith  
Barb Gelb & Kenny Weinstein  
Joseph Goldberg

Jane Klein Goldman  
Jan Goldrich  
Marsha Chenman Goldstein  
& Stephen Goldstein  
Martha & Robert Goodman  
Stephan Gordon  
Suzanne & Dennis Gruelle  
Amie & Byron Harrell  
William Hearst  
Carol & David Hirschler  
Ellen Rostov Hundley  
Nancy Sacks Jacobson  
Richard Jacobson  
Beth & Nathan Jaffe  
Judith Jaffe  
Mike Jaffe  
Cynthia & Stuart Katz  
Susan & Todd D. Kletz  
Bruce Kushner  
Bonnie & Jeffrey Laibstain  
Linda Laibstain  
Karen Ledsky  
Edward Legum  
Jay Legum  
Judith & Richard Levin  
Bruce Longman  
Jeanne & Julius Miller  
Nancy Millstein  
Debra Moore  
Alyssa & Jonathan Muhendorf  
Elizabeth and Tom Murphy

Susan & Alan Nordlinger  
Ann Nusbaum  
Blanche B. Nusbaum  
Nancy & Charles Nusbaum  
Sharon & Bill Nusbaum  
Dr. Abbey Pachter  
Carol & David Pariser  
Penny & Kenneth Powders  
Holly Puritz  
& Stephen Wohlgemuth  
Cynthia & Meredith Rose  
Judy & Robert Rubin  
Paula Russel  
Karen & Warren Sachs  
Jim Schloss  
Ina "Dede" & Gilbert Schmidt Jr  
Pam & Dan Snyder  
Lisa & David Spiegel  
Linda & Ron Spindel  
Mimi & Bobby Stein  
Lawrence Steingold  
Renee & John Strelitz  
Ellen & Bill Wagner  
Katharine & Eddie Waitzer  
Barbara & Paul Walker  
Doris Waranch  
Douglas Weitzman  
Alice & Eric Werner  
Alicia Willson-Metzger  
& David Metzger

\*list as of time this Post went to print. To become a Pillar, call the office.



# DONATIONS

We appreciate the thoughtfulness of those who support OST

*by remembering and honoring their friends and loved ones through their generous contributions.*

## ADULT EDUCATION FUND

In Honor of  
**The Bat Mitzvah**  
**of Carol Brum**  
Joelle & Wayne Jakubowski

## ARCHIVES OPERATING FUND

In Memory of  
**Charles Cooper**  
Susan & Christopher North  
**Jane Frieden**  
Patsy & Burt Barr  
Jeffrey Chernitzer  
Carol & Robert Laibstain  
Sandra & Miles Leon  
**Leonard Frieden**  
Sandra & Miles Leon  
**Burke Margulies**  
Joan & Al Benas  
Sandra & Jerry Friedman  
Ernie Goldstein  
**Ellen VanOs**  
Isaacs-Rigoni Charitable Fund

In Honor of  
**Margaret Sawyer**  
**Receiving the**  
**Rosenbach Award**  
Karen & Steve Plotnick  
**The 60th Wedding**  
**Anniversary of Sue Ellen**  
**& Seymour Teach**  
Joan & Al Benas  
**The Bat Mitzvah**  
**of Alice Titus**  
Karen & Steve Plotnick  
Gail Salzberg

## GAIL W. BACHMAN EDUCATION FUND

In Memory of  
**Jane Frieden**  
Gail W. Bachman

## BEATRICE L. BERLIN ELDERLY NEEDS FUND

In Memory of  
**Beatrice L. Berlin**  
Carol Rosenblatt  
**Ralph Jeffrey Berlin**  
Carol Rosenblatt  
**Bea Rueben Linas**  
Carol Rosenblatt  
**Burke Margulies**  
Carol Rosenblatt

## CAMP SCHOLARSHIP FUND

In Memory of  
**Dolly Pachter**  
Ellen & Bill Wagner

## CANTOR JEN'S DISCRETIONARY FUND

In Memory of  
**Bea Rueben Linas**  
Terri & Steve Budman

Dorianne Villani  
Chuck Woodward

In Honor of  
**Cantor Jen for your**  
**guidance for my Bat Mitzvah**  
Diane Bloom McCabe

**ECO JUDAISM FUND**  
In Memory of  
**Mary Ann Latona Nadler**  
Jerry Nadler

**ANNE AND LOUIS FRIEDMAN FUND**  
In Memory of  
**Albert Selkin**  
Celia & Jay Friedman

## GENERAL OPERATIONS FUND

Donation  
Clay Barr  
Bunny Fontrier  
Alain Roulet

In Memory of  
**Bob Brotman**  
Christine & Trey Brugh  
**Jane Frieden**  
Beth & Richard  
Diamondstein  
Lois & Barry Einhorn  
Peggy & Mitchell Fine  
Beverly & Alan Frieden  
Muriel & Gary Hecht  
Kathi & Jerry Kantor  
Jay Kossman  
Cindy & Ron Kramer  
Jane & Daniel Laibstain  
Karen & Rick Lombart  
Marsha & Bud Protinsky  
Ira Steingold  
Susan Molofsky Todres  
Barbara & Marc Vigor  
**Burke Margulies**  
Gail & Bill Berger  
Miriam Miles  
Madeleine & Alan Samuels

**Morris Odessky**  
Carol & David Pariser  
**Dolly Pachter**  
Barbara Thomas  
**Harry Pariser**  
Carol & David Pariser

In Honor of  
**The Bat Mitzvah**  
**of Carol Brum**  
Marsha & Steve Roth  
**The Bar Mitzvah**  
**of Paul Woodson**  
Diane & Pete Brunk  
**Rabbi Roz's 20 years**  
**at OST**  
Diane & Pete Brunk  
**Wishing Jay Lazier a**  
**speedy recovery**  
Vivian Margulies

## EDWARD KESSER FUND

In Memory of  
**Jane Frieden**  
Howard Kesser, Sharon  
Laderberg and Family

## LESLIE LEGUM CAMP SCHOLARSHIP FUND

In Memory of  
**Jane Frieden**  
Jay Legum  
**Dolly Pachter**  
Barbara Johnson  
Jay Legum  
In Honor of  
**The Adult B'Nai Mitzvah**  
**Class of 2025**  
Barbara Johnson

## LIBRARY FUND

In Memory of  
**Robert D. Hecht**  
Betty Hecht

## LIFLAND FUND

In Memory of  
**Jane Frieden**  
Barbara & Errol Lifland  
**Lenny Frieden**  
Barbara & Errol Lifland  
**Burke Margulies**  
Barbara & Errol Lifland  
**Dolly Pachter**  
Barbara & Errol Lifland

## MUSIC FUND

In Memory of  
**Charles Cooper**  
Sandra & Miles Porter  
**Dolly Pachter**  
Carol & Robert Laibstain  
Vivian Margulies

In Honor of  
**Wishing a speedy**  
**recovery to Jay Lazier**  
Blue Chip Investment Club

## OSF ENDOWMENT FUND

In Memory of  
**Robert "Bob" Cohen**  
Minette Cooper  
**Jane Frieden**  
Minette Cooper

## RABBI ROZ'S DISCRETIONARY FUND

In Memory of  
**Robert "Bob" Cohen**  
Susan & Alan Nordlinger  
**Jane Frieden**  
Nancy & David Embree  
Mona & Jeff Flax  
Lorie Friedman  
Billy & Janet Kass  
Elaine Murray  
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Roberta & Gene Spector

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Gerald Zeno  
**Lenny Frieden**  
Gerald Zeno  
**Sheila Lenchner**  
Janet & William Kass  
**Burke Margulies**  
Zena Harod  
Elayne Axel Lavenstein

In Honor of  
**The Bynaming of**  
**Diego Garcia Wolff**  
Leslie & David Wolff  
**Rabbi's 20 years at OST**  
Karen & Matt Fine  
Judith Gutterman &  
Linda Dennis  
Kathi & Jerry Kantor  
Carol & Robert Laibstain  
**Rabbi Roz for your**  
**guidance for my Bat Mitzvah**  
Diane Bloom McCabe  
**The Wedding of Shuyang**  
**& Samuel Lisner**  
Diana & Charles Lisner

## RELIGIOUS SCHOOL GENERAL FUND

Donation  
Kroger Organization  
In Memory of  
**Sheila Van Dyke**  
Terri & Steve Budman  
**Dolly Pachter**  
Terri & Steve Budman

## SISTERHOOD FLORAL FUND

In Memory of  
**Dottie Goldman**  
Elayne Lavenstein Axel

## SOUP KITCHEN FUND

In Memory of  
**Eleanor S. Cohen**  
Arleen, Susan &  
Ben Cohen  
**Jane Frieden**  
Suzanne & Dennis Gruelle  
Nancy Millstein  
June & Bo Saks  
**Simcoe Glasser**  
His children: Sandra  
Glasser Tavss, Betty  
Glasser Hecht,  
Izaak Glasser  
**Celia Mandelkern**  
Harriet Bloom  
**Burke Margulies**  
Harriet Bloom  
Suzanne & Dennis Gruelle  
Nancy Millstein  
June & Bo Saks  
**Milton J Schloss**  
Jim Schloss  
**Jerrold Terdiman**  
Harriet Bloom

In Honor of  
**Sandi Advocat**  
Liz & Jay Bobrow  
**The Bat Mitzvah of**  
**Dorianne Villani**  
Debra Aleck  
John & Monica Cooper  
and family  
Marsha Dubbe  
Alyssa & Jonathan  
Muhlenhoff  
Robin Lewis-Schoner &  
Arthur Schoner  
**Eden Panchana's**  
**Baby Naming**  
Ellen Waranch &  
Barbara Gordon  
**Rabbi's 20 years at OST**  
Ellen Waranch &  
Barbara Gordon

**TORAH FUND**  
In Honor of  
**The Bat Mitzvah of Carol**  
**Brum**  
Susan & Robert Clayton

## CHARLES WOODWARD MUSIC FUND

In Memory of  
**Eugene Bloom**  
Diane Bloom McCabe  
**Jane Frieden**  
Marsha & Luke Hirschler, Jr.  
Mimi & Bobby Stein  
**Dottie Goldman**  
Susan & Alan Nordlinger  
**Bob Liverman**  
Nancy Millstein  
**Burke Margulies**  
Marilyn Buxbaum  
Sally & Charles Essreg  
Martha & Robert  
Goodman, Jr.  
Judith Gutterman &  
Linda Dennis  
**Dolly Pachter**  
Marilyn Buxbaum

In Honor of  
**Wishing a speedy recovery**  
**to Jay Lazier**  
Marilyn Buxbaum

**If you would**  
**like to make a**  
**donation, please**  
**use the QR code**  
**below.**



# CONDOLENCES

**Robert Sanford Cohen**, Husband of Joan Cohen, Father of Beth (Nathan) Jaffe, Bari (Chris) Kraus, and Adam (Janet) Cohen. Grandfather of Zach (Courtney) Lewis, Aly (Emily) Lewis, Emilee (Jake) Maxwell, Cohen Kraus, Davis Cohen, and Max Cohen. Great Grandfather of Carrington & William Lewis, and Avery & Cameron Maxwell

**Timothy B. Cooper**, Husband of Linda F. McGreevy, Cousin of John Cooper (Monica)

**Robert Freyer**, Step-Father of Helene Green

**Babette Lustig**, Mother of Carol Pariser (David), Jay Odessky (Eddie Sheehan) and Neil Odessky (Connie Geller), Grandmother of Jana Maser (Gabe), Michael Pariser, Jared Odessky, and Josh Odessky (Brennan Schechtman), Great Grandmother of Ayla and Sophie Maser

**Delle Rayner**, Sister of Bob Malkin (Alexi Gruber) and Greg Malkin, Mother of Howard Lange (Heather) and Leah Hadley (Michael), Grandmother of Alex, Aurora, Jeremiah, Sonya, and Christopher

**John Thomas**, husband of Emily Thomas-Buck

# YAHREZEITS

## AUGUST 31 - SEPTEMBER 6

Melvin Bass  
Fannie Berger  
Sylvia Bertini  
Theo Bonk  
Kimberly Cole  
\*Tanhen Cooper  
Peggy C. Davis  
Marjorie Dudley  
Margaret Dunn  
\*Emily Lablanc Faber  
\*Louis B. Fine  
\*Minnie Fine  
Nolan Fine  
Ed Fraim  
\*Celia Davis Garson  
\*Leon Goldstein  
Grayson Goodove  
Vivian Gooze  
\*Shoshannah Chavah  
Gottlieb  
Cynthia Denise Graves  
\*Dr. Abraham Grossman  
Stanley Hainer  
\*Phil Hamovit  
\*Dr. Harry Harrison  
\*David S. Hirschler  
Julian Bernard Jacobs  
\*Milton D. Kaufman  
\*Bernard Kayton

William Laderberg  
\*Edythe Lotkin  
Dr. Herbert Luria IV  
Lucille McNutt  
\*Maude Messenger  
Allen Morrison  
Cecilia Murray  
Gertrude Nathanson  
\*Pansy D. Perlman  
\*Ferdinand Phillips, Sr.  
\*Zelda Postove  
Edward Mark Rafal  
\*Jacob E. Saunders  
\*Babette Schwan  
David Segal  
Frank Sheffer  
\*Hilda G. Soble  
\*Henry R. Sohmer  
Barbara Spigel  
Gabe Sward  
Bruce Teck  
Martha Ungar  
Walter Vatcher  
Bette Wohlgemuth  
Marguerite G. Zentz  
**SEPTEMBER 7 - 13**  
Richard Bensink  
\*Max Berger  
Hattie Bistrong  
David Brown

Eleanor Capin  
\*Charles Cohen  
Kelly Crane  
Harriet Dickman  
Vernon F Dudley  
William Eggleston  
\*Hattie Engel  
\*Sylvia Axelrod Finestone  
\*Rose Friedman  
\*Dr. H. Gelberman  
Ira J. Gordon  
\*Henry T. Grossman  
\*Joseph Hearst  
Bertram R. Hirschler  
\*Trudy Nordlinger Hoffer  
\*Edward E. Kahn  
Yankel Kaplan  
Robin Katz  
Charles L. Kaufman, Jr.  
Beatrice Klein  
Valeria Krix  
Jeanette Larar  
Edna Mesh  
Jane Mary Newkirk  
\*Lesser Raphael  
\*Julia Rapoport  
\*Benjamin Sachs  
Alfred "Buzzy" Schulwolf MD  
\*Charles Schwartz  
Edward Snyder

\*Sherry Emdin Snyder  
\*Allen Soble  
Regina Steinberg  
\*Louis Strom  
Emily Guggenheim Switzer  
Len Talley  
\*Ellen Van Os  
Mollie Weinstein  
Harry Weisberg  
\*Charles Wynne  
Albert G. Zeno

## SEPTEMBER 14 - 20

Mary Ahearn  
Gertrude Berman  
\*Tess Cantin  
\*Cecelia Cohen  
\*Rose H. Copeland  
\*Rose Weinstein Dembicer  
Beatrice Diener  
\*Flora L. Donn  
\*Rebecca Goodman  
Esther L. Gordon  
\*Margaret Hofheimer  
William Horlick  
Ethel Narins Katz  
\*Marcella M. Levi  
\*Lena Levinson  
\*Miriam Ullman Levy  
Louis Meyer Lisner

\*Albert Miller  
Dianne Murray  
\*Todras Nelson  
Leona Roberts  
\*Maurice A. Rosenthal  
Ernest Sallmaier  
\*Harry J. Segal  
\*Deanna W. Shanker  
Benjamin Shiffrin  
Norman C. Shroyer  
\*John Spark  
\*Bernard B. Spigel  
\*Selwyn Laderberg Steel  
Laura Trabin  
Margaret Ullman  
Jane Unger  
\*Eva Wainger

## SEPTEMBER 21 - 27

\*Gail Carol Berger  
\*Maxine Berger  
Edward Berman  
\*Blanche C Bernstein  
\*Aaron Busch  
Myrna Cohn  
\*Haiman H. Colbus  
\*Esther Ehrenworth  
Cooper  
Tracy Doughtie  
Mildred Dreyfus



**SEPT 21 - 27... CONTINUED**

\*Charles K. Friedman  
 \*Morris E. Gartner  
 Sidney Geffen  
 Jerome S. Gershman  
 Ralph Gilbert  
 Jaymi Goldberg  
 \*Julius Goldstein  
 Czarna Graber  
 Fanny Greenberg  
 \*Geraldine Horton  
 \*Leah Kahnheimer  
 Esther Kaplan  
 Bertha Kleisdorf  
 Kathryn Koltun  
 \*Ludwig H. Korn  
 \*Kate Lasting  
 Bessie S. Legum  
 \*Phillip Leventhal  
 Harry Lewis  
 \*Alvin Margolius, Sr.  
 \*Rose S. Miller  
 \*Ulysses Sam Miller  
 \*Lawrence L. Newfield  
 \*Sam Novick  
 Mary Margaret Pariser  
 Hannah Rapp  
 \*Bernard Raymond  
 \*Eva Ries  
 \*Joseph Charles Rostov  
 Laurence Rubin  
 Marianne Schlesinger  
 Charles K. Schoen  
 Marcia S. Schwan  
 David Sherry  
 \*Thelma Silver  
 Gary Eli Silverman  
 \*Morris Tischler  
 \*Leonard Tonelson  
 Joyce Freda Trank  
 Paul R. Wohlgemuth  
 Frederick Woodson  
 Miriam Young

**SEPTEMBER 28 - OCTOBER 4**

Irwin M. Adler  
 Thomas C. Bachman  
 Harry Brum  
 Edward Clyde Campbell  
 \*Anna K. Cohen  
 \*Myron (Mike) Joseph  
 Cohen  
 Ruth Cohen  
 Jo Barbara Cooper-  
 Yulsman  
 \*Samuel Davidson  
 Nancy Dougherty  
 Alfred Dreyfus  
 \*Celia Friedberg  
 Doris Riemer Friedman  
 \*Melvin Friedman  
 Charles Galumbeck  
 Harriet Gilbert  
 \*Helen W. Glanzer  
 Rita Goldfarb

\*Brett Goldman  
 \*Eugene Forrest  
 Gordman  
 Norman Gutterman  
 \*Milton M. Jacobson  
 \*Marian Jacobson  
 \*Leah C. Jaffe  
 Charles L. Kaufman, Sr.  
 Reva Keeley  
 \*Murray Kossman  
 Sydel Krakower  
 \*Clarice F. Kramer  
 \*Harry H. Levine  
 Lee B. Luther  
 \*Faye S. Markoff  
 Martin Luther Moody  
 Clayton Morrison  
 Alice Moses  
 \*Mary Nemo  
 Fredrick Nicholson  
 \*Herman L. Rapoport  
 Zella Rew  
 Charles I. Rostov  
 \*Louis Rostov  
 \*Robert Schulman  
 Pearl Shoemaker  
 \*Louis Snyder  
 \*Jennie Sommers  
 John G. Ullman  
 Lena Zion Zentz  
 Evelyn Ziehl

**OCTOBER 5 - 11**

Simon Alper  
 Rose Burke  
 \*Margie Buxbaum  
 \*Louis Caplan  
 \*Laura C. Casey  
 \*Dr. Milton A. Clark  
 \*Mary T. Cooper  
 \*Jacob M. Crockin  
 Dorothy M. Eggleston  
 Harry Garb  
 \*Birdie Paker Gartner  
 \*Linda "Bubbles" Glaser  
 Irving Hecht  
 \*Sanne Hecht  
 Gerald P. Hochstadt  
 \*Joseph B. Hornstein  
 Melissa Jaffe  
 Lee Jaffe  
 Mildred Smith Johnson  
 \*Evelyn Kanter  
 Bernice Kaplan  
 \*Benjamin Katz  
 Alfred Legum  
 \*Phillip Leventhal  
 Herbert Levin  
 \*Hannah Lubschutz  
 \*Anne Kincaid Luna  
 Jay Mancini  
 \*Herman Marc  
 \*Julia Messenger  
 \*Annie Messenger  
 Rubie Puritz

\*Sadie Ries  
 \*David Rosen  
 \*Victor Sampson  
 Ben Sarb  
 \*Jack Sheppard  
 \*Zelda Silverman  
 \*Rabbi Raphael Isaiah  
 Sobel  
 Louis Stadlin  
 Fannie Terkeltaub  
 Victor Terkeltaub  
 Flora Leah Trump  
 \*Albert Turner  
 \*Louis Waldman  
 \*Gay B. Wasserman  
 \*Bernard Wasserman  
 Mae Willson

**OCTOBER 12 - 18**

Marie Adams  
 \*Edward Auerbach  
 Alan Balaban  
 Betty Berg  
 \*Norman Berlin  
 Betty Rose Davis Bloom  
 Leonard "Lenny" Brum  
 Harold Cohen  
 Raymond Israel Cohen  
 Arlyn Cohn  
 \*Shireen Coran  
 Louis Feldman  
 William Herbert Feldman  
 \*Morris Fine  
 Betty Finkelman  
 \*Dr. Harry M. Frieden  
 \*Belle Fuchter  
 Robert Golden  
 \*Harry Harrison, Jr.  
 Myra Helman  
 \*Sadie S. Hofheimer  
 \*Ronald N. Hyman  
 \*Frank Jacobs  
 Andrew Ernest Johns  
 Herbert Kashdan  
 Viola Kayer  
 \*Mervin Kramer  
 \*Bessie Rose Kruger  
 \*Sophie Lasting  
 William Marvin Lehrer  
 \*Esther Garfield Levin  
 Rose Lewis  
 \*Joseph Lipman  
 Hymie Longwater  
 Stephen Leigh Markman  
 Jerome Massey  
 Foster McCormick  
 Edith McDonald  
 \*Herman Messenger  
 \*Abraham Miller  
 \*Betty Raphael  
 Sonia Romash  
 Herman Romash  
 \*Leonard Rosen  
 \*Freda Schloss  
 Jane Silberman

Jose Simon  
 \*Maurice Steingold  
 L.E. Ullman, Jr.  
 Diego Velez

**OCTOBER 19 - 25**

\*Sophie Arenstein  
 \*Meyer Bazar  
 Natalie Berg  
 \*Lawrence Blumenthal  
 \*Beatrice Masnikoff  
 Blumenthal  
 Katrina LaShea Bryant  
 David Gerald Burg  
 Joseph Eichelbaum  
 \*Andrea Elizabeth Farrell  
 Alice Friedman  
 Penny Galbraith  
 \*Lee A. Gifford  
 Esther Goldstein  
 \*Belle Goodman  
 Sarah Green  
 \*Evelyn Hofheimer  
 \*Dr. Charles Horton  
 \*Maurice Joo  
 Kappy Kaplan  
 \*Mabel Wasserman  
 Kaufman  
 \*Michael Kayton  
 \*Rita Z Kootner  
 Marguerite Lambert  
 \*Hyman Lasting  
 John Lefkowitz  
 Herbert Legum  
 \*Jessie B. Levine  
 \*Stanley Levy  
 \*Sarah Plant Lipman  
 Sylvia D. Lisner  
 \*Esther Cohen Lit  
 \*I. James London  
 \*Robert Lowenthal  
 Robert Lowing  
 \*Wayne Lustig  
 Anna May E. Luther  
 \*Elsie W. Margolius  
 \*Isidor Margolius  
 \*Byrdie Messenger  
 George Morton  
 \*Henrietta Spagat  
 Nusbaum  
 Alice Pariser  
 Max M. Rothschild  
 \*Rose Morgenstern Sachs  
 Mayer A. Sarfan  
 Miriam Seeherman  
 \*Edward Brown Snyder  
 \*Allan Mark Spiegel  
 Jane Stern  
 \*Joseph H. Strelitz  
 Leonard Trank  
 Mary D. Tucker  
 \*Ester Umstadter  
 \*Henry Schloss Van Os  
 Harry Wachtel  
 Mary Wareing

**OCTOBER 26 - NOVEMBER 1**

\*Lemuel Altschul  
 \*Diane Ashinoff  
 Leo Ausch  
 Baruch Brown  
 Lillian Brown  
 Kate S. Clark  
 Virgie Doddy  
 \*Naomi V. Ehrenworth  
 \*Morton N. Freedman  
 \*Maurice Garson  
 \*Helen G. Gifford  
 \*Irving Glaser  
 Meyer Glazer  
 \*Marilyn Beth Levin  
 Goldberg  
 Allan Jerome Goldberg  
 Thelma Kayer Goldman  
 \*Sidney Goldstein  
 \*Hattie Goldstone  
 \*Max Guggenheimer  
 \*Roberta B. Hamovit  
 \*Bella Grant Jacobs  
 Daniel Jameson  
 Polly Jameson  
 George M. Kaufman  
 Hyman Kerner  
 Neil T. Kinnear III  
 Rachel Kurtz  
 Edith L. Laderberg  
 \*Lenore Laibstain  
 Michel Larar  
 David Laskewitz  
 \*Harry Legum  
 \*Louise R. Leterman  
 \*Fannie Blum Lieberman  
 \*Samuel Marcus  
 \*Alvin Margolius, Jr.  
 \*Augusta Marx  
 Beverly Menter  
 Robin Minskoff-Pollock  
 \*Maurice W. Nordlinger  
 \*Alice Norris  
 Faith Nusbaum  
 Charles G. Nusbaum  
 \*Robert C. Nusbaum  
 Samuel Poppel  
 \*Dr. James Guy Price  
 Zelma G. Rivin  
 \*Kathy Rosenbach  
 Anne Sallmaier  
 Mary Schloss  
 Jessie Schnitzer  
 Faye Schulwolf  
 \*Ben Paul Snyder  
 \*Joseph H. Snyder  
 Harold Spilka  
 Sara U. Talley  
 \*Sigmund Ullman  
 Olga Wadley  
 Melvin Wagner  
 Kathryn Weston  
 Sara Frances Woodson

\* Denotes Memorial Plaque

# SEPTEMBER CALENDAR & BIRTHDAYS

## SEPTEMBER EVENTS

**1 MONDAY**  
Office Closed-Labor Day

**2 TUESDAY**  
5:30 pm Executive Committee Meeting\*\*

**3 WEDNESDAY**  
6:00 pm Men's Club Meeting\*\*

**5 FRIDAY**  
6:30 pm Shabbat Service|  
Teshuvah Speaker 1: Rebecca Wolff\*\*

**6 SATURDAY**  
9:00 am Torah Study\*  
10:30 am Shabbat Service\*

**7 SUNDAY**  
9:30 am First Day of Religious School  
9:45 am Intro to Judaism  
10:00 am Wiggles & Giggles  
10:00 am Open House  
1:00 pm "A Beautiful Noise" (Chrysler)

**8 MONDAY**  
12:00 pm House Committee Meeting\*\*

**9 TUESDAY**  
10:30 am Quilting

**12 FRIDAY**  
5:30 pm Preneg  
6:00 pm Selichot/Shabbat B'Yachad Service\*\*  
6:45 pm Shabbat Dinner

**13 SATURDAY**  
9:00 am Torah Study\*  
10:30 am Shabbat Service\*

**14 SUNDAY**  
9:30 am Religious School  
9:45 am Intro to Judaism\*\*  
12:00 pm High Holiday Greeter Training  
12:00 pm OSTY Kick-off

**16 TUESDAY**  
6:00 pm Sisterhood Meet & Greet (offsite)

**19 FRIDAY**  
6:30 pm Shabbat Service  
Teshuvah Speaker 2: Sarah McCammon\*\*  
7:45 pm Prime Time Dinner

**20 SATURDAY**  
9:00 am Torah Study\*  
10:30 am Shabbat Service\*

**21 SUNDAY**  
No Religious School

**22 MONDAY**  
Office Closes at Noon  
7:00 pm Rosh Hashanah Evening Service\*\*

**23 TUESDAY**  
Office Closed Rosh Hashanah  
9:00 am Rosh Hashanah Children's Service\*\*  
10:30 am Rosh Hashanah Morning Service\*\*

**26 FRIDAY**  
6:30 pm Shabbat Service |  
Teshuvah Speaker 3: Carlos Catano-Martinez\*\*

**27 SATURDAY**  
9:00 am Torah Study\*  
10:30 am Shabbat Service\*

**28 SUNDAY**  
No Religious School  
10:00 am Reverse Tashlich (offsite)

**29 MONDAY**  
10:00 am Soup Kitchen

No asterisk means IN-Person ONLY  
\*virtual only  
\*\*hybrid (in person and virtual)

## SEPTEMBER BIRTHDAYS

**September 1**  
Rachel Abraham  
Philippa Barr  
Jacquelyn R. Haywood  
Rachel Johnson  
Blake Sisler

**September 2**  
Glynis Doughtie  
Benjamin Robert Eberhardt  
Ellen Hundley  
Liam Kee  
Steven Kocen  
Claire Ricewasser

**September 3**  
Jody Bartel  
Simon M Fink  
Leigh Nusbaum  
Donovan Patar

**September 4**  
Lori Galbraith  
Michael Goodove  
Sharon Nusbaum  
Dustin Patar

**September 6**  
Jeffrey Goodman  
Joyce Legum  
John "Hank" Morton  
Ellis Strelitz

**September 7**  
Violette Blondin  
Lauren Patar  
Sarah Nusbaum  
Martin Salasky

**September 8**  
Laura Bachman  
Deborah Fischl  
Robert Johns  
Diana Smith

**September 9**  
Aaron Twining  
Katelyn Villani  
Joshua Weinstein

**September 10**  
Ingeresa Friedman  
Samantha Green  
Alden Morrall  
Randi Rosenberg  
Aaron Shroyer

**September 11**  
Courtney Morrall  
Mindy Retnauer  
Alice Tarasiuk

**September 12**  
David Hirschler, II  
Millie Legum  
Marsha Moody  
James Moore  
Benjamin Thornton  
Andrew Werner

**September 13**  
Burgess Hodges  
Alexandra Konikoff

**September 14**  
Savannah Allegood  
Matthew Galumbeck  
Marilyn Levy  
Anna Salasky  
Trish Steingold

**September 15**  
Willie Auxier  
Levi Cohen  
Allison Cooper  
Allison Rachels  
Jennifer Leigh Waldholtz

**September 16**  
Jennifer Levin-Tavares  
Kayanna Shanker  
Theo Strelitz

**September 17**  
Joshua Newport

**September 18**  
Bruce Kushner  
Patricia Edwards  
Arleen Sobel  
Gail Wolpin  
Rebecca Sheehan

**September 19**  
Ethan Gilbert  
David Goodman  
Lewis Hirschler, Jr.  
Jennifer Lagow  
David Belman

**September 20**  
Arleen Cohen  
Helene Green  
Lexi Kletz  
Andrew Konikoff  
Max Lagow  
Magnolia Moore

**September 21**  
Marge Anten  
Joseph Kantor  
Judd Mendelson

**September 22**  
Andy Gladstein  
Connie Golden  
Sarah (Emery) Gotkis  
Martin Mendelsohn  
Paige Motley  
Elo Pollack  
Neal Schulwolf  
Zoe Martina Siegel

**September 23**  
Camille Cooper  
Joseph Feldman  
Beth Jaffe  
Bailey Morrisette  
Linda Sherman

**September 24**  
Hannah Beloff  
Barbara Gelb

**September 25**  
Benjamin Diskin  
Martin Friedman  
Michael Halpern  
J Lawrence Hecht  
Charles Kaufman  
Marilyn Kayer  
Pam Levinson  
Marlene Pariser  
Anna Sherman

**September 26**  
Tyler Halpern  
Neal Klar  
Judith Levin  
Deborah Ann Meltsner  
Kayanna Shanker  
Ari Smith

**September 27**  
Richard A. Beskin  
John Evans  
Jay Fuhrman  
Shawn Goldberg  
Joshua Kerner  
Griffin Mills  
Richard Tavss  
Ira Trussell  
Doranne Villani

**September 28**  
Harriet Bloom  
Ethan Fiedler  
Lori Glasser  
Rachelle Luna  
Andrew Pariser  
Louis Sherman

**September 29**  
Marian Ahearn  
Alex Graber  
Cat Lineberry  
Melissa A. Miller

**September 30**  
Max Hollander  
Marcy Terkeltaub

# PRIME TIME DINNER

Join fellow congregants for dinner following Friday night Shabbat service.

## Friday, September 19 at AW Shucks



# RSVP



# OCTOBER CALENDAR & BIRTHDAYS

## OCTOBER EVENTS

- 1 WEDNESDAY**  
Office Closes at Noon  
7:00 pm Kol Nidre Service\*\*
- 2 THURSDAY**  
Office Closed Yom Kippur  
9:00 am Yom Kippur Children's Service\*\*  
10:30 am Yom Kippur Morning Service\*\*  
12:45 pm Study Session 1  
1:45 pm Private meditation before the Sanctuary Ark  
1:50 pm Study Session 2  
3:00 pm Yom Kippur Afternoon Service  
4:00 pm Musical interlude  
4:15 pm Memorial & Concluding Services  
5:45 pm Break the Fast
- 3 FRIDAY**  
6:30 pm Shabbat Service\*\*  
7:30 pm Judaica Shop Open
- 4 SATURDAY**  
9:00 am Torah Study\*  
10:30 am Shabbat Service\*
- 5 SUNDAY**  
9:30 am Religious School  
9:45 am Intro to Judaism\*\*  
10:00 am Wiggles & Giggles
- 6 MONDAY**  
12:00 pm House Meeting\*\*
- 7 TUESDAY**  
5:30 pm Executive Committee Meeting\*\*
- 8 WEDNESDAY**  
5:30 pm Shake it in the Sukkah
- 9 THURSDAY**  
6:30 pm Board Meeting (offsite)
- 10 FRIDAY**  
5:45 pm Consecration Family Dinner  
6:30 pm Sukkot/Simchat Torah Service w/ Consecration\*\*
- 11 SATURDAY**  
9:00 am Torah Study\*  
10:30 am Shabbat Service\*
- 12 SUNDAY**  
9:30 am Religious School  
9:45 am Intro to Judaism\*\*  
12:00 pm OSTY Pizza in the Hut
- 14 TUESDAY**  
10:30 am Quilting
- 17 FRIDAY**  
4:00 pm Cinema Club  
6:30 pm Shabbat Service\*\*
- 18 SATURDAY**  
9:00 am Torah Study\*  
10:30 am Shabbat Service\*\*
- 19 SUNDAY**  
9:30 am Religious School  
9:45 am Intro to Judaism
- 22 TUESDAY**  
6:00 pm Sisterhood Board Meeting\*\*
- 24 FRIDAY**  
6:30 pm Shabbat Service\*\*
- 25 SATURDAY**  
9:00 am Torah Study\*  
10:30 am Shabbat Service | Bat Mitzvah of Aubrey Morral\*\*
- 26 SUNDAY**  
9:30 am Religious School  
9:45 am Intro to Judaism\*\*  
12:00 pm Chili Cook Off & Petting Zoo
- 27 MONDAY**  
10:00 am Soup Kitchen
- 28 TUESDAY**  
10:30 am Quilting
- 31 FRIDAY**  
6:30 pm Shabbat Service\*\*

Archive Volunteers meet  
every Wednesday  
10:00am



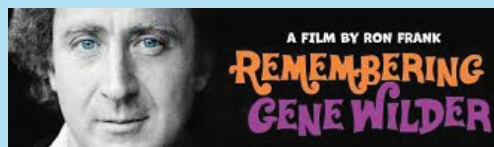
No asterisk means IN-Person ONLY  
\*virtual only  
\*\*hybrid (in person and virtual)

## OCTOBER BIRTHDAYS

- October 1**  
Natalie Bernadt  
Zachary Puritz  
Wohlgemuth
- October 2**  
Zachary Graber  
Barbara Larar
- October 3**  
Ellen Harris  
Rowan Schulman
- October 4**  
David Abraham  
Robert Copeland  
Jessica McCabe  
Katia Seals  
Nina Taubman
- October 5**  
Julie Blumenthal  
Andrew Fink  
Vicki Goldrich  
Rebecca Higgins  
Bonnie Kermer  
Helene Schulwolf  
Reva Stein
- October 6**  
Lawrence Belkin  
Samuel Kaplan  
Eberhardt  
Hadrian Hale  
Richard Jacobson
- October 7**  
Adam Brill  
Nickolas Doughtie  
Lester Gamba  
Jessica Gotkis  
Kristin Partington  
Mark Trank  
Paul Weiner
- October 8**  
Gail S. Berger  
Kenneth Pariser
- October 9**  
Monica Cooper
- October 10**  
Maria Dorsk  
Barbara Dudley  
Edward Kaufman  
Kenneth Kievit II  
Lynn Sachs  
Donna Salasky  
Jacob Zelonky
- October 11**  
Howard Dorfman  
William Krell  
Robin Mancoll  
Vanessa Salasky
- October 12**  
Avery Goldstein  
Warren Kozak  
Reid Legum  
Rachael Nusbaum  
Elinore Porter
- October 13**  
Amy Brotman  
Morris Fine  
Carol Hirschler  
Brenda Horwitz  
Blair Ashley Retnauer  
Stephen Stedman
- October 14**  
Sally S. Adler  
Sara Bachman  
Dana Fink  
Brayden Harrell  
Rebecca Hirschler  
Major Metzger
- October 15**  
Jesse Fine  
John David Quate  
Charles Saks
- October 16**  
Nelson Bowers  
Adam Donn  
Hailey Foer  
Evelyn Hearst  
Cynthia Rose
- October 17**  
Andy Cohen  
Julianne Collins  
Annie Fuhrman  
Jackson Guill  
Ia'ye Howe  
David Katz  
Ashten Konikoff
- October 18**  
Scott Konikoff
- October 19**  
Gwendolyn Darrow  
Benjamin A Plotnick
- October 20**  
Tanhen Cooper  
Amy Delage  
Everleigh Epps
- October 21**  
Teva Autumn Benjamin  
Jessica Frieden  
Frankie Ostroff  
Jozsef Patar  
Paula Rodgers  
Lisa J. Sisler
- October 22**  
Erik Cooper  
Danielle Berenson  
Fiedler  
Jeff Flax  
Avery Gerald  
Sarah Lisner  
Anna Lisner  
Rachel Lisner
- October 23**  
Allan Frost  
Cate Lagow  
Elizabeth Leor  
Eric G. Levin
- October 24**  
Brooke Danielle Coley  
Kyle Troy Coley
- October 25**  
Joshua Darrow  
Edward Goodove  
Jason Spruill
- October 26**  
Jane Goldman  
Norman Hecht  
Danica Krutzy  
Hallie Jayne Schulwolf
- October 27**  
Dorcas Helfant-Browning  
Chris Hallissy
- October 28**  
Jody Alperin  
Charles Friedman  
Jonathan D. Glaser  
Ronni M. Schatz
- October 29**  
Maya Gebler  
Joseph Goldberg  
Jack Levi  
Dana Lotkin  
Matthew Williamson
- October 30**  
Lawrence Forman  
Jodi Klebanoff  
Todd D. Kletz  
Judith Kramer  
Carol Levin  
Michael Pariser  
Sam Stromberg  
Norma Young
- October 31**  
Kinsey Brotman

# TEMPLE CINEMA CLUB

"Remembering Gene Wilder"



Friday, October 17 • 4:00pm



RSVP





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**OST IS THE PLACE TO BE - COME CHECK OUT SOMETHING NEW!**

# **OPEN HOUSE**

**Sunday  
September 7  
10:00 am**

