

Ohef Sholom Temple's News Publication

THE TEMPLE POST

Established 1844 • Volume 65, Issue 6 • November /December 2025

A hand is shown holding a traditional silver menorah with nine lit candles. The candles are a mix of blue and white, and their flames are bright yellow and orange. The background is dark with several out-of-focus yellow light circles, creating a bokeh effect. The text 'FROM ONE FLAME, MANY LIGHTS!' is overlaid in white, bold, sans-serif capital letters at the bottom of the image.

FROM ONE FLAME,
MANY LIGHTS!

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WORSHIP & TORAH STUDY

NOVEMBER

Saturday, November 1 / 10 Heshvan 5786

9:00 am Torah Study*

10:30 am Shabbat Service*

Friday, November 7 / 17 Heshvan 5786

6:30 pm Shabbat Service Honoring

Veterans/Military**

Saturday, November 8 / 18 Heshvan 5786

9:00 am Torah Study*

10:30 am Shabbat Service | Bar Mitzvah

of Ryan Cooper**

Friday, November 14 / 24 Heshvan 5786

5:00 pm Tot Shabbat

6:00 pm Shabbat Service**

Saturday, November 15 / 25 Heshvan 5786

9:00 am Torah Study*

10:30 am Shabbat Service*

Friday, November 21 / 1 Kislev 5786

6:30 pm Shabbat Service**

Saturday, November 22 / 2 Kislev 5786

9:00 am Torah Study*

10:30 am Shabbat Service*

Friday, November 28 / 8 Kislev 5786

6:30 pm Shabbat Service**

Saturday, November 29 / 9 Kislev 5786

9:00 am Torah Study*

10:30 am Shabbat Service*

DECEMBER

Friday, December 5 / 15 Kislev 5786

6:30 pm Shabbat Service | Speaker: Alyson Morrissey**

Saturday, December 6 / 16 Kislev 5786

9:00 am Torah Study*

10:30 am Shabbat Service*

Friday, December 12 / 22 Kislev 5786

6:30 pm Shabbat Service**

Saturday, December 13 / 23 Kislev 5786

9:00 am Torah Study*

10:30 am Shabbat Service*

Friday, December 19 / 29 Kislev 5786

5:30 pm Preneg

6:00 pm Shabbat B'yachad Chanukah Service**

6:45 pm Chanukah Dinner

Saturday, December 20 / 30 Kislev 5786

9:00 am Torah Study*

10:30 am Shabbat Service**

Friday, December 26 / 6 Tevet 5786

6:30 pm Shabbat Service**

Saturday, December 27 / 7 Tevet 5786

9:00 am Torah Study*

10:30 am Shabbat Service*

No asterisk means IN-PERSON ONLY

*VIRTUAL ONLY

**HYBRID (in-person and virtual)



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www.ohefsholom.org

OST OFFICE HOURS:

Monday-Thursday

9:00 am-5:00 pm

Friday

9:00 am-4:00 pm

Torah Study
with Dr. David Metzger

Saturdays, 9:00 am
via Zoom



**98th Annual
JOINT INTERFAITH
THANKSGIVING
Service**

Wednesday, November 26
at Ohef Sholom

6:00 pm-Reception

7:00 pm-Service

A collaboration of Ohef Sholom
Temple and Freemason Street
Baptist Church.

LEADERSHIP & STAFF

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From the Clergy

As we prepare to kindle the lights of Chanukah, we are reminded that light is not only something we see. It's something we create together. A single candle can pierce the darkness, but it is when we gather many flames that the room truly glows.

Over the High Holidays, we talked about collective effervescence — that electric sense of joy and connection that arises when people come together with shared purpose. We felt it on Simchat Torah, when we unfurled our Torah scrolls around the sanctuary and blessed our Consecration students while literally surrounded by sacred words and by one another. We felt it again when we gathered for Havdallah to mark the release of the hostages. As we lifted the braided candle high, we joined in a sacred act of separation: setting apart the darkness of the past two years from the light of hope that returned with them. The intertwined wicks of the candle symbolized what we already knew in our hearts — that our light shines the brightest when it is joined with others.

At Ohef Sholom, we are blessed with countless opportunities to experience that illumination. In song, in prayer, in celebration, and even in shared grief, we rediscover the radiant truth that no one's flame must burn alone. This is what our congregation offers: a place to gather, to kindle hope, to reflect light outward into a world that so desperately needs it.

May this Chanukah season remind us that while darkness is inevitable, despair is not. When we come together, our collective light becomes something sacred, something joyful, something that can truly transform the night.

— Rabbi Roz and Cantor Jen

SAVE THE DATES Two Opportunities to Shine Together



Saturday, January 31, 2026 • 6:00 pm

Join us for an island-themed evening featuring local restaurants, wineries, and distilleries — plus live entertainment, raffles, and delicious bites from the best in Hampton Roads.



Help Ohef Sholom Temple and Rabbi Roz celebrate the **MILESTONE** of her 20 years of leadership and love.

Saturday, May 9, 2026
6:00 pm

COMMUNITY REFLECTIONS

A message from First Vice President Andy Fox



In the Spirit of Banana Ball

Once again, I find myself in post-High Holiday bliss, refreshed and inspired for another incredible OST year. Whether you joined in person or online, or have it on your to-do list to watch the videos, I know all will agree that we continue to raise the bar in terms of transcendent, joyous, and secure HHD worship and other observances. It can never be said enough, THANK YOU Rabbi, Cantor, Chuck, our incredible Choir, Temple Staff, and an army of volunteers who make it all possible.

Like many of you, I did not come to Yom Kippur morning services expecting to hear about "Banana Ball," the unique brand of baseball beloved by millions of fans every summer. Like any excellent sermon, Cantor Jen's d'var got me thinking. Banana Ball is an incredible phenomenon. The players are entertainers but are also incredibly talented at the sport, the games are exciting down to the last out, and everyone is in on the fun - including the umpires, the "benchwarmers," and, most importantly, the crowd. With apologies to the baseball purists among us, at heart, it's baseball - but fun. Without records, standings, playoffs, or a storied history, Banana Ball teams sell out Major League stadiums in minutes all summer long with resale tickets costing hundreds of dollars. How is this possible, and what can we learn from it?

In many ways, Judaism is the baseball of the western religions - the oldest and most traditional, one that most resembles in many ways the earliest days of the sport. There are reams of official rules and dozens of unwritten rules, all grounded in concepts of respect for tradition and reverence for the past. For decades, critics have argued that these rules and traditions render baseball uninteresting, inaccessible, and, yes, boring to new generations of fans. By contrast, founder Jesse Cole (unavoidable on social media in his trademark bright yellow tuxedo and bowler hat) designed Banana Ball from the ground up for fan enjoyment and engagement. Here are just a few examples of this:

Every aspect of Banana Ball is a celebration of the sport and of life. From the moment you enter the stadium grounds, there is a party atmosphere with live music, games, and opportunities to meet and interact with the players. Trick plays, bat flips, and, yes, both spontaneous and intricately planned dancing are key parts of the experience.

Despite the shenanigans, the on-field product is of the highest quality. Competition to play for a Banana Ball team is incredibly fierce, with players possessing

both professional-level baseball talent and the ability to entertain and connect with fans. The players obviously love playing baseball and the love is infectious - specifically and importantly, love for the game itself.

There are several Banana Ball rules that depart from those of traditional baseball, and which are designed to improve the pace of play and enhance fan enjoyment. The result is an experience that is compact, high energy, and, as Cantor Jen described, "spontaneously effervescent."

We of Ohel Sholom Temple share many similarities with Banana Ball - we celebrate unabashedly, poke a little fun at ourselves, and enjoy the absolute highest quality Jewish experience through our worship, music, education, and engagement programs (and we've really been filling those seats, too!). We've also looked at a few rules over the years and decided that we can depart from them and still honor our traditions and enhance our "love of the game," even as we welcome new members and generations to our temple family.

Perhaps most relevant to our faith, in Banana Ball, a team is never out of the game. Each inning is a mini-game in which the team scoring the most runs gets a single point - until the ninth inning, where every run counts. It's never too late for a team to reach deep, put out its best effort, and make a comeback. Similarly, our recent season of T'shuvah provided each of us an opportunity for change and renewal as we put the past behind us and turn the page to a new year.

I'll close by asking the same question Jesse Cole asked himself when he envisioned Banana Ball: we have a great thing - how can we make it better? More engaging? More inclusive? More joyous? Send your suggestions to ed@ohelsholom.org with the subject line Banana Ball. If we get enough responses, you may just see me in a yellow tuxedo.

Shanah Tovah,
Andy Fox
First Vice President



Mazal Tov



We celebrate the milestones, simchas, and new beginnings that illuminate our congregation with joy and connection.

B'NAI MITZVAH

November 8, 2025

Ryan Cooper is the son of Allison and Jeff Cooper, brother of Nathan, grandson of the late Minette and Charles Cooper, and Beverly and Harlan Sherwat.



ACHIEVEMENTS

Mazel tov to **Heather Nevins** on being honored with the Z Creativity Honors! Your passion and impact on the arts community is truly inspiring.



Mazel tov to **Andrea Trank** on her new role as University Supervisor at ODU's Darden College of Education and Professional Studies! Her experience and passion for mentoring future teachers will benefit the Hampton Roads community.

Mazel tov to **Naomei Elizabeth Lidman** upon completing a two-year internship as a research assistant with the Dana-Farber Cancer Institute in Boston, MA. Naomei began PhD studies this Fall at the University of Maryland, Baltimore, in Pharmaceutical Sciences, with an emphasis on chemistry and drug development.



ENGAGEMENTS



Mazel tov to **Becca Higgins & Cal Stamp** on their engagement, Saturday, August 30, 2025! The Higgins and Stamp families are over the moon with joy.

Mazel tov to **Amy & Frank Zelenka** on the engagement of their son, **Sam Zelenka**, to **Christa Van Geluwe**.



CONVERSIONS



Mazel Tov to **Joey Parlett** on his conversion to Judaism on October 17, 2025. We celebrate his commitment and welcome him warmly into the Jewish community.

Mazel Tov to **Ellie Goldstein** on her conversion to Judaism on October 24, 2025. May her journey in Jewish life be filled with joy, growth, and meaning.



BIRTHS



Mazel tov to **Eileen & Klaus Gaba** on the birth of their daughter, Yael Viola Gaba, on August 29, 2025. Big sister Lololi shares in the joy!

WELCOME

Please welcome our newest members of the Ofef Sholom family:

Jamie & Peter Baker
(Willow, Leo)

Jacob Balot

Angela & Seth Belkin
(Jacob)

Allison & Billy Carden
(Lena, Annie)

Lauren & Brandon Carter
(Ethan, Liam, Blake)

Tanhen Cooper
Andrea Drum & Brian Cox
(Jasmine, Nevaeh)

Rebecca & Darren Dorfman
(Noa, Arie)

Zev Goldman & Elaine Parsons
Rabbi Lynn Goldstein & Jack Dougherty

Gabrielle Houser & Max Rudner
(Oliver)

Zaryab Iqbal
(Evan)

Alissa Julius

Rachel Julius

Trisha Mallek
(Hadley Kaprielian)

Meghan Margulies
(Quinn)

Meryl & Sean Mulligan
(Ari, Asher)

Sabrina & Gregory Nicholson
(Nathaniel)

Jan Ozer

Joey Parlett

Elaine Parsons & Zev Goldman

Christina & Blake Shockley

Ashley & Adam Shustak
(Taylan)

Elizabeth & Neil Waranch
(Harper, Brynn)

Jan & Larry Weintraub
Susan Weisman
(Katie)

BRIGHT BEGINNINGS



On Sunday, September 7, our classrooms and Temple spaces once again filled with a bright glow — the kind that comes from excitement, laughter, and genuine connection. Each week, that light seems to grow brighter: in the way our students help one another, in the thoughtful questions they ask, and in the joy that fills our spaces each Sunday morning.

One very bright spot is the many new families who have joined our Religious School community this year. Their presence and enthusiasm have added new sparks of energy and warmth to our program, reminding us that every new voice, every new relationship, and every new beginning enriches the shared light that makes Ohef Sholom so special.

Our teachers, madrichim, and volunteers continue to guide our learners with patience, creativity, and care. Whether it's singing together in music, exploring Torah stories in new ways, or engaging in meaningful conversations with our Community Partners, our students are discovering how learning and connection can illuminate their understanding of what it means to live Jewishly — with joy, compassion, and hope.

As the days grow shorter and we move toward the season of lights, our calendar shines with opportunities to learn and celebrate together.

Nov 2- Havdallah by the Beach: Join us for this community celebration as we honor Rabbi Roz and her 20 years of dedicated service to our beloved community. You will not want to miss it!

Nov. 23- Community Impact Day: Religious School is off-site as we gather together at the JCC for a morning of giving and learning.

Dec. 14- Chanukah Celebration: Join us as we prepare for the Festival of Lights during our annual Religious School Chanukah program.

As winter approaches, may our collective brightness — the light of curiosity, compassion, and hope — guide us toward deeper connections, joyful learning, and lasting peace.

Alyson Morrissey
Director of Lifelong Learning
alyson@ohesholom.org

CAMP SCHOLARSHIPS

Applications due
February 1, 2026

COMMUNITY IMPACT DAY CREATING KINDNESS & JEWISH CAMP CURIOSITY

ONE MORNING, TWO APPROACHES TO COMMUNITY

Sunday, November 23 • 10am-Noon
Reba and Sam Sandler Family Campus

MITZVAH MALL

Learn about non-profit organizations making a difference in Tidewater. Toddlers to teens can donate in increments of \$1 and discover the positive feeling of making an impact.

CAMP FAIR

Explore Jewish camps from across the eastern region and discover how the help build Jewish identity, foster community, and create lasting memories.

JEWISHVA.ORG/IMPACT

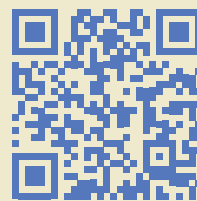
Simon Family JCC, Congregation Beth El, Ohef Sholom Temple, Tidewater Jewish Foundation, Konikoff Center for Learning, Northern Virginia Jewish Community Center



Friday, November 14

5:00 pm

A joyful Shabbat experience designed especially for our youngest learners and their families.



WHERE JEWISH JOY BEGINS

**FOR BABIES, TODDLERS,
AND THEIR GROWN-UPS**

SELECT SUNDAYS • 10:00 AM



NOVEMBER 16
HAKARAT HATOV
(GRATITUDE)



DECEMBER 7
CHANUKAH
CELEBRATION

ADULT EDUCATION



TEMPLE CINEMA CLUB

November 21

Bad Shabbos

December 19

Denial

For the months of November and December, the Cinema Club will meet upstairs in room 305.



BOOK CLUB



DECEMBER 9
6:30 PM

OST Library and Zoom

Book to be decided.



Ohef Sholom Temple's Adult Ed Committee is excited to offer another Adult Trip.



During the fall of 2026, OST will visit the birthplace of America—Philadelphia!—as our nation celebrates its 250th birthday. Highlights include the Weitzman National Museum of American Jewish History, the historic Mikveh Israel Synagogue, the Liberty Bell, and more—plus free time to explore on your own.

If you're interested in joining this exciting trip, please respond by November 21.

For questions, contact Alyson at Alyson@ohesholom.org.



We had the distinct honor of providing 25 goody bags to JFS for the Jewish New Year. They in turn distributed them to seniors in our community so they could enjoy the holiday. The bags included a freshly baked challah, honey and a few apples!

Our next project will also support JFS's efforts, to feed those in need for Thanksgiving. Our drive began October 19th and will conclude on Sunday, November 16th. We welcome and appreciate donations from the congregation. Drop off boxes will be in the foyer and all Sunday School classrooms. Each student, at the grade level indicated, is asked to bring in the following:

MITZVAH *Committee* **THANKSGIVING FOOD DRIVE**



Pre K and Kindergarten- 3 cans of Cream of Mushroom Soup
 First Grade- 3 packets of gravy and 3 containers of fried onion rings
 Second Grade- 2 cans of corn and 2 cans of green beans
 Third Grade- 3 boxes of corn bread
 Fourth Grade- 2 bags of mini marshmallows and 2 large cans of yams
 Fifth Grade- 2 cake mixes and 2 cans of frosting
 Sixth Grade- 2 boxes of stuffing
 Seventh, Eighth and Ninth Graders- 2 boxes of Mashed Potatoes

OST Soup Kitchen
 hot meals, warm hearts

**VOLUNTEERS
NEEDED**
 FOR UPCOMING DATES!



Mondays

**November 24
December 29**

Honoring Rabbi Roz Through Action

**Tikkun
l'lam**

**FIGHTING HUNGER TOGETHER
OST & FOODBANK OF SEVA**

Who: All OST households

What: Volunteer with the Foodbank behind-the-scenes or directly with clients

Where: A variety of activities, dates, times and locations are available

Why: To recognize Rabbi's 20 years of love and leadership in a hands-on way

How: Gather your friends, family, classmates etc. to work a shift (or 2!) with the Foodbank

Any questions? Please text or call Dorianne Villani @ 757-617-8624

**It's very
easy to
sign up.**



Click on the link above to first create a profile for yourself, then click on a calendar event for description of the activity.

TURN IT OFF

This may seem like an odd title for an article that is being published in time for Hanukkah, the Festival of Lights, but the short days and long nights are a good time to consider light pollution. Light pollution effects plants, animals, the environment, and our power bills. Jewish days begin at sunset. Night is considered to be a time to prepare for the coming daylight and to rest. Days end in the evening when 3 bright stars can be seen.

Our use of artificial lighting has allowed us to use the dark hours in ways that our ancestors would never have imagined. Many of our uses of lighting have interrupted the circadian rhythm of the natural world. Outdoor lighting in particular has a negative impact on both plants and animals. Sea turtle hatchlings get turned around by artificial lights and don't get to the water. Bird migration is disrupted by the lights from cities resulting in many birds flying into windows or disorienting flocks. Mammals are drawn toward the lights and can become nuisance animals. Nocturnal insect pollinators are drawn to the lights instead of pollinating plants. The excessive light does not give plants time to store the nutrients that they will need for future growth.

There are steps that we can take to limit light pollution.

- ★ use light sensors
- ★ use light covers that direct the light down
- ★ choose colored lights that do not attract animals
- ★ use fewer lights
- ★ close curtains to keep indoor light inside
- ★ TURN IT OFF whether indoors or outdoors unless needed

Bal Tashchit tells us *"Though shalt not waste or destroy"*. Decreasing light pollution can be our Hanukkah gift for our earth.

Jackie
Haywood



ILLUMINATION IN THE OST ARCHIVES

A
Special
Menorah
and a
Special
Prayer



Archives primarily focus on documents, photographs, audio/visual materials, and digital records. However, many archives, including the OST Archive, also contain a limited number of unusual artifacts. A beautiful little oil lamp, currently on display in the OST lobby, is a fine example of this. The lamp was made in Israel and donated by Thais Kaufmann, of blessed memory.

The lamp is a special type of menorah called a chanukiyah. The Hebrew word menorah means lamp and refers to the seven-branched candelabrum (or lampstand) in the ancient Temple in Jerusalem. By contrast, a chanukiyah has nine branches and is specifically designed for use during the holiday of Chanukah. As the website myjewishlearning.com explains, "every chanukiyah is a menorah, but not every menorah is a chanukiyah."

That our lamp is a chanukiyah is substantiated by the fact that it has spaces for nine wicks. Additionally, the Hebrew words engraved on it make that clear. The first word (נוֹר) - seen on the lamp without the vowel - is a variation of the word for light, and the second word (חֲנוּכָּה) - also seen on the lamp without vowels - means Chanukah.

As we approach the holiday this year, we hope you'll take a few minutes to view the oil lamp and the beautiful Chanukah prayer written by Rabbi Louis Mendoza, which is also on display. Mendoza was OST's longest serving rabbi, having led the congregation from 1907 to 1945. Known for his eloquence, this rare surviving example of his writing extends the hope that just as the lights of Chanukah grow in number, so will we all "grow in knowledge and . . . goodness, in gratitude to [God], in love and respect for our parents and teachers, [and] in kindness and helpfulness to all our fellow-beings." Happy Chanukah from the volunteers of the OST Archive!



LIGHTING THE CHANUKIYAH



Light the shamash (helper candle) first, and use it to light the rest of the Chanukah candles. As you do, speak or sing the Chanukah blessings

Remember, the newest candle is always lit first. The candles are added to your chanukiyah from right to left, but are lit from left to right. When celebrating Shabbat and Chanukah, kindle the Shabbat candles after lighting your menorah.

First Blessing:

Baruch atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav
v'tsivanu l'hadlik ner shel Chanukah.

זור ברוך אתה, יי
אלהינו, מלך העולם,
אשר קדשנו במצותיו
וצונו להדליק נר של חנוכה.

Blessed are You, Adonai our God, Sovereign of all, who hallows us with mitzvot, commanding us to kindle the Chanukah lights.

Second Blessing:

Baruch atah, Adonai
Eloheinu, Melech haolam,
she-asah nisim laavoteinu
v'imoteinu bayamim hahaim
baz'man hazeh.

ברוך אתה, יי
אלהינו, מלך העולם,
שעשה נסים לאבותינו
ואמותינו בימים ההם בזמן הזה.

Blessed are You, Adonai our God, Sovereign of all, who performed wondrous deeds for our ancestors in days of old at this season.

For first night only: :

Baruch atah, Adonai
Eloheinu, Melech haolam,
shehecheyanu v'kiy'manu
v'higiyanu laz'man hazeh.

ברוך אתה, יי
אלהינו, מלך העולם,
שהחיינו וקיימנו
והגיענו לזמן הזה.

Blessed are You, Adonai our God, Sovereign of all, who has kept us alive, sustained us, and brought us to this season.

**Did you buy your
candles yet?**

**Come by and see all
that the Chanukah
shop has to offer.**

**OST
CHANUKAH
SHOP**



WEDNESDAYS
10am - 12pm

FRIDAYS
Before and
After Services

SUNDAYS
During
Religious School

Please contact Ellen Hundley (erhundley2010@gmail.com) or Gail Bachman (bachman51@cox.net) to schedule an appointment outside of these hours!

Shabbat B'yachad *Chanukah*

Friday, December 19

5:30 pm Preneg

6:00 pm Shabbat Service

6:45 pm Chanukah Dinner & *PARTY*

Join us for a joyful evening of light, music, and community as we celebrate Shabbat and Chanukah together. Enjoy festive treats, meaningful worship, and a warm shared meal as we kindle the lights and reflect on the joy of being

B'Yachad, or Together.



To make the evening extra special, the dinner will also be a party for all ages featuring a live band, games, and lots of surprises.

Please bring your chanukiah (menorah) and seven candles to join in a community candle lighting at the start of services. Together, we'll fill the sanctuary with the warm glow and beauty of the Chanukah lights throughout the evening.

Sisterhood

Illumination & Judaism: *The Healing Power of Light*

As fall settles in, many of us notice the days growing shorter and darker. We may even find ourselves missing the warmth and brightness of summer's light. Science confirms what our hearts already know: sunlight can lift our spirits and strengthen our well-being. Perhaps this is one reason why the ritual of lighting candles each Friday evening — and later during Chanukah — feels so comforting. Those small flames bring not only physical light, but also spiritual warmth into our homes.

In Judaism, light is more than a symbol. The Torah itself is often compared to light because it "tells us the place of each thing." In other words, the words of Torah illuminate the meaning and purpose behind the world we live in. When we allow its teachings to shine on our daily lives, we find clarity, direction, and even healing.

As we enter this season of shorter days, may we remember that light surrounds us in many forms — from the glow of a candle, to the wisdom of our tradition, to the warmth of community. Together, we can help bring a little more illumination into the world.

With love and light,

Andrea Trank
Sisterhood President

Uniongrams

A SIMPLE WAY TO MAKE A
BIG DIFFERENCE

ORDER DEADLINE IS
NOVEMBER 20



	ANNIVERSARIES	YEARS	DATE
1	Cox, Brian & Drum, Andrea	10	1/2/2016
2	Ostroff, Ethan & Gretchen	15	1/15/2011
3	Rubin, Robert & Judy	35	2/17/1991
4	Golden, Gerald & Connie	40	1/26/1986
5	Turner-Yanofsky, Sylvia & Yanofsky, Alan	45	2/9/1981

For just \$3 per card, you're not only brightening someone's day—you're also helping shape the future of Jewish leadership and strengthening communities worldwide. Uniongrams embody the Jewish values of connection, compassion, and giving back.

So, let's honor this tradition together. Celebrate your loved ones, recognize milestones, and share joy—all while supporting meaningful work. Sending a Uniongram may be a small act, but its impact is anything but small. *Who will you celebrate today?*

To order and pay for Uniongrams online, go to <https://ohefsholom.org/sisterhood> or contact the main office

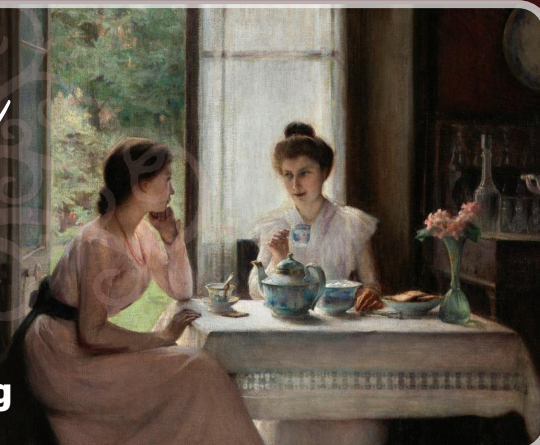
Sisterhood Outing:

Women Artists of the Progressive Era
Saturday, November 9 • 1:30 pm
Chrysler Museum of Art



Explore a powerful exhibition of women artists from the Progressive Era
Join us for art, conversation, and community.

RSVP at sisterhood@ohefsholom.org





would like to thank all of the participants and donors of our Annual OSTY High Holiday Food Drive and our Pizza in the Hut event! Both were a success thanks to you all! Many donation bags were collected and donated and we were able to fill up the entire food truck! Our Pizza in the Hut event had a surprise guest, Cantor Jen, helping everyone with the prayers and our OSTY President, Elijah, led the shaking of the lulav and etrog. A video can be found on our Instagram! Stay tuned for our upcoming events: The Friendsgiving potluck on November 9th, Top Golf on November 23rd, and lastly our annual Hanukkah Party, date TBD. A form for Friendsgiving will be coming soon to let us know allergies and what dish you will be bringing! As we get closer to each event please RSVP by emailing: OSTY@ohefsholom.org so we have a head count and as always feel free to ask any questions to the same email and lookout for updates on our Instagram, @osty_!

Best, Logan Fortuna OSTY CVP



Friendsgiving
Potluck
November 9



Annual
Chanukah Party
date TBD

The Men's Club was proud to once again build our OST Sukkah this past October 5th. The new hurdle of having the structure indoors was challenging, but it worked out well. I would like to thank the MC volunteers who helped erect the structure and recognize Jim Soltz for basically doing 90% of the prep and dismantle. Another special thanks to Andy Fox for coordinating and helping get the bamboo from the Mallory Club. Shake it in the Sukkah was a great time!

Just before the High Holidays, the Men's Club gave the greatest mitzvah I have had the pleasure to be a part of. It has been a long standing tradition in the Lazier household to build a sukkah on their back deck. As we know, this has been an extremely difficult year for their family. The Men's Club volunteered to build the sukkah. A big THANK YOU to John Sementelli, Chris Morrissey, and Jim Soltz for showing up big for the Lazier Family.

The Men's Club will once again be cooking latkes for the Religious School's Chanukah event in December. We will continue with our monthly meetings starting Wednesday November 5th @ 6pm.



Eric Helms
Men's Club President



PILLARS

With immense gratitude, we recognize those members who have already signed up to be Pillars of the Temple in 2025-26- generously giving above standard dues, enabling OST to honor our mission to be

A House of Prayer for All Peoples.

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Lary Blum
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Alicia Willson-Metzger & David Metzger

*list as of time this Post went to print. To become a Pillar, call the office.

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We appreciate the thoughtfulness of those who support OST

by remembering and honoring their friends and loved ones through their generous contributions.

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Christine Lenoir

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The Bat Mitzvah of Layla Dorsk
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In Honor of Cantor Jen helping me with my Bat Mitzvah preparation
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Wishing Cantor Jen Shanah tovah
Janis & Ed Weisberg

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Marion & Roger Lidman
The birth of Sophia Rose Glasser to Jacob & Jessica Glasser
Marion & Roger Lidman
Nancy Sacks Jacobson's 99th birthday
Marion & Roger Lidman
Diana & Charles Lisner's 30th wedding anniversary
Marion & Roger Lidman

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Robin & Matt Mancoll's 25th wedding anniversary
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Donna & Martin Salasky's 35th wedding anniversary
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Margaret Sawyer's receiving the Rosenbach Award
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In Honor of Nancy Jacobson's 99th birthday
Marion & Roger Lidman

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Frank Tavares
* Dr. Irving Tavss
Randy Tennant
* Rosalie Wilks
* Bob E. Wolfson

* Denotes Memorial Plaque

NOVEMBER CALENDAR & BIRTHDAYS

NOVEMBER EVENTS

- 1 SATURDAY**
9:00 am Torah Study*
10:30 am Shabbat Service*
- 2 SUNDAY**
NO RELIGIOUS SCHOOL
9:45 am Intro to Judaism*
4:00 pm Havdallah by the Beach (offsite)
- 3 MONDAY**
12:00 pm House Committee Meeting**
- 4 TUESDAY**
5:30 pm Executive Committee Meeting**
- 5 WEDNESDAY**
6:00 pm Men's Club Meeting**
- 7 FRIDAY**
5:00 pm Mindfulness Group
6:00 pm Judaica Shop Open (before and after service)
6:30 pm Shabbat Service Honoring Veterans/Military**
- 8 SATURDAY**
9:00 am Torah Study*
10:30 am Shabbat Service | Bar Mitzvah of Ryan Cooper**
- 9 SUNDAY**
9:30 am Religious School
9:30 am Judaica Shop Open
9:45 am Intro to Judaism**
12:00 pm OSTY Friendsgiving
1:30 pm Sisterhood Museum Tour
- 11 TUESDAY**
10:30 am Quilting
- 14 FRIDAY**
5:00 pm Tot Shabbat
5:30 pm Chanukah Shop Open (before and after service)
6:30 pm Shabbat Service**
7:45 pm Prime Time Dinner
- 15 SATURDAY**
9:00 am Torah Study*
10:30 am Shabbat Service*
- 16 SUNDAY**
9:30 am Religious School
9:30 am Chanukah Shop Open
9:45 am Intro to Judaism**
10:00 am Wiggles & Giggles
- 18 TUESDAY**
6:00 pm Sisterhood Board Meeting (offsite)
- 20 THURSDAY**
6:30 pm Board Meeting**
- 21 FRIDAY**
4:00 pm Cinema Club
5:30 pm Chanukah Shop Open (before and after service)
6:30 pm Shabbat Service**
- 22 SATURDAY**
9:00 am Torah Study*
10:30 am Shabbat Service*

- 23 SUNDAY**
10:00 am Religious School (offsite)
9:45 am Intro to Judaism*
12:00 pm OSTY Top Golf
- 24 MONDAY**
10:00 am Soup Kitchen
- 25 TUESDAY**
10:30 am Quilting
- 26 WEDNESDAY**
12:00 pm OFFICE CLOSURES
6:00 pm Joint Thanksgiving Service
- 27 THURSDAY**
Office Closed for Thanksgiving
- 28 FRIDAY**
Office Closed for Thanksgiving
5:30 pm Chanukah Shop Open (before and after service)
6:30 pm Shabbat Service**
- 29 SATURDAY**
9:00 am Torah Study*
10:30 am Shabbat Service*
- 30 SUNDAY**
NO RELIGIOUS SCHOOL

No asterisk means IN-Person ONLY
*virtual only
**hybrid (in person and virtual)

NOVEMBER BIRTHDAYS

- November 1**
Pete Brunk
Janet Meyers
Brody Kantor
Dusty Lucero
- November 2**
Heather Beloff
Janet Rubin
Payton Stredler
Ariel Stein
- November 4**
Paula Berenson
Juliette Fine
William Pucher
Oliver Scolnick
Avi Weinstein
- November 5**
Ryan Cooper
Alex Pincus
Jacob Malkin
Ruby Kievit
Lisa Walker
- November 6**
Marion Friedman
Genna Morrisette
Chris Sisler
Jonathan Waitzer
Rebekah Malkin
- November 7**
Jessica Branham
Diane Einhorn
Justin Jaffe
- November 8**
Max Dorsk
Mark Friedman
Helen Snyder
Lauren E. Waldholtz
Valeria Williamson
Rebecca Wolff
Alexandra St. Pierre
- November 9**
Judith Lefkowitz
- November 10**
Lindsey Foer
Brian Hirschler
Gilda Solomon
- November 11**
Michael Cohen
Patrick Collins
Miles Leon
- November 12**
Susan Stein
Ira Steingold
- November 13**
Margaret "Maggie" Ritzmann
Marilyn Bunn
Easton Leo Embree
Stephen Gerald
Robert Hofheimer, Jr.
Mila Laderberg
- November 14**
Carol Brum
Colleen Fox
Stanley Marcus
Lisa Spiegel
- November 15**
Lisa Agosto
Lauren Bensink
Bryan Datyner
- November 16**
Jonathan Lomogda
Jerry Foer
Lance Goldner
Meredith Rose
Michael Swartz
- November 17**
Abraham Adler
Elaine Murray
Michael Glasser
Gustav Johnson
Sebastian Martinez
- November 18**
Nathan Cooper
Rebecca Halpern
Jennifer Metzger
Nancy Rachels
Izzy Aviv
Molly Futerman
- November 19**
Dianne Epplein
- November 20**
Nancy Canon Hirschler
Elizabeth Staub
- November 21**
Michael Belkov
Jacob Morrissey
Lucy Isabella Siegel
- November 22**
Eileen Colton
Joyce Elkin
Nancy S. Embree
Shari Friedman
- November 23**
Eva Colen
Donald Goldberg
- Elyse Stedman
Alana DuFresne
Amy Zelenka
- November 24**
Ross Kantor
Adam Longwater
Emily Strelitz
- November 25**
Anna Kosovsky
Sheila Krakower
Roger W. Lidman
Madison Longwater
Alicia Willson-Metzger
Louis Rosenberg
- November 26**
Haley Bartel
Aiden Gebler
Ernestine Goldstein
Robin Kyle
Hunter Thomas
Sarah Osattin
- November 27**
Matthew Branham
Peter Nickenig
Alan Stein
- November 28**
Nga Dorfman
Jeffrey Fine
Gloria Graves
Robert Louis Miller
Katy Snyder
Celeste Stredler
Rue Winkelsas
Floyd King
Jacob Werner
- November 29**
Jack Fox
Adina Gadell
Elijah Morrissey
John Strelitz
Sue Ellen Teach
Adam Futerman
- November 30**
Allison Berger
Barbara Blum
Anne Kramer
Janis Weisberg

PRIME
TIME
DINNER

Join fellow congregants for dinner following
Friday night Shabbat service.

Friday, November 14
at Leila's International
4136 Granby St., Norfolk



RSVP

DECEMBER CALENDAR & BIRTHDAYS

DECEMBER EVENTS

1 MONDAY
12:00 pm House Meeting**

2 TUESDAY
5:30 pm Executive Committee Meeting**

3 WEDNESDAY
6:00 pm Men's Club Meeting*

5 FRIDAY
5:00 pm Mindfulness
5:30 pm Chanukah Shop
Open (before and after service)
6:30 pm Shabbat Service|
Speaker: Alyson Morrissey**

6 SATURDAY
9:00 am Torah Study*
10:30 am Shabbat Service*

7 SUNDAY
9:30 am Religious School
9:30 am Chanukah Shop
Open
9:45 am Intro to Judaism**
10:00 am Wiggles & Giggles

9 TUESDAY
10:30 am Quilting
6:30 pm Temple Book Club**

12 FRIDAY
5:30 pm Chanukah Shop
Open (before and after service)
6:30 pm Shabbat Service**

13 SATURDAY
9:00 am Torah Study*
10:30 am Shabbat Service*

14 SUNDAY
First Night of Chanukah
9:30 am Religious School
9:30 am Chanukah Shop
Open
9:45 am Intro to Judaism**

16 TUESDAY
6:00 pm Sisterhood Board Meeting (offsite)

18 THURSDAY
6:30 pm Board Meeting**

19 FRIDAY
4:00 pm Cinema Club
5:30 pm Chanukah Shop
Open (before and after service)
5:30 pm Preneg
6:00 pm Shabbat B'yachad Chanukah Service**
6:45 pm Chanukah Dinner

20 SATURDAY
9:00 am Torah Study*
10:30 am Shabbat Service**

21 SUNDAY
NO RELIGIOUS SCHOOL

23 TUESDAY
10:30 am Quilting

25 THURSDAY
Office Closed

26 FRIDAY
6:00 pm Judaica Shop
Open (before and after service)
6:30 pm Shabbat Service**

27 SATURDAY
9:00 am Torah Study*
10:30 am Shabbat Service*

28 SUNDAY
NO RELIGIOUS SCHOOL

29 MONDAY
10:00 am Soup Kitchen

DECEMBER BIRTHDAYS

December 1
Grant Campion
Joshua Diamonstein
Margaret Zimmerman

December 2
Lily Dorsk
Lisa Schulwolf
Lior Cohen

December 3
Barbara Glasser
Jessica Glasser
Fred Pugh
Jennifer Belman

December 4
Bruce Frieden
David Kerpelman
Jennifer Glare

December 5
Sonya Adler
Bruce Waldholtz
John Dougherty

December 6
Levi Balaban
James Karangelen
Alex Kievit

December 7
Linda Cole
Andrew Fine
Ronni Markman Foster
Scott Galbraith
David Henry Johns
Monica Saunders
Rachel Koslowski
Alan Troy
Jason Hechtkopf

December 8
Grant Stokes

December 9
Terri Budman
Anna Goldman M.D.
Jacob Goldner
Nathan Rubin
Betsy Sanders
Marcy Spilka
Jason Friedman
Noah Stein

December 10
Joseph Adelman
Bradley Waitzer
Harper Waranch

December 11
Archer Harrell
Leslie Unger
Kelsey Weinman

December 12
Martha Goodman
Yvonne Lerner

December 13
Terri Belkov
Amantha Berkowitz
Joyce Graber
Sutton Hirschler
Walter Rosenberg, Jr.

December 14
Donna Brownstein
Lauren Epstein
Gavi Halpern
Alexandra Konikoff
Lauren McCabe
Elijah Muhendorf
Paul Terkeltaub
Charles Woodward
Corey DeLoatch

December 15
Amanda Brill
Simon Fine
Beverly Goodman
Barbara Lifland
Ina Sroka
Henry Detrick
Eliana Kaufman

December 16
Brad Embree
Arthur Schoner
Anita Novick
Cynthia Watkins

December 17
Blair Balaban
Barbara Johnson
Michael Romash
Paula Russel

December 18
Frank Campion
Andrew Nusbaum
Michelle Luria

December 19
Penelope Brill
Henry Williamson
Steven Johnndrow
Sam Zelenka
Ethan Carter

December 20
Layla Dorsk
Fahya Seagull
Sally Kocen
Marsha Wilks
Katherine Strauss
Jack Futerman

December 21
Caroline Sarah Landy
Betty Moritz
Andrew B. Waldholtz

December 22
Laura Forman
Darren King
Bryan Mesh
Gretchen Ostroff
Levi Johnndrow

December 23
Chad Dorsk
Ryan Kletz
Luke McGovern
Sara Mendelson
Matthew Nusbaum
Samuel Spoolman
Stephen Wohlgenuth

December 24
Jonathan Reid
Partington
Armon Pollack, Jr.
Eric Werner

December 25
Brian Aftel
Elayne Lavenstein Axel
Matthew Fine
Stephan Gordon
Stacey Richman
Victoria Seals

December 26
Christina Verderosa
Andrea Trank

December 27
Courtney Epps
Heidi Raymond
Brett Schulwolf
Linda Troy

December 28
John Rogers Einhorn
Pam Hirsch
Helen Kramer
Rhonda Dreggors-Newport
Daniel Newport
Elon Richman
Ronald Spindel
Isaac Robertson
William Saunders
Len Futerman

December 29
Madeline Bartel
Alyssa Embree
Susan Kletz
Julius Miller
Nathan Strelitz
Joseph Swartz
Sharon Leach

December 30
David Balaban
Joan Baydush
Larry Blum
Samuel Hollander
Benjamin Salomonsky
Selma Snyder
Brenda Stein

December 31
David Benjamin
Danielle Berger
Vivian Margulies
Heiner Kessler
Daniel Morrall
Mark Morrisette
David Rose
Jill Salomonsky
Jon Scott
James Steiger

Archive Volunteers meet
every Wednesday
10:00am

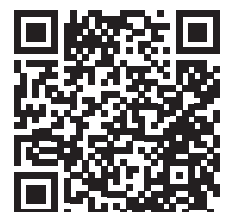


No asterisk means IN-Person ONLY
*virtual only
**hybrid (in person and virtual)



Join us before Friday night Shabbat
Services to explore mindfulness practices
that foster self-discovery, ethical living,
meaningful prayer and inner balance.

FRIDAYS
NOVEMBER 7 DECEMBER 5
5:00 PM





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SHABBAT SERVICE

IN HONOR OF VETERANS

Join us for a meaningful Shabbat as we come together in gratitude and reflection, recognizing the courage and dedication of those who have served our country.

FRIDAY, NOVEMBER 7 • 6:30 PM



We are honored to welcome Commander Chris Morrissey, U.S. Navy, as our guest speaker for the evening. CDR Chris Morrissey is a member of the US Navy, a submarine officer currently still serving with over 22 years of service. He served as OST Men's Club President from 2023-2025. He is often seen at OST volunteering his valuable time to support Temple activities, most notably at religious school where he has taught a cooking class for the older students, and often leads a cooking project for the entire school.

